

Up & Running Lagside 10K

Saturday 3rd September 2011

| Pos | No | Firstname | Lastname | Club | Category | Gender | Age | Firsthalf | SecondHalf | Finish | Chiptime | M/F Pos | Cat Pos |
|-----------|------------|---------------|--------------|------------------------|-----------|----------|-----------|--------------|--------------|--------------|--------------|-----------|-----------|
| 1 | 695 | Stephen | Scullion | | MO | M | | 15:10 | 15:38 | 30:48 | 30:47 | 1 | 1 |
| 2 | 445 | Joe | McAlister | St. Malachys AC | MO | M | 30 | 15:16 | 15:47 | 31:03 | 31:01 | 2 | 2 |
| 3 | 752 | Brendan | Teer | | MO | M | | 15:38 | 16:30 | 32:08 | 32:06 | 3 | 3 |
| 4 | 789 | Paul | Rowan | | M45 | M | | 15:49 | 16:30 | 32:18 | 32:16 | 4 | 1 |
| 5 | 423 | Allan | McCullough | North Belfast Harriers | M45 | M | 46 | 16:03 | 16:45 | 32:47 | 32:45 | 5 | 2 |
| 6 | 462 | Stephen | Rooney | St. Malachys AC | MO | M | 20 | 16:27 | 17:02 | 33:29 | 33:27 | 6 | 4 |
| 7 | 678 | Adam | Boyd | | MO | M | | 16:45 | 17:00 | 33:44 | 33:44 | 7 | 5 |
| 8 | 512 | Conor | Curran | North Belfast Harriers | M35 | M | 36 | 16:45 | 17:06 | 33:50 | 33:48 | 8 | 1 |
| 9 | 436 | Matt | Wray | BALLYMENA & ANTRIM | M45 | M | 45 | 16:45 | 17:24 | 34:09 | 34:07 | 9 | 3 |
| 10 | 513 | Brian | McKee | Dromore AC | M45 | M | 46 | 16:46 | 17:29 | 34:15 | 34:13 | 10 | 4 |
| 11 | 598 | Edward | Cooke | North Belfast Harriers | MO | M | 25 | 16:45 | 17:31 | 34:16 | 34:13 | 11 | 6 |
| 12 | 537 | Justin | Maxwell | LARNE ATHLETIC CLUB | MO | M | 31 | 16:48 | 17:36 | 34:23 | 34:21 | 12 | 7 |
| 13 | 582 | Ryan | Maxwell | Larne AC | MO | M | 31 | 16:48 | 17:39 | 34:26 | 34:24 | 13 | 8 |
| 14 | 428 | Andrew | Hicks | Dromore | MO | M | 26 | 16:47 | 17:54 | 34:41 | 34:39 | 14 | 9 |
| 15 | 720 | Michael | Fitzpatrick | | M40 | M | | 17:17 | 17:34 | 34:51 | 34:49 | 15 | 1 |
| 16 | 770 | Thomas | Simmons | | MO | M | | 17:35 | 17:32 | 35:07 | 34:56 | 16 | 10 |
| 17 | 255 | Conor | Mc Carroll | Omagh Harriers | M35 | M | 36 | 17:45 | 18:00 | 35:44 | 35:43 | 17 | 2 |
| 18 | 306 | Paul | Tyro | | MO | M | 29 | 17:49 | 18:18 | 36:06 | 36:02 | 18 | 11 |
| 19 | 577 | Michael | Magee | Beechmount Harriers | M40 | M | 43 | 17:50 | 18:17 | 36:07 | 36:04 | 19 | 2 |
| 20 | 324 | Ryan | Moore | Viva Palestine | MO | M | 28 | 17:36 | 18:36 | 36:11 | 36:08 | 20 | 12 |
| 21 | 449 | Bryan | Edgar | springwell | M45 | M | 49 | 17:50 | 18:23 | 36:12 | 36:07 | 21 | 5 |
| 22 | 613 | Bernard | Brady | Larne AC | M45 | M | 46 | 17:46 | 18:32 | 36:17 | 36:14 | 22 | 6 |
| 23 | 776 | Fionnbhan | Toolam | | MO | M | | 17:28 | 18:53 | 36:21 | 36:18 | 23 | 13 |
| 24 | 708 | Breege | Connolly | | FO | F | | 17:54 | 18:33 | 36:26 | 36:24 | 1 | 1 |
| 25 | 346 | Dennis | Scott | | MO | M | 25 | 18:23 | 18:19 | 36:41 | 36:39 | 24 | 14 |
| 26 | 360 | Laurence | Johnston | North Belfast Harriers | M50 | M | 53 | 17:53 | 18:51 | 36:43 | 36:41 | 25 | 1 |
| 27 | 564 | Kevin | Oboyle | Ballymena Runners | MO | M | 32 | 18:21 | 18:27 | 36:48 | 36:43 | 26 | 15 |
| 28 | 753 | Stephen | Shannon | | MO | M | | 18:23 | 18:29 | 36:51 | 36:48 | 27 | 16 |
| 29 | 516 | Darren | McKee | North Down AC | MO | M | 33 | 18:16 | 18:38 | 36:54 | 36:51 | 28 | 17 |

| | | | | | | | | | | | | | |
|-----------|------------|----------------|---------------|------------------------|------------|----------|-----------|--------------|--------------|--------------|--------------|-----------|----------|
| 30 | 585 | David | Wright | Lagan Valley AC | M40 | M | 43 | 18:16 | 18:40 | 36:55 | 36:51 | 29 | 3 |
| 31 | 435 | Brian | Heron | Larne AC | M35 | M | 38 | 18:17 | 18:40 | 36:56 | 36:53 | 30 | 3 |
| 32 | 554 | Andy | Guy | Larne AC | M35 | M | 38 | 18:17 | 18:49 | 37:06 | 37:03 | 31 | 4 |
| 33 | 760 | Colum | Hughes | | M35 | M | | 17:59 | 19:15 | 37:14 | 37:11 | 32 | 5 |
| 34 | 552 | Mark | Weir | North Down AC | M35 | M | 39 | 17:55 | 19:25 | 37:20 | 37:14 | 33 | 6 |
| 35 | 143 | Kristopher | Wilson | Lagan Valley AC | MJ | M | 18 | 18:15 | 19:14 | 37:28 | 37:27 | 34 | 1 |
| 36 | 650 | Ollie | Shortt | | M35 | M | 37 | 18:06 | 19:27 | 37:32 | 37:31 | 35 | 7 |
| 37 | 763 | Niall | Brown | | MO | M | | 17:53 | 19:39 | 37:32 | 37:26 | 36 | 18 |
| 38 | 315 | Paul | Woodman | Orangetown AC | MO | M | 33 | 17:50 | 19:44 | 37:34 | 37:31 | 37 | 19 |
| 39 | 638 | Bert | Shaw | Larne AC | M40 | M | 42 | 18:22 | 19:22 | 37:44 | 37:41 | 38 | 4 |
| 40 | 676 | Neil | MacGreevy | | MO | M | | 18:54 | 19:10 | 38:04 | 37:51 | 40 | 20 |
| 41 | 693 | Douglas | Grant | | M40 | M | | 18:51 | 19:14 | 38:04 | 38:01 | 39 | 5 |
| 42 | 157 | Peter | Donnelly | | M40 | M | 42 | 18:27 | 19:40 | 38:06 | 38:04 | 41 | 6 |
| 43 | 214 | John | McCambridge | St Peters AC | M45 | M | 45 | 18:46 | 19:23 | 38:08 | 38:03 | 42 | 7 |
| 44 | 451 | Julie | Balmer | North Down AC | FO | F | 34 | 18:52 | 19:20 | 38:11 | 38:08 | 2 | 2 |
| 45 | 292 | Terry | Eakin | North Down AC | M60 | M | 61 | 18:52 | 19:39 | 38:31 | 38:28 | 43 | 1 |
| 46 | 181 | David | Proctor | Willowfield Harriers | MO | M | 31 | 19:11 | 19:34 | 38:45 | 38:41 | 44 | 21 |
| 47 | 330 | Pat | Doole | Termoneeny | M45 | M | 49 | 18:55 | 19:54 | 38:49 | 38:41 | 45 | 8 |
| 48 | 697 | David | Turtle | | MO | M | | 19:23 | 19:30 | 38:53 | 38:45 | 46 | 22 |
| 49 | 98 | Jay | Wiggan | | MO | M | 33 | 19:38 | 19:17 | 38:54 | 38:49 | 47 | 23 |
| 50 | 244 | Eric | Montgomery | Lagan Valley AC | M50 | M | 54 | 19:08 | 19:55 | 39:03 | 38:59 | 48 | 2 |
| 51 | 570 | Andrew | McMurray | | MO | M | 30 | 19:24 | 19:39 | 39:03 | 38:54 | 49 | 24 |
| 52 | 420 | Michael | Mc Allister | | MO | M | 32 | 19:23 | 19:43 | 39:05 | 39:00 | 50 | 25 |
| 53 | 414 | Conor | Diver | | M35 | M | 38 | 19:04 | 20:03 | 39:06 | 39:03 | 51 | 8 |
| 54 | 365 | Mark | Trimble | | MO | M | 31 | 19:06 | 20:05 | 39:10 | 39:06 | 52 | 26 |
| 55 | 722 | Jonathan | Hooper | | MO | M | | 18:51 | 20:25 | 39:15 | 39:11 | 53 | 27 |
| 56 | 374 | Jason | Ratcliffe | Lagan Valley AC | M35 | M | 36 | 19:09 | 20:08 | 39:16 | 39:13 | 54 | 9 |
| 57 | 667 | John | McGuigan | North Belfast Harriers | M35 | M | 38 | 20:03 | 19:14 | 39:17 | 39:13 | 55 | 10 |
| 58 | 712 | Lisa | Sturgeon | | F35 | F | | 19:11 | 20:13 | 39:24 | 39:20 | 3 | 2 |
| 59 | 334 | Mark | Mc Callion | Beechmount Harriers | MO | M | 24 | 19:11 | 20:20 | 39:30 | 39:27 | 56 | 28 |
| 60 | 600 | Heather | Ardis | City of Lisburn AC | FO | F | 28 | 19:34 | 19:57 | 39:31 | 39:28 | 4 | 3 |
| 61 | 393 | Brendan | Donnelly | Newcastle AC | MO | M | 24 | 19:13 | 20:20 | 39:32 | 39:29 | 57 | 29 |
| 62 | 599 | Rona | Harkens | Lagan Valley AC | F40 | F | 43 | 19:41 | 19:51 | 39:32 | 39:29 | 5 | 1 |
| 63 | 628 | Nigel | Kane | LARNE ATHLETIC CLUB | M40 | M | 42 | 19:21 | 20:13 | 39:34 | 39:30 | 58 | 7 |
| 64 | 780 | Brendan | Kirk | | M45 | M | | 18:50 | 20:48 | 39:38 | 39:34 | 59 | 9 |
| 65 | 320 | Gary | McNeill | | MO | M | 32 | 19:21 | 20:18 | 39:39 | 39:34 | 60 | 30 |
| 66 | 155 | Roberta | Dornan | North Down AC | F35 | F | 36 | 19:27 | 20:16 | 39:42 | 39:40 | 6 | 3 |

