

# Top Ten Males - Senior and U20

Last Update 19.01.2015

Event	Senior		Under 20	
<b>100m</b>	10.7	Roger Sexton	10.75	Roger Sexton
	10.87	John Saulters	10.8	Gareth Gettinby
	10.9	Gareth Gettinby	11.18	Philip Browne
	10.97	Adam McComb	11.5	Tom Reynolds
	11.0	Tom Reynolds	11.0	Peter McPherson
	11.02	Curtis Woods	11.0	Parrick Gregg
	11.1	Barry Kelly	11.1	Philip Browne
	11.1	Kenny Elliott	11.2	William Burnside
	11.10	Philip Browne	11.39	Callum Hunter (was Graham)
	11.15	Tom Reynolds	11.41	Mark Armstrong
	11.18	Peter Glass	11.42	Ben Reynolds
	11.2	Stephen Enright	11.47	David Ritchie
	11.23	Kenny Elliot	11.5	Mike Hewitt
	11.26	Brendan McConville	11.5	Patrick McGrattan
	11.29	Andrew Graham		
	11.33	Philip Browne		
	11.36	Ben Reynolds		
	11.4	Stuart Brown		
	11.49	Patrick Gregg		
	<b>200m</b>	21.5	Roger Sexton	21.78
22.3		Kenny Elliott	22.2	Gareth Gettinby
21.81		Curtis Woods	22.5	William Burnside
22.36		John Saulters	22.57	Mark Armstrong
22.36		Kenny Elliott	22.8	Philip Browne
22.42		Gareth Gettinby	22.9	Peter McPherson
22.43		Philip Browne	22.96	Patrick Gregg
22.92		Tom Reynolds	23.0	Mark Patterson

	23.1	Stephen Enright	23.29	Callum Hunter (was Graham)
	23.3	Paul Fleming	23.4	Tom Reynolds
	23.45	Roger Sexton M40	23.41	James Hammond
	23.53	Ben Reynolds	23.55	Richard Higginson
	23.58	Brendan McConville	23.66	David Ritchie
	23.5	Paul Curran		
<b>400m</b>	48.49	Curtis Woods	49.56	Mark Patterson
	49.31	John Saulters	50.6	Roger Sexton
	49.48	Brendan McConville	51.0	William Burnside
	49.48	Adam McComb	51.12	Tom Reynolds
	49.84	Tom Reynolds	47.93	Andrew Mellon
	50.1	Michael Dyer	51.37	Adam McComb
	50.4	Roger Sexton	51.8	Brendan McConville
	50.43	Paul Curran	52.3	Gareth Gettinby
	50.44	Michael Dyer	52.4	Paul Fleming
	51.34	Peter Glass	52.45	Paul Curran
	51.43	Kenny Elliott	52.50	Mark Armstrong
	52.18	Mark Weir		
<b>800m</b>	1:51.25	Michael Dyer	1:49.20	Mark Patterson
	1:51.66	Mark Patterson	1:53.55	Niall Robinson
	1:52.57	Niall Robinson	1:54.53	Jordan Neil
	1:54.90	Jordan Neil	1:55.2	Michael Dyer
	1:55.5	James Budde	1:58.12	John Carlisle
	1:56.1	J.Ross	1:57.39	Jordan Stokes
	1:56.8	Geoffrey Weir	1:58.6	Mark Weir
	1:57.36	Niall Robinson	2:00.70	Josh Lowry
	1:57.64	John Carlisle	2:00.9	Tim Reid
	1:58.4	Francis Marsh	2:01.2	Paul Curran
	1:58.8	John Saulters	2:01.9	Gareth Davis-Jones
	1:59.3	Mark Weir	2:02.4	Thomas Welshman
	1:59.4	Paul Curran	2:02.6	Stuart Harding
<b>1500m</b>	3:43.43	Jordan Neil	3:49.21	Jordan Neil
	3:47.33	Michael Dyer	3:57.56	Mark Patterson

3:56.98 Jordan Stokes  
 3:57.34 Niall Robinson  
 3:58.54 Francis Marsh  
 3:59.54 James Budde  
 4:00.4 Mark Weir  
 4:00.9 Geoffrey Weir  
 4:00.91 James Budde  
 4:03.4 John Carlisle  
 4:07.11 Robin Brown  
 4:10.03 Francis Marsh M40

