

ChampionChip Ireland NI & Ulster

Junior/ Inter/ Vets Cross Country Champs

Saturday 8th January 2011

Junior & Inter Men

Pos	No	Firstname	Lastname	Category1	Club	Finish	Lap1	Lap2	Lap3	Lap4	Lap5
1	360	Niall	Robinson	MJ	North Down AC A	00:32:05	00:06:50	00:06:21	00:06:20	00:06:27	00:06:08
2	280	Jarlath	Falls	Int	Ballymena & Antrim AC	00:32:12	00:06:51	00:06:20	00:06:20	00:06:27	00:06:15
3	352	Robin	Brown	MJ	North Down AC A	00:32:24	00:06:51	00:06:21	00:06:20	00:06:28	00:06:27
4	343	Connor	Magill	Int	North Belfast Harriers	00:32:51	00:06:50	00:06:25	00:06:31	00:06:39	00:06:28
5	378	Ryan	Holt	MJ	Willowfield Harriers	00:32:51					
6	282	Jonny	Steede	Int	Ballymena Runners AC	00:32:57	00:06:51	00:06:25	00:06:34	00:06:38	00:06:31
7	297	JP	Williamson	MJ	City of Derry A	00:33:40	00:06:58	00:06:35	00:06:37	00:06:50	00:06:42
8	377	Duncan	Bell	MJ	Willowfield Harriers	00:34:11	00:07:06	00:06:43	00:06:45	00:06:52	00:06:47
9	354	Alex	Donald	MJ	North Down AC A	00:34:18	00:07:19	00:06:45	00:06:48	00:06:49	00:06:38
10	321	Scott	Rankin	Int	Foyle Valley	00:34:24	00:07:02	00:06:44	00:06:52	00:07:03	00:06:46
11	290	Noel	Logan	MJ	City of Derry A	00:34:26	00:06:51	00:06:35	00:07:00	00:07:08	00:06:53
12	283	Jack	Neeson	MJ	Ballymena Runners AC	00:34:33	00:06:57	00:07:00	00:06:57	00:06:58	00:06:43
13	345	Alan	O'Hara	Int	North Belfast Harriers	00:34:36	00:07:03	00:06:43	00:06:56	00:07:01	00:06:56
14	353	James	Budde	MJ	North Down AC A	00:34:50	00:07:12	00:06:58	00:06:58	00:07:02	00:06:42
15	295	Brendan	Murphy	MJ	City of Derry A	00:35:01	00:07:02	00:06:50	00:07:04	00:07:06	00:07:01
16	380	Patrick	Linden	MJ	Willowfield Harriers	00:35:13	00:07:01	00:06:57	00:07:08	00:07:10	00:06:59
17	318	Cathal	Mc Laughlin	Int	Foyle Valley	00:35:23	00:07:17	00:07:01	00:07:06	00:07:07	00:06:53
18	376	Brian	Barron	MJ	Willowfield Harriers	00:35:36	00:07:11	00:07:04	00:07:07	00:07:15	00:07:02
19	338	Darryl	Blair	Int	North Belfast Harriers	00:36:04	00:07:15	00:07:11	00:07:22	00:07:20	00:06:58
20	364	Glen	Willis	MJ	North Down AC A	00:36:05	00:07:36	00:07:07	00:07:08	00:07:23	00:06:53
21	379	Andrew	Lee	MJ	Willowfield Harriers	00:36:18	00:07:41	00:07:04	00:07:13	00:07:14	00:07:08
22	23	Gerry	Duddy		City of Derry A	00:36:45	00:07:50	00:07:18	00:07:20	00:07:15	00:07:04
23	329	Ryan	Stewart	Int	Larne AC	00:36:51	00:07:33	00:07:11	00:07:22	00:07:31	00:07:17
24	362	Thomas	Simpson	MJ	North Down AC A	00:37:03	00:07:50	00:07:18	00:07:20	00:07:21	00:07:16
25	346	Alan	Ritchie	Int	North Belfast Hrs Non Scoring	00:37:10	00:07:36	00:07:23	00:07:25	00:07:36	00:07:12
26	317	Pius	Mc Intyre	Int	Foyle Valley	00:37:32	00:07:44	00:07:23	00:07:25	00:07:37	00:07:26

