

Team Trophy & Athletics NI Relay Champs

Saturday 2nd July 2011

100 Metres Women				-1.20	100 Metres Men RACE A				-3.20			
1	Laura McBurney	City of Lisburn	12.91	1	Jake McADam	North Down	12.32	2	Malachy Campbell	Dunleer	12.66	
2	Anna Barr	Spartans	13.36	2	Paul Walker	Lagan Valley	12.68	3	Neil McAllister	Newcastle	12.71	
3	Aimee McNeilly	North Down	13.54	3	Ryan Henry	WTH	12.82	4	Robert Moffett	BAAC	13.60	
4	Clare Robinson	North Down	13.76	4	Rod Leckie	Lagan Valley	13.62	5				
5	Natalie Steele	North Down	13.83	100 Metres Men RACE B				0.00	1	Ryan McPartland	Spartans	11.52
6	Lisa Dobbins	Spartans	14.70	2	Andrew Mellon	North Down	11.55	2	Adam McComb	North Down	11.82	
7	Sarah McIlmoyle	City of Lisburn	15.24	3	Siddharth Paulraj	Lagan Valley	12.17	3	Kadham Hassan	City of Lisburn	12.19	
8	Lynsey Glover	Lagan Valley	16.01	4	Ben Dempster	North Down	12.76	4	Malih Hassan	City of Lisburn	14.24	
				5				100 Metres Men RACE C				-0.60
				6	Luke Reynolds	North Down	11.52	1	Alan Montgomery	Lagan Valley	11.54	
				7	Daryl Corbett	BAAC	11.94	2	Daryl Corbett	BAAC	11.94	
					Ferdia Donohoe	Annalee	12.31	3	Ferdia Donohoe	Annalee	12.31	
				4				4				

5 Harry Howard City of Lisburn 12.63

200 Metres Women

-0.80

1 Laura McBurney City of Lisburn 26.18
2 Anna Barr Spartans 26.27
3 Natalie Steele North Down 29.37
4 Karyn Dummigan City of Lisburn 28.76

200 Metres Men Race A

-0.8

1 Callum Graham North Down 23.85
2 Adam McComb North Down 24.15
3 Ferdia Donohoe Annalee 24.34
4 Paul Walker Lagan Valley 25.01
5 Michael Doherty City of Derry 25.28
6 Robert Bill BAAC 28.11

200 Metres Men Race B

-0.90

1 Daryl Corbett City of Lisburn 23.84
2 Ben Dempster North Down 24.96
3 David Graham Lagan Valley 25.53
4 Ryan Henry WTH 26.11
5 Scott Graydon Spartans 27.23

200 Metres Men Race C

-0.40

1 Allister Woods City of Lisburn 24.10
2 Siddarth Paulraj Lagan valley 24.71
3 Jake McAdam North Down 24.92
4 Kadham Hassan City of Lisburn 25.18
5 Malachy Campbell Dunleer 25.45
6 Neil McAllister Newcastle 25.55

400 Metres Women

400 METRES MEN Race A

1	Anna Barr	Spartans	62.87
2	Nicola Simpson	North Down	64.37
3	Amy McDaid	Spartans	65.98
4	Anna lawther	BAAC (NS)	66.22
5	Natalie Steele	North Down	71.09
6	Lynsey Glover	Lagan valley	76.77

1	Ben McKeown	BAAC	54.98
2	Jake McAdam	North Down	56.41
3	Philip McKinney	Armagh	58.85
4	Robert Biggar	Spartans	59.14
5	Shane Smyth	City of Lisburn	59.70
6	Max Diamond	Lagan Valley	64.11

400 METRES MEN Race B

1	Stewart Gault	BAAC	55.28
2	Cathal Logue	Spartans	55.83
3	Ryan Henry	WTH	55.94
4	Darren Watters	Annalee	56.89
5	Philip Donaghy	Spartans	57.24
6	Gareth Lyness	North Down	57.69

400 METRES MEN Race C

1	Andrew Mellon	North Down	51.23
2	Alan Montgomery	Lagan Valley	52.03
3	Adam McComb	North Down	52.06
4	Rhys Clelland	Lagan Valley	52.09
5	Allister Woods	City of Lisburn	52.35

800 Metres Women

1	Jessica Craig	North Down	2.19.45
2	Eva Laverty	Lagan Valley	2.22.78
3	Eimear Black	BAAC	2.24.21
4	Amy McDaid	Spartans	2.28.36
5	Hannah McGowan	Spartans	2.29.24
6	Anna Lawther (NS)	BAAC	2.30.76
7	Orla Smyth	City of Lisburn	2.41.38

1500 Metres Women

1	Wendy Davis	Lagan Valley	4.59.50
2	Rachel Gibson	North Down (NS)	5.07.15
3	Catherine Lilburn	Spartans	5.26.01
4	Orla Smyth	City of Lisburn	5.36.48
5	Amy McDaid	Spartans	5.48.68

