

2009 Outdoor Ranking List – Female

Last update 24/08/2009

An athlete may appear in more than one agegroup eg different competition dates or weights

Senior

Under 20

Under 17

Under 15

Under 13

75m

11.57 Ellie Anna Hull
 11.76 Amy Taylor
 12.3 Niamh Cummings
 12.5 Shannon Booth
 12.65 Jemma Speers
 12.67 Sophie Cree

80m

12.31 Emma Reid

100m

12.0 Amy Foster
 12.33 Amy Foster
 12.8 Caroline Livingstone
 13.12 Caroline Livingstone

100m

13.26 Kiki Malomo Paris
 13.6 Natalie Steele
 13.71 Natalie Steele

100m

13.8 Brogan Marsh
 13.8 Hazel Jordan
 14.02 Kerrie Craig
 14.08 Brogan Marsh
 16.3 Laura Hamilton

100m

14.4 Rebecca McClelland
 14.61 Rebecca McClelland
 15.75 Holly Dowd
 15.80 Orla Mallon
 16.34 Laura Hamilton
 16.6 Amy Taylor
 18.1 Kayleigh Walsh

100m

15.45 Karyn Cole
 15.8 Ellie Anna Hull
 15.90 Joanna Minnis
 16.40 Alex Catherwood
 17.7 Sophie Cree
 18.1 Katie Majury

150m

22.21 Ellie Anna Hull
 22.2 Karyn Cole
 22.5 Shannon Booth
 22.6 Emma Reid
 22.81 Karyn Cole
 23.6 Niamh Cummings
 24.0 Abby Taylor

	200m		200m		200m		200m		200m
25.02	Amy Foster	27.66	Kiki Malomo Paris	28.83	Brogan Marsh	30.5	Holly Fair	32.25	Ellie Anna Hull
26.49	Kim Shaw	29.06	Natalie Steele	29.26	Kerrie Craig	30.60	Holly Fair	33.41	Alex Catherwood
				32.03	Leigh McWha	32.52	Kathryn Montgomery	35.5	Katie Majury
						33.8	Kayleigh Walsh	35.55	Amy Berry
	300m		300m		300m		300m		300m
42.40	Caroline Livingstone			48.80	Brogan Marsh			53.30	Alex Catherwood
	400m		400m						
58.4	Caroline Livingstone	64.36	Katie Hewitt						
59.42	Kim Shaw	66.54	Sophie Strutt						
60.53	Caroline Livingstone								
63.54	Nicola Simpson								
	600m								600m
1:46.6	Nicola Simpson							2:12.2	Emma Reid
	800m		800m		800m		800m		800m
2:24.90	Nicola Simpson	2:16.30	Lauren Scott	2:37.51	Clare Scott	2:36.81	Holly Fair	2:42.68	Jemma Speers
2:25.71	Kim Shaw	2:31.89	Sophie Strutt			2:45.22	Hannah Taylor	2:59.75	Chloe Johnston
2:26.50	Kerry Iveston	3:12.91	Natalie Strain			2:58.7	Amy Taylor	3:04.56	Amy Taylor
2:53.48	Gemma McAnirn					3:01.52	Orla Mallon	3:15.40	Sophie Cree
								3:4.90	Alex Catherwood
	1500m		1500m		1500m		1500m		1000m
5:05.74	Kerry Iveston	5:57.91	Stacey Johnston	6:04.2	Clare Scott	5:31.4	Katherine Montgomery	4:16.2	Niamh Cummings
5:24.01	Nicola Simpson					6:06.8	Hannah Taylor		
8:02.94	Hannah Irwin								
	3000m		3000m		3000m				1200m
10:52.50	Roberta Dornan							4:25.30	Abbey Taylor
11:02.14	Stephanie Hambling							4:30.5	Jemma Speers
18:22.54	Janine Munnis							5:04.1	Amy Taylor
	5000m		5000m						

**Steeplechase
2000m**

**Sprint Hurdles
100m**

**Sprint Hurdles
100m**

16.2 Katie Hewitt
16.38 Katie Hewitt

**Sprint Hurdles
80m**

14.65 Clare Robinson

**Sprint Hurdles
70m**

15.02 Alex Catherwood

**Long Hurdles
400m**

69.84 Caroline Livingstone

**Long Hurdles
400m**

66.96 Katie Hewitt

**Long Hurdles
300m**

43.46 Clare Robinson

**Long Hurdles
250m**

1500m Walk

9:54.97 Janine Munnis

Marathon

3:36.23 Nichola Connery

High Jump

1.25 Kim Shaw

High Jump

High Jump

1.55 Kerrie Craig

High Jump

1.25 Orla Mallon
1.20 Rebecca McClelland

High Jump

1.48 Alex Catherwood
1.25 Karyn Cole

Long Jump

Long Jump

Long Jump

4.94 Katie Dickson
4.44 Rachel Gregg
4.24 Kerrie Craig

Long Jump

4.56 Clare Robinson
4.12 Rebecca McClelland
3.63 Holly Fair
3.00 Kayleigh Walsh
3.25 Kathryn Montgomery

Long Jump

3.68 Alex Catherwood
3.49 Ellie Anna Hull
3.36 Karyn Cole
3.16 Sophie Cree
3.14 Emma Reid
2.79 Katie Majury
2.74 Shannon Booth
2.68 Amy Berry

Triple Jump

8.59 Gemma McAnirn

Triple Jump

Triple Jump

11.09 Katie Dickson
9.40 Kerrie Craig

Triple Jump

9.59 Clare Robinson -RH

Pole Vault

Pole Vault

Pole Vault

Pole Vault

**Shot
4.00 Kg**
8.43 Gemma McAnirn
7.63 Melissa Free

**Shot
4.00 Kg**

**Shot
4.00 Kg**
8.80 Kathy Hetherington
7.66 Katie McKeown
6.15 Sarah Newell

**Shot
3.25 Kg**
9.38 Beth Wilson
5.56 Laura Hamilton
2.72 Kg
9.76 Beth Wilson

**Shot
2.72 Kg**
6.82 Alex Catherwood
6.00 Karyn Cole
5.24 Amy Taylor
5.18 Shannon Booth
4.52 Niamh Cummings

**Discus
1.00 Kg**
28.71 Gemma McAnirn
25.67 Melissa Free

**Discus
1.00 Kg**

**Discus
1.00 Kg**
34.74 Kathy Hetherington
22.17 Katie McKeown
18.87 Katie Dickson
15.88 Clare Scott
11.27 Brogan Marsh

**Discus
1.00 Kg**
29.56 Beth Wilson
9.21 Laura Hamilton
0.75 Kg
32.05 Beth Wilson

**Discus
0.75 Kg**
14.01 Karyn Cole
10.96 Jemma Speers

**Javelin
600g**
18.60 Melissa Free
13.79 Hannah Irwin

22.71
**Javelin
600g**
Katie Hewitt

**Javelin
600g**
31.39 Sarah Newell
16.96 Kerrie Craig
15.02 Brogan Marsh

22.27
**Javelin
600g**
Beth Wilson

**Javelin
400g**
12.42 Karyn Cole
8.59 Sophie Cree
6.62 Ellie Anna Hull

**Hammer
4.00 Kg**
34.60 Melissa Free
22.64 Gemma McAnirn

**Hammer
4.00 Kg**

**Hammer
4.00 Kg**
16.33 Kathy Hetherington

**Hammer
3.00/3.25 Kg**

**Hammer
2.72 Kg**

**Wt for Distance
8.00 Kg**
5.37 Laura Loughlin

**Combined Events
Heptathlon**

**Combined Events
Heptathlon**

**Combined Events
Heptathlon**

**Combined Events
Pentathlon**

**Combined Events
Pentathlon**
1531 Alex Catherwood