27	383	Andrew	Wright	MJ	Willowfield Harriers	00:37:39	00:07:35	00:07:09	00:07:59	00:07:42	00:07:17
28	322	Ryan	Snodgrass	Int	Foyle Valley	00:37:40	00:07:54	00:07:30	00:07:28	00:07:28	00:07:22
29	287	Dara	Furey	MJ	City of Derry A	00:38:05	00:07:52	00:07:28	00:07:34	00:07:41	00:07:32
30	357	Darren	McKee	MJ	North Down AC A	00:38:09	00:07:52	00:07:28	00:07:34	00:07:42	00:07:35
31	286	Michael	Finnegan	MJ	City of Derry A	00:38:15	00:07:43	00:07:34	00:07:51	00:07:45	00:07:24
32	313	Tom	Doherty	Int	Foyle Valley	00:38:22	00:08:12	00:07:37	00:07:42	00:07:36	00:07:18
33	326	Declan	Caldwell	Int	Inishowen Athletics Club	00:38:32	00:07:59	00:07:32	00:07:40	00:07:47	00:07:35
34	145	Bryan	Edgar	Int	Springwell AC A	00:38:55	00:07:58	00:07:33	00:07:39	00:07:56	00:07:50
35	320	Billy	Orr	Int	Foyle Valley	00:39:33	00:08:15	00:07:45	00:07:47	00:07:56	00:07:53
36	316	Ciaran	Graham	Int	Foyle Valley	00:39:38	00:08:17	00:07:43	00:07:53	00:08:00	00:07:47
37	315	Declan	Doherty	Int	Foyle Valley	00:39:41	00:08:16	00:07:43	00:08:01	00:07:53	00:07:50
38	382	Daniel	Mills	MJ	Willowfield Harriers	00:39:49	00:08:10	00:08:02	00:08:04	00:08:03	00:07:32
39	373	Chris	Millar	Int	Springwell RC	00:40:02	00:08:26	00:08:03	00:07:57	00:08:01	00:07:37
40	325	Adam	Wilson	MJ	Foyle Valley	00:40:03	00:08:23	00:07:51	00:07:53	00:08:08	00:07:50
41	327	Jim	Harkin	Int	Inishowen Athletics Club	00:41:05	00:08:56	00:08:14	00:08:11	00:08:13	00:07:33
42	375	Johny	Wilson	Int	Springwell RC	00:41:25	00:08:29	00:08:02	00:08:08	00:08:19	00:08:29
43	328	Karol	Mclaughlin	Int	Inishowen Athletics Club	00:41:40	00:08:59	00:08:16	00:08:13	00:08:16	00:07:59
44	370	David	Reid	MJ	Orangetown AC	00:42:46	00:08:42	00:08:28	00:08:46	00:08:38	00:08:14
45	143	Thomas	Moore	Jnr	Springwell AC A	00:43:09	00:08:45	00:08:26	00:08:35	00:08:47	00:08:39
46	365	Andrew	Acheson	MJ	Orangetown AC	00:43:46	00:08:46	00:08:48	00:08:56	00:09:02	00:08:16
47	350	Nick	Irvine	Int	North Down AC	00:43:52	00:08:55	00:08:39	00:08:56	00:09:02	00:08:23
48	368	Colin	Fulton	MJ	Orangetown AC	00:45:12	00:09:08	00:08:46	00:09:02	00:09:07	00:09:10
49	371	Scott	Bell	Int	Springwell RC	00:46:13	00:09:37	00:09:14	00:09:05	00:09:19	00:08:59
50	356	John	McGarvey	MJ	North Down AC A	00:46:31	00:09:37	00:09:11	00:09:16	00:09:18	00:09:10
51	372	Matt	Hawthorne	Int	Springwell RC	00:47:59	00:09:37	00:09:14	00:09:33	00:09:48	00:09:49