3000 Metres Women

1	Rachel Pearson	City of Lisburn	10.08.60
2	Catherine Lilburn	Spartans	11.44.97

800 Metres Men

1	James Budde	North Down	1.57.52
2	Patrick Linden	Willowfield	1.57.55
3	Mark Hoy	Finn Valley	1.57.74
4	Andrew Wright	Willowfield	1.58.65
5	Glen Willis	North Down	1.59.47
6	Stewart Gault	BAAC	2.09.85
7	Gary Stitt	BAAC	2.13.32
8	Robert Biggar	Spartans	2.14.65
9	Max Diamond	Lagan Valley	2.37.20

1500 Metres

1	Andrew Agnew	Striders	3.57.80
2	Paul Pollock	Kent AC	4.02.65
3	James Speight	Finn Valley	4.03.80
4	Pajo Hamilton	Spartans	4.05.59
5	Jarlath Falls	BAAC	4.06.44
6	David Morwood	Striders	4.06.82
7	Cahal Logue	Spartans	4.17.65
8	Colin Roberts	Spartans	4.19.54
9	Conan McCaughey	St Peters	4.27.24
10	Glen Willis	North Down	4.39.84
11	Thomas Simpson	North Down	4.42.14

3000 Metres Men

1	Declan Reid	Spartans	8.48.65
2	Aaron Doherty	Spartans	8.50.96

3	Stephanie Hambling	North Down	11.47.19
4	Amy McDaid	Spartans	12.44.33

3	Gregory Roberts	Spartans	8.54.58
4	John-Paul Williamson	Spartans	8.56.81
5	Pauric McKinney	Letterkenny	9.02.39
6	Brendan Teer	East Down	9.11.86
7	Neil Johnston	Spring	9.25.73
8	Matt Wray	BAAC	9.25.65
9	Conor Gribben	LVAC	9.53.40
10	Fionnbharr Toolan	Balmoral H.	9.57.17
11	Andrew Wright	WTH	10.05.91
12	Eamion McLaughlin	Lagan Valley	10.07.88
13	Paul Jenkins	NBH	10.12.90
14	Darren McKee	North Down	10.15.54
15	Jim Newberry	NBH	11.01.88
13	John McGarvey	North Down	12.10.02

100 Hurdles Women	-0.50
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1	Aimee McNeilly	North Down	15.62
2	Clare Robinson	North Down	16.63
3	Emma McCay	Spartans	20.27

400 Hurdles Women

1	Emma McKay	Spartans	74.78
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110 Metres Hurdles	-1.00
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1	Luke Reynolds	North Down	15.95
gst	Mark McGarvey	Spartans	15.04

400 Hurdles Men

1	Callum Graham	North Down	61.43
2	Daniel Reid	Spartans	61.46
3	Gareth Lyness	North Down	65.48
4	Scott Graydon	Spartans	72.92
2'9"	Darren Watters	Annalee	62.96

3000 Metres Steeplechase

1	James Budde	North Down	11.55.53
2	Gary Stitt	BAAC	11.56.53

Pole Vault Women

1	Lucy Duggan	BAAC	2.80
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Pole Vault Men

1	Kenny Elliott	North Down	1.90
2	Callum Graham	North Down	1.90

High Jump Women

1	Hannah Johnston	BAAC	1.50
2	Emma McKay	Spartans	1.45
3	Karyn Dumigan	City of Lisburn	1.30
4	Danae Herron	Spartans	1.20

High Jump Men

1	Daniel Reid	Spartans	1.80
2	Robert Bill	BAAC	1.80
3	Nathan Lyons	BAAC	1.75
4	Matthew Martin	North Down	1.70
5	Callum Graham	North Down	1.60

Long Jump Women

1	Karyn Dumigan	City of Lisburn	4.80
2	Hollie Johnston	City of Lisburn	4.54
3	Anna Barr	Spartans	4.47
4	Anna Lawther	BAAC	4.24
5	Lucy Dugan	BAAC	4.20
6	Sarah McIlmoyle	City of Lisburn	4.12
7	Danae Herron	Spartans	3.45

Long Jump Men

1	Mark McGarvey	Spartans	6.19
2	Kadham Hassan	City of Lisburn	5.40
3	Matthew Stockton	North Down	5.34
4	Gareth Lyness	North Down	5.28
5	Andrew Mellon	North Down	5.22
6	Ryan McParland	Spartans	5.19
7	Ben Dempster	North Down	4.98
8	Jake McAdam	North Down	4.86
9	Malih Hassan	City of Lisburn	3.62

TRIPLE JUMP WOMEN

1	Laura Loughrin	North Down	10.69
2	Holly Johnston	City of Lisburn	10.36
3	Clare Robinson	North Down	10.15
4	Karen Dummigan	City of Lisburn	9.59
5	Emma McKay	Spartans	9.10
6	Danae Herron	Spartans	8.12