4:00.09 Niall Robinson  
 4:03.0 John Carlisle  
 4:05.77 Jordan Stokes  
 4:07.6 Michael Dyer  
 4:10.0 Mark Weir  
 4:11.1 Thomas Welshman  
 4:12.0 Gareth Davis-Jones  
 4:14.5 Robin Brown  
 4:19.91 Josh Lowry  
 4:21.99 Paul Curran

**3000m**

8:33.3 Jonathan Ross  
 8:44.4 Geoffrey Weir  
 8:45.03 Robin Brown  
 8:46.86 Michael Dyer  
 8:48.6 Ian Lyle  
 8:49.4 Francis Marsh  
 8:52.90 Niall Robinson  
 8:53.41 James Budde  
 8:54.9 Noel Munnis  
 8:58.23 Francis Marsh (M40)  
 9:01.75 Jordan Stokes  
 9:05.65 Francis Marsh (M45)  
 9:08.0 Peter Nugent

8:36.26 Jordan Neil  
 9:12.2 Robin Brown  
 9:13.8 Michael Dyer  
 9:17.3 Chris Stewart  
 9:19.2 Robin Brown  
 9:29.3 Mark Weir  
 9:37.4 Paul Curran  
 9:41.9 Stuart Donald  
 9:43.7 Briian Barron  
 9:44.8 Michael Patterson  
 9:46.0 Jamie Stewart  
 9:51.0 James Budde  
 9:51.3 Alex Donald

**5000m**

15:18.19 Robin Brown  
 15:28.2 Ian Lyle  
 15:29.05 Francis Marsh (M40)  
 15:30.6 Noel Munnis  
 15:43.55 Francis Marsh (M45)  
 15:51.2 Peter Nugent  
 15:54.79 Dennis Scott  
 16:21.50 Brian Barron  
 16:22.7 Mark Weir  
 16:27.9 George Bell  
 16:47.4 James Budde

15:22.56 Jordan Neil  
 15:49.8 Stuart Donald  
 16:15.9 Thomas Welshman  
 16:25.7 Chris Stewart  
 16:31.6 James Budde  
 16:53.5 Robin Brown  
 16:53.59 Robin Brown  
 17:22.0 Mark Weir  
 17:56.5 Tim Reid  
 17:59.0 Gordon Montgomerie  
 18:25.54 Stuart Donald (U/17)

	17:11.4	Robert Wilson	19:07.9	Gavin Megaw	(U/17)
	18:02.28	Gerry Coy M50			
	19:12.7	Terry Eakin M60			

**10000m**

31:38.55	Noel Munnis
32:38.0	Geoffrey Weir
39:52.6	David Seaton M60
38:55.70	Terry Eakin M60

**Marathon**

2.28.0	Billy Brannigan (O/40)
2.37.16	Sammy Walker
2.38.31	Peter Nugent
2.38.35	Noel Munnis
2.41.09	Francis Marsh
2.46.26	Robert Wilson
2.47.0	Terry Mallon (O/45)
2.48.32	Simon Seaton
2.50.00	John Sloan (O/40)
2.52.01	George Bell (O/40)
2.52.59	Max Hamilton (O/40)
2:46.13	Dennis Scott
2:52.37	James Budde
2:52.38	Nick Arkensparr

**110mH**

**110 H 3"6**

13.75	Ben Reynolds
14.54	Tom Reynolds
14.72	Luke Reynolds
14.76	Peter Glass
14.83	Brendan McConville
15.35	Tom Reynolds (U20)
15.42	Ben Reynolds (U20)
16.1	Mike Bull
16.11	Luke Reynolds (U20)
16.3	Paul Curran
16.64	Phil Browne (U20)

**110 H 3"3**

13.71	Ben Reynolds
14.83	Peter Glass
15.1	Tom Reynolds
15.28	Luke Reynolds
15.94	Scott McCauley
16.0	David Tughan
16.1	Brendan McConville
16.3	Paul Curran
16.5	Philip Browne
16.53	Callum Hunter (Graham)

16.7 David Tughan

16.6 Barry Kelly

17.0 Michael McConkey

### 400mH

#### 3' 0"

53.22 Thomas Patton  
55.65 Brendan McConville  
56.6 Paul Curran  
57.47 Tom Reynolds  
58.33 Kenny Elliott  
61.15 James Budde  
62.35 Alex Donald  
62.88 Kris Lockhart  
65.4 Stuart Wilson  
66.09 Francis Marsh  
67.4 Stuart Donald  
69.07 Richard Lockhart  
71.0 Trevor Alderdice (Vet)