1	North Down	71
2	Willowfield TH	95
3	City of Derry	115
4	Foyle Valley	148
5	Springwell	231

Junior & Inter Women

Junior

Pos	No	Firstname	Lastname	cat	Club	Finish	Lap 1	Lap 2
1	167	Eimear	Black	FJ	Ballymena & Antrim AC	00:15:47	00:08:07	00:07:40
2	216	Eva	Laverty	FJ	Lagan Valley AC	00:15:58	00:08:17	00:07:42
3	184	Rachel	Gibson	FJ	City of Lisburn AC	00:16:05	00:08:21	00:07:45
4	190	Elaine	Burch	FJ	East Down AC	00:16:35	00:08:26	00:08:09
5	268	Catherina	Mullen	FJ	Shercock AC	00:16:50	00:08:39	00:08:11
6	215	Toni	Buchanan	FJ	Lagan Valley AC	00:16:55	00:08:31	00:08:25
7	218	Orla	Mcateer	FJ	Lagan Valley AC	00:17:47	00:09:14	00:08:33
8	175	Karen	Cutcliffe	FJ	City of Derry	00:18:50	00:09:46	00:09:04

Inter

Pos	No	Firstname	Lastname	Cat	Club	Finish	Lap1	Lap2
1	255	Lauren	Scott	Int	North Down AC	00:15:24	00:07:51	00:07:34
2	186	Gillian	Burns	Int	Dromore AC	00:15:40	00:08:11	00:07:30
3	167	Eimear	Black	Int	Ballymena & Antrim AC	00:15:47	00:08:07	00:07:40
4	179	Marina	Campbell	Int	City of Derry	00:15:55	00:08:21	00:07:34
5	216	Eva	Laverty	Int	Lagan Valley AC	00:15:58	00:08:17	00:07:42
6	184	Rachel	Gibson	Int	City of Lisburn AC	00:16:05	00:08:21	00:07:45
7	270	Gemma	Turley	Int	Springwell RC	00:16:10	00:08:30	00:07:40
8	187	Catherine	Mccloskey	Int	Dromore AC	00:16:12	00:08:29	00:07:43
9	212	Ruth	Magill	Int	Lagan Valley AC	00:16:16	00:08:29	00:07:48
10	169	Jackie	McGinley	Int	City of Derry	00:16:21	00:08:25	00:07:56
11	274	Geraldine	Branagh	Int	Dromore AC	00:16:21	00:08:23	00:07:58
12	234	Anne	Sandford	Int	Newcastle & District AC	00:16:25	00:08:33	00:07:52
13	250	Julie	Balmer	Int	North Down AC	00:16:25	00:08:30	00:07:56
14	246	Debbie	Matchett	Int	North Down AC	00:16:34	00:08:35	00:07:59
15	190	Elaine	Burch	Int	East Down AC	00:16:35	00:08:26	00:08:09
16	244	Ali	Robinson	Int	North Down AC	00:16:38	00:08:30	00:08:08
17	268	Catherina	Mullen	Int	Shercock AC	00:16:50	00:08:39	00:08:11
18	215	Toni	Buchanan	Int	Lagan Valley AC	00:16:55	00:08:31	00:08:25
19	221	Adele	Neill	Int	Larne Athletic Club	00:16:58	00:08:40	00:08:18

