

# Indoor Rankings 2009-2010

Revised 27.03.2010

## Women

### 60m

7.49	Amy Foster	F23	Birmingham
7.84	Hannah Lewis	F23	Sheffield
8.06	Kiki Malomo Paris	F20	NYC, USA
8.13	Caroline Livingstone	FO	Eton

### 200m

### 400m

### 800m

2:25.07	Jessica Craig	F23	Nenagh
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### 1500m

### 3000m

### 60m Hurdles

### Long jump

## Men

### 60m

7.23	Phil Browne	MO	Birmingham
7.36	Tom Reynolds	Sen	UUJ
7.62	Matthew Hamilton	M17	Odyssey
7.69	Stuart Brown	Sen	UUJ
8.03	Steven Conlon	M20	UUJ

### 200m

23.14	Phil Browne	MO	Birmingham
23.47	Kenny Elliott	MO	Odyssey
26.22	Mark Widdowson	M15	Odyssey

### 400m

### 800m

1:53.55	Michael Dyer	MO	USA
1:59.47	Jordan Stokes	M20	Odyssey
2:00.40	John Saulters	MO	Odyssey
5:01.00	Niall Robinson	M23	Nenagh
2:09.83	Glen Willis	M16	Odyssey

### 1500m

4:02.74	Niall Robinson	M23	Odyssey
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### 1 Mile

5.79	Hannah Lewis	F23	Sheffield	4:12.52	Michael Dyer	MO	USA
5.65	Kiki Malomo Paris	F20	USA	4:15.38	Jordan Neil	M23	USA

**Triple Jump**

8:43.71  
9:06.34  
10:40.43

**3000m**

Jordan Neil	M23	USA
Francis Marsh	M40	Odyssey
Terry Eakin	M60	Lee Valley

**High Jump**

1.45	Alex Catherwood	F15	UUJ
1.40	Kerrie Craig	F17	Magherafelt

**60m Hurdles**

8.6h	Tom Reynolds	Sen	UUJ
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**Shot**

9.53	3.25 Kg	Beth Wilson	F16	Odyssey	
9.26	4 Kg	Kathy Hetherington	F20	Odyssey	5.57
8.99	4 Kg	Jodie Murphy	F20	Odyssey	
8.34	4 Kg	Beth Wilson	F17	UUJ	
8.32	4 Kg	Gemma McAnirn	FO	Nenagh	
7.47	4 Kg	Laura Loughlin	FO	Nenagh	

**Long jump**

Matthew Hamilton	M17	Odyssey
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**Triple Jump**

**High Jump**

**Weight for Distance**

5.26	8 Kg	Gemma McAnirn	FO	Nenagh
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**Pole Vault**

Tom Reynolds	MO	Odyssey
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**Pentathlon**

4.40

**Shot**

13.59	7.25 Kg	Jeremy Harper	MO	Odyssey
12.33	5Kg	Matthew Martin	M17	Odyssey
9.60	3.25 Kg	Niall McGrattan	M15	Odyssey

**Weight for Distance**

**Pentathlon**

**Heptathlon**