#### 3' 0"

56.2 Kerrin Young (U/17)  
58.6 James Niblock (U20)  
59.24 James Niblock (U20)  
59.8 Kerrin Young (U/20)  
61.74 Gareth Lyness  
62.1 Barry Kelly (U/20)  
62.5 Tom Reynolds (U20)  
62.8 Stuart Wilson (U/20)  
62.9 David Weir (U20)  
63.9 Brendan McConville (U/20)  
64.89 Gareth Davis Jones (U/17)  
64.68 Stuart Harding (U/17)  
66.08 Luke Reynolds (U17)  
70.6 James Budde (U17)

### Steeplechase

#### 3000m S/C

9:36.94 Noel Munnis  
9:44.4 Ian Lyle  
9:53.9 Francis Marsh  
9:58.8 Chris Stewart (U/20)  
10:06.21 James Budde  
10:07.8 Alex Donald  
10:09.53 Francis Marsh M40  
10:18.98 Paul Curran (U/20)  
10:23.2 John Quiery  
10:27.84 Gareth Davis-Jones (U/20)  
10:41.3 Colin Smith (U/20)  
10:41.82 Jordan Stokes (U20)

#### 2000mS/C

6:15.6 Chris Stewart  
6:19.7 Gareth Davis-Jones  
6:21.4 Alex Donald  
6:34.59 Paul Curran  
6:49.5 Michael Patterson  
6:50.11 Alex Donald (U/17)  
6:59.4 Colin Smith  
7:00.11 James Budde  
7:01.1 Jamie Stewart  
7:10.0 Brian Barron

**High Jump**

2.05	Darragh Murphy	2.11	Darragh Murphy
2.03	Brendan McConville	2.07	Ben Reynolds
2.00	Ben Reynolds	2.02	Brendan McConville
1.97	Paul Curran	2.00	David Robb
1.96	Peter Glass	1.95	Paul Curran
1.95	Eugene Fusco	1.95	Peter Glass
1.93	David Robb	1.85	David McEvoy
1.88	Mike Bull	1.82	Jonathan Kirk
1.86	Tom Reynolds	1.80	Callum Hunter (was Graham)
1.85	Evan Wright	1.77	Tom Reynolds

**Long Jump**

7.14	Tom Reynolds	6.80	Peter Glass
7.07	Alan Kennedy	6.73	Ben Reynolds
7.04	Peter Glass	6.65	Keith Esdale
6.85	Brendan McConville	6.61	Philip Browne
6.82	Mike Bull	6.59	Paul Curran
6.80	Paul Curran	6.52	Jason Blanc
6.66	Eugene Fusco	6.47	Callum Hunter (was Graham)
6.65	Tom Reynolds	6.45	Tom Reynolds
6.62	Jason Blanc	6.37	Patrick Gregg
6.61	Philip Browne	6.33	David McEvoy
6.60	Neil McArdle	6.32	Gareth Gettinby

**Triple Jump**

14.90	Alan Kennedy	13.66	Paul Curran
14.39	Paul Curran	13.36	Peter Glass
13.81	Eugene Fusco	13.24	Callum Graham
13.22	Neil McArdle	13.12	Scott McCauley
13.02	Tom Reynolds	13.05	Darragh Murphy
11.98	Philip Browne	13.04	Philip Browne
11.94	Brendan McConville	13.41	Brendan Goss
11.54	Patrick Gregg	12.95	Eugene Fusco
11.18	Alex Donald	12.73	Ian Jamison
11.11	Jason Blanc	12.65	Gavin Gordon