20	269 Gillian	Wasson	Int	Springwell RC	00:17:15	00:09:00	00:08:16
21	207 Hazel	Hunter	Int	Lagan Valley AC	00:17:35	00:09:02	00:08:33
22	213 Fionualla	McCourt	Int	Lagan Valley AC	00:17:36	00:09:14	00:08:22
23	183 Catherine	Lilburn	Int	City of Derry	00:17:39	00:09:07	00:08:32
24	218 Orla	Mcateer	Int	Lagan Valley AC	00:17:47	00:09:14	00:08:33
25	188 Diane	Mckee	Int	Dromore AC	00:17:50	00:09:20	00:08:30
26	182 Catherine	Lagan	Int	City of Derry	00:17:53	00:09:15	00:08:38
27	185 Mary	Mackin	Int	Dromore AC	00:17:57	00:09:20	00:08:38
28	265 Louise	Lemon	Int	Orangegrove AC	00:18:40	00:09:38	00:09:02
29	248 Roma	McConville	Int	North Down AC	00:18:41	00:09:40	00:09:02
30	175 Karen	Cutliffe	Int	City of Derry	00:18:50	00:09:46	00:09:04
31	235 Denise	Mathers	Int	Newry City Runners AC	00:18:52	00:09:41	00:09:12
32	272 Kay	Hack	Int	Springwell RC	00:19:23	00:10:05	00:09:18
33	206 Marie	Smith	Int	INNYVALE AC	00:19:24	00:10:11	00:09:14
34	223 Ruth	Wilson	Int	Larne Athletic Club	00:19:30	00:10:04	00:09:26
35	174 Roisin	Lynch	int	City of Derry	00:19:38	00:10:22	00:09:17
36	220 Jenny	Magill	Int	Larne Athletic Club	00:20:01	00:10:28	00:09:34
37	233 Patricia	McKenna	Int	Letterkenny AC	00:20:08	00:10:30	00:09:38
38	273 Betty	Deighan	Int	Springwell RC	00:20:13	00:10:31	00:09:42
39	224 Rhonda	Montgomery	Int	Larne Athletic Club	00:20:29	00:10:34	00:09:56
40	189 Maureen	Oliver	Int	dub runners	00:20:52	00:10:43	00:10:10
41	168 Brigid	Quinn	Int	Ballymena Runners AC	00:21:02	00:10:57	00:10:06
42	172 Linda	Hall	int	City of Derry	00:21:19	00:10:58	00:10:22
43	267 Laura	Thomson	Int	Orangegrove AC	00:23:21	00:12:12	00:11:09
44	262 Eleanor	Achison	Int	Orangegrove AC	00:24:27	00:12:25	00:12:03

1	North Down	44
2	Dromore AC	46
3	Lagan Valley	53
4	City of Derry	63
5	Springwell RC	97
6	Larne	128

Female Vets

Pos	No	Firstname	Lastname	Cat	Cat Pos	Club	Finish	Lap1	Lap2
1	236	Cathy	McCourt	F35	(01)	North Belfast Harriers	00:15:01	00:07:51	00:07:10
2	242	Roberta	Dornan	F35	(02)	North Down AC	00:15:28	00:08:03	00:07:26
3	186	Gillian	Burns	F35	(03)	Dromore AC	00:15:40	00:08:11	00:07:30
4	245	Stephanie	Hambling	F40	(01)	North Down AC	00:16:01	00:08:17	00:07:44
5	187	Catherine	Mccloskey	F40	(02)	Dromore AC	00:16:12	00:08:29	00:07:43
6	209	Rona	Harkens	F40	(03)	Lagan Valley AC	00:16:14	00:08:18	00:07:57
7	237	Amanda	Perry	F35	(04)	North Belfast Harriers	00:16:15	00:08:30	00:07:46
8	212	Ruth	Magill	F50	(01)	Lagan Valley AC	00:16:16	00:08:29	00:07:48
9	274	Geraldine	Branagh	F45	(01)	Dromore AC	00:16:21	00:08:23	00:07:58
10	169	Jackie	McGinley	F40	(04)	City of Derry	00:16:21	00:08:25	00:07:56
11	234	Anne	Sandford	F45	(02)	Newcastle & District AC	00:16:25	00:08:33	00:07:52
12	239	Louise	Smith	F40	(05)	North Belfast Harriers	00:16:28	00:08:35	00:07:54
13	246	Debbie	Matchett	F40	(06)	North Down AC	00:16:34	00:08:35	00:07:59
14	244	Ali	Robinson	F35	(05)	North Down AC	00:16:38	00:08:30	00:08:08
15	238	Geraldine	Quigley	F35	(06)	North Belfast Harriers	00:16:43	00:08:36	00:08:08
16	221	Adele	Neill	F35	(07)	Larne Athletic Club	00:16:58	00:08:40	00:08:18
17	269	Gillian	Wasson	F35	(08)	Springwell RC	00:17:15	00:09:00	00:08:16
18	171	Brigdeen	Byrne	F45	(03)	City of Derry	00:17:23	00:09:02	00:08:21
19	207	Hazel	Hunter	F35	(09)	Lagan Valley AC	00:17:35	00:09:02	00:08:33
20	213	Fionualla	McCourt	F50	(02)	Lagan Valley AC	00:17:36	00:09:14	00:08:22
21	188	Diane	Mckee	F40	(07)	Dromore AC	00:17:50	00:09:20	00:08:30
22	185	Mary	Mackin	F55	(01)	Dromore AC	00:17:57	00:09:20	00:08:38
23	259	Elizabeth	Watt	F40	(08)	Orangegrove AC	00:18:32	00:09:36	00:08:56
24	248	Roma	McConville	F50	(03)	North Down AC	00:18:41	00:09:40	00:09:02
25	235	Denise	Mathers	F45	(04)	Newry City Runners AC	00:18:52	00:09:41	00:09:12
26	272	Kay	Hack	F45	(05)	Springwell RC	00:19:23	00:10:05	00:09:18
27	206	Marie	Smith	F40	(09)	INNYVALE AC	00:19:24	00:10:11	00:09:14
28	223	Ruth	Wilson	F35	(10)	Larne Athletic Club	00:19:30	00:10:04	00:09:26
29	174	Roisin	Lynch	F60	(01)	City of Derry	00:19:38	00:10:22	00:09:17
30	220	Jenny	Magill	F35	(11)	Larne Athletic Club	00:20:01	00:10:28	00:09:34

