

2010 Outdoor Ranking List – Male

Last update 07//11/2010

An athlete may appear in more than one age group eg different competition dates or weights

Senior		Under 20		Under 17		Under 15		Under 13	
100m		100m		100m		100m		100m	
11.15	Tom Reynolds	11.6	Gareth Irvine	11.70	Matthew Hamilton	12.0	Ben Dempster	14.1	John Crowther
11.18	Pete Glass	11.9	Adam McComb	11.86	Mark Armstrong	12.28	Ben Dempster	15.3	Matthew Crowther
11.52	Kenny Elliott			12.2	Matthew Martin	12.5	Michael McComb	18.15	Luke McMullan
				12.36	Michael McComb	13.27	Michael McComb		
				12.5	Matthew Stockton	13.51	Andrew Kennedy		
				13.06	James Hammond	14.7	Asam Brennan		
				13.1	Mark Widdowson	14.8	Peter Dornan		
				13.85	Gareth Lyness	15.43	Peter Dornan		
						16.8	Charlie Quinn		
200m		200m		200m		200m		200m	
22.9	Kenny Elliott	23.0	Mark Patterson	22.9	Mark Armstrong	25.32	Ben Dempster	31.75	Luke McMullan
22.92	Tom Reynolds	23.7	Adam McComb	22.95	Mark Armstrong	25.8	Jack Walker	39.28	Michael Gaffney
23.10	Kenny Elliott	25.66	Jordan Stokes	23.5	Matthew Hamilton	25.90	Andrew Mellon		
23.53	Ben Reynolds	26.2	Matthew McMullan	23.68	Matthew Hamilton	26.42	Michael McComb		
23.54	John Saulters			24.83	James Hammond	28.54	Glen Burton		
				26.0	Mark Widdowson	29.4	Adam Brennan		
				26.58	Glen Willis	29.8	Peter Dornan		
300m		300m		300m		300m		300m	
400m		400m		400m		400m		400m	
49.85	Tom Reynolds	49.56	Mark Patterson	53.5	Glen Willis	56.7	Andrew Mellon		
51.49	Pete Glass	52.16	Adam McComb	56.7	Matthew Hamilton	66.8	Adam Brennan		
59.56	Francis Marsh M40	54.98	Jordan Stokes	57.9	Stephen Loughlin	67.2	Andrew Kennedy		
		57.7	Matthew McMullan	59.35	Matthew Stockton	69.4	Aaron Mowson		
				60.1	Gareth Lyness	69.5	Peter Dornan		

60.27 Gareth Lyness
 60.7 Darragh McDonald
 65.1 Roger Dawson
 69.8 Mark Widdowson

75.93 Charlie Quinn

800m
 1:52.75 Michael Dyer
 1:54.54 Niall Robinson
 1:54.90 Jordan Neil
 2:02.03 Robin Brown
 2:02.03 James Budde
 2:02.24 John Saulters
 2:07.74 Francis Marsh

800m
 1:49.20 Mark Patterson
 1:58.22 Jordan Stokes
 2:12.70 Matthew McMullan

800m
 2:02.01 Glen Willis
 2:18.89 Gareth Lyness
 2:21.97 Sam McKibbin
 2:30.09 Roger Dawson

800m
 2:16.92 Andrew Mellon
 2:31.21 Adam Brennan
 2:38.0 Glen Burton
 2:40.09 Andrew Kennedy
 2:54.80 Charlie Quinn

800m
 2:35.9 John Crowther
 2:55.0 John Pritchard
 2:55.7 Matthew Crowther

1500m
 3:50.65 Jordan Neil
 3:57.34 Niall Robinson
 4:00.91 James Budde
 4:09.61 Robin Brown
 4:17.9 Francis Marsh M40
 4:43.56 Tom Reynolds
 5:19.06 Pete Glass

1500m
 3:57.56 Mark Patterson
 4:05.77 Jordan Stokes
 4:58.6 Conor O'Boyle

1500m
 4:20.36 Glen Willis
 4:56.07 Roger Dawson
 5:05.2 Sam McKibbin
 5:05.73 Stephen Loughlin
 5:15.29 Gareth Lyness
 5:17.29 Matthew Stockton

1500m
 5:28.8 Mark McNally
 5:29.3 Andrew Kennedy
 5:56.25 Charlie Quinn
 6:12.89 Aaron Mowson

1500m
 6:04.7 Lex Walker

1 mile
 4:53.08 Glen Willis

3000m
 8:45.03 Robin Brown
 8:52.90 Niall Robinson
 8:53.41 James Budde
 9:06.05 Francis Marsh M40
 10:25.61 Darren McKee
 10:37.22 Terry Eakin M60
 11:42.40 John McGarvey

3000m

3000m
 9:47.56 Glen Willis
 12:03.81 Michael Donaldson

5000m
 15:22.80 Robin Brown

5000m

Steeplechase
3000m
 11:15.30 James Budde

Steeplechase
2000m
 11:18.71 Jordan Stokes

Steeplechase
1500m

**Sprint Hurdles
110m 3'6"**

14.28 Ben Reynolds
14.63 Tom Reynolds
14.96 Pete Glass
15.97 Brendan McConville

**Sprint Hurdles
110m 3'3"**

**Sprint Hurdles
100m**

16.47 Stephen Loughlin
17.44 Mark Widdowson
18.75w Matthew Stockton
19.45w Gareth Lyness

**Sprint Hurdles
80m**

17.83w Andrew Kennedy

**Sprint Hurdles
75m**

**Long Hurdles
400m**

58.12 Brendan McConville
60.57 Kenny Elliott

3000m Walk

21:15.78 Paul Maidment M70
27:17.19 Francis Marsh M40

**Long Hurdles
250m**

Marathon

2:42.53 Francis Marsh
2:52.37 James Budde
3:22.34 Simon Robinson
3:28.27 Stephen Purdie
3:30.47 Michael Jenkins
4:19.30 Paul Galloway
4:57.48 Pat O'Driscoll