| | | | | | | | | | | | | | |
|-----------|------------|----------------|-----------------|--------------------------|------------|----------|-----------|--------------|--------------|--------------|--------------|----------|----------|
| 67 | 491 | Sean | McIntyre | NICSAC | M50 | M | 50 | 19:14 | 20:31 | 39:44 | 39:40 | 61 | 3 |
| 68 | 335 | Norman | Smyth | banbridge athletics club | M40 | M | 44 | 19:09 | 20:36 | 39:45 | 39:43 | 62 | 8 |
| 69 | 403 | Scott | Henderson | Banbridge AC | MJ | M | 18 | 19:09 | 20:36 | 39:45 | 39:42 | 63 | 2 |
| 70 | 438 | Andrew | Acheson | Orangethrove AC | MO | M | 34 | 19:51 | 19:57 | 39:48 | 39:42 | 64 | 31 |
| 71 | 95 | Mark | Gracey | FG WILSONS | M35 | M | 36 | 20:02 | 19:51 | 39:53 | 39:38 | 65 | 11 |
| 72 | 502 | Brian | Young | | MO | M | 22 | 19:56 | 20:01 | 39:56 | 39:52 | 66 | 32 |
| 73 | 762 | Jarlath | O'Neill | | MO | M | | 19:37 | 20:20 | 39:57 | 39:51 | 67 | 33 |
| 74 | 620 | Paul | Tilson | Larne AC | M40 | M | 41 | 19:29 | 20:33 | 40:02 | 39:57 | 68 | 9 |
| 75 | 633 | Paul | Quinn | | MO | M | 33 | 19:49 | 20:19 | 40:08 | 40:03 | 69 | 34 |
| 76 | 300 | John | McAleavey | | M40 | M | 43 | 20:01 | 20:09 | 40:09 | 39:46 | 70 | 10 |
| 77 | 736 | Paul | McAllister | | MO | M | | 19:28 | 20:42 | 40:10 | 40:05 | 71 | 35 |
| 78 | 422 | Travis | Todd | North Belfast Harriers | MO | M | 20 | 20:07 | 20:05 | 40:11 | 40:08 | 72 | 36 |
| 79 | 302 | Pascal | Chappaz | | MO | M | 30 | 19:36 | 20:40 | 40:16 | 40:13 | 73 | 37 |
| 80 | 683 | Stephen | Playfair | | MO | M | | 20:13 | 20:07 | 40:19 | 40:09 | 74 | 38 |
| 81 | 303 | Ian | Farr | Orangethrove A.C. | M40 | M | 41 | 20:10 | 20:10 | 40:20 | 40:13 | 75 | 11 |
| 82 | 729 | Gary | Steele | | MO | M | | 19:30 | 20:53 | 40:22 | 40:17 | 76 | 39 |
| 83 | 779 | Irvine | Spier | | M60 | M | | 19:39 | 20:46 | 40:24 | 40:20 | 77 | 2 |
| 84 | 272 | Jerry | Milliken | FG Wilson | M45 | M | 47 | 20:23 | 20:05 | 40:27 | 40:08 | 78 | 10 |
| 85 | 496 | Mark | McDowell | East Down AC | M35 | M | 37 | 19:53 | 20:37 | 40:29 | 40:21 | 80 | 12 |
| 86 | 602 | Patrick | Scullion | | M40 | M | 43 | 19:20 | 21:09 | 40:29 | 40:24 | 79 | 12 |
| 87 | 55 | Micheal | Boyle | | MO | M | 26 | 19:39 | 21:02 | 40:41 | 40:36 | 81 | 40 |
| 88 | 102 | Philip | McBride | Club Moto | M35 | M | 36 | 19:51 | 20:52 | 40:43 | 40:21 | 82 | 13 |
| 89 | 342 | Shane | O'Higgins | canal court runners | MO | M | 27 | 20:09 | 20:40 | 40:49 | 40:35 | 83 | 41 |
| 90 | 426 | Debbie | Matchett | North Down AC | F45 | F | 45 | 19:46 | 21:04 | 40:50 | 40:47 | 7 | 1 |
| 91 | 245 | David | Reid | Orangethrove AC | MO | M | 29 | 19:52 | 21:00 | 40:51 | 40:45 | 84 | 42 |
| 92 | 340 | David | Playfair | FG Wilson | MO | M | 25 | 20:13 | 20:45 | 40:58 | 40:48 | 85 | 43 |
| 93 | 485 | Darren | Hamilton | | M35 | M | 35 | 20:28 | 20:32 | 41:00 | 40:48 | 86 | 14 |
| 94 | 727 | Michael | Stinton | | MO | M | | 19:36 | 21:26 | 41:01 | 40:45 | 87 | 44 |
| 95 | 192 | Mark | McFeeters | | MO | M | 27 | 20:30 | 20:35 | 41:05 | 40:50 | 88 | 45 |
| 96 | 172 | Neil | Armstrong | | MO | M | 30 | 21:11 | 20:02 | 41:12 | 40:28 | 89 | 46 |
| 97 | 253 | Ruth | Magill | Lagan Valley | F50 | F | 53 | 20:08 | 21:05 | 41:12 | 41:08 | 8 | 1 |
| 98 | 170 | Paul | McCabe | | M35 | M | 35 | 20:31 | 20:44 | 41:14 | 41:05 | 90 | 15 |
| 99 | 723 | Jessica | Craig | North Down AC | FO | F | | 19:46 | 21:34 | 41:20 | 41:18 | 9 | 4 |
| 100 | 641 | Stephen | Moore | | M35 | M | 37 | 20:29 | 20:52 | 41:21 | 41:13 | 91 | 16 |
| 101 | 718 | Fra | McCaffey | | M50 | M | | 20:06 | 21:16 | 41:22 | 41:18 | 92 | 4 |
| 102 | 608 | Gareth | McKenna | | MO | M | 29 | 20:12 | 21:16 | 41:27 | 41:15 | 93 | 47 |
| 103 | 429 | Murray | Deller | Larne AC | MO | M | 32 | 20:38 | 20:52 | 41:29 | 41:05 | 94 | 48 |

| | | | | | | | | | | | | | |
|------------|------------|------------------|--------------|----------------------------|------------|----------|----|--------------|--------------|--------------|--------------|-----------|----------|
| 104 | 717 | Robert | Irvine | | M50 | M | | 20:07 | 21:23 | 41:30 | 41:26 | 95 | 5 |
| 105 | 594 | John | Murphy | | M40 | M | 42 | 20:30 | 21:02 | 41:31 | 41:26 | 96 | 13 |
| 106 | 533 | Michael | Monaghan | Sperrin Harriers | M40 | M | 41 | 20:28 | 21:05 | 41:33 | 41:26 | 97 | 14 |
| 107 | 331 | Martin | Mullan | | M35 | M | 37 | 20:24 | 21:10 | 41:34 | 41:25 | 98 | 17 |
| 108 | 520 | Gerry | Gribbon | North Belfast Harriers | M45 | M | 48 | 20:08 | 21:28 | 41:35 | 41:30 | 99 | 11 |
| 109 | 756 | Angela | Burns | | FO | F | | 20:07 | 21:30 | 41:36 | 41:32 | 10 | 5 |
| 110 | 786 | Paddy | Anderson | | MO | M | | 20:10 | 21:27 | 41:36 | 41:31 | 100 | 49 |
| 111 | 777 | Ryan | Henry | | M18 | M | | 19:47 | 21:53 | 41:39 | 41:36 | 101 | 1 |
| 112 | 501 | Peter | Young | | M55 | M | 58 | 20:26 | 21:16 | 41:41 | 41:36 | 102 | 1 |
| 113 | 326 | David | Quinn | | M35 | M | 38 | 20:41 | 21:02 | 41:43 | 41:34 | 103 | 18 |
| 114 | 322 | Peter | Campbell | | M50 | M | 50 | 20:26 | 21:33 | 41:58 | 41:53 | 104 | 6 |
| 115 | 276 | Michael | McKeown | | M45 | M | 46 | 20:27 | 21:35 | 42:02 | 41:57 | 105 | 12 |
| 116 | 186 | Chris | Adams | | MO | M | 32 | 20:44 | 21:26 | 42:10 | 42:00 | 106 | 50 |
| 117 | 714 | John | Bann-Lavery | | MO | M | | 21:02 | 21:10 | 42:12 | 41:47 | 107 | 51 |
| 118 | 357 | Paul | Cordner | Up and Runners | MO | M | 34 | 21:05 | 21:09 | 42:13 | 42:00 | 109 | 52 |
| 119 | 741 | David | Cambon | | M40 | M | | 20:30 | 21:43 | 42:13 | 42:05 | 108 | 15 |
| 120 | 759 | Brian | Grimes | | M50 | M | | 21:12 | 21:04 | 42:16 | 42:03 | 110 | 7 |
| 121 | 216 | Brian | Hughes | | MO | M | 32 | 21:17 | 21:01 | 42:18 | 42:05 | 111 | 53 |
| 122 | 490 | Paul | Alister | | M45 | M | 47 | 20:26 | 21:53 | 42:18 | 42:00 | 112 | 13 |
| 123 | 713 | Joe | Napier | | M35 | M | | 20:45 | 21:40 | 42:25 | 42:11 | 113 | 19 |
| 124 | 351 | Ian | Brennan | Larne AC | M45 | M | 45 | 21:10 | 21:19 | 42:29 | 42:16 | 114 | 14 |
| 125 | 379 | Thomas | McCorry | | M35 | M | 39 | 21:09 | 21:22 | 42:30 | 42:09 | 115 | 20 |
| 126 | 526 | Michael | Kirk-Smith | dub runners | M60 | M | 60 | 20:42 | 21:52 | 42:33 | 42:30 | 116 | 3 |
| 127 | 356 | Colm | McMullan | Dromore AC | M35 | M | 35 | 20:29 | 22:08 | 42:36 | 42:30 | 117 | 21 |
| 128 | 230 | Niall | Majury | | M45 | M | 45 | 21:11 | 21:27 | 42:37 | 41:57 | 118 | 15 |
| 129 | 767 | Ciaran | Wright | | MO | M | | 20:55 | 21:46 | 42:40 | 42:29 | 120 | 54 |
| 130 | 781 | Mark | McCullough | | M18 | M | | 20:30 | 22:10 | 42:40 | 42:38 | 119 | 2 |
| 131 | 791 | Francesca | Brown | North Down AC (N/S) | F18 | F | | 20:37 | 22:05 | 42:42 | 42:38 | 11 | 1 |
| 132 | 30 | David | Stewart | Murlough AC | M50 | M | 51 | 21:08 | 21:41 | 42:49 | 42:35 | 121 | 8 |
| 133 | 466 | Jim | Walker | East Antrim Harriers | M50 | M | 52 | 20:47 | 22:04 | 42:50 | 42:46 | 122 | 9 |
| 134 | 662 | Mark | Connolly | | MO | M | 32 | 20:19 | 22:34 | 42:52 | 42:48 | 123 | 55 |
| 135 | 730 | Ali | Robinson | | F35 | F | | 21:08 | 21:46 | 42:53 | 42:47 | 12 | 4 |
| 136 | 23 | Andrew | Jenkins | | M35 | M | 38 | 21:14 | 21:48 | 43:01 | 42:47 | 124 | 22 |
| 137 | 528 | Ben | Trowell | | M45 | M | 47 | 21:19 | 21:43 | 43:02 | 42:52 | 125 | 16 |
| 138 | 227 | Louise | Robinson | | FO | F | 26 | 20:37 | 22:27 | 43:04 | 43:00 | 13 | 6 |
| 139 | 543 | Aodhan | O'Reilly | North Belfast Harriers | MO | M | 29 | 20:31 | 22:35 | 43:06 | 43:01 | 126 | 56 |
| 140 | 659 | Gerard | McAleenan | | M35 | M | 37 | 21:15 | 21:54 | 43:08 | 42:57 | 127 | 23 |

| | | | | | | | | | | | | | |
|------------|------------|-----------------|------------------|------------------------|------------|----------|-----------|--------------|--------------|--------------|--------------|------------|-----------|
| 141 | 293 | Andrew | McIntyre | | MO | M | 25 | 20:43 | 22:26 | 43:09 | 42:54 | 128 | 57 |
| 142 | 660 | William | Martin | | MO | M | 28 | 21:42 | 21:34 | 43:15 | 42:57 | 129 | 58 |
| 143 | 392 | Jonathan | McGrath | North Down AC | M40 | M | 41 | 20:29 | 22:48 | 43:17 | 43:12 | 130 | 16 |
| 144 | 454 | Ralph | Coetzee | Orangetrove A.C. | M35 | M | 39 | 21:19 | 22:04 | 43:23 | 43:16 | 131 | 24 |
| 145 | 103 | Mark | Campbell | Seapark AC | M40 | M | 41 | 21:33 | 21:53 | 43:26 | 43:17 | 133 | 17 |
| 146 | 743 | Adam | Milne | | MO | M | | 20:52 | 22:35 | 43:26 | 43:20 | 132 | 59 |
| 147 | 296 | Francis | Boal | Lagan Valley | M60 | M | 63 | 21:13 | 22:20 | 43:33 | 43:29 | 134 | 4 |
| 148 | 206 | Diane | Watson | | F35 | F | 38 | 21:01 | 22:37 | 43:37 | 43:33 | 14 | 5 |
| 149 | 136 | Barry | Rooney | FG WILSONS | MO | M | 30 | 21:43 | 21:56 | 43:39 | 43:20 | 135 | 60 |
| 150 | 596 | Lorraine | McConville | | F40 | F | 40 | 21:47 | 21:54 | 43:40 | 43:11 | 15 | 2 |
| 151 | 464 | Colin | Drain | | MO | M | 34 | 21:57 | 21:49 | 43:46 | 43:34 | 136 | 61 |
| 152 | 343 | Fergal | Mc Keown | BGM Runners | M40 | M | 43 | 22:10 | 21:40 | 43:49 | 43:35 | 137 | 18 |
| 153 | 421 | Donna | McCusker | Murlough AC | F35 | F | 37 | 21:11 | 22:40 | 43:50 | 43:36 | 16 | 6 |
| 154 | 412 | Pat | Rocks | Newry City Runners | M55 | M | 59 | 22:09 | 21:48 | 43:57 | 43:44 | 138 | 2 |
| 155 | 749 | Shane | O'Callaghan | | M40 | M | | 22:08 | 21:52 | 43:59 | 43:40 | 139 | 19 |
| 156 | 283 | Geraldine | Quigley | Larne AC | F35 | F | 36 | 21:17 | 22:44 | 44:00 | 43:55 | 17 | 7 |
| 157 | 605 | Martin | McConaghy | | MO | M | 34 | 21:35 | 22:26 | 44:00 | 43:51 | 140 | 62 |
| 158 | 710 | Martin | Catney | | MO | M | | 21:49 | 22:15 | 44:04 | 43:40 | 141 | 63 |
| 159 | 187 | John | McGarvey | North Down AC | MO | M | 33 | 21:41 | 22:27 | 44:07 | 44:03 | 143 | 64 |
| 160 | 251 | Brian | Coulter | | M55 | M | 56 | 21:08 | 22:59 | 44:07 | 44:04 | 142 | 3 |
| 161 | 179 | Michael | McCann | Larne AC | MJ | M | 17 | 21:06 | 23:06 | 44:11 | 43:57 | 144 | 3 |
| 162 | 477 | Matthew | Donnelly | St Malachy's | MJ | M | 16 | 20:56 | 23:17 | 44:13 | 44:08 | 145 | 4 |
| 163 | 595 | Jim | Clinton | North Belfast Harriers | M50 | M | 50 | 21:21 | 22:52 | 44:13 | 44:04 | 146 | 10 |
| 164 | 226 | John | Black | | MO | M | 23 | 22:21 | 21:54 | 44:14 | 43:58 | 147 | 65 |
| 165 | 556 | Desy | George | | MO | M | 34 | 21:48 | 22:29 | 44:16 | 43:57 | 148 | 66 |
| 166 | 362 | Peter | McEvoy | Newry City Runners | M40 | M | 42 | 22:09 | 22:08 | 44:17 | 44:04 | 149 | 20 |
| 167 | 716 | Darren | Houston | | M40 | M | | 21:58 | 22:20 | 44:18 | 43:58 | 150 | 21 |
| 168 | 665 | Valerie | McDonough | North Down AC | F40 | F | 40 | 21:51 | 22:28 | 44:19 | 44:12 | 18 | 3 |
| 169 | 355 | David | McKevitt | | M40 | M | 43 | 22:10 | 22:11 | 44:20 | 44:06 | 151 | 22 |
| 170 | 288 | Drew | Taggart | PACE Running Group | MO | M | 33 | 21:50 | 22:33 | 44:22 | 44:08 | 153 | 67 |
| 171 | 778 | Graham | Donal | | M50 | M | | 21:26 | 22:57 | 44:22 | 44:13 | 152 | 11 |
| 172 | 113 | Kriss | Leslie | | MO | M | 21 | 21:56 | 22:29 | 44:24 | 44:15 | 154 | 68 |
| 173 | 586 | Graham | Beattie | | M40 | M | 41 | 21:59 | 22:26 | 44:25 | 44:17 | 155 | 23 |
| 174 | 597 | Neil | Long | | M35 | M | 39 | 21:48 | 22:39 | 44:26 | 43:56 | 156 | 25 |
| 175 | 268 | Andrew | Mehaffey | | MO | M | 25 | 21:57 | 22:30 | 44:27 | 44:05 | 158 | 69 |
| 176 | 737 | Timothy | Moore | | MO | M | | 21:46 | 22:42 | 44:27 | 44:21 | 157 | 70 |
| 177 | 194 | Frankie | Devlin | | M40 | M | 44 | 22:05 | 22:29 | 44:33 | 44:15 | 159 | 24 |

