

2009 Outdoor Ranking List – Male

Last update 06/09/2009

An athlete may appear in more than one agegroup eg different competition dates or weights

Senior		Under 20		Under 17		Under 15		Under 13	
100m		100m		100m		100m		100m	
11.10	Phil Browne	11.42	Ben Reynolds	11.9	Ryan Crawford	11.81	Matthew Hamilton	15.12	Michael Gaffney
11.10 w	Kenny Elliott			12.61	Ryan Crawford	12.40	Mark Widdowson	15.18	Adam Brennan
11.16w	Peter Glass			14.2	Andrew Anderson	12.90	Ben Dempster	15.5	Christopher Murray
11.23	Kenny Elliott			16.26	Andrew Anderson	13.04	Daryl Robinson	16.3	Dillon Shields
11.27	Peter Glass			17.1	Chris Walton	13.25	Matthew Stockton	16.90	Frazer Atkinson
11.30 w	Tom Reynolds					13.36	Sam McKibben	17.00	Peter Speers
11.53	Tom Reynolds					13.39	Glen Willis	17.8	Luke McMullan
						13.9	Jack Walker	18.01	Dale McCall
						14.0	Kurt Simpson	18.5	Lex Walker
						14.79	Roger Dawson		
						15.34	Harry Speers		
200m		200m		200m		200m		200m	
22.3	Kenny Elliott	26.85	Matthew McMullan	24.63	Ryan Crawford	24.36	Matthew Hamilton	33.3	Michael Gaffney
22.36	Kenny Elliott			27.31	Conor O'Boyle	24.9	Mark Widdowson	34.3	Dillon Shields
22.43	Phil Browne			27.87	Chris Walton	25.06	Mark Widdowson	34.86	Lex Walker
23.81	Stuart Brown					26.5	Glen Willis	37.05	Dale McCall
23.93	Tom Reynolds					27.11	Jack Walker	41.4	Luke McMullan
						30.2	Sam McKibben		
						30.3	Harry Speers		
						30.54	Sam McKibben		
									150m
								22.1	Michael Gaffney
								25.3	Peter Speers
300m		300m		300m		300m		300m	
400m		400m		400m		400m		400m	

9:08.37 James Budde
9:44.20 Mark Weir M35

5000m

15:29.05 Francis Marsh M40
15:39.91 Robin Brown
18:02.28 Gerry Coy M45
21:02.28 Fred Murdoch

5000m

**Steeplechase
3000m**

10:14.25 James Budde
10:41.82 Jordan Stokes U20

**Steeplechase
2000m**

7:10.0 Brian Barron

**Steeplechase
1500m**

**Sprint Hurdles
110m 3'6"**

14.4 Ben Reynolds U20
14.85 Ben Reynolds U20
15.10w Peter Glass
15.20 Peter Glass
15.40 Tom Reynolds
15.65 Luke Reynolds

**Sprint Hurdles
110m 3'3"**

13.71 Ben Reynolds

**Sprint Hurdles
100m**

**Sprint Hurdles
80m**

13.69 Mark Widdowson
15.37 Glen Willis
15.43 Nico Espana
16.18 Harry Speers
16.66 David Matthews
18.04 Roger Dawson

**Sprint Hurdles
75m**

**Long Hurdles
400m**

61.15 James Budde
63.56 Pete Glass

**Long Hurdles
250m**

44.44 Harry Speers

3000m Walk

3000m Walk

17:21.68 Brian Barron
20:14.04 Jordan Stokes

Marathon

3:20.02 Andy Belshaw
3:47.01 Terry Eakin
3:51.08 Shaun O'Loughlin
3:51.29 Simon Cummings
4:04.08 Mike Stitt
4:14.01 Michael Jenkins
4:20.10 Paul Galloway

High Jump

1.87 Peter Glass
 1.86 Tom Reynolds
 1.25 James Budde

High Jump

1.93 Ben Reynolds

High Jump

1.55 Matthew Martin
 1.40 Ryan Crawford

High Jump

1.58 Nico Espana
 1.54 Glen Willis
 1.54 Mark Widdowson
 1.45 Michael Weir
 1.45 Roger Dawson
 1.35 Darragh McDonald
 1.30 Darren Morton
 1.25 Harry Speers
 1.20 Ben Dempster

