

2004 Outdoor Ranking List - Female *Last update 1/10/2004*

	Senior	Under 20	Under 17	Under 15	Under 13	
75m					10.44 Natasha Paxton	
					10.49 Kathryn Colwell	
80m			10.91	Kiki Malomo Paris	11.11 Kathryn Colwell	
100m		12.0	Amy Foster	12.9	Kim Shaw	13.1 Kathryn Colwell
		12.33	Amy Foster	12.9	Kiki Malomo Paris	13.3 Natasha Paxton
		13.1	Erin Mullan	13.03	Kiki Malomo Paris	13.91 Natasha Paxton
		13.3	Sophie Reynolds	13.2	Cathy Thom	13.92 Laura McKeown
		14.0	Nicola Simpson	13.24	Kim Shaw	14.17 Kathryn Colwell
		14.4	Caroline Oakes	13.4	Katie Hewitt	16.5 Emily Heyburn
				13.5	Hannah Lewis	17.0 Jade Black
			14.2	Shelley	17.1 Izzy	

						Dallas		Sharpey
							17.5	Jessica McCreery
150m							20.4	Kathryn Colwell
							25.5	Jessica McCreery
200m	31.65	Janine Munnis	24.6	Amy Foster	26.6	Kim Shaw	27.5	Kathryn Colwell
			25.36	Amy Foster	26.63	Kim Shaw	27.61	Kathryn Colwell
			27.4	Erin Mullan	27.3	Cathy Thom	33.1	Sasha Nixon
			28.6	Nicola Simpson	27.6	Hannah Lewis		
			30.81	Caroline Oakes	27.9	Katie Hewitt		
					28.4	Harriet Hayhurst		
					28.47	Kiki Malomo Paris		
					28.66	Hannah Lewis		
300m			42.8	Alison Lavery	42.6	Kim Shaw	44.2	Kathryn Colwell
			45.1	Nicola Simpson	44.3	Hannah Lewis	53.4	Emily Heyburn
			46.73	Kerry	46.6	Harriet	61.0	Sarah

				Iveston		Hayhurst		Newell
					47.7	Jessica Craig	61.3	Jessica McCreery
							64.5	Jade Black
400m	64.53	Caroline Hussey	63.9	Kerry Iveston				
			64.89	Kerry Iveston				
800m								
	2.36.7	Nicola McCaughey	2.28.56	Kerry Iveston	2.33.4	Jessica Craig	2.40.7	Kalina Stitt
			2.37.9	Nicola Simpson	2.34.5	Lauren Scott	2.52.8	Cara Heslip
			2.55.3	Sophie Reynolds	2.41.9	Katie Hewitt	3.17.0	Emily Heyburn
					2.48.92	Katie Hewitt	3.17.3	Jennifer Hatch
					2.50.40	Hannah Lewis	3.32.7	Jade Black
							3.46.2	Ali Gordon
							3.52.8	Jade Black
1500m								
	5.05.3	Vicky Clegg	5.21.2	Kerry Iveston	5.26.0	Jessica Craig		

5.23.3	Nicola McCaughey	5.32.03	Kerry Iveston	5.30.5	Lauren Scott
				6.01.0	Rachel Hughes
				6.03.0	Katie Hewitt
				6.04.5	Hannah Lewis

3000m	11.18.6	Vicky Clegg	12.52.4	Kerry Iveston
	12.13.0	Nicola McCaughey		

2000mS/C	9.13.21	Nicola McCaughey
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10000m

Marathon 4.32.2 Fiona Mullan

Sprint	100m	100m	80m	75m	70m			
Hurdles	15.83	Stacey Mullan	12.5	Erin Mullan	12.1	Katie Hewitt	12.4	Natasha Paxton
	16.01	Erin Mullan	12.6	Sophie Reynolds	13.07	Katie Hewitt	12.64	Natasha Paxton
			12.87	Erin Mullan	14.2	Kiki Malomo Paris	14.6	Jennifer Hatch
					14.72	Natasha Paxton		

16.38 Hannah Lewis

**400m
Hurdles**

71.19 Erin Mullan 47.7
51.0

400m H

300m H

Erin Mullan
Katie Hewitt (U15)

HJ

1.45 Danielle
Oliver

1.55

Alison
Lavery

1.45 Hannah Lewis

1.43

Sophie
Reynolds

1.44 Tessa Nicholas

1.35

Caroline
Oakes

1.42 Katie Hewitt

1.15 Chloe Graham

LJ

4.36 Janine
Munnis 4.34

Heather
Beattie

4.62

Amy
Foster

4.95 Katie
Hewitt 4.50

Laura
McKeown

4.45

Caroline
Oakes

4.77 Hannah
Lewis 4.38

Natasha
Paxton

4.39

Alison
Lavery

4.37 Kiki
Malomo
Paris 4.08

Kathryn
Colwell

4.31

Sophie
Reynolds

4.36 Shelley
Dallas 3.63

Jennifer
Hatch

4.16 Tessa
Nicholas 2.90

Jessica
McCreery

3.97 Laura Matchett

TJ

8.81 Janine

9.61 Heather

9.63

Amy

10.62 Kim Shaw

Javelin	32.22	600g Janine Munnis	27.32	600g Danielle Oliver	34.51	600g Caroline Oakes	23.36	600g Steffi Mills	10.00	400g Ali Gordon
					13.02	Cathy Thom	17.30	Claire Livingstone	7.18	Kathryn Colwell
							16.75	Natasha Paxton		
							16.69	Laura Matchett		
							14.70	Victoria Coulter		
							13.23	Katie Hewitt		
							12.32	Kathryn Colwell		
							12.29	Lauren Scott		
Hammer		4.00Kg		4.00Kg	23.77	4.00Kg Caroline Oakes	17.75	3.25Kg Sarah Hull		2.72Kg
Multi Events							2514	Pentathlon Katie Hewitt		
							2078	Hannah Lewis		