			12.51	Jason Stevenson
<b>Pole Vault</b>	5.05	Mike Bull	4.15	Brendan McConville
	4.80	Brendan McConville	4.10	Patrick Campbell
	4.80	Peter Glass	3.80	Michael McConkey
	4.60	Tom Reynolds	3.80	Peter Glass
	3.30	Paul Curran	3.70	Ben Reynolds
	3.00	Patrick Campbell	3.60	Tom Reynolds
	2.80	Stephen Enright	3.50	Peter Abernethy (U17)
	2.80	Eugene Fusco	3.00	Paul Curran
		3.00	Luke Reynolds	
		3.00	Callum Hunter (was Graham)	
<b>Shot</b>		<b>7.25Kg</b>		<b>6.0/6.25Kg</b>
	14.44	Michael McConkey	15.39	Jeremy Harper 6 kg
	14.32	Jeremy Harper	14.10	Matthew Martin
	14.20	Peter Glass	13.69	Peter Glass 6Kg
	13.36	Tom Reynolds	13.58	Michael McConkey 6 kg
	13.22	Michael McConkey	13.25	Tom Reynolds 6 kg
	13.14	Mike Bull	13.07	Richard Lockhart
	13.00	Brendan McConville	12.93	Ben Worthington 6Kg
	12.45	Peter Glass M20	12.87	Mark Pielou
	12.31	Ben Worthington (U/20)	12.79	Ben Reynolds
	11.63	David Robb	12.50	David Robb
	11.52	Patrick McGrattan	12.46	Michael McConkey
	11.33	Tom Reynolds (U20)	12.28	Tom Reynolds
	11.33	Richard Lockhart (U20)		
	11.20	Mark Pielou		
	<b>Discus</b>		<b>2Kg</b>	<b>1.75Kg</b>
51.48		Jeremy Harper	48.85	Jeremy Harper
45.55		Peter Glass	42.85	Gareth Irvine
42.78		Ian McMullan	41.73	David Keys
39.74		Peter Glass U20)	37.89	Tom Reynolds
38.82		Tom Reynolds	37.20	Ben Worthington
38.16		Mike Bull	37.11	Michael McConkey

37.78 Michael McConkey  
 37.46 David Keys (U20)  
 37.37 Brendan McConville  
 35.64 Michael McConkey (U20)  
 35.52 Paul Curran  
 34.32 Tom Reynolds (U20)  
 32.93 Ben Worthington (U20)  
 32.16 Aaron Stirling U17)  
 31.94 Scott Kirkpatrick (U/17)  
 31.07 Richard Lockhart (U20)

36.22 Ben Reynolds  
 34.63 Joe Kingsberry  
 34.16 Peter Glass  
 34.10 Mark Pielou  
 32.59 Aaron Stirling  
 30.40 Paul Curran

**Javelin**

**800g**  
 63.69 Michael McConkey  
 56.61 Peter Glass  
 53.37 Freddie Pask  
 52.32 Jeremy Harper  
 50.50 Tom Reynolds  
 50.26 Brendan McConville  
 49.78 Patrick McGrattan  
 48.24 Roger Perrott  
 47.77 Paul Curran  
 46.00 Mike Bull  
 46.00 Arnie Wilson  
 45.70 Evan Wright  
 43.32 Karl Lamont  
 41.55 James Budde

**800g**  
 63.73 Matthew Martin  
 57.26 Matthew Stockton  
 51.43 Peter Glass  
 50.93 Niall McGrattan  
 50.45 Matthew Martin (U17)  
 49.57 Peter Glass (U17)  
 43.40 Neil Dougan  
 42.82 David Robb  
 42.63 Tom Reynolds  
 42.18 Karl Lamont  
 40.19 Aaron Corbett

**Hammer**

**7.25Kg**  
 46.45 Richard Lockhart (U20)  
 41.67 Richard Lockhart  
 40.03 Aaron Stirling (U20)  
 39.16 David Keys (U20)  
 38.42 Jeremy Harper  
 38.22 Ian McMullen  
 35.58 Chris Summers

**6.0Kg**  
 49.20 Richard Lockhart  
 47.45 David Keys  
 42.58 Aaron Stirling  
 36.22 Ben Reynolds  
 35.29 Neil Dougan



35.30 Aaron Stirling (U17)  
33.66 Stephen Mulholland  
31.75 Neil Duigan (U20)  
31.59 Richard Lockhart (U17)

**56 lb Weight**

7.23	Jeremy Harper	6.12	Peter Glass
7.18	Pete Glass	5.96	Richard Lockhart
5.84	Paul Kirkpatrick	4.88	David Keys
5.82	Neil Dougan	4.06	Aaron Stirling
5.58	Ian McMullan		
5.36	Steve Mulholland		
5.18	Chris Summers		
5.13	Paddy McGrattan M45		
5.06	Steven Glass		

**16 Kg Weight**

9.79 Jeremy Harper

**Pentathlon**

2786 Paul Curran

**Decathlon**

7324 Brendan McConville  
**7279 Peter Glass**  
7270 Tom Reynolds  
6366 Paul Curran  
6216 Tom Reynolds (u20-Sen W & Imp)  
5562 Michael McConkey (U20-Sen W & Imp)