High Jump

2.00 Ben Reynolds
1.89 Pete Glass
1.86 Tom Reynolds

High Jump

1.35 Matthew McMullan

High Jump

1.74 Nico Espana
1.73 Stephen Loughlin
1.45 Mark Widdowson
1.45 Matthew Stockton
1.25 Darragh McDonald
1.14 Gareth Lyness

High Jump

1.50 Max Clarke
1.39 Andrew Kennedy

High Jump

Long Jump

7.14 Tom Reynolds
6.87 Pete Glass
6.03 Brendan McConville

Long Jump

5.65 Stephen Conlon

Long Jump

5.86 Stephen Loughlin
5.50 Matthew Hamilton
5.16 Matthew Stockton
5.05 Gareth Lyness
4.74 Nico Espana
4.45 Mark Widdowson

Long Jump

5.21 Michael McComb
3.80 Adam Brennan
3.79 Andrew Kennedy
3.49 Aaron Mowson

Long Jump

2.64 John Pritchard
2.54 Luke McMullan

Triple Jump

11.64 Brendan McConville
 10.28 John Saulters

Pole Vault

4.80 Brendan McConville
 4.60 Pete Glass
 4.60 Tom Reynolds

Shot**7.26 Kg**

13.70 Pete Glass
 13.43 Jeremy Harper
 13.36 Tom Reynolds
 9.37 Kenny Elliott

Discus**2.00 Kg**

45.97 Jeremy Harper
 39.79 Pete Glass
 37.82 Tom Reynolds
 27.80 Kenny Elliott

Javelin**800g**

55.19 Pete Glass
 50.50 Tom Reynolds
 36.92 James Budde

Triple Jump**Pole Vault****Shot****6.00 Kg/6.25 Kg**

7.51 **7.26 Kg**
 Matthew McMullan

Discus**1.75 Kg**

42.85 Gareth Irvine

2.00 Kg

21.37 Matthew McMullan

Javelin**800g**

42.18 Karl Lamont
 38.69 Conor McGrattan
 17.90 Matthew McMullan

Triple Jump

11.93 Stephen Loughlin
 11.09 Matthew Martin

Pole Vault

3.30 Stephen Loughlin

Shot**5.00 Kg**

14.48 Matthew Martin
 9.98 Darragh McDonald
 9.84 Matthew Stockton
 7.96 Stephen Loughlin
 7.18 Gareth Lyness
7.26 Kg
 7.91 Darragh McDonald

Discus**1.50 Kg**

29.90 Louis Atkinson
 29.76 Matthew Martin
 22.70 Matthew Stockton
 19.80 Gareth Lyness
 15.11 Stephen Loughlin
 14.58 Nico Espana

Javelin**700g**

59.64 Matthew Martin
 46.55 Matthew Stockton
 24.12 Stephen Loughlin
 22.90 Andrew Mellon
 21.94 Darragh McDonald

800g

50.45 Matthew Martin

Pole Vault**Shot****4.00 Kg**

9.69 Niall McGrattan
 8.07 Andrew Kennedy

3.25 Kg

9.43 Niall McGrattan

Discus**1.25 Kg**

25.19 Pierce Clark
 23.32 Niall McGrattan
 20.97 Andrew Kennedy
 12.80 Adam Brennan

1.00 Kg

23.33 Andrew Kennedy

Javelin**600g**

40.24 Niall McGrattan
 24.14 Pierce Clark
 18.52 Adam Brennan

700g

34.90 Niall McGrattan

500g**Shot****3.25 Kg**

6.77 Matthew Crowther
 6.26 Frazer Atkinson
 5.11 Luke McMullan

Discus**1.00 Kg**

16.74 Frazer Atkinson
 12.29 Luke McMullan

Discus**1.25 Kg**

11.60 Luke McMullan

Javelin**600g**

22.34 Michael Gaffney
 18.45 Luke McMullan

29.20 Darragh McDonald

41.37 Niall McGrattan

47.48 **600g**
Matthew Stockton

Hammer
7.26 Kg
20.01 Kenny Elliott

Hammer
6.00 Kg/6.25 Kg

Hammer
5.00 Kg
22.75 Matthew Stockton
19.67 Darragh McDonald

Hammer
4.00 Kg
24.59 Pierce Clark
16.83 Niall McGrattan

Hammer
3.25 Kg

Wt for Distance
56 lb
5.06 Steven Glass

Wt for Distance
56 lb
16 Kg

16 Kg

Combined Events
Decathlon
7270 Tom Reynolds
7057 Pete Glass

Combined Events
Decathlon

Combined Events
Octathlon
3288 Matthew Stockton
3228 Stephen Loughlin
2320 Gareth Lyness

Combined Events
Pentathlon
1273 Andrew Kennedy

Combined Events
Pentathlon