31	273	Betty	Deighan	F50	(04)	Springwell RC	00:20:13	00:10:31	00:09:42
32	224	Rhonda	Montgomery	F40	(10)	Larne Athletic Club	00:20:29	00:10:34	00:09:56
33	189	Maureen	Oliver	F55	(02)	dub runners	00:20:52	00:10:43	00:10:10
34	168	Brigid	Quinn	F65	(01)	Ballymena Runners AC	00:21:02	00:10:57	00:10:06
35	172	Linda	Hall	F45	(06)	City of Derry	00:21:19	00:10:58	00:10:22
36	258	Tanya	Farr	F40	(11)	Orangethrove AC	00:22:24	00:11:34	00:10:50
37	257	Melinda	Wilkinson	F35	(12)	Orangethrove AC	00:22:32	00:11:34	00:10:58
38	261	Elizabeth	Keenan	F45	(07)	Orangethrove AC	00:26:58	00:13:43	00:13:16

1	North Down	33
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2	North Belfast	35
3	Dromore	38
4	Lagan Valley	53
5	City of Derry	92
6	Larne	106
7	Orangethrove	134

Male Vets

Pos	No	Firstname	Lastname	Cat	Cat Pos	Club	Finish	Lap1	Lap2	Lap3	Lap4
1	20	Declan	Reed	M35	(01)	City of Derry A	00:25:50	00:06:55	00:06:22	00:06:23	00:06:11
2	9	David	Morwood	M40	(01)	Annadale Striders	00:25:52	00:06:55	00:06:22	00:06:23	00:06:14
3	6	Paul	Carroll	M40	(02)	Annadale Striders	00:26:25	00:06:55	00:06:22	00:06:35	00:06:34
4	22	Colin	Roberts	M40	(03)	City of Derry A	00:26:39	00:06:59	00:06:32	00:06:37	00:06:32
5	92	Pauric	McKinney	M45	(01)	Letterkenny AC A	00:26:56	00:07:13	00:06:33	00:06:38	00:06:33
6	10	Mark	Wright	M40	(04)	Annadale Striders	00:27:05	00:06:59	00:06:38	00:06:48	00:06:41
7	109	Eamon	White	M40	(05)	North Belfast Harriers A	00:27:17	00:07:08	00:06:44	00:06:46	00:06:41
8	48	Dominic	Bonner	M50	(01)	Finn Valley AC	00:27:19	00:07:11	00:06:40	00:06:46	00:06:43
9	89	Gary	Crossan	M40	(06)	Letterkenny AC A	00:27:29	00:07:12	00:06:44	00:06:49	00:06:45
10	58	Joseph	McKinney	M40	(07)	Inishowen Athletics Club	00:27:34	00:07:13	00:06:42	00:06:51	00:06:50
11	106	Neil	Carty	M40	(08)	North Belfast Harriers A	00:27:46	00:07:20	00:06:46	00:06:51	00:06:50
12	40	Brian	Mckee	M45	(02)	Dromore AC	00:27:55	00:07:21	00:06:46	00:06:53	00:06:57
13	37	Nigel	McKibbin	M40	(09)	Dromore AC	00:28:13	00:07:18	00:06:53	00:07:05	00:06:58
14	107	Michael	Fitzpatrick	M40	(10)	North Belfast Harriers A	00:28:16	00:07:36	00:07:00	00:06:56	00:06:46
15	21	Paul	McCafferty	M40	(11)	City of Derry A	00:28:33	00:07:30	00:06:58	00:07:05	00:07:02
16	138	Gary	Keenan	M45	(03)	Orangetown AC A	00:28:35	00:07:38	00:06:58	00:07:02	00:06:59
17	120	Mark	Weir	M35	(02)	North Down AC	00:28:42	00:07:42	00:07:00	00:07:06	00:06:55
18	69	James	Brown	M35	(03)	Larne Athletic Club	00:28:47	00:07:30	00:07:04	00:07:08	00:07:07
19	74	Nat	Glenn	M45	(04)	Larne Athletic Club	00:28:50	00:07:32	00:07:03	00:07:08	00:07:08
20	3	Conor	McMullan	M35	(04)	Annadale Striders	00:29:07	00:07:45	00:07:06	00:07:09	00:07:07
21	50	Pat	Hegarty	M50	(02)	Finn Valley AC	00:29:18	00:07:45	00:07:11	00:07:11	00:07:13
22	38	Michael	Stewart	M40	(12)	Dromore AC	00:29:28	00:07:36	00:07:17	00:07:25	00:07:12
23	103	Dale	Mathers	M45	(05)	Newry City Runners AC	00:29:31	00:07:50	00:07:19	00:07:21	00:07:03
24	163	Karl	Dines	M50	(03)	Willowfield Harriers	00:29:33	00:07:39	00:07:13	00:07:21	00:07:22
25	26	Dermot	Connolly	M50	(04)	City of Derry A	00:29:37	00:07:45	00:07:11	00:07:24	00:07:18
26	75	Billy	Thompson	M45	(06)	Larne Athletic Club	00:29:41	00:07:43	00:07:13	00:07:27	00:07:19
27	11	Michel	Levelly	M45	(07)	Annadale Striders	00:29:45	00:07:44	00:07:12	00:07:26	00:07:25
28	27	Sammy	McAnaney	M55	(01)	City of Derry A	00:29:54	00:07:48	00:07:16	00:07:26	00:07:25
29	111	Laurence	Johnston	M50	(05)	North Belfast Harriers A	00:30:02	00:07:48	00:07:25	00:07:31	00:07:20
30	136	Thomas	Leitch	M35	(05)	Orangetown AC A	00:30:09	00:07:45	00:07:23	00:07:35	00:07:27

31	112	John	Patience	M50	(06)	North Belfast Harriers A	00:30:12	00:07:47	00:07:27	00:07:36	00:07:24
32	153	Martin	O'Halloran	M40	(13)	Tirchonaill AC	00:30:22	00:07:59	00:07:24	00:07:33	00:07:27
33	70	Sammy	Drummond	M40	(14)	Larne Athletic Club	00:30:25	00:07:52	00:07:31	00:07:33	00:07:31
34	81	Bert	Shaw	M40	(15)	Larne Athletic Club 2	00:30:26	00:07:49	00:07:29	00:07:39	00:07:30
35	102	Ed	Smith	M55	(02)	Lunchtime Legends	00:30:28	00:08:07	00:07:26	00:07:30	00:07:27
36	43	Liam	Keenan	M45	(08)	East Down AC	00:30:39	00:08:02	00:07:34	00:07:40	00:07:25
37	47	Tom	Thompson	M40	(16)	Finn Valley AC	00:30:42	00:07:59	00:07:29	00:07:41	00:07:34
38	149	John	McCambridge	M40	(17)	St Peters	00:30:46	00:08:13	00:07:37	00:07:33	00:07:24
39	126	Gerry	Coy	M50	(07)	North Down AC	00:30:47	00:08:10	00:07:39	00:07:40	00:07:19
40	60	Eamonn	McLaughlin	M35	(06)	Lagan Valley AC A	00:30:47	00:07:49	00:07:33	00:07:48	00:07:39
41	154	Noel	Thomas	M40	(18)	Tirchonaill AC	00:30:49	00:08:10	00:07:37	00:07:37	00:07:27
42	164	Robert	Wilson	M50	(08)	Willowfield Harriers	00:30:57	00:08:02	00:07:38	00:07:43	00:07:34
43	158	Richard	Mccarthy	M50	(09)	Tirchonaill AC	00:30:58	00:08:10	00:07:38	00:07:42	00:07:30
44	39	Nigel	Grier	M45	(09)	Dromore AC	00:31:02	00:08:06	00:07:37	00:07:46	00:07:35
45	46	Michael	Penrose	M40	(19)	Finn Valley AC	00:31:04	00:07:59	00:07:34	00:07:47	00:07:45
46	157	Oliver	Thomas	M45	(10)	Tirchonaill AC	00:31:07	00:08:05	00:07:40	00:07:46	00:07:37
47	119	Jim	Newberry	M55	(03)	North Belfast Harriers B	00:31:09	00:08:20	00:07:37	00:07:42	00:07:31
48	166	Sean	Mcgreevy	M45	(11)		00:31:21	00:07:59	00:07:42	00:07:56	00:07:46
49	121	Douglas	Grant	M40	(20)	North Down AC	00:31:21	00:08:10	00:07:40	00:07:55	00:07:39
50	77	Brian	Heron	M35	(07)	Larne Athletic Club 2	00:31:27	00:07:59	00:07:45	00:07:58	00:07:46
51	128	Terry	Eakin	M60	(01)	North Down AC	00:31:32				
52	71	Andy	Gregg	M40	(21)	Larne Athletic Club	00:31:41	00:08:21	00:07:41	00:07:55	00:07:45
53	31	Philip	Donaghy	M40	(22)	City of Derry B	00:31:49	00:07:57	00:07:43	00:08:21	00:07:49
54	53	Patrick	Gallagher	M35	(08)	Inishowen Athletics Club	00:31:54	00:08:17	00:07:53	00:08:01	00:07:45
55	79	Stephen	Mckenna	M35	(09)	Larne Athletic Club 2	00:31:55	00:08:11	00:07:55	00:08:02	00:07:50
56	125	Stephen	Purdie	M50	(10)	North Down AC	00:31:56	00:08:13	00:07:46	00:08:02	00:07:57
57	78	Mark	Mc Manus	M35	(10)	Larne Athletic Club 2	00:32:10	00:08:04	00:08:04	00:08:13	00:07:51
58	34	Peter	Lilburn	M55	(04)	City of Derry B	00:32:20	00:08:13	00:07:55	00:08:03	00:08:10
59	1	Jim	Mckeown	M45	(12)	Abbey AC	00:32:23	00:08:11	00:08:06	00:08:10	00:07:58
60	61	Jason	Radcliffe	M35	(11)	Lagan Valley AC A	00:32:25	00:08:13	00:07:55	00:08:17	00:08:02
61	156	Gerry	McManus	M45	(13)	Tirchonaill AC	00:32:26	00:08:22	00:07:59	00:08:06	00:08:00
62	146	Leslie	Ashe	M50	(11)	Springwell AC A	00:32:32	00:08:39	00:07:55	00:07:58	00:08:02
63	57	Frank	Lavelle	M40	(23)	Inishowen Athletics Club	00:32:44	00:08:28	00:08:01	00:08:12	00:08:05
64	15	Rodney	Livingstone	M40	(24)	Ballymena Runners	00:33:04	00:08:24	00:08:12	00:08:20	00:08:09