| | | | | | | | | | | | | | |
|------------|------------|------------------|-----------------|----------------------|------------|----------|-----------|--------------|--------------|--------------|--------------|-----------|----------|
| 178 | 465 | Daniel | Morgan | | MO | M | 22 | 21:44 | 22:51 | 44:35 | 44:29 | 160 | 71 |
| 179 | 522 | Stephen | Monaghan | | M35 | M | 37 | 20:58 | 23:45 | 44:43 | 44:28 | 161 | 26 |
| 180 | 29 | Andrew | Johnston | | M40 | M | 42 | 21:14 | 23:30 | 44:44 | 44:42 | 162 | 25 |
| 181 | 783 | Jonathan | Peak | | M35 | M | | 22:02 | 22:43 | 44:44 | 44:29 | 163 | 27 |
| 182 | 63 | Ricky | Collins | | MO | M | 27 | 23:00 | 21:46 | 44:45 | 44:34 | 164 | 72 |
| 183 | 504 | Stephanie | Hambling | North Down AC | F40 | F | 43 | 21:43 | 23:04 | 44:46 | 44:39 | 19 | 4 |
| 184 | 639 | Patrick | McNeice | BGM | M50 | M | 54 | 22:28 | 22:18 | 44:46 | 44:32 | 165 | 12 |
| 185 | 545 | Ron | O'Neill | Lagan Valley AC | M50 | M | 53 | 21:46 | 23:04 | 44:49 | 44:43 | 166 | 13 |
| 186 | 407 | Martin | Craig | | M35 | M | 38 | 22:26 | 22:24 | 44:50 | 44:41 | 167 | 28 |
| 187 | 166 | Bryan | Murphy | | MO | M | 23 | 21:20 | 23:33 | 44:52 | 44:49 | 168 | 73 |
| 188 | 745 | Eoin | Smyth | | MO | M | | 21:55 | 22:59 | 44:53 | 44:32 | 169 | 74 |
| 189 | 488 | Mark | Hall | | M35 | M | 39 | 22:29 | 22:30 | 44:58 | 44:31 | 170 | 29 |
| 190 | 46 | Nick | Barnes | FG Wilson | M40 | M | 40 | 22:03 | 23:02 | 45:04 | 44:55 | 172 | 26 |
| 191 | 131 | David | Vallely | | MO | M | 32 | 22:11 | 22:53 | 45:04 | 45:04 | 171 | 75 |
| 192 | 243 | Michael | McCoy | | M35 | M | 36 | 22:36 | 22:30 | 45:05 | 44:51 | 175 | 30 |
| 193 | 281 | David | Tate | Willowfield Harriers | M40 | M | 44 | 21:43 | 23:23 | 45:05 | 44:56 | 174 | 27 |
| 194 | 375 | Peter | Morgan | East Down AC | M35 | M | 38 | 21:45 | 23:21 | 45:05 | 44:59 | 173 | 31 |
| 195 | 785 | Joanne | McKendry | | F35 | F | | 22:58 | 22:09 | 45:06 | 44:51 | 20 | 8 |
| 196 | 284 | Hugh | Grant | | M35 | M | 38 | 22:04 | 23:05 | 45:09 | 45:02 | 176 | 32 |
| 197 | 370 | Tomasz | Raczynski | | MO | M | 28 | 22:29 | 22:42 | 45:11 | 45:03 | 177 | 76 |
| 198 | 629 | Stephen | Hewitt | | MO | M | 28 | 22:24 | 22:51 | 45:14 | 45:06 | 178 | 77 |
| 199 | 380 | Jarlath | Rodgers | | M40 | M | 40 | 22:34 | 22:41 | 45:15 | 44:54 | 179 | 28 |
| 200 | 724 | Linda | Petticrew | | F45 | F | | 22:07 | 23:16 | 45:23 | 45:13 | 21 | 2 |
| 201 | 184 | Shane | McBrien | Marie's Biscuits | M40 | M | 41 | 22:19 | 23:06 | 45:25 | 45:06 | 180 | 29 |
| 202 | 505 | Drew | Girvin | Larne AC | M40 | M | 41 | 22:11 | 23:16 | 45:27 | 45:15 | 182 | 30 |
| 203 | 765 | Julian | McGrath | | M35 | M | | 22:22 | 23:05 | 45:27 | 45:18 | 181 | 33 |
| 204 | 408 | Sam | Dunn | | M55 | M | 57 | 22:12 | 23:20 | 45:32 | 45:25 | 183 | 4 |
| 205 | 193 | Christopher | Quinn | | MO | M | 34 | 22:25 | 23:11 | 45:36 | 45:26 | 184 | 78 |
| 206 | 17 | Paul | Williams | | M45 | M | 47 | 22:21 | 23:19 | 45:40 | 45:33 | 185 | 17 |
| 207 | 540 | Nigel | Proctor | Banbridge AC | M45 | M | 46 | 22:14 | 23:27 | 45:41 | 45:35 | 186 | 18 |
| 208 | 480 | Richard | Evans | | MO | M | 34 | 22:11 | 23:36 | 45:46 | 45:33 | 187 | 79 |
| 209 | 233 | Charles | Breen | | M40 | M | 43 | 23:42 | 22:08 | 45:50 | 45:33 | 189 | 31 |
| 210 | 579 | Toban | Hunt | | MJ | M | 19 | 22:16 | 23:34 | 45:50 | 45:43 | 188 | 5 |
| 211 | 472 | Patrick | McCann | | M50 | M | 52 | 22:22 | 23:30 | 45:52 | 45:43 | 190 | 14 |
| 212 | 22 | Tracey | Taylor | | F40 | F | 40 | 38:17 | 07:40 | 45:57 | 45:39 | 22 | 5 |
| 213 | 486 | Matthew | Allen | Ballymena Runners | M45 | M | 49 | 22:41 | 23:18 | 45:58 | 45:42 | 192 | 19 |
| 214 | 614 | Brian | Murray | | M35 | M | 37 | 22:14 | 23:44 | 45:58 | 45:50 | 191 | 34 |

| | | | | | | | | | | | | | |
|------------|------------|--------------|---------------|----------------------|------------|----------|-----------|--------------|--------------|--------------|--------------|------------|-----------|
| 215 | 229 | Jody | Loughan | | MO | M | 31 | 22:13 | 23:46 | 45:59 | 45:47 | 193 | 80 |
| 216 | 280 | Thomas | Houlding | QUB Triathlon club | MO | M | 24 | 22:46 | 23:15 | 46:00 | 45:41 | 194 | 81 |
| 217 | 207 | Stephen | McCully | | M35 | M | 36 | 22:57 | 23:05 | 46:01 | 45:43 | 195 | 35 |
| 218 | 200 | Andrew | Watson | | M35 | M | 39 | 22:11 | 23:53 | 46:03 | 45:58 | 196 | 36 |
| 219 | 314 | Nigel | Wethers | | M50 | M | 51 | 23:17 | 22:49 | 46:05 | 45:47 | 197 | 15 |
| 220 | 666 | Mary | MacKin | Dromore AC | F55 | F | 56 | 22:29 | 23:45 | 46:13 | 46:08 | 23 | 1 |
| 221 | 698 | Heather | Richardson | | F45 | F | | 38:23 | 07:52 | 46:15 | 45:35 | 24 | 3 |
| 222 | 178 | John | McCann | Larne AC | M40 | M | 43 | 22:41 | 23:38 | 46:18 | 46:01 | 198 | 32 |
| 223 | 427 | Letitia | Meenan | Lagan Valley AC | F40 | F | 42 | 22:36 | 23:50 | 46:25 | 46:18 | 25 | 6 |
| 224 | 308 | Aine | McNeill | Dromore AC | F45 | F | 45 | 22:38 | 23:53 | 46:31 | 46:16 | 26 | 4 |
| 225 | 437 | Ian | Cardwell | Dromore A.C | M40 | M | 43 | 23:08 | 23:23 | 46:31 | 45:58 | 199 | 33 |
| 226 | 307 | Jonathan | Fay | City of Lisburn AC | MO | M | 29 | 22:20 | 24:13 | 46:33 | 46:21 | 200 | 82 |
| 227 | 327 | Alan | Logan | | M35 | M | 38 | 23:20 | 23:14 | 46:33 | 46:15 | 201 | 37 |
| 228 | 509 | Shaun | Henry | | M45 | M | 47 | 22:59 | 23:37 | 46:36 | 46:12 | 202 | 20 |
| 229 | 548 | Pat | McMullan | | M55 | M | 56 | 23:03 | 23:35 | 46:37 | 46:17 | 203 | 5 |
| 230 | 175 | Andrea | Heslip | BANBRIDGE A.C | F35 | F | 38 | 23:03 | 23:40 | 46:43 | 46:37 | 27 | 9 |
| 231 | 364 | Jonathan | McCaughtry | Dromore AC | M35 | M | 38 | 23:01 | 23:42 | 46:43 | 46:27 | 204 | 38 |
| 232 | 707 | Brian | Calvert | | M45 | M | | 21:27 | 25:18 | 46:44 | 46:37 | 205 | 21 |
| 233 | 167 | Richard | Hand | | M45 | M | 49 | 23:20 | 23:25 | 46:45 | 46:19 | 206 | 22 |
| 234 | 152 | Tim | Greeves | FG Wilson | MO | M | 22 | 23:13 | 23:35 | 46:48 | 46:38 | 207 | 83 |
| 235 | 282 | David | McBride | | M35 | M | 37 | 23:44 | 23:04 | 46:48 | 46:26 | 209 | 39 |
| 236 | 519 | Richard | Patterson | TUNA TRIATHLON CLUB | M40 | M | 44 | 22:36 | 24:12 | 46:48 | 46:36 | 208 | 34 |
| 237 | 349 | Haydn | Knowles-Love | | M35 | M | 35 | 23:42 | 23:08 | 46:50 | 46:16 | 210 | 40 |
| 238 | 108 | Laura | Beattie | | FO | F | 28 | 23:13 | 23:41 | 46:54 | 46:33 | 28 | 7 |
| 239 | 611 | Christopher | Ballentine | | MO | M | 28 | 23:14 | 23:41 | 46:55 | 46:36 | 211 | 84 |
| 240 | 733 | Kerry | Fokkens | | F40 | F | | 22:22 | 24:34 | 46:55 | 46:48 | 29 | 7 |
| 241 | 338 | Neil | Walker | | M45 | M | 46 | 22:46 | 24:12 | 46:57 | 46:49 | 212 | 23 |
| 242 | 768 | Liam | McArdle | | MO | M | | 23:34 | 23:25 | 46:58 | 46:47 | 213 | 85 |
| 243 | 397 | Martin | McSherry | | M40 | M | 42 | 23:03 | 23:57 | 46:59 | 46:50 | 214 | 35 |
| 244 | 298 | Ruth | MacArtney | | F40 | F | 42 | 22:04 | 24:57 | 47:00 | 46:52 | 30 | 8 |
| 245 | 518 | Paul | O'Hare | NICS AC | M45 | M | 49 | 23:18 | 23:44 | 47:01 | 46:45 | 215 | 24 |
| 246 | 452 | David | Balmer | North Down AC | M35 | M | 35 | 23:20 | 23:45 | 47:04 | 46:57 | 216 | 41 |
| 247 | 394 | Sam | McNeilly | Newcastle AC | FO | F | 22 | 22:49 | 24:16 | 47:05 | 46:59 | 31 | 8 |
| 248 | 111 | David | Noble | FG Wilson | M35 | M | 35 | 23:13 | 23:58 | 47:10 | 46:54 | 217 | 42 |
| 249 | 337 | Patricia | Brown | Newry City Runners | F50 | F | 53 | 23:43 | 23:28 | 47:11 | 46:56 | 32 | 2 |
| 250 | 440 | Darren | Moan | CIYMS AC | M40 | M | 40 | 23:07 | 24:05 | 47:11 | 46:44 | 218 | 36 |
| 251 | 381 | Micheal | Carlisle | BGM | M50 | M | 50 | 23:04 | 24:10 | 47:13 | 46:58 | 219 | 16 |

