

NDAC Top Female Outdoor T&F Performances

U13

75m

| | |
|--------------|--------------------------------|
| 10.44 | Natasha Paxton |
| 10.49 | Kathryn Colwell |
| 10.54 | Poppy Dann |
| 10.59 | Katie Kimber |
| 10.7 | Elleana Hull Olivia Cumming |
| 10.74 | Stephanie Bell |
| 10.80 | Megan Drummond |
| 10.88 | Elleana Hull |
| 10.89 | Anna Cousins |
| 10.9 | Kerrie Craig |
| 11.05 | Molly Longstaff |
| 11.07 | Chloe Walker |
| 11.1 | Clare Robinson |
| 11.14 | Emma Stranaghan |
| 11.16 | Sophie Hoey |
| 11.3 | Rachel Gregg |

Senior

U20

U17

U15

U13

100m

100m

100m

100m

100m

| | |
|-------|----------------------|
| 11.59 | Amy Foster |
| 12.39 | Hannah Lewis |
| 12.55 | Caroline Livingstone |
| 13.16 | Sara Semeraro |
| 13.21 | Clare Robinson |
| 13.54 | Aimee McNeilly |
| