

North Down Open Meet No 3: 30th July 2013

Womens 75m Hurdles Race 1 (+1.3)

1	Emily Foster	Regent House	12.71	F15	76.2
2	Rachel Barnes	C o L	13.60	F15	
3	Sarah Woods	C o L	13.78	F15	
4	Holly Brannigan	NDAC	15.46	F15	

Womens 75m Hurdles Race 2 (-0.3)

1	Kate Farrelly	C o L	12.63	F15	76.2
2	Therese Hillman	C o L	13.04	F15	
3	Alix Galgrath	C o L	13.31	F15	
4	Lucy Martin	NDAC	13.77	F15	

Mixed 80m Hurdles (+1.1)

	Cara Burke	C o L	13.8H	F17	76.2
	Martyn Quinn	NDAC	16.2H	M15	84.0

Mens 110m Hurdles (+1.1)

	Christian Robinsson	C o L	15.32	M18	91.4
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Womens 100m Hurdles (+1.1)

	Clare Robinson	Regent House	16.38		84.0
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Womens 100m Race 1 (+0.1)

1	Molly Bret	NDAC	13.28	F17	
2	Saskia Greer	NDAC	13.33	F15	
3	Hollie Gilliland	LVAC	13.64	F15	
4	Natasha Mellon	NDAC	13.85	F17	
5	Holly Brannigan	NDAC	13.88	F15	

Mens 100m Race 1 (+0.1)

1	Adam McComb	NDAC	11.09	M23
2	Conor McLaughlin	Strabane	11.15	MO
3	Chris Jordan	Sullivan Upper	11.52	M17
4	Brendan McConville	NDAC	11.77	MO
5	John Saulters	NDAC	11.78	MO
6	Liam O'Brien	Togher	11.88	MO
7	Aaron Corbett	NDAC	12.14	M17

Mens 100m Race 2 (+0.1)

1	Scott McDowell	LVAC	12.18	M15
2	David Graham	LVAC	12.34	M23
3	Dylan Wilkinson	Dromore	12.51	M17
4	Michael Gaffney	NDAC	12.89	M15
5	Ben Stevenson	NDAC	12.98	M15
6	Jordan Hanna	NDAC	13.25	M15
7	Craig McDemid	NDAC	13.48	M17

Mens 100m Race 3 (+1.0)

1	Neil Martin	Orangefield	12.22	M20
2	Connor McDade	NDAC	12.83	M13
3	Ryan Kean	C o L	12.97	M17
4	Bradley Mulholland	C o L	13.02	M15
5	Reece Corbett	NDAC	13.21	M15
6	Joe Frey	LVAC	14.47	M55

Mens 1500m

1	Andrew Wright	Willowfield	4:09.01	M20
2	Conor Christie	Springwell	4:12.93	M20
3	Ryan Sharkey	LVAC	4:21.55	M20

6	Sally Brown	Springwell	13.94	F20
7	Anna Colhoun	LVAC	15.08	F13
8	Tia Cashman-Hooke	LVAC	14.40	F13

Womens 100m Race 2 (+0.8)

1	Elleena Hull	NDAC	13.31	F17
2	Ellen Robinson	NDAC	13.45	F17
3	Isobel Meharg	NDAC	14.18	F15
4	Rachel Miller	LVAC	14.48	F17
5	Lucy Martin	NDAC	14.49	F15
6	Joanna Mullan	u/a	14.82	F35
7	Emma Smith	Orangegrove	15.06	F35

Womens 1500m

1	Jessica Craig	NDAC	4:55.08	FO
2	Claire Francis	Willowfield	5:19.09	F17
3	Katie Moore	NDAC	5:23.66	F20

Womens 400m

1	Lois Hagan	Willowfield	61.71	F17
2	Chloe Johnston	NDAC	62.89	F17
3	Ellen Robinson	NDAC	64.71	F17
4	Rachel Miller	C o L	70.11	F17

Womens High Jump

1=	Cara Burke	C o L	1.50	F17
1=	Alix Galbraith	C o L	1.50	F15
3	Kirsty O'Neill	NDAC	1.45	F15
4	Sarah Woods	C o L	1.30	F15
5	Kate Farrelly	C o L	1.30	F15