Triple Jump Men

1	Callum Graham	North Down	12.50
2	matthew Willaimson	BAAC	12.06
3	Mark McGarvey	Spartans	11.92
4	Michael Doherty	Spartans	11.44
5	Leon Devlin	BAAC	10.71
6	Matthew Martin	North Down	10.68
7	Nathan Lyons	BAAC	10.65
8	Gareth Lyness	North Down	10.58
9	Kadham Hassan	City of Lisburn	9.90
10	Scott Graydon	Spartans	9.40

Shot Putt women

1	Hannah Johnston	City of Lisburn	9.33
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Shot Putt Men

1	Jeremy Harper	North Down	11.62
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2	Beth Wilson	North Down	9.32
3	Lynsey Glover	Lagan Valley	7.85
4	kathryn Wallace	City of Lisburn	7.40
5	Lisa Dobbins	Spartans	6.91
6	Amanda Mitchell	City of Lisburn	6.81
7	Caitlin Ketelaar	Spartans	6.65

2	Matthew Martin	North Down	11.53
3	Matthew Doyle	Mid Ulster	11.18
4	Chris Reynolds	City of Lisburn	10.41
5	James McGarrity	City of Lisburn	9.77
6	Kenny Elliott	North Down	9.61
7	Stephen Glass	North Down	9.07
8	T McGrain	St Peters	8.98
9	Caolan Coyle	Spartans	7.01
10	Daniel Reid	Spartans	6.68
12	Ernes+G176t Tuff	BAAC (4k M70)	10.76

Discus Women

1	Beth Wilson	North Down	32.54
2	Caris Greenwood	City of Lisburn	32.13
3	Amanda Mitchell	City of Lisburn	25.82
4	Lisa Dobbins	Spartans	24.56
5	Lynsey Glover	Lagan Valley	22.69
6	Lucy Dugan	BAAC	22.63
7	Caitlin Ketelaar	Spartans	21.38

Discus Men

1	Jeremy Harper	North Down	45.00
2	Chris Reynolds	City of Lisburn	42.83
3	Matthew Doyle	Mid Ulster	32.87
4	Frank McCrystal	BAAC	28.86
5	Jonny Mawhinney	City of Lisburn	27.12
6	Robert Moffett	BAAC	26.43
7	Caolan Coyle	Spartans	22.19
8	Kenny Elliott	North Down	21.43
9	Michel Doherty	Spartans	20.90
1.5k	Tom Jess	City of Lisburn	45.72
1k	Ernest Tuff	BAAC (M70)	31.54

Javelin Women

1	Caitlin Keetlar	Spartans	27.75
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Javelin Men

1	Sean McBride	Strabane	56.41
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2	Hollie Johnston	City of Lisburn	26.93
3	Danae Herron	Spartans	24.40
4	Beth Wilson	North Down	23.75
5	Lynsey Glover	Lagan Valley	18.64
6	Sarah McIlmoyle	City of Lisburn	10.20

2	Damien Crawford	Strabane	49.65
3	Matthew Martin	North Down	48.12
4	Matthew Stockton	North Down	46.64
5	Stephen Glass	North Down	34.38
6	Jonny McWhinney	Spartans	32.88
7	Frank McCrystal	BAAC	32.85
8	Robert Moffett	BAAC	25.82
9	Caolan Coyle	Spartans	23.23
10	Scott Graydon	Spartans	21.80
11	Gareth Moffett	BAAC	21.57

HAMMER WOMEN

1	Lynsey Glover	Lagan Valley	39.78
2	Katheryn Wallace	City of Lisburn	34.65
3	Lisa Dobbin	Spartans	25.13

HAMMER MEN

1	Chris Reynolds	City of Lisburn	36.00
2	Gareth Moffett	BAAC	34.55
3	Johnny McWhinney	City of Lisburn	25.52
4	Stephen Glass	North Down	22.03
5	Caolan Coyle	Spartans	21.27
6	Kenny Elliott	North Down	16.60
5k	Robert Moffett	BAAC	54.09

4 x 100 Metres Women

NI Champs

1	City of Lisburn	53.41
2	North Down	53.82
3	Spartans	55.01
4	BAAC (non scoring)	55.47

4 x 100 Metres Men

NI Champs

1=	City of Lisburn	46.05
1=	North Down	46.05
3	Lagan Valley	47.54
4	Spartans	48.67
5	BAAC	49.85

4 x 400 Metres Women

NI Champs

1	North Down	4.23.54
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4 x 400 Metres Men

NI Champs

1	North Down	3.44.44
2	Spartans	3.52.87
3	City of Lisburn	4.06.11

TEAM TROPHY FINAL SCORES

WOMEN

TEAM TROPHY FINAL SCORES

MEN

1	CITY OF DERRY SPARTANS	96
2	CITY OF LISBURN	92
3	NORTH DOWN	80
4	LAGAN VALLEY	29
5	BALLYMENA & ANTRIM	24

1	NORTH DOWN	150
2	CITY OF DERRY SPARTANS	82
3	BALLYMENA & ANTRIM	56
4	CITY OF LISBURN	50
5	LAGAN VALLEY	26