| | | | | | | | | | | | | | |
|-----|-----|-----------|------------|-------------------------|-----|---|----|-------|-------|-------|-------|-----|----|
| 252 | 205 | Dorian | White | PACE | M40 | M | 42 | 22:47 | 24:32 | 47:19 | 47:10 | 220 | 37 |
| 253 | 383 | Brian | Duggan | | M40 | M | 40 | 24:15 | 23:06 | 47:21 | 46:50 | 221 | 38 |
| 254 | 311 | Brian | Morrow | | M35 | M | 39 | 24:12 | 23:15 | 47:27 | 46:56 | 222 | 43 |
| 255 | 479 | Jason | Birdsall | | MO | M | 33 | 24:22 | 23:07 | 47:28 | 46:53 | 223 | 86 |
| 256 | 487 | Susanna | Allen | Ballymena Runners | F45 | F | 48 | 23:38 | 23:57 | 47:35 | 47:19 | 33 | 5 |
| 257 | 536 | Paul | Compton | | M35 | M | 37 | 22:52 | 24:43 | 47:35 | 47:23 | 224 | 44 |
| 258 | 673 | Thomas | Neill | | M45 | M | | 23:48 | 23:52 | 47:39 | 47:11 | 225 | 25 |
| 259 | 604 | Paddy | McDonnell | no | M35 | M | 36 | 23:24 | 24:20 | 47:43 | 47:35 | 226 | 45 |
| 260 | 390 | Alwyn | McKee | | M40 | M | 44 | 24:18 | 23:27 | 47:45 | 47:22 | 227 | 39 |
| 261 | 746 | Paul | Curley | | MO | M | | 23:04 | 24:41 | 47:45 | 47:11 | 228 | 87 |
| 262 | 497 | Dervla | McCartan | BGM | FO | F | 29 | 24:16 | 23:33 | 47:49 | 47:34 | 34 | 9 |
| 263 | 285 | Ian | Bates | Dromore AC | M50 | M | 52 | 23:33 | 24:17 | 47:50 | 47:35 | 230 | 17 |
| 264 | 323 | Declan | McGrath | | MO | M | 28 | 23:34 | 24:16 | 47:50 | 47:45 | 229 | 88 |
| 265 | 700 | Leann | Gibson | | FO | F | | 24:10 | 23:44 | 47:54 | 47:21 | 35 | 10 |
| 266 | 715 | Mark | Hall | | MO | M | | 23:51 | 24:07 | 47:58 | 47:41 | 231 | 89 |
| 267 | 474 | Mervyn | Thompson | Springwell Running Club | M40 | M | 40 | 23:11 | 24:49 | 48:00 | 47:53 | 232 | 40 |
| 268 | 88 | Ciaran | Martin | FG Wilson | M35 | M | 39 | 24:40 | 23:22 | 48:01 | 47:22 | 233 | 46 |
| 269 | 489 | Nicola | Thompson | | F40 | F | 40 | 23:45 | 24:16 | 48:01 | 47:35 | 36 | 9 |
| 270 | 674 | Bob | Shanks | | MO | M | | 22:51 | 25:17 | 48:08 | 48:03 | 234 | 90 |
| 271 | 774 | Alexander | Blackstock | | M60 | M | | 23:45 | 24:26 | 48:10 | 48:03 | 235 | 5 |
| 272 | 122 | Conor | O'Neill | | M40 | M | 41 | 23:25 | 24:52 | 48:16 | 47:59 | 236 | 41 |
| 273 | 142 | Peadar | Doyle | FG Wilson | M45 | M | 46 | 24:22 | 23:56 | 48:18 | 48:03 | 237 | 26 |
| 274 | 419 | John | Corry | | MO | M | 29 | 24:20 | 23:59 | 48:18 | 48:02 | 238 | 91 |
| 275 | 106 | Stephen | Mulvenna | FG Wilson | M45 | M | 46 | 24:32 | 23:49 | 48:20 | 47:52 | 239 | 27 |
| 276 | 125 | Graham | Burnside | | MO | M | 30 | 24:02 | 24:18 | 48:20 | 47:45 | 240 | 92 |
| 277 | 784 | Noel | Robinson | | MO | M | | 22:39 | 25:46 | 48:25 | 48:11 | 241 | 93 |
| 278 | 581 | John | McAree | | M35 | M | 38 | 24:09 | 24:20 | 48:28 | 48:11 | 242 | 47 |
| 279 | 609 | Janette | Bailie | Dromore AC | F35 | F | 37 | 23:33 | 24:57 | 48:29 | 48:14 | 37 | 10 |
| 280 | 578 | Kieran | Hunt | | M50 | M | 51 | 23:11 | 25:19 | 48:30 | 48:23 | 243 | 18 |
| 281 | 100 | Bill | Guest | FG Wilson | M35 | M | 37 | 24:32 | 23:59 | 48:31 | 48:09 | 244 | 48 |
| 282 | 286 | Niall | Meehan | | M35 | M | 36 | 24:29 | 24:03 | 48:32 | 48:05 | 245 | 49 |
| 283 | 653 | Patricia | Hampson | | FO | F | 32 | 24:11 | 24:24 | 48:35 | 48:01 | 38 | 11 |
| 284 | 418 | Richard | Crane | | MO | M | 28 | 24:20 | 24:19 | 48:38 | 48:22 | 246 | 94 |
| 285 | 431 | Daniel | Jack | | MO | M | 31 | 23:11 | 25:28 | 48:39 | 48:31 | 247 | 95 |
| 286 | 65 | Nick | Murphy | FG Wilson | M35 | M | 36 | 24:42 | 24:02 | 48:43 | 48:21 | 248 | 50 |
| 287 | 617 | Patrick | Hughes | | M35 | M | 37 | 24:49 | 23:55 | 48:43 | 48:13 | 250 | 51 |
| 288 | 761 | Poignon | Guillaume | | MO | M | | 44:20 | 04:23 | 48:43 | 48:17 | 249 | 96 |

| | | | | | | | | | | | | | |
|-----|-----|-------------|------------|--------------------------|-----|---|----|-------|-------|-------|-------|-----|-----|
| 289 | 705 | Michael | Megarrity | | M45 | M | | 23:33 | 25:14 | 48:46 | 48:38 | 251 | 28 |
| 290 | 182 | Brendan | McGeown | Marie's Biscuits | M40 | M | 41 | 24:49 | 23:59 | 48:47 | 48:16 | 252 | 42 |
| 291 | 295 | Martin | O'Brien | | M35 | M | 36 | 24:48 | 24:03 | 48:51 | 48:17 | 253 | 52 |
| 292 | 319 | Jonathan | Adams | | MO | M | 22 | 23:36 | 25:17 | 48:52 | 48:38 | 255 | 97 |
| 293 | 663 | Ashley | Douglas | | MO | M | 27 | 22:56 | 25:56 | 48:52 | 48:41 | 254 | 98 |
| 294 | 471 | Carla | Magill | | FO | F | 24 | 23:17 | 25:39 | 48:56 | 48:40 | 39 | 12 |
| 295 | 687 | Frankey | McGivern | | F45 | F | | 23:43 | 25:14 | 48:57 | 48:51 | 40 | 6 |
| 296 | 569 | Jarlath | Magee | Canal Court Running Club | M40 | M | 42 | 23:32 | 25:27 | 48:59 | 48:42 | 256 | 43 |
| 297 | 544 | Martin | Doherty | | M35 | M | 35 | 24:37 | 24:24 | 49:00 | 48:27 | 257 | 53 |
| 298 | 469 | Louise | Holmes | | FO | F | 32 | 23:53 | 25:09 | 49:01 | 48:51 | 42 | 13 |
| 299 | 549 | Jane | McEvoy | | F35 | F | 39 | 24:28 | 24:33 | 49:01 | 48:42 | 43 | 11 |
| 300 | 612 | Ryan | Love | | MO | M | 33 | 25:33 | 23:28 | 49:01 | 48:25 | 258 | 99 |
| 301 | 672 | Louise | Stewart | | FO | F | | 24:06 | 24:56 | 49:01 | 48:54 | 41 | 14 |
| 302 | 290 | Maureen | Oliver | dub runners | F55 | F | 57 | 24:30 | 24:33 | 49:03 | 48:49 | 44 | 2 |
| 303 | 524 | Conor | Campbell | | M40 | M | 44 | 23:43 | 25:22 | 49:04 | 48:57 | 259 | 44 |
| 304 | 643 | Roisin | Byrne | | F40 | F | 42 | 24:08 | 24:57 | 49:04 | 48:43 | 45 | 10 |
| 305 | 661 | Anthony | Sergeant | | MO | M | 23 | 23:05 | 26:01 | 49:06 | 49:03 | 260 | 100 |
| 306 | 584 | Ciaran | Kearney | | M40 | M | 43 | 24:16 | 24:51 | 49:07 | 48:51 | 261 | 45 |
| 307 | 171 | Dominic | McKenna | | MO | M | 33 | 25:04 | 24:06 | 49:09 | 48:43 | 262 | 101 |
| 308 | 209 | Peter | Lagan | | M35 | M | 36 | 24:38 | 24:34 | 49:11 | 48:38 | 264 | 54 |
| 309 | 510 | Andrew | Evans | | MO | M | 31 | 23:45 | 25:27 | 49:11 | 48:48 | 263 | 102 |
| 310 | 304 | Fran | O'Rourke | BGM Runners | M45 | M | 48 | 24:15 | 24:58 | 49:12 | 48:57 | 265 | 29 |
| 311 | 236 | Christopher | Bryson | PACE Running Group | M40 | M | 40 | 24:39 | 24:36 | 49:14 | 48:59 | 267 | 46 |
| 312 | 353 | Simon | Willis | | M35 | M | 39 | 24:17 | 24:57 | 49:14 | 49:00 | 266 | 55 |
| 313 | 402 | Desy | Metrustry | | M40 | M | 43 | 24:09 | 25:06 | 49:14 | 48:58 | 268 | 47 |
| 314 | 74 | Jason | Beynon | | M35 | M | 39 | 25:27 | 23:51 | 49:18 | 48:41 | 269 | 56 |
| 315 | 498 | Marguerite | Robinson | Murlough AC | F40 | F | 43 | 23:27 | 25:55 | 49:22 | 49:08 | 46 | 11 |
| 316 | 240 | Eamonn | Donnelly | | M40 | M | 43 | 24:19 | 25:08 | 49:27 | 49:13 | 270 | 48 |
| 317 | 680 | Samuel | Coleman | | MO | M | | 23:20 | 26:08 | 49:27 | 49:10 | 271 | 103 |
| 318 | 721 | Shaun | McKittrick | | MO | M | | 24:18 | 25:10 | 49:27 | 49:05 | 272 | 104 |
| 319 | 333 | John | Cully | | M40 | M | 44 | 24:26 | 25:03 | 49:28 | 49:09 | 273 | 49 |
| 320 | 555 | Tom | Gillen | | M40 | M | 40 | 24:10 | 25:19 | 49:28 | 49:07 | 274 | 50 |
| 321 | 773 | Mark | Millar | | M40 | M | | 24:58 | 24:32 | 49:29 | 48:59 | 275 | 51 |
| 322 | 493 | Joan | Melanophy | St Peters | F40 | F | 40 | 23:51 | 25:39 | 49:30 | 49:26 | 47 | 12 |
| 323 | 726 | Charlie | Winter | | M55 | M | | 24:13 | 25:17 | 49:30 | 49:19 | 276 | 6 |
| 324 | 583 | Bill | Croy | | M45 | M | 46 | 25:05 | 24:26 | 49:31 | 49:07 | 277 | 30 |
| 325 | 675 | Gerald | Murray | | M55 | M | | 24:54 | 24:41 | 49:35 | 48:55 | 279 | 7 |

| | | | | | | | | | | | | | |
|-----|-----|----------|--------------|-------------------------|-----|---|----|-------|-------|-------|-------|-----|-----|
| 326 | 735 | Chris | Barrett | | M50 | M | | 24:35 | 25:01 | 49:35 | 49:15 | 278 | 19 |
| 327 | 734 | Louise | Smart | | FO | F | | 24:35 | 25:01 | 49:36 | 49:15 | 48 | 15 |
| 328 | 704 | Sarah | Kendall | | FO | F | | 24:34 | 25:11 | 49:45 | 49:08 | 49 | 16 |
| 329 | 112 | Ian | Brown | | MO | M | 34 | 25:05 | 24:50 | 49:54 | 49:28 | 281 | 105 |
| 330 | 461 | Trevor | Morrison | | M50 | M | 50 | 24:12 | 25:43 | 49:54 | 49:43 | 280 | 20 |
| 331 | 204 | Neasa | Campbell | | F40 | F | 41 | 24:39 | 25:17 | 49:56 | 49:48 | 50 | 13 |
| 332 | 261 | John | Sherry | | M35 | M | 39 | 25:03 | 24:57 | 49:59 | 49:27 | 282 | 57 |
| 333 | 525 | Jonathan | Calvert | FG Wilson | MO | M | 24 | 25:24 | 24:37 | 50:01 | 49:47 | 283 | 106 |
| 334 | 772 | Colin | Atkinson | | M40 | M | | 23:49 | 26:14 | 50:03 | 49:36 | 284 | 52 |
| 335 | 670 | Siobhan | Larkin | | F40 | F | | 24:36 | 25:29 | 50:05 | 49:58 | 51 | 14 |
| 336 | 176 | Orla | Sweeney | Up and Runners NI | F35 | F | 38 | 25:19 | 24:50 | 50:09 | 49:35 | 52 | 12 |
| 337 | 732 | Richard | Cane | | M35 | M | | 25:41 | 24:29 | 50:10 | 49:36 | 285 | 58 |
| 338 | 400 | Philip | Wilson | FG Wilson | M35 | M | 38 | 24:50 | 25:22 | 50:11 | 50:02 | 286 | 59 |
| 339 | 656 | Carl | Signer | | M40 | M | 40 | 24:35 | 25:36 | 50:11 | 49:48 | 287 | 53 |
| 340 | 339 | Noleen | O'Neill | Banbridge AC | F40 | F | 41 | 24:35 | 25:41 | 50:15 | 49:38 | 53 | 15 |
| 341 | 38 | James | Murray | FG Wilson | M35 | M | 36 | 23:53 | 26:25 | 50:18 | 49:58 | 288 | 60 |
| 342 | 694 | Peter | Milligan | | MO | M | | 24:10 | 26:09 | 50:19 | 49:56 | 289 | 107 |
| 343 | 266 | Barney | McCann | ASOB's | M45 | M | 46 | 24:09 | 26:12 | 50:21 | 50:04 | 290 | 31 |
| 344 | 5 | Brian | Hillen | | MO | M | 30 | 24:41 | 25:44 | 50:24 | 49:57 | 292 | 108 |
| 345 | 503 | Irene | Downey | County Antrim Harriers | F45 | F | 48 | 24:47 | 25:38 | 50:24 | 50:03 | 54 | 7 |
| 346 | 703 | Philip | Moore | | MO | M | | 24:14 | 26:10 | 50:24 | 49:57 | 291 | 109 |
| 347 | 601 | Glenn | Smyth | | M45 | M | 47 | 25:15 | 25:11 | 50:26 | 49:58 | 293 | 32 |
| 348 | 551 | Frank | Smyth | | M40 | M | 40 | 25:10 | 25:17 | 50:27 | 49:49 | 294 | 54 |
| 349 | 399 | Peter | Rush | | MO | M | 31 | 24:05 | 26:27 | 50:32 | 50:25 | 295 | 110 |
| 350 | 147 | Andy | Pearson | | M40 | M | 40 | 25:04 | 25:39 | 50:43 | 50:11 | 296 | 55 |
| 351 | 305 | Jim | Gillespie | | M40 | M | 40 | 25:26 | 25:20 | 50:45 | 50:12 | 297 | 56 |
| 352 | 18 | Anthony | O'Neill | | M35 | M | 38 | 24:42 | 26:08 | 50:49 | 50:30 | 298 | 61 |
| 353 | 299 | Kevin | Mc Kernan | | M40 | M | 41 | 25:19 | 25:31 | 50:50 | 50:26 | 299 | 57 |
| 354 | 415 | Norman | Watson | FG Wilson | MO | M | 29 | 25:25 | 25:33 | 50:58 | 50:44 | 301 | 111 |
| 355 | 455 | Steve | Wilson | | M40 | M | 40 | 24:37 | 26:22 | 50:58 | 50:45 | 300 | 58 |
| 356 | 651 | Craig | Green | PACE Antrim | M35 | M | 39 | 25:46 | 25:13 | 50:58 | 50:43 | 302 | 62 |
| 357 | 348 | Adrian | Knowles-Love | | M35 | M | 37 | 24:08 | 26:52 | 50:59 | 50:26 | 304 | 63 |
| 358 | 706 | Pat | Martin | | M50 | M | | 24:19 | 26:41 | 50:59 | 50:51 | 303 | 21 |
| 359 | 523 | Colm | Mc Neill | east down athletic club | M50 | M | 53 | 25:13 | 25:49 | 51:01 | 50:39 | 305 | 22 |
| 360 | 273 | Sarah | McWilliams | | FO | F | 30 | 25:26 | 25:39 | 51:04 | 50:37 | 55 | 17 |
| 361 | 610 | Gavin | Wilson | | MO | M | 29 | 25:28 | 25:42 | 51:09 | 50:40 | 306 | 112 |
| 362 | 591 | Keith | Hanna | | M40 | M | 42 | 26:44 | 24:28 | 51:12 | 50:51 | 307 | 59 |