High Jump**Long Jump**

6.79 w Peter Glass
 6.64 w Tom Reynolds
 6.57 Peter Glass
 6.36 Phil Browne
 6.21 Tom Reynolds
 6.13 Brendan McConville
 5.65 Kenny Elliott

Long Jump

6.32 Ben Reynolds

Long Jump

4.79 Ryan Crawford
 4.12 Michael Donaldson
 3.63 Andrew Anderson

Long Jump

5.22 Mark Widdowson
 4.95 Glen Willis
 4.65 Matthew Stockton
 4.62 Michael McComb
 4.17 Jack Walker
 4.08 Roger Dawson
 4.06 Harry Speers
 4.00 James McDowell
 3.34 Sam McKibben

Long Jump

2.96 Peter Speers
 2.82 Frazer Atkinson
 2.65 Dale McCall
 2.59 Luke Ritchie
 2.47 Lex Walker
 1.80 Luke McMullan
 3.16 Adam Brennan

Triple Jump

12.04 Pete Glass
 7.44 Stuart Brown

Triple Jump**Triple Jump****Pole Vault**

4.70 Brendan McConville
 4.50 Pete Glass
 4.20 Tom Reynolds

Pole Vault**Pole Vault****Pole Vault****Shot****7.26 Kg**

14.13 Jeremy Harper
 12.84 Peter Glass
 12.07 Tom Reynolds
 11.96 Brendan McConville
 9.71 Kenny Elliott
 8.34 Chris Summers
 7.84 Stuart Brown

Shot**6.00 Kg/6.25 Kg****Shot****5.00 Kg**

12.96 Matthew Martin
 9.73 Gareth Irvine
 5.76 Andrew Anderson

Shot**4.00 Kg**

11.15 Louis Atkinson
 9.80 Matthew Kyle
 9.31 Glen Widdowson
 8.86 Niall McGrattan
 8.39 Glen Willis
 8.35 Darragh McDonald
 5.40 James McDowell

Shot**3.25 Kg**

5.50 Lex Walker
 5.46 Frazer Atkinson
 4.35 Dale McCall
 3.19 Luke McMullan

4.90 Roger Dawson
4.59 Harry Speers

**Discus
2.00 Kg**
48.50 Jeremy Harper
39.21 Peter Glass
37.43 Tom Reynolds
34.72 Brendan McConville
21.75 Chris Summers

32.61 **Discus
1.75 Kg**
Ben Reynolds

45.31 **Discus
1.50 Kg**
Gareth Irvine
19.42 Matthew Martin
16.45 Chris Walton

33.42 **Discus
1.25 Kg**
Louis Atkinson
25.94 Matthew Stockton
20.82 Kurt Simpson
20.19 Matthew Stockton
16.73 Niall McGrattan
11.93 Harry Speers

10.65 **Discus
1.00 Kg**
Frazer Atkinson
8.92 Luke McMullan

0.75 Kg
13.28 Frazer Atkinson
13.15 Luke McMullan

**Javelin
800g**
55.24 Peter Glass
54.70 Michael McConkey
46.76 Tom Reynolds
42.51 Brendan McConville
40.45 Jeremy Harper
36.41 James Budde
26.53 Chris Summers

47.45 **Javelin
800g**
Matthew Martin

56.69 **Javelin
700g**
Matthew Martin
46.03 Conor McGrattan
43.36 Karl Lamont

38.82 **Javelin
600g**
Matthew Stockton
30.92 Niall McGrattan
28.73 Glen Willis
20.00 David Matthews
15.44 Harry Speers
11.75 James McDowell

Javelin

39.20 **500g**
Matthew Stockton

35.52 **400g**
Niall McGrattan

**Hammer
7.26 Kg**
35.58 Chris Summers
30.30 Jeremy Harper
17.13 Tom Reynolds

**Hammer
6.00 Kg/6.25 Kg**

**Hammer
5.00 Kg**

26.17 **Hammer
4.00 Kg**
Louis Atkinson

**Hammer
3.25 Kg**

**Wt for Distance
56 lb**
6.78 Pete Glass
5.18 Chris Summers

**Wt for Distance
56 lb**

16 Kg

16 Kg

**Combined Events
Decathlon**

6695 Peter Glass
6623 w Tom Reynolds

**Combined Events
Decathlon**

**Combined Events
Decathlon**

**Combined Events
Pentathlon**

**Combined Events
Pentathlon**