65	62	Jonathan	Irvine	M40	(25)	Lagan Valley AC A	00:33:16	00:08:29	00:08:05	00:08:21	00:08:22
66	82	Paul	Tilson	M40	(26)	Larne Athletic Club 2	00:33:41	00:08:54	00:08:14	00:08:18	00:08:16
67	127	Gary	Swenarton	M55	(05)	North Down AC	00:33:54	00:08:48	00:08:16	00:08:27	00:08:24
68	117	Greg	McClure	M50	(12)	North Belfast Harriers B	00:33:58	00:09:21	00:08:19	00:08:16	00:08:03
69	63	Brian	Wilson	M40	(27)	Lagan Valley AC A	00:34:15	00:08:40	00:08:26	00:08:39	00:08:32
70	137	Ian	Farr	M40	(28)	Orangetown AC A	00:34:19	00:08:34	00:08:30	00:08:45	00:08:32
71	55	Owen	McKinney	M35	(12)	Inishowen Athletics Club	00:34:37	00:08:57	00:08:36	00:08:40	00:08:25
72	56	Michael	Collins	M40	(29)	Inishowen Athletics Club	00:34:46	00:09:02	00:08:35	00:08:46	00:08:25
73	59	William	Howard	M40	(30)	Lagan Valley AC	00:34:57	00:09:00	00:08:36	00:08:47	00:08:36
74	41	Ernest	Hall	M55	(06)	Dromore AC	00:35:00	00:09:04	00:08:41	00:08:40	00:08:37
75	150	Vinny	Duffy	M40	(31)	Tirchonail AC	00:35:20	00:09:27	00:08:48	00:08:35	00:08:31
76	387	Phil	Dorman	M35	(13)	Unattached	00:35:22	00:08:45	00:08:41	00:08:56	00:09:01
77	104	Francis	Boal	M60	(02)	NI Masters Athletic Ass	00:35:27	00:09:05	00:08:46	00:08:49	00:08:49
78	141	Alan	McKeeman	M40	(32)	Springwell AC A	00:35:40	00:09:12	00:08:42	00:08:59	00:08:48
79	160	Donald	Smith	M40	(33)	UP & Runners	00:35:52	00:09:14	00:08:50	00:09:00	00:08:49
80	135	Ralph	Coetzee	M35	(14)	Orangetown AC A	00:35:54	00:08:59	00:08:51	00:09:11	00:08:55
81	42	Willie	Weir	M60	(03)	Dromore AC	00:36:00	00:09:15	00:08:51	00:08:57	00:08:58
82	66	Trevor	Wilson	M50	(13)	Lagan Valley AC A	00:36:10	00:09:16	00:08:54	00:09:00	00:09:01
83	144	David	Carton	M45	(14)	Springwell AC A	00:36:16	00:09:41	00:08:57	00:08:59	00:08:42
84	36	David	Allen	M40	(34)	Dromore AC	00:36:23	00:09:18	00:08:53	00:09:06	00:09:07
85	101	Vaughan	Purnell	M40	(35)	Lunchtime Legends	00:36:48	00:09:47	00:09:02	00:09:03	00:08:57
86	44	Joe	Quinn	M60	(04)	East Down AC	00:38:46				
87	80	Phil	Smyth	M35	(15)	Larne Athletic Club 2	00:39:01	00:10:10	00:09:38	00:09:36	00:09:38
88	142	Lee	Howarth	M40	(36)	Springwell AC A	00:39:27	00:09:49	00:10:00	00:09:53	00:09:47
89	35	Darren	Moan	M35	(16)	CIYMS AC	00:40:57	00:10:25	00:10:07	00:10:14	00:10:12
90	129	Pat	O'Driscoll	M60	(05)	North Down AC	00:44:58	00:11:33	00:10:56	00:11:16	00:11:15

1	Annadale St	31
2	City of Derry	45
3	North Belfast	61
4	Dromore	91
5	Larne	96
6	Finn Valley	111
7	North Down	156

8	Tirchonail AC	162
9	Orangegrove	196
10	Larne B	196
11	Inishowen	198

1	386	Gerry	Lynch	M65	City of Derry	00:16:12	00:08:35	00:07:38	387
2	<i>133</i>	<i>David</i>	<i>Seaton</i>	<i>M65</i>	<i>North Down AC</i>	<i>00:16:19</i>			<i>135</i>
3	<i>134</i>	<i>Brian</i>	<i>Smith</i>	<i>M65</i>	<i>North Down AC</i>	<i>00:17:29</i>	<i>00:09:04</i>	<i>00:08:25</i>	<i>137</i>
4	<i>131</i>	<i>Norman</i>	<i>Lellyet</i>	<i>M65</i>	<i>North Down AC</i>	<i>00:18:26</i>	<i>00:09:30</i>	<i>00:08:56</i>	<i>135</i>
5	<i>130</i>	<i>Ken</i>	<i>Hawtin</i>	<i>M65</i>	<i>North Down AC</i>	<i>00:21:49</i>	<i>00:11:17</i>	<i>00:10:33</i>	<i>135</i>

<i>1</i>	<i>North Down</i>	<i>14</i>
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