| | | | | | | | | | | | | | |
|------------|------------|--------------|-------------------|--------------------------|------------|----------|-----------|--------------|--------------|--------------|--------------|------------|----------|
| 363 | 534 | Mark | Hand | | MO | M | 22 | 24:30 | 26:43 | 51:13 | 50:47 | 308 | 113 |
| 364 | 684 | Victoria | McFeeters | | FO | F | | 24:48 | 26:25 | 51:13 | 50:47 | 56 | 18 |
| 365 | 794 | John | McAuley | | M50 | M | | 25:53 | 25:29 | 51:22 | 51:00 | 309 | 23 |
| 366 | 711 | Eimear | McCann | | FO | F | | 25:13 | 26:11 | 51:24 | 51:00 | 57 | 19 |
| 367 | 696 | Cillilan | Short | | M45 | M | | 26:08 | 25:18 | 51:25 | 50:44 | 310 | 33 |
| 368 | 367 | Rachel | Farrell | Up and Runners | F35 | F | 36 | 25:10 | 26:19 | 51:28 | 51:18 | 58 | 13 |
| 369 | 189 | Alan | Bill | | M45 | M | 47 | 25:12 | 26:24 | 51:35 | 51:24 | 311 | 34 |
| 370 | 521 | David | McVeigh | | M40 | M | 40 | 24:06 | 27:32 | 51:38 | 51:33 | 312 | 60 |
| 371 | 366 | Paul | Seacroft | | M45 | M | 48 | 25:43 | 25:57 | 51:40 | 51:17 | 313 | 35 |
| 372 | 220 | George | McNeill | | M50 | M | 52 | 26:01 | 25:41 | 51:42 | 51:05 | 315 | 24 |
| 373 | 262 | Pat | O'Driscoll | North Down AC | M60 | M | 63 | 26:19 | 25:24 | 51:42 | 51:30 | 314 | 6 |
| 374 | 587 | Hollie | McKeown | Willowfield Harriers | FJ | F | 15 | 24:46 | 26:57 | 51:42 | 51:32 | 59 | 1 |
| 375 | 47 | Gemma | Davies | FG Wilson | FO | F | 27 | 24:51 | 26:53 | 51:43 | 51:34 | 60 | 20 |
| 376 | 354 | Joseph | McVey | | M50 | M | 52 | 26:16 | 25:29 | 51:44 | 51:11 | 316 | 25 |
| 377 | 568 | Moira | Magee | Canal Court Running Club | F40 | F | 43 | 25:40 | 26:06 | 51:45 | 51:29 | 61 | 16 |
| 378 | 221 | Carol | Annesley | East Antrim Harriers AC | F45 | F | 47 | 25:15 | 26:32 | 51:46 | 51:29 | 62 | 8 |
| 379 | 572 | Skip | Gibson | | MO | M | 22 | 25:20 | 26:26 | 51:46 | 51:11 | 317 | 114 |
| 380 | 618 | John | O'Kane | | M35 | M | 37 | 25:32 | 26:18 | 51:49 | 51:20 | 318 | 64 |
| 381 | 325 | Corona | Cassidy | Viva Palestine | FO | F | 28 | 24:25 | 27:26 | 51:51 | 51:30 | 63 | 21 |
| 382 | 321 | Susanne | McGrillen | | FO | F | 30 | 25:51 | 26:04 | 51:54 | 51:42 | 64 | 22 |
| 383 | 634 | Kieran | Hughes | | MO | M | 33 | 26:33 | 25:23 | 51:56 | 51:27 | 319 | 115 |
| 384 | 453 | Tanya | Farr | Orangethorne A.C. | F40 | F | 42 | 25:37 | 26:31 | 52:07 | 51:55 | 65 | 17 |
| 385 | 468 | Paul | Corthorn | | M35 | M | 35 | 25:23 | 26:47 | 52:10 | 51:55 | 320 | 65 |
| 386 | 574 | Steve | Stewart | | M35 | M | 39 | 27:04 | 25:08 | 52:12 | 51:44 | 321 | 66 |
| 387 | 361 | Raymond | Whiteway | | M45 | M | 47 | 26:22 | 25:52 | 52:14 | 51:46 | 322 | 36 |
| 388 | 91 | Alison | McCambridge | | FO | F | 34 | 26:12 | 26:04 | 52:15 | 51:37 | 66 | 23 |
| 389 | 535 | Ian | Ervine | | M55 | M | 56 | 26:03 | 26:12 | 52:15 | 51:46 | 323 | 8 |
| 390 | 389 | Mark | McGlade | DOUGLAS & GRAHAME | MO | M | 33 | 26:46 | 25:35 | 52:21 | 51:37 | 324 | 116 |
| 391 | 447 | Chris | James | | M40 | M | 41 | 25:49 | 26:38 | 52:26 | 51:51 | 325 | 61 |
| 392 | 758 | Colin | Haddick | | M60 | M | | 25:50 | 26:38 | 52:27 | 52:00 | 326 | 7 |
| 393 | 75 | Chris | Smith | | MO | M | 25 | 25:29 | 26:59 | 52:28 | 51:50 | 327 | 117 |
| 394 | 413 | Phil | Duffield | NSPCC Team Go | M45 | M | 48 | 26:38 | 25:57 | 52:34 | 51:53 | 328 | 37 |
| 395 | 679 | Antoinette | Bowen | | F35 | F | | 25:48 | 26:47 | 52:34 | 52:12 | 67 | 14 |
| 396 | 796 | Conor | McCrary | | M18 | M | | 24:54 | 27:42 | 52:35 | 52:22 | 329 | 3 |
| 397 | 742 | Sasha | Lambon | | F40 | F | | 25:57 | 26:41 | 52:37 | 52:23 | 68 | 18 |
| 398 | 316 | Marie | Devine | North Down AC | F45 | F | 46 | 26:08 | 26:31 | 52:39 | 52:14 | 69 | 9 |
| 399 | 792 | Eimear | King | | FO | F | | 26:15 | 26:25 | 52:39 | 52:01 | 70 | 24 |

| | | | | | | | | | | | | | |
|-----|-----|----------|------------|--------------------|-----|---|----|-------|-------|-------|-------|-----|-----|
| 400 | 668 | Rebecca | Hunter | Lagan Valley | F35 | F | 35 | 26:05 | 26:38 | 52:42 | 52:26 | 71 | 15 |
| 401 | 235 | Frances | McMullan | PACE Running Group | F45 | F | 49 | 26:01 | 26:47 | 52:48 | 52:33 | 72 | 10 |
| 402 | 34 | Tom | Mallon | | M45 | M | 48 | 25:20 | 27:30 | 52:50 | 52:43 | 330 | 38 |
| 403 | 225 | Colm | McMullan | | MO | M | 31 | 25:30 | 27:21 | 52:50 | 52:25 | 331 | 118 |
| 404 | 621 | Oliver | Murphy | Sperrin Harriers | M40 | M | 40 | 26:56 | 25:56 | 52:51 | 52:38 | 332 | 62 |
| 405 | 630 | Colum | Murphy | | MO | M | 33 | 26:56 | 25:56 | 52:51 | 52:37 | 333 | 119 |
| 406 | 790 | Thomas | Dalzell | | MO | M | | 25:04 | 27:49 | 52:52 | 52:46 | 334 | 120 |
| 407 | 153 | Craig | Corsar | | M35 | M | 36 | 26:25 | 26:29 | 52:53 | 52:12 | 335 | 67 |
| 408 | 456 | Jillian | Redpath | | F35 | F | 38 | 26:26 | 26:33 | 52:59 | 52:30 | 73 | 16 |
| 409 | 371 | Tim | Fearon | | M40 | M | 42 | 25:54 | 27:08 | 53:02 | 52:45 | 336 | 63 |
| 410 | 450 | Claude | Maguire | | M40 | M | 42 | 25:54 | 27:09 | 53:02 | 52:45 | 337 | 64 |
| 411 | 446 | Paul | Gruhn | dub runners | MO | M | 31 | 24:29 | 28:34 | 53:03 | 52:55 | 338 | 121 |
| 412 | 782 | Joe | Molloy | | M35 | M | | 27:18 | 25:45 | 53:03 | 52:23 | 339 | 68 |
| 413 | 265 | Michael | Snoddy | | M50 | M | 53 | 26:36 | 26:28 | 53:04 | 52:38 | 340 | 26 |
| 414 | 241 | Mandy | Nelson | | F40 | F | 44 | 26:37 | 26:28 | 53:05 | 52:38 | 74 | 19 |
| 415 | 217 | Stephen | McKinty | FG Wilson | M45 | M | 45 | 25:39 | 27:27 | 53:06 | 52:47 | 341 | 39 |
| 416 | 395 | Neil | Martin | | MO | M | 33 | 26:26 | 26:41 | 53:06 | 52:25 | 342 | 122 |
| 417 | 416 | Ciaran | Brownlee | | M35 | M | 35 | 27:37 | 25:30 | 53:07 | 52:30 | 343 | 69 |
| 418 | 439 | Eleanor | Acheson | Orangethorne AC | FO | F | 34 | 25:37 | 27:33 | 53:10 | 52:59 | 75 | 25 |
| 419 | 747 | Brett | Paterson | | MO | M | | 25:27 | 27:46 | 53:12 | 52:45 | 345 | 123 |
| 420 | 788 | Darren | Floyd | | MO | M | | 25:18 | 27:55 | 53:12 | 53:05 | 344 | 124 |
| 421 | 92 | Maurice | Leeson | | M50 | M | 52 | 27:09 | 26:06 | 53:14 | 52:46 | 346 | 27 |
| 422 | 104 | Mark | Dougherty | | M35 | M | 37 | 28:40 | 24:39 | 53:18 | 52:46 | 347 | 70 |
| 423 | 328 | Michelle | Thompson | FG Wilson | F40 | F | 40 | 26:20 | 27:02 | 53:21 | 53:11 | 76 | 20 |
| 424 | 417 | Kelan | McClelland | | MO | M | 33 | 26:59 | 26:25 | 53:23 | 52:45 | 348 | 125 |
| 425 | 210 | Barry | O'Donnell | | MO | M | 34 | 25:30 | 27:56 | 53:26 | 53:01 | 349 | 126 |
| 426 | 234 | Orla | McGinnis | | FO | F | 24 | 26:25 | 27:01 | 53:26 | 53:10 | 77 | 26 |
| 427 | 377 | Trina | Maginn | | FO | F | 32 | 26:17 | 27:09 | 53:26 | 53:07 | 78 | 27 |
| 428 | 126 | George | Gribben | | M55 | M | 57 | 27:15 | 26:14 | 53:28 | 52:53 | 350 | 9 |
| 429 | 632 | Alison | Quinn | | FO | F | 31 | 26:39 | 26:49 | 53:28 | 53:10 | 79 | 28 |
| 430 | 49 | Joseph | Hughes | FG Wilson | MO | M | 27 | 26:57 | 26:36 | 53:33 | 53:17 | 351 | 127 |
| 431 | 499 | Helen | Dimond | | FO | F | 31 | 26:35 | 27:01 | 53:36 | 53:23 | 80 | 29 |
| 432 | 500 | Kathryn | Fowler | | F40 | F | 40 | 26:35 | 27:01 | 53:36 | 53:23 | 81 | 21 |
| 433 | 669 | Emma | Smith | Orangethorne AC | F35 | F | 37 | 26:35 | 27:01 | 53:36 | 53:17 | 82 | 17 |
| 434 | 557 | Conor | Loughran | | MO | M | 31 | 26:14 | 27:30 | 53:43 | 53:23 | 352 | 128 |
| 435 | 252 | Simon | Trimble | | MO | M | 27 | 25:46 | 27:59 | 53:44 | 53:34 | 353 | 129 |
| 436 | 463 | Lesley | Wilson | | F35 | F | 37 | 26:09 | 27:38 | 53:47 | 53:33 | 83 | 18 |

