

2006 Outdoor Ranking List - Male

Last update 11/10/2006

An athlete may appear in more than one agegroup eg different competition dates or weights

		Senior		Under 20		Under 17		Under 15		Under 13
75m								11.0		Mark Armstrong
								11.5		Michael Donaldson
								11.6		Glen Willis
100m	11.1	Philip Browne	.	11.4	Ryan Kerr	13.2	Steven Colwell	13.6		Jack Campton
	11.38	Tom Reynolds	.	11.46	Ryan Kerr	13.8	Jack Campton	14.2		Matthew Hamilton
	11.43	Brendan McConville	.	12.4	Matthew Heaney	13.9	Conor McGrattan	15.8		Michael Donaldson
	11.80	Philip Browne	.	12.6	Andrew Bradley	14.9	Daniel McAllen	.		
	12.45	James Budde	.	12.70	Mark Malone	.				
	12.98	Kris Lockhart	.	12.7	Gavin Myers	.				
150m								21.56		Mark Armstrong

									23.0	Michael Donaldson
									23.65	Glen Willis
									24.0	Kyle Moore
200m	22.78	John Saulters	25.75	Stuart Brown	23.4	Ryan Kerr	27.4	Steven Colwell	29.1	Mark Armstrong
	23.43	Kenny Elliott	.		24.09	Ryan Kerr	30.9	Daniel McAllen	32.7	Glen Willis
	23.53	Philip Browne	.		25.1	Ben Reynolds	31.3	Gareth McGrattan	.	
	23.70	Brendan McConville	.		25.1	Matt Heaney	31.8	Josh Lowry	.	
	23.93	Luke Reynolds	.		25.8	Mark Patterson	33.29	Gareth McGrattan	.	
	24.87	James Budde	.		26.7	Gavin Myers	.			
	25.61	Pete Gray	.		28.4	Thomas Simpson	.			
300m	35.7	John Saulters	.							
	37.2	Kenny Elliott	.							
400m	49.31	John Saulters	.		56.25	Robin Brown	67.9	Martin Conlin	.	
	49.70	Brendan	.		57.3	Matthew	70.3	Daniel	.	

		McConville			Heaney		McAllen				
	50.1	Michael Dyer	.		57.63	Niall Robinson	.				
	50.44	Michael Dyer	.		59.6	Mark Patterson	.				
	51.97	Tom Reynolds	.		64.5	Michael Patterson	.				
	52.49	James Budde	.								
	54.56	Kris Lockhart	.								
800m	1:52.13	Michael Dyer		1:58.8	John Carlisle	2:02.3	Robin Brown	2:30.0	Brian Barren	2:30.06	Mark Armstrong
	1:57.8	James Budde		2:02.76	John Carlisle	2:07.05	Miall Robinson	2:40.8	Darren Kelly	2:42.5	Glen Willis
	1:58.38	James Budde	.			2:08.5	Mark Patterson	2:48.4	Gareth McGrattan		
	2:01.30	Francis Marsh M40	.			2:09.68	Mark Patterson	.			
	2:06.31	Alex Donald				2:19.0	Ben Reynolds	.			
						2:29.0	Matt Heaney	.			
1500m	3:57.41	Michael Dyer		4:16.1	John Carlisle	4:21.0	Robin Brown	4:56.0	Josh Lowry	4:59.9	Mark Armstrong
	4:02.9	James Budde	.			4:34.3	Mark Patterson	5:38.3	Darren Kelly	5:33.0	Glen Willis
	4:06.24	Francis	.			4:38.46	Nial	.			

		Marsh M40		Robinson
	4:07.96	James Budde .		4:51.5 Michael Patterson .
	4:37.80	Tom Reynolds .		5:19.3 Thomas Simpson .
3000m	8:58.23	Francis Marsh M40 .		9:27.2 Robin Brown .
	9:16.5	Michael Dyer .		10:04.2 Mark Patterson .
	9:17.4	James Budde .		10:45.0 Michael Patterson .
3000m Walk	17:46.43	Paul Maidment (M65) .		18:05.5 Robin Brown .
	18:21.85	James Budde .		
	21:54.34	Richard Belshaw (M60) .		
5000m	15:54.72	Francis Marsh M40 .		
	3000m	2000m		1500m
S'chase	10:56.24	Alex Donald .		5:45.8 Thomas Simpson .

Sprint	110m		110m		100m		80m		75m	
Hurdles	15.1	Luke Reynolds	15.94	Scott McCauley	14.6	Karl Brown	12.33	Steven Colwell	14.37	Jack Campton
	15.20	Brendan McConville	19.39	Peter Glass	14.7	Shaun Tinman	15.7	Jack Campton	15.50	Michael Donaldson
	15.50	Luke Reynolds	.		14.9	Ben Reynolds	.		.	
	15.51	Tom Reynolds	.		17.0	Matt Heaney	.			
	17.56	Paul Curran	.		19.60	Nial Robinson	.			
400m										
Hurdles							250mH			
	62.88	Kris Lockhart	.		60.85	Grant Montgomery	36.75	Steven Colwell	.	
					66.2	Matthew Heaney	.			
					68.1	Curtis Mullan	.			
Marathon	2:57.19	Simon Seaton	.							
	3:02.08	Ian Atkinson	.							
	3:27.03	Simon Cummings	.							
	3:22.10	Marcus McAuley	.							

	3:30.19	James Agar	.							
	3:53.39	Kris McKee	.							
HJ	1.95	Brendan McConville	1.80	Peter Glass	1.85	Ben Reynolds	1.25	Daniel McAllen	.	
	1.85	Tom Reynolds	.		1.60	Courtney Marsh	.			
	1.75	Paul Curran	.		1.58	Matthew Heaney	.			
	1.60	Kris Lockhart	.		1.40	Niall Robinson	.			
					1.35	Mark Patterson	.			
LJ	6.62	Jason Blanc	.		6.16	Matthew Heaney	4.89	Steven Colwell	4.42	Mark Armstrong
	6.53	Philip Browne	.		6.10	Mark McLean	4.46	Jack Campton	3.60	Michael Donaldson
	6.33	Brendan McConville	.		5.94	Ben Reynolds	3.66	Gareth McGrattan	3.32	Louis Atkinson
	6.26	Tom Reynolds	.		4.27	Michael Patterson	.			
	6.25	Paul Curran	.							
	5.37	Luke Reynolds	.							
			.							
TJ	13.77	Paul	12.32	Scott	12.11	Grant	10.09	Steven	.	

		Curran		McCauley		Montgomery		Colwell		
	13.02	Tom Reynolds		9.82		Robin Brown				
	11.11	Jason Blanc								
PV	4.55	Brendan McConville								
	4.10	Tom Reynolds								
		7.26Kg		6.00/6.25Kg		5.00Kg		4.00Kg	3.25Kg	
Shot	14.02	Jeremy Harper	13.69	Peter Glass	10.65	Ben Reynolds	9.63	Conor McGrattan	5.28	Matthew Hamilton
	12.23	Michael McConky	10.95	Joe Kingsberry	9.07	Matthew Heaney	8.48	Steven Colwell	5.20	Louis Atkinson
	11.67	Tom Reynolds	10.92	David Keys	6.45	Gavin Myers	5.97	Jack Campton	4.06	Michael Donaldson
					5.74	Connor Barr				
					5.34	Robin Brown				
		2Kg		1.75Kg		1.5Kg		1.25Kg	1Kg	
Discus	46.78	Jeremy Harper	40.24	David Keys	45.94	David Keys	20.57	Steven Colwell	16.57	Louis Atkinson
	42.37	Ian McMullan	33.85	Joe Kingsberry	27.91	Karl Brown	14.23	Conor McGrattan	10.62	Jack Kelly
	37.46	David Keys	26.35	Aaron	20.59	Andrew	11.75	Jack		

	37.14	Brendan McConville		Stirling	14.41	Bradley Thomas Simpson	10.35	Campton Gareth McGrattan	
	33.31	Tom Reynolds							
	24.20	Neil Dougan							
		800g		800g		700g		600g	
Javelin	55.65	Michael McConky	51.62	Peter Glass	45.29	Ben McDonnell	38.42	Conor McGrattan	14.37
	48.45	Brendan McConville			35.39	Ben Reynolds	24.54	Gareth Irvine	14.72
	46.20	Jeremy Harper			30.92	Matthew Heaney	23.25	Jack Campton	
	41.88	Tom Reynolds			23.77	Andrew Bradley	18.59	Josh Lowry	
	40.85	Neil Dougan			22.29	Mark Patterson			
					18.80	Michael Patterson			
		7.26Kg		6.0/6.25Kg		5.00Kg		4.00Kg	
Hammer	40.03	Aaron Stirling	46.60	David Keys	53.06	David Keys	15.30	Conor McGrattan	
	39.16	David Keys	42.58	Aaron Stirling	20.59	Andrew Bradley			
	37.48	Ian McMullen							

	28.82	Neil Dougan	.				
	21.40	Tom Reynolds	.				
		56lb		56lb			
56lb Weight	6.91	Jeremy Harper	5.70	Peter Glass	.		
	5.84	Paul Kirkpatrick	4.88	David Keys	.		
	5.58	Ian McMullan	4.06	Aaron Stirling	.		
	3.79	John Saulters	.				
	3.34	Neil Dougan	.				
		16Kg					
	9.46	Jeremy Harper	.				
		.	.				
		Decathlon		Decathlon		Octathlon	Pentathlon
Multi Events	6160	Tom Reynolds	.			1521	Conor McGrattan
	