Womens Long Jump

1	Clare Robinson	Regent House	4.61	F20
2	Kate Farrelly	C o L	4.42	F15
3	Holly Brannigan	NDAC	4.37	F15

4	Luke Dinsmore	Springwell	4:31.40	M17
5	Ryan Andrews	Ballydriain	4:50.82	M20
6	Corey Brown	NDAC	4:55.29	M20
7	Reece Simpson	NDAC	4:56.17	M15
8	Craig McMeechan	NDAC	4:57.92	M17
9	Jamie McMeechan	NDAC	5:03.24	M17
10	Adam Bell	NDAC	5:18.44	M15
11	Scott McKeague	Ballydrain	5:22.18	M15

Mens 400m Race 1

1	Bradley Mulholland	C o L	60.10	M15
2	Reece Corbett	NDAC	60.68	M15
3	Max Diamond	LVAC	61.96	M20
4	Craig McDemid	NDAC	63.56	M17
5	Frankie Murray	Emmetts GFC	71.66	M50

Mens 400m Race 2

1	Conor McLaughlin	Strabane	50.46	MO
2	Liam O'Brien	Togher	53.45	MO
3	Ciaran Barnes	C o L	53.80	M17
4	Matthew Kelly	u/a	58.72	MO
5	Paul McClelland	u/a	58.98	M35

Mixed 3000m (1 Woman)

1	Conor Curran	NBH	9:19.24	M35
2	Andrew Considine	NBH	9:20.49	M35
3	Mark Wright	AS	9:20.95	M45
4	Stephen Wylie	NDAC	9:21.34	MO
5	Keith Purdie	AS	9:31.80	MO
6	Kris Wilson	LVAC	9:48.48	M23
7	Brian Barron	NDAC	9:52.66	M23
8	Chris Moren	Willowfield	9:55.90	MO
9	Gary Keenan	Orangegrove	10:00.20	M50
10	Nick Irvine	NDAC	10:18.15	M35

4	Kara McDonald	LVAC	4.00	F15
5	Saskia Greer	NDAC	3.90	F15
6	Sarah Woods	C o L	3.85	F17
7	Rachel Barnes	C o L	3.82	F15
8	Anna Colhoun	LVAC	3.67	F13
9	Tia Cashman-Hooke	LVAC	3.30	F13

Womens Discus

Natasha Mellon	NDAC	16.53	F17	1.0Kg
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Womens Javelin

Sarah Woods	C o L	24.87	F15	600g
Hollie Gilliland	LVAC	17.81	F15	600g
Caitlin Ann Collins	C o L	15.69	F15	600g

Womens Shot

Alix Galbraith	C o L	9.27	F15	3.25Kg
Rachel Barnes	C o L	8.60	F15	3.25Kg
Kate Farrelly	C o L	7.07	F15	3.25Kg
Cara Burke	C o L	6.28	F17	4.0Kg

11	Rachel Gibson	NDAC	10:19.30	FO
12	Stephen Orr	Orangegrove	10:57.57	M35
13	Ralph Coetzee	Orangegrove	11:42.30	M40

Mens High Jump

1	Christian Robinnson	C o L	1.75	M20
2	Brendan McConville	NDAC	1.70	MO
3	Mark Burton	NDAC	1.70	M17
4	Josh Armstrong	C o L	1.45	M15

Mens Long Jump

1	Jonathan Hill	C o L	6.29	M20
2	Oliver Wakefield	NDAC	6.09	M15
3	Aaron Corbett	NDAC	5.91	M17
4	Mark Burton	NDAC	5.71	M17
5	Martyn Quinn	NDAC	4.95	M15
6	Ben Stevenson	NDAC	4.45	M15
7	Craig McDemid	NDAC	3.94	M17

Mens Discus

Chris Reynolds	C o L	47.10	M23
Peter Glass	NDAC	41.60	MO
Frank McCrystal	B & A	35.15	M55
Ian McMullan	Trafford	34.64	M35
Kurt Simpson	NDAC	27.73	M20
Tom Matthews	LVAC	24.87	M20
Bradley Mulholland	C o L	16.53	M15

Mens Javelin

Frank McCrystal	B & A	36.33	M55
Michael Gaffney	NDAC	35.20	M15
Aaron Corbett	NDAC	34.60	M17
Finlay Greer	NDAC	25.02	M13
Martyn Quinn	NDAC	22.03	M15

Mens Shot

Brendan McConville NDAC

11.69 MO

2.0Kg
2.0Kg
1.5Kg
2.0Kg
1.75Kg
1.75Kg
1.0Kg

700g
700g
700g
400g
600g

7.36Kg