| | | | | | | | | | | | | | |
|------------|------------|--------------|--------------|-----------------------|------------|----------|-----------|--------------|--------------|--------------|--------------|-----------|-----------|
| 437 | 269 | William | Baird | | M55 | M | 59 | 26:24 | 27:27 | 53:51 | 53:11 | 354 | 10 |
| 438 | 162 | Lynne | Rowlinson | | FO | F | 26 | 26:55 | 26:57 | 53:52 | 53:31 | 84 | 30 |
| 439 | 652 | Stephen | Connolly | | MO | M | 34 | 26:31 | 27:23 | 53:53 | 53:19 | 355 | 130 |
| 440 | 96 | Nicholas | Quaile | | M35 | M | 39 | 26:29 | 27:33 | 54:02 | 53:43 | 356 | 71 |
| 441 | 264 | Pippa | Davis | | F35 | F | 38 | 26:12 | 27:52 | 54:03 | 53:43 | 85 | 19 |
| 442 | 224 | John | Richardson | | M40 | M | 44 | 27:43 | 26:23 | 54:06 | 53:26 | 357 | 65 |
| 443 | 787 | Paul | Sheridan | | M50 | M | | 25:46 | 28:22 | 54:07 | 53:48 | 358 | 28 |
| 444 | 250 | Alan | Briers | Up and Runners | M40 | M | 42 | 26:00 | 28:11 | 54:10 | 53:45 | 360 | 66 |
| 445 | 495 | Jonathan | Golden | | M35 | M | 38 | 25:18 | 28:52 | 54:10 | 53:51 | 359 | 72 |
| 446 | 54 | Christine | Orr | | F40 | F | 42 | 26:42 | 27:30 | 54:11 | 53:29 | 86 | 22 |
| 447 | 372 | David | Guiney | Dromore Athletic Club | M50 | M | 51 | 27:34 | 26:37 | 54:11 | 53:58 | 361 | 29 |
| 448 | 430 | Kelly | Magill | Larne AC | FO | F | 30 | 26:48 | 27:24 | 54:12 | 53:48 | 87 | 31 |
| 449 | 94 | Stephen | Martin | FG Wilson | M40 | M | 42 | 25:36 | 28:39 | 54:15 | 53:52 | 362 | 67 |
| 450 | 725 | Valerie | Maguire | | F40 | F | | 27:09 | 27:09 | 54:17 | 53:56 | 88 | 23 |
| 451 | 709 | Marian | Donaldson | | F55 | F | | 26:19 | 28:01 | 54:20 | 54:02 | 89 | 3 |
| 452 | 475 | Michael | Gillan | | M35 | M | 38 | 26:43 | 27:42 | 54:25 | 53:41 | 363 | 73 |
| 453 | 130 | Colin | Cooney | | M40 | M | 43 | 27:04 | 27:29 | 54:33 | 53:59 | 365 | 68 |
| 454 | 259 | Mark | Aicken | | M35 | M | 35 | 27:03 | 27:30 | 54:33 | 54:13 | 364 | 74 |
| 455 | 541 | Stephen | McKiernan | | MO | M | 28 | 27:10 | 27:24 | 54:33 | 53:59 | 366 | 131 |
| 456 | 56 | Mark | Lennox | FG Wilson | M40 | M | 40 | 27:04 | 27:30 | 54:34 | 54:07 | 367 | 69 |
| 457 | 615 | Paul | Kelly | | M45 | M | 47 | 27:20 | 27:15 | 54:34 | 54:05 | 368 | 40 |
| 458 | 14 | John | Adams | | MO | M | 23 | 28:41 | 25:54 | 54:35 | 53:54 | 370 | 132 |
| 459 | 105 | Chris | McMinn | | M35 | M | 37 | 28:41 | 25:55 | 54:35 | 53:55 | 369 | 75 |
| 460 | 161 | Annie | Kenny | | FO | F | 27 | 26:50 | 27:46 | 54:35 | 54:25 | 91 | 32 |
| 461 | 671 | Siobhan | O'Neill | | F40 | F | | 26:14 | 28:22 | 54:35 | 54:27 | 90 | 24 |
| 462 | 203 | Clare | Campbell | | F45 | F | 48 | 26:39 | 27:57 | 54:36 | 54:29 | 92 | 11 |
| 463 | 121 | Michael | Burgess | | MO | M | 29 | 27:24 | 27:26 | 54:49 | 54:36 | 371 | 133 |
| 464 | 15 | Olivia | Wilson | | FO | F | 32 | 27:26 | 27:26 | 54:52 | 54:23 | 93 | 33 |
| 465 | 16 | Richard | Wilson | | M35 | M | 39 | 27:26 | 27:27 | 54:53 | 54:23 | 372 | 76 |
| 466 | 246 | Alan | Casement | | M35 | M | 38 | 28:11 | 26:44 | 54:55 | 54:38 | 373 | 77 |
| 467 | 71 | Joanne | McCully | FG Wilson | FO | F | 32 | 27:08 | 27:48 | 54:56 | 54:40 | 96 | 34 |
| 468 | 494 | Pamela | Davis | | F45 | F | 45 | 26:57 | 27:59 | 54:56 | 54:45 | 94 | 12 |
| 469 | 728 | Moir | McBride | | F45 | F | | 26:57 | 27:59 | 54:56 | 54:44 | 95 | 13 |
| 470 | 218 | Joyce | McKinty | FG Wilson | F40 | F | 44 | 26:46 | 28:12 | 54:57 | 54:37 | 97 | 25 |
| 471 | 795 | Michael | Gregg | | M40 | M | | 27:05 | 27:53 | 54:58 | 54:26 | 374 | 70 |
| 472 | 580 | Nick | Brennan | | M40 | M | 43 | 26:48 | 28:12 | 54:59 | 54:34 | 375 | 71 |
| 473 | 566 | Janet | Total | North Down AC | F45 | F | 46 | 27:47 | 27:13 | 55:00 | 54:33 | 98 | 14 |

| | | | | | | | | | | | | | |
|-----|-----|-----------|------------|------------------------|-----|---|----|-------|-------|-------|-------|-----|-----|
| 474 | 388 | Robert | Carson | DOUGLAS & GRAHAME | M40 | M | 40 | 26:51 | 28:10 | 55:01 | 54:14 | 376 | 72 |
| 475 | 118 | Anthony | Fleming | | M35 | M | 38 | 28:10 | 26:56 | 55:06 | 54:33 | 377 | 78 |
| 476 | 511 | Margaret | McClintock | | F40 | F | 44 | 27:47 | 27:21 | 55:07 | 54:38 | 99 | 26 |
| 477 | 213 | Rory | O'Neill | | M35 | M | 39 | 27:02 | 28:11 | 55:13 | 54:55 | 378 | 79 |
| 478 | 635 | Anne | Hughes | | FO | F | 32 | 26:57 | 28:17 | 55:14 | 54:45 | 100 | 35 |
| 479 | 289 | John | Oakes | East Down AC | M35 | M | 36 | 26:36 | 28:40 | 55:16 | 55:08 | 379 | 80 |
| 480 | 312 | Paula | McKibbin | Murlough AC | F40 | F | 44 | 27:23 | 27:55 | 55:18 | 54:52 | 101 | 27 |
| 481 | 239 | Anne | McCormick | Murlough AC | F50 | F | 51 | 27:24 | 27:55 | 55:19 | 54:54 | 102 | 3 |
| 482 | 405 | Kerry | McClintock | P.A.C.E. Running Group | F35 | F | 36 | 27:25 | 27:59 | 55:24 | 55:10 | 103 | 20 |
| 483 | 27 | Claire | Patience | | F35 | F | 38 | 26:42 | 28:44 | 55:26 | 55:08 | 104 | 21 |
| 484 | 441 | Louisa | Wilson | | FO | F | 34 | 27:30 | 28:04 | 55:34 | 55:19 | 105 | 36 |
| 485 | 85 | Sean | Larkin | FG Wilson | M35 | M | 38 | 26:55 | 28:45 | 55:40 | 55:19 | 380 | 81 |
| 486 | 93 | Barry | Meehan | | M35 | M | 37 | 27:21 | 28:20 | 55:41 | 55:22 | 381 | 82 |
| 487 | 368 | Gillian | Logan | Larne AC | FO | F | 27 | 27:44 | 27:57 | 55:41 | 55:19 | 106 | 37 |
| 488 | 196 | Clare | Finn | | F40 | F | 41 | 27:23 | 28:20 | 55:43 | 55:32 | 107 | 28 |
| 489 | 197 | Nuala | McCabe | | F35 | F | 36 | 27:23 | 28:20 | 55:43 | 55:32 | 108 | 22 |
| 490 | 89 | Orla | Martin | FG Wilson | F35 | F | 37 | 27:12 | 28:32 | 55:44 | 55:05 | 109 | 23 |
| 491 | 532 | Paul | Rodgers | Marie's Biscuits | M35 | M | 37 | 27:10 | 28:34 | 55:44 | 55:12 | 382 | 83 |
| 492 | 256 | Stephen | Hillocks | | M35 | M | 36 | 27:11 | 28:45 | 55:55 | 55:32 | 383 | 84 |
| 493 | 542 | Ruth | Cousins | | F40 | F | 43 | 26:58 | 29:03 | 56:01 | 55:42 | 110 | 29 |
| 494 | 277 | Lindsay | Bell | | FO | F | 34 | 27:08 | 28:57 | 56:05 | 55:56 | 111 | 38 |
| 495 | 278 | Ron | Bell | | M35 | M | 35 | 27:07 | 28:58 | 56:05 | 55:56 | 384 | 85 |
| 496 | 607 | Jennifer | Clarke | | FJ | F | 19 | 28:56 | 27:11 | 56:06 | 55:39 | 112 | 2 |
| 497 | 623 | Rosemarie | Mc Hugh | | FO | F | 33 | 29:11 | 26:55 | 56:06 | 55:22 | 113 | 39 |
| 498 | 481 | Brian | Thompson | | M60 | M | 60 | 27:29 | 28:40 | 56:09 | 55:42 | 385 | 8 |
| 499 | 562 | James | Herron | | M35 | M | 37 | 28:41 | 27:32 | 56:12 | 55:40 | 386 | 86 |
| 500 | 744 | Peter | Gibson | | M50 | M | | 25:56 | 30:22 | 56:18 | 56:06 | 387 | 30 |
| 501 | 443 | Melinda | Wilkinson | Orangetrove AC | F40 | F | 40 | 27:28 | 28:52 | 56:19 | 56:07 | 114 | 30 |
| 502 | 6 | Ruth | Chapman | | FO | F | 30 | 27:45 | 28:37 | 56:22 | 55:56 | 115 | 40 |
| 503 | 406 | Irene | White | P.A.C.E. Running Group | F45 | F | 47 | 27:25 | 29:00 | 56:24 | 56:10 | 116 | 15 |
| 504 | 691 | Helen | Anthony | | FO | F | | 28:10 | 28:19 | 56:28 | 56:05 | 117 | 41 |
| 505 | 681 | Helen | Woodside | | F40 | F | | 28:33 | 27:58 | 56:30 | 55:55 | 118 | 31 |
| 506 | 682 | Helen | Brannigan | | F40 | F | | 28:32 | 27:58 | 56:30 | 55:54 | 119 | 32 |
| 507 | 793 | Andrew | Johnston | | MO | M | | 26:34 | 30:02 | 56:35 | 55:53 | 388 | 134 |
| 508 | 764 | Sean | O'Hare | | M40 | M | | 27:08 | 29:30 | 56:37 | 56:27 | 389 | 73 |
| 509 | 237 | Melissa | Moreland | | F35 | F | 39 | 27:13 | 29:27 | 56:40 | 56:20 | 120 | 24 |
| 510 | 624 | Adrian | Mc Elvanna | | MO | M | 33 | 29:12 | 27:28 | 56:40 | 55:56 | 390 | 135 |

| | | | | | | | | | | | | | |
|-----|-----|----------|-------------|---------------------|-----|---|----|-------|-------|-------|-------|-----|-----|
| 511 | 150 | Marty | Denvir | | MJ | M | 17 | 25:57 | 30:44 | 56:41 | 56:28 | 391 | 6 |
| 512 | 640 | Sonia | McNeice | BGM | F40 | F | 43 | 28:36 | 28:06 | 56:42 | 56:26 | 121 | 33 |
| 513 | 124 | Nora | Douds | | FO | F | 33 | 29:24 | 27:20 | 56:44 | 56:07 | 122 | 42 |
| 514 | 507 | Glenda | Girvin | | F40 | F | 40 | 27:51 | 29:02 | 56:53 | 56:17 | 124 | 34 |
| 515 | 508 | Shirley | McGuckin | | F35 | F | 38 | 27:51 | 29:03 | 56:53 | 56:18 | 123 | 25 |
| 516 | 616 | Grace | O'Kane | | F35 | F | 36 | 28:25 | 28:29 | 56:54 | 56:23 | 125 | 26 |
| 517 | 576 | Robert | Koval | FG Wilson | M50 | M | 54 | 27:25 | 29:34 | 56:58 | 56:30 | 392 | 31 |
| 518 | 731 | Roger | Duncan | | M35 | M | | 27:57 | 29:02 | 56:59 | 56:26 | 393 | 87 |
| 519 | 1 | Paul | Hendron | | M55 | M | 55 | 27:53 | 29:09 | 57:02 | 56:32 | 394 | 11 |
| 520 | 202 | Philip | Smyth | | MO | M | 31 | 27:50 | 29:15 | 57:04 | 56:36 | 395 | 136 |
| 521 | 52 | Linda | Rice | FG Wilson | F35 | F | 39 | 27:42 | 29:23 | 57:05 | 56:55 | 126 | 27 |
| 522 | 120 | Andrew | Hill | FG Wilson | MO | M | 28 | 30:02 | 27:07 | 57:09 | 56:41 | 396 | 137 |
| 523 | 590 | Clifford | Winters | FG Wilson | MO | M | 30 | 30:02 | 27:09 | 57:10 | 56:41 | 397 | 138 |
| 524 | 384 | Laverne | Inns | banbridge athletics | F45 | F | 45 | 27:48 | 29:23 | 57:11 | 56:33 | 127 | 16 |
| 525 | 738 | James | Dobbin | | MO | M | | 28:13 | 29:03 | 57:15 | 56:50 | 398 | 139 |
| 526 | 139 | Michelle | Scullion | FG Wilson | FO | F | 20 | 26:54 | 30:24 | 57:17 | 57:07 | 128 | 43 |
| 527 | 686 | Peter | White | | M40 | M | | 29:30 | 27:57 | 57:26 | 56:51 | 399 | 74 |
| 528 | 627 | Stephen | Montgomery | | M35 | M | 38 | 26:32 | 30:56 | 57:27 | 57:15 | 400 | 88 |
| 529 | 363 | Gemma | Armstrong | | FO | F | 30 | 28:50 | 28:49 | 57:39 | 57:09 | 129 | 44 |
| 530 | 329 | Annelize | Bekker | Dromore AC | FO | F | 29 | 27:34 | 30:09 | 57:43 | 57:31 | 130 | 45 |
| 531 | 689 | Cormac | McKinney | | MO | M | | 28:03 | 29:41 | 57:44 | 57:19 | 401 | 140 |
| 532 | 619 | Patricia | Walsh | | F45 | F | 48 | 27:48 | 30:01 | 57:48 | 57:19 | 131 | 17 |
| 533 | 506 | Colin | Shaw | | M45 | M | 45 | 29:17 | 28:33 | 57:49 | 57:17 | 402 | 41 |
| 534 | 154 | Conor | McNeill | | M40 | M | 40 | 29:08 | 28:44 | 57:51 | 57:08 | 404 | 75 |
| 535 | 470 | Ciaran | O'Flaherty | FG Wilson | MO | M | 29 | 29:50 | 28:02 | 57:51 | 57:38 | 403 | 141 |
| 536 | 755 | Derek | Cowan | | M60 | M | | 28:31 | 29:34 | 58:04 | 57:39 | 405 | 9 |
| 537 | 771 | Jim | Frazer | | M45 | M | | 27:52 | 30:13 | 58:05 | 57:28 | 406 | 42 |
| 538 | 567 | Carmel | Tumelty | ROSS ROAD RUNNERS | F40 | F | 42 | 28:40 | 29:31 | 58:10 | 58:01 | 132 | 35 |
| 539 | 123 | Rory | McGregor | FG Wilson | M35 | M | 37 | 28:31 | 29:41 | 58:11 | 57:51 | 407 | 89 |
| 540 | 575 | John | McCourt | | MO | M | 29 | 30:08 | 28:07 | 58:15 | 57:48 | 408 | 142 |
| 541 | 432 | Susan | Anderson | | F40 | F | 41 | 29:49 | 28:27 | 58:16 | 57:52 | 133 | 36 |
| 542 | 645 | Linda | Craig | Up & Runners | F50 | F | 51 | 29:49 | 28:28 | 58:16 | 57:52 | 134 | 4 |
| 543 | 688 | Michael | McCrory | | M45 | M | | 28:02 | 30:15 | 58:17 | 57:59 | 409 | 43 |
| 544 | 28 | Barry | Patience | | M35 | M | 38 | 27:57 | 30:23 | 58:20 | 58:02 | 410 | 90 |
| 545 | 658 | Sarah | Williamson | | FO | F | 32 | 29:43 | 28:39 | 58:22 | 57:52 | 135 | 46 |
| 546 | 664 | Owen | Fitzpatrick | | M40 | M | 43 | 28:16 | 30:10 | 58:25 | 57:59 | 411 | 76 |
| 547 | 750 | Leona | Cowan | | F35 | F | | 29:37 | 28:48 | 58:25 | 57:56 | 136 | 28 |

| | | | | | | | | | | | | | |
|-----|-----|--------------|--------------|--------------------------|-----|---|----|-------|-------|----------|----------|-----|-----|
| 548 | 119 | Diarmuid | Sands | | MO | M | 33 | 28:28 | 29:58 | 58:26 | 58:04 | 412 | 143 |
| 549 | 385 | John | Gillespie | DOUGLAS & GRAHAME | MO | M | 31 | 29:57 | 28:36 | 58:32 | 57:46 | 413 | 144 |
| 550 | 97 | David | Cleland | | M45 | M | 45 | 28:07 | 30:27 | 58:34 | 58:15 | 414 | 44 |
| 551 | 701 | Susan | McEwen | | F45 | F | | 29:43 | 28:59 | 58:41 | 58:11 | 137 | 18 |
| 552 | 313 | Nicola | Mathers | Murlough AC | FO | F | 32 | 28:42 | 30:03 | 58:44 | 58:19 | 139 | 47 |
| 553 | 492 | Esther | McGuinness | | F40 | F | 43 | 29:19 | 29:25 | 58:44 | 58:24 | 138 | 37 |
| 554 | 141 | Barbara | McEvoy | | FO | F | 25 | 28:29 | 30:20 | 58:49 | 58:12 | 140 | 48 |
| 555 | 185 | Marie | McBrien | Marie's Biscuits | F40 | F | 41 | 29:42 | 29:15 | 58:57 | 58:25 | 141 | 38 |
| 556 | 550 | Lorraine | Smyth | | F40 | F | 40 | 28:50 | 30:11 | 59:00 | 58:22 | 142 | 39 |
| 557 | 137 | Karen | Madden | | F40 | F | 42 | 30:22 | 28:41 | 59:03 | 58:29 | 144 | 40 |
| 558 | 593 | Shauna | Martin | FG Wilson | F35 | F | 36 | 28:01 | 31:02 | 59:03 | 58:30 | 143 | 29 |
| 559 | 448 | Jacqueline | Briers | Up and Runners | F45 | F | 46 | 30:11 | 28:56 | 59:07 | 58:42 | 145 | 19 |
| 560 | 386 | Aaron | Douglas | DOUGLAS & GRAHAME | MO | M | 22 | 29:57 | 29:23 | 59:19 | 58:33 | 415 | 145 |
| 561 | 531 | Denise | Rodgers | | FO | F | 34 | 29:21 | 30:02 | 59:23 | 58:52 | 146 | 49 |
| 562 | 148 | Colin | Laverick | | MO | M | 30 | 29:37 | 29:51 | 59:27 | 58:41 | 416 | 146 |
| 563 | 291 | Philip | Simmill | | M45 | M | 47 | 28:30 | 31:01 | 59:31 | 59:04 | 417 | 45 |
| 564 | 211 | Mairead | Walsh | | FO | F | 30 | 29:07 | 30:29 | 59:35 | 59:04 | 147 | 50 |
| 565 | 212 | Adrain | McAleenan | | MO | M | 30 | 29:07 | 30:29 | 59:35 | 59:04 | 418 | 147 |
| 566 | 336 | Siobhan | Smyth | banbridge athletics club | F35 | F | 38 | 28:37 | 31:05 | 59:41 | 59:04 | 148 | 30 |
| 567 | 751 | Mary | Devlin | | F45 | F | | 27:57 | 31:45 | 59:42 | 59:26 | 150 | 20 |
| 568 | 754 | Suzanne | Brolly | | F45 | F | | 27:56 | 31:46 | 59:42 | 59:26 | 149 | 21 |
| 569 | 347 | Pilatova | Katarina | | FO | F | 28 | 28:41 | 31:09 | 59:49 | 59:17 | 151 | 51 |
| 570 | 690 | Conor | McKinney | | MO | M | | 28:22 | 31:29 | 59:51 | 59:27 | 419 | 148 |
| 571 | 238 | Stephen | Garland | | MO | M | 28 | 30:38 | 29:25 | 00:02 | 59:27 | 420 | 149 |
| 572 | 571 | Una | Williamson | | F35 | F | 36 | 29:38 | 30:26 | 00:03 | 59:31 | 152 | 31 |
| 573 | 654 | Frances | Mc Cambridge | Up and Running | FO | F | 31 | 29:54 | 30:10 | 00:03 | 59:28 | 153 | 52 |
| 574 | 547 | Mary | McNeill | Murlough AC | F50 | F | 50 | 29:08 | 30:57 | 00:04 | 59:38 | 154 | 5 |
| 575 | 260 | Terry | Bayles | | M60 | M | 64 | | | 00:05 | 59:36 | 421 | 10 |
| 576 | 409 | Martin | Goss | | M40 | M | 43 | 29:56 | 30:13 | 00:09 | 59:30 | 422 | 77 |
| 577 | 410 | Maire-Louise | Goss | | F40 | F | 43 | 29:56 | 30:19 | 00:15 | 59:37 | 155 | 41 |
| 578 | 603 | Wendy | Thompson | | F35 | F | 38 | 30:04 | 30:13 | 00:16 | 59:45 | 156 | 32 |
| 579 | 61 | Robert | McGlashan | FG Wilson | M35 | M | 38 | 29:43 | 30:35 | 01:00:17 | 01:00:04 | 423 | 91 |
| 580 | 657 | Gareth | Hamill | | M35 | M | 37 | 30:09 | 30:09 | 01:00:18 | 01:00:18 | 424 | 92 |
| 581 | 24 | Aaron | Pyper | | MJ | M | 15 | 28:03 | 32:30 | 01:00:32 | 01:00:21 | 426 | 7 |
| 582 | 62 | Jacintha | White | BGM | FO | F | 25 | 29:05 | 31:27 | 01:00:32 | 01:00:16 | 157 | 53 |
| 583 | 442 | Jack | McNeill | | MJ | M | 15 | 28:02 | 32:30 | 01:00:32 | 01:00:21 | 425 | 8 |
| 584 | 53 | Andrew | Jenkins | FG Wilson | M40 | M | 41 | 28:00 | 32:34 | 01:00:34 | 01:00:24 | 427 | 78 |

| | | | | | | | | | | | | | |
|-----|-----|----------------|-----------------|--------------------------|-----|---|----|-------|-------|----------|----------|-----|-----|
| 585 | 398 | Paul | Allen | | M40 | M | 42 | 28:12 | 32:32 | 01:00:44 | 01:00:38 | 428 | 79 |
| 586 | 699 | Lynne | Henderson | | F40 | F | | 30:58 | 29:49 | 01:00:46 | 01:00:07 | 158 | 42 |
| 587 | 401 | Caroline | Cavanagh | Up and Runners | FO | F | 25 | 29:59 | 31:05 | 01:01:04 | 01:00:54 | 159 | 54 |
| 588 | 294 | Sarah | Brown | | F35 | F | 36 | 30:44 | 30:22 | 01:01:05 | 01:00:23 | 160 | 33 |
| 589 | 396 | Catherine | Browne | | F35 | F | 39 | 30:54 | 30:18 | 01:01:12 | 01:00:40 | 161 | 34 |
| 590 | 515 | Michael | Doran | | MJ | M | 17 | 30:46 | 30:29 | 01:01:14 | 01:00:45 | 429 | 9 |
| 591 | 553 | Sharon | Lynn-Mcgregor | Larne AC | F35 | F | 37 | 29:40 | 31:40 | 01:01:19 | 01:00:44 | 162 | 35 |
| 592 | 350 | Sridhar | Goli | FG Wilson | MO | M | 30 | 29:50 | 31:33 | 01:01:23 | 01:01:09 | 430 | 150 |
| 593 | 559 | Helen | Rose | | F40 | F | 44 | 29:25 | 32:11 | 01:01:35 | 01:01:09 | 163 | 43 |
| 594 | 739 | Kevin | Beimers | | MO | M | | 30:05 | 31:35 | 01:01:39 | 01:01:01 | 431 | 151 |
| 595 | 115 | Jill Armstrong | Armstrong | FG Wilson | FO | F | 25 | 30:01 | 31:42 | 01:01:42 | 01:01:19 | 164 | 55 |
| 596 | 271 | Stella | Harrison | Up and Runners | F45 | F | 45 | 30:45 | 30:59 | 01:01:44 | 01:01:10 | 165 | 22 |
| 597 | 158 | Claire | Bradley | | FO | F | 27 | 30:39 | 31:21 | 01:02:00 | 01:01:39 | 166 | 56 |
| 598 | 195 | Tommy | Hassan | | M35 | M | 38 | 30:18 | 31:52 | 01:02:09 | 01:01:43 | 432 | 93 |
| 599 | 215 | Lorna | Finlay | Caterpillar/F.G.. Wilson | F45 | F | 47 | 30:38 | 31:31 | 01:02:09 | 01:01:28 | 167 | 23 |
| 600 | 589 | Sharon | Mallon | | F45 | F | 46 | 31:02 | 31:14 | 01:02:15 | 01:01:52 | 168 | 24 |
| 601 | 757 | Norah | Walsh | | F40 | F | | 30:15 | 32:01 | 01:02:15 | 01:01:50 | 169 | 44 |
| 602 | 444 | Emma | Doherty | North Belfast Harriers | FJ | F | 18 | 30:47 | 31:30 | 01:02:16 | 01:01:44 | 170 | 3 |
| 603 | 644 | MicháEla | Mackin | | F40 | F | 40 | 30:36 | 31:44 | 01:02:20 | 01:01:48 | 171 | 45 |
| 604 | 626 | Danielle | Fegan | | FO | F | 31 | 31:03 | 31:19 | 01:02:21 | 01:01:46 | 172 | 57 |
| 605 | 76 | Joanne | Craig | FG Wilson | FO | F | 27 | 30:07 | 32:15 | 01:02:22 | 01:02:05 | 174 | 58 |
| 606 | 109 | Patricia | Magee | FG Wilson | F35 | F | 38 | 30:08 | 32:15 | 01:02:22 | 01:02:11 | 173 | 36 |
| 607 | 655 | Michelle | Boyd | | F45 | F | 48 | 30:52 | 31:42 | 01:02:33 | 01:02:13 | 175 | 25 |
| 608 | 588 | Louise | Briggs | | F50 | F | 52 | 30:08 | 32:28 | 01:02:35 | 01:02:24 | 176 | 6 |
| 609 | 647 | Helen | McCarthy | | F35 | F | 37 | 30:45 | 31:51 | 01:02:36 | 01:02:00 | 177 | 37 |
| 610 | 78 | Ian | Gallagher | | M40 | M | 41 | 30:36 | 32:27 | 01:03:03 | 01:02:30 | 433 | 80 |
| 611 | 8 | Tony | Allen | | M40 | M | 42 | 31:30 | 31:34 | 01:03:04 | 01:02:28 | 434 | 81 |
| 612 | 637 | Anita | Watson | | F40 | F | 40 | 31:04 | 32:03 | 01:03:07 | 01:02:43 | 178 | 46 |
| 613 | 458 | Stephen | Adams | | MO | M | 27 | 32:18 | 30:52 | 01:03:10 | 01:02:29 | 435 | 152 |
| 614 | 719 | Timmy | Turton | | MO | M | | 32:43 | 30:32 | 01:03:14 | 01:02:32 | 436 | 153 |
| 615 | 476 | Mervyn | Smith | | M65 | M | 66 | 31:07 | 32:15 | 01:03:22 | 01:02:59 | 437 | 1 |
| 616 | 424 | Harriet | Long | | FO | F | 31 | 32:14 | 31:13 | 01:03:26 | 01:02:55 | 179 | 59 |
| 617 | 7 | Christine | Mcmullan | | FO | F | 28 | 29:58 | 33:31 | 01:03:29 | 01:03:02 | 180 | 60 |
| 618 | 183 | Roseann | McGeown | Marie's Biscuits | F35 | F | 39 | 30:35 | 33:12 | 01:03:46 | 01:03:15 | 181 | 38 |
| 619 | 625 | Donna | Hanlon | | F40 | F | 44 | 31:30 | 32:17 | 01:03:46 | 01:03:12 | 182 | 47 |
| 620 | 37 | Hilary | Campbell-Martin | | F35 | F | 36 | 32:04 | 31:50 | 01:03:53 | 01:03:44 | 183 | 39 |
| 621 | 247 | Una | Casement | | F35 | F | 37 | 30:43 | 33:12 | 01:03:55 | 01:03:37 | 184 | 40 |

