

# Indoor Rankings 2013-2014

Revised 03.02.2014

## Women

**60m**

7.11

7.28

7.28

**200m**

22.36

23.42

**400m**

**800m**

49.22

2:49.03

Sarah Connolly

F20 Glasgow

**1500m**

**1 Mile**

**3000m**

**60m Hurdles**

## Men

**60m**

Curtis Woods

Tom Reynolds

Kenny Elliott

M23

Jordanstown

MO

Jordanstown

MO

Athlone

**200m**

Curtis Woods

Kenny Elliott

M23

Athlone

MO

Athlone

**400m**

Curtis Woods

M23

Athlone

**800m**

**1000m**

**1500m**

**1 Mile**

**3000m**

9.19 Sarah Connolly F20 Glasgow

**Long jump**

5.27 Sarah Connolly F20 Glasgow  
4.65 Olivia Cumming F17 Jordanstown

**Triple Jump**

**High Jump**

1.63 Sarah Connolly F20 Glasgow

**Shot**

8.65 4 Kg Sarah Connolly F20 Glasgow

**Pole Vault**

**Weight for Distance**

**Pentathlon**

3191 Sarah Connolly F20 Glasgow

**60m Hurdles**

8.47 13.72,9.14,9.72 Tom Reynolds MO Jordanstown

**Long jump**

5.73 Oliver Wakefield M17 Jordanstown

**Triple Jump**

**High Jump**

**Pole Vault**

**Shot**

12.37 7.26Kg Tom Reynolds MO Jordanstown

**Weight for Distance**

**Pentathlon**

**Heptathlon**

