

# Indoor Rankings 2008-2009

Revised 19.03.2009

## Women

<b>55m</b>			
7.52	Kiki Malomo Paris	F20	USA
<b>60m</b>			
8.13	Kiki Malomo Paris	F20	USA
8.23	Caroline Livingstone		Sheffield
<b>200m</b>			
26.21	Kiki Malomo Paris	F20	USA
27.25	Caroline Livingstone		Sheffield
<b>400m</b>			
59.71	Kim Shaw	F23	Odyssey
<b>800m</b>			
2:32.30	Nicola Simpson	F23	Odyssey
2:46.23	Gemma McAnirn		Nenagh
<b>1500m</b>			
<b>3000m</b>			
11:32.72	Kerry Iveston	F23	Sheffield
<b>60m Hurdles</b>			

## Men

<b>60m</b>			
7.20	Kenny Elliott		Odyssey
7.23	Phil Browne		Sheffield
7.24	Ben Reynolds	M20	Cardiff
7.34	Tom Reynolda		Odyssey
7.46	Luke Reynolds		Jordanstown
7.54	Stuart Brown	M23	Jordanstown
7.93	Matthew Hamilton	M15	Odyssey
8.53	Michael McComb	M15	Odyssey
<b>200m</b>			
22.91	Phil Browne		Birmingham
23.35	Kenny Elliott		Odyssey
<b>400m</b>			
51.60	Mark Patterson	M20	Magherafelt
<b>800m</b>			
1:55.19	Mark Patterson	M20	Cardiff
1:56.55	Michael Dyer		USA
2:00.33	Niall Robinson	M20	Odyssey
2:01.43	James Budde		Odyssey
2:04.5	Jordan Stokes	M20	Magherafelt
2:17.4	Glen Willis	M15	Odyssey
2:46.4	Sam McKibben	M15	Odyssey

10.52		Clare Robinson	F15	Odyssey						<b>1000m</b>		
11.73		Gemma McAnirn		Nenagh	2:51.90			Ben Reynolds	M20	Cardiff		
										<b>1500m</b>		
4.16		Gemma McAnirn		Nenagh	4:08.91			John Carlisle	M20	Odyssey		
4.02		Clare Robinson	F15	Odyssey	4:11.96			Francis Marsh	M40	Odyssey		
										<b>1 Mile</b>		
11.25		Laura Loughlin	F23	Jordanstown	4:22.81			Jordan Neil	M23	USA		
10.62		Katie Dickson	F17	Magherafelt								
9.27		Gemma McAnirn		Jordanstown						<b>3000m</b>		
					8:42.28			Jordan Neil	M23	USA		
										<b>60m Hurdles</b>		
1.50		Kerrie Craig	F17	Odyssey				Ben Reynolds	M20	Birmingham		
1.34		Gemma McAnirn		Nenagh	7.93	3'3"		Ben Reynolds	M20	Odyssey		
					5.04	3'6"		Tom Reynolds		Lee Valley		
					8.67	3'6"						
										<b>Long jump</b>		
9.49	4.00Kg	Kathy Hetherington	F17	Odyssey				Ben Reynolds	M20	Odyssey		
9.39	2.72 Kg	Beth Wilson	F15	Odyssey				Phil Browne		Sheffield		
8.15	4.00Kg	Gemma McAnirn		Nenagh				Tom Reynolds		Jordanstown		
					6.85			Michael McComb	M15	Odyssey		
					6.46							
					6.00							
5.64	8Kg	Gemma McAnirn		Nenagh	4.76							
										<b>Triple Jump</b>		
										<b>High Jump</b>		
2141		Gemma McAnirn		Nenagh				Ben Reynolds	M20	Cardiff		
					2.00			Tom Reynolds		Lee Valley		
					1.80							
										<b>Pole Vault</b>		
								Ben Reynolds	M20	Cardiff		
					4.40			Tom Reynolds		Lee Valley		
					4.00							

### Shot

13.67	7.26Kg	Jeremy Harper		Odyssey
12.56	6.00Kg	Ben Reynolds	M20	Cardiff
12.18	7.26Kg	Tom Reynolds		Lee Valley

### Weight for Distance

### Pentathlon

### Heptathlon

5320		Ben Reynolds	M20	Cardiff
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