

NORTH DOWN ATHLETIC CLUB

INDOOR WINTER TRAINING.

JUNIOR AND INTERMEDIATE GROUPS

BALLYHOLME PRIMARY SCHOOL. TUESDAY NIGHTS. 7.00 - 8.00 pm.

Training will operate for Roger's Intermediate group and David's Junior group on the dates listed below.

New members will be asked to pay the club and registration Athletic NI fees - £16.00 which covers them from October to March.

New and existing members will be asked to pay £2.00 per week towards cost of hiring facilities.

October.

7

14

21

28. School closure. No indoor training.

November

4

11

18

25

December

2

9

16

January 2015

6

13

20

27

February

3

10

17. School closed. No indoor training.

24

March

3

10

17

24

Depending on weather conditions we may move back outdoors earlier in March.

If you require further details please contact your relevant coach.