

Indoor Rankings 2014-2015

Revised 15.01.2015

Women

60m

200m

400m

800m

2:15.56	Rachel Gibson	FO	Athlone
2:39.07	Holly Brannigan	F15	Athlone
2:41.34	Lauren Hamilton	F15	Athlone
2:48.76	Sarah Connolly	F20	Glasgow

1500m

1 Mile

3000m

Men

60m

7.23	Curtis Woods	MO	Jordanstown
7.41	Oliver Wakefield	M17	Jordanstown
8.38	Luke Adair		Jordanstown

200m

23.23	Aaron Sexton	M15	Glasgow
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400m

800m

2:08.91	Aaron Sexton	M15	Glasgow
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1000m

1500m

1 Mile

3000m

	60m Hurdles			
9.14	Sarah Connolly	F20	Sheffield	
9.64	Holly Brannigan	F15	Athlone	
10.21	Lauren Hamilton	F15	Athlone	

	Long jump			
5.18	Sarah Connolly	F20	Sheffield	
4.63	Holly Brannigan	F15	Athlone	
3.86	Lauren Hamilton	F15	Athlone	

Triple Jump

	High Jump			
1.63	Sarah Connolly	F20	Athlone	
1.33	Lauren Hamilton	F15	Athlone	
1.27	Holly Brannigan	F15	Athlone	

	Shot			
8.93	4 Kg	Sarah Connolly	F20	Athlone
8.27	3 Kg	Holly Brannigan	F15	Athlone
5.90	3 Kg	Lauren Hamilton	F15	Athlone

Pole Vault

Weight for Distance

	Pentathlon			
3137	Sarah Connolly	F20	Athlone	
2597	Holly Brannigan	F15	Athlone	
2211	Lauren Hamilton	F15	Athlone	

	60m Hurdles			
8.88	<i>Sr spacing</i>	Oliver Wakefield	M17	Jordanstown
8.93		Aaron Sexton	M15	Athlone

	Long jump			
5.32		Aaron Sexton	M15	Glasgow

	Triple Jump			
13.33		Callum Hunter	M23	Cardiff

High Jump

Pole Vault

	Shot			
9.80	4 Kg	Aaron Sexton	M15	Glasgow

Weight for Distance

	Pentathlon			
3026		Aaron Sexton	M15	Glasgow

Heptathlon