| | | | | | | | | | | | | | |
|-----|-----|----------------|------------|----------------------|-----|---|----|-------|-------|----------|----------|-----|-----|
| 622 | 297 | Brian | McCann | FG Wilson | M35 | M | 35 | 31:03 | 33:11 | 01:04:13 | 01:03:42 | 438 | 94 |
| 623 | 467 | Kerry | Prentice | | F40 | F | 40 | 32:26 | 31:47 | 01:04:13 | 01:03:38 | 185 | 48 |
| 624 | 483 | Joanne | Patterson | | FO | F | 32 | 32:26 | 31:47 | 01:04:13 | 01:03:37 | 186 | 61 |
| 625 | 473 | Natalie Louise | McKee | | FO | F | 27 | 30:47 | 33:32 | 01:04:18 | 01:03:42 | 187 | 62 |
| 626 | 561 | Carol | Dane | | FO | F | 30 | 34:04 | 30:15 | 01:04:19 | 01:04:01 | 188 | 63 |
| 627 | 560 | Jonathan | Roberts | | M35 | M | 39 | 34:04 | 30:26 | 01:04:30 | 01:04:12 | 439 | 95 |
| 628 | 270 | Paula | Grogan | Up and Runners | F45 | F | 45 | 30:46 | 33:48 | 01:04:34 | 01:03:59 | 189 | 26 |
| 629 | 138 | Bernadette | McAteer | | F45 | F | 46 | 31:31 | 33:09 | 01:04:39 | 01:04:05 | 190 | 27 |
| 630 | 198 | Jim | McConville | | M40 | M | 44 | 31:49 | 33:04 | 01:04:52 | 01:04:27 | 440 | 82 |
| 631 | 199 | Sarah | Caldwell | | F35 | F | 35 | 31:48 | 33:05 | 01:04:52 | 01:04:27 | 191 | 41 |
| 632 | 517 | Tracy | Gilpin | | F40 | F | 40 | 31:26 | 33:32 | 01:04:58 | 01:04:29 | 192 | 49 |
| 633 | 25 | Margaret | Laffin | | F45 | F | 47 | 31:38 | 33:23 | 01:05:00 | 01:04:20 | 193 | 28 |
| 634 | 592 | Paula | Cahoon | FG Wilson | F35 | F | 35 | 34:05 | 31:37 | 01:05:41 | 01:05:07 | 194 | 42 |
| 635 | 530 | Laura | Haggan | | FO | F | 33 | 32:38 | 33:07 | 01:05:45 | 01:05:07 | 195 | 64 |
| 636 | 13 | Julie | Arthur | | F40 | F | 41 | 31:47 | 34:01 | 01:05:47 | 01:05:12 | 196 | 50 |
| 637 | 156 | Gareth | McGrillan | | M35 | M | 39 | 32:53 | 33:03 | 01:05:55 | 01:05:20 | 441 | 96 |
| 638 | 685 | Mark | Drennan | | M45 | M | | 32:10 | 33:47 | 01:05:57 | 01:05:15 | 442 | 46 |
| 639 | 40 | Lesley | Gillespie | | F40 | F | 41 | 33:18 | 32:52 | 01:06:10 | 01:05:28 | 197 | 51 |
| 640 | 352 | John | Brown | | MO | M | 33 | 33:58 | 32:24 | 01:06:21 | 01:05:38 | 443 | 154 |
| 641 | 332 | Stephen | Hughes | | M35 | M | 36 | 33:58 | 32:32 | 01:06:29 | 01:05:46 | 444 | 97 |
| 642 | 231 | Stephen | Brown | Ballymena Runners AC | M45 | M | 49 | 32:33 | 34:22 | 01:06:54 | 01:06:12 | 445 | 47 |
| 643 | 232 | Trevor | Brown | Ballymena Runners AC | M70 | M | 71 | 32:34 | 34:20 | 01:06:54 | 01:06:12 | 446 | 1 |
| 644 | 358 | Margaret Mary | Nimoh | | FO | F | 26 | 32:27 | 34:37 | 01:07:03 | 01:06:43 | 198 | 65 |
| 645 | 169 | David | Crawford | | M35 | M | 39 | 34:16 | 33:05 | 01:07:20 | 01:06:47 | 447 | 98 |
| 646 | 457 | Deborah | Lee | | FO | F | 26 | 32:51 | 34:30 | 01:07:20 | 01:06:40 | 199 | 66 |
| 647 | 775 | Karen | Wallis | | F40 | F | | 32:57 | 34:28 | 01:07:24 | 01:06:48 | 200 | 52 |
| 648 | 86 | Keith | Spence | na | M40 | M | 41 | 32:15 | 35:10 | 01:07:25 | 01:07:02 | 448 | 83 |
| 649 | 114 | Peter | Lindsay | FG Wilson | M40 | M | 41 | 32:15 | 35:11 | 01:07:25 | 01:07:02 | 449 | 84 |
| 650 | 173 | Sarah | McBrien | | FO | F | 27 | 31:44 | 35:49 | 01:07:32 | 01:07:21 | 201 | 67 |
| 651 | 48 | Bronagh | Dawson | | F45 | F | 49 | 35:29 | 32:15 | 01:07:43 | 01:07:25 | 202 | 29 |
| 652 | 425 | Barbara | McKeever | Up and Runners | F45 | F | 47 | 33:34 | 34:09 | 01:07:43 | 01:07:08 | 203 | 30 |
| 653 | 514 | Anne | Doran | | F50 | F | 50 | 34:25 | 33:26 | 01:07:51 | 01:07:21 | 204 | 7 |
| 654 | 404 | Daryl | Christie | | MO | M | 26 | 31:41 | 36:29 | 01:08:10 | 01:07:34 | 450 | 155 |
| 655 | 646 | Charlene | Quinn | | F40 | F | 41 | 31:42 | 36:29 | 01:08:10 | 01:07:47 | 205 | 53 |
| 656 | 258 | Frances | Smyth | Up and Runners | F55 | F | 55 | 33:47 | 34:27 | 01:08:14 | 01:07:39 | 206 | 4 |
| 657 | 310 | Mairead | Morrow | | F35 | F | 37 | 33:19 | 35:07 | 01:08:26 | 01:07:53 | 207 | 43 |
| 658 | 482 | Stephen | Stewart | | M45 | M | 49 | 31:27 | 37:24 | 01:08:50 | 01:08:24 | 451 | 48 |

| | | | | | | | | | | | | | |
|-----|-----|----------|------------|------------|-----|---|----|-------|-------|----------|----------|-----|-----|
| 659 | 134 | Rosemary | Crowe | | F50 | F | 53 | 32:58 | 36:10 | 01:09:08 | 01:08:31 | 208 | 8 |
| 660 | 42 | Hazel | Salmon | FG Wilson | FO | F | 32 | 32:53 | 36:26 | 01:09:19 | 01:08:38 | 209 | 68 |
| 661 | 309 | Emma | Moore | | F35 | F | 35 | 33:23 | 35:58 | 01:09:20 | 01:08:47 | 210 | 44 |
| 662 | 135 | Suzanne | Morwood | | F40 | F | 42 | 33:28 | 36:06 | 01:09:33 | 01:08:57 | 211 | 54 |
| 663 | 60 | Robin | Graham | FG Wilson | M35 | M | 39 | 33:41 | 35:56 | 01:09:36 | 01:09:15 | 452 | 99 |
| 664 | 159 | Roisin | Bradley | | FO | F | 24 | 34:50 | 35:45 | 01:10:35 | 01:10:14 | 212 | 69 |
| 665 | 79 | Angela | Crone | | F35 | F | 35 | 33:25 | 37:28 | 01:10:53 | 01:10:20 | 213 | 45 |
| 666 | 459 | Michael | Lee | | M50 | M | 54 | 34:33 | 36:31 | 01:11:03 | 01:10:24 | 453 | 32 |
| 667 | 317 | Gaby | Dittrich | | FO | F | 28 | 34:44 | 36:45 | 01:11:28 | 01:10:45 | 214 | 70 |
| 668 | 174 | Kerry | Schaper | | FO | F | 28 | 34:45 | 36:44 | 01:11:29 | 01:10:46 | 215 | 71 |
| 669 | 50 | Robert | Scott | FG Wilson | M35 | M | 38 | 35:41 | 36:54 | 01:12:35 | 01:12:10 | 454 | 100 |
| 670 | 59 | Lana | Kerr | FG Wilson | FO | F | 29 | 35:41 | 36:54 | 01:12:35 | 01:12:10 | 216 | 72 |
| 671 | 484 | Karalyn | Smith | | F35 | F | 36 | 34:53 | 40:09 | 01:15:01 | 01:14:23 | 217 | 46 |
| 672 | 145 | Gerard | Creighton | | M35 | M | 39 | 36:09 | 41:07 | 01:17:15 | 01:16:53 | 455 | 101 |
| 673 | 20 | Lynne | Gore | | F35 | F | 36 | 36:27 | 40:52 | 01:17:18 | 01:17:01 | 218 | 47 |
| 674 | 66 | Michelle | Connolly | FG Wilson | FO | F | 31 | 38:36 | 38:43 | 01:17:19 | 01:16:48 | 219 | 73 |
| 675 | 177 | Sharon | Rutherford | | FO | F | 30 | 38:35 | 38:51 | 01:17:25 | 01:17:07 | 220 | 74 |
| 676 | 144 | Nicola | Burnett | FG Wilson | FO | F | 29 | 36:02 | 41:26 | 01:17:28 | 01:17:06 | 221 | 75 |
| 677 | 529 | Tony | McAllister | | M45 | M | 45 | 36:35 | 40:58 | 01:17:33 | 01:17:04 | 456 | 49 |
| 678 | 82 | John | Hegarty | FG Wilson | M40 | M | 43 | 36:36 | 40:58 | 01:17:34 | 01:17:10 | 457 | 85 |
| 679 | 72 | Tracy | Mooney | FG Wilson | FO | F | 34 | 38:35 | 43:15 | 01:21:50 | 01:21:09 | 222 | 76 |
| 680 | 87 | Seainin | Mc Ivor | FG WILSONS | FO | F | 26 | 38:35 | 43:17 | 01:21:51 | 01:21:29 | 223 | 77 |
| 681 | 57 | Jaclyn | Shivers | FG Wilson | FO | F | 31 | 40:00 | 42:38 | 01:22:37 | 01:22:06 | 224 | 78 |
| 682 | 58 | Nicola | Carson | FG Wilson | FO | F | 30 | 39:59 | 42:39 | 01:22:38 | 01:22:06 | 225 | 79 |
| 683 | 101 | Colin | Thompson | FG Wilson | M35 | M | 39 | 41:19 | 41:19 | 01:22:38 | 01:22:38 | 458 | 102 |
| 684 | 677 | Claire | Bishop | | FO | F | | 40:38 | 44:42 | 01:25:20 | 01:24:44 | 226 | 80 |
| 685 | 10 | Ian | Adams | | M50 | M | 53 | 46:00 | 50:21 | 01:36:20 | 01:35:40 | 459 | 33 |
| 686 | 81 | Frances | Brady | | F35 | F | 38 | 46:01 | 50:20 | 01:36:20 | 01:35:44 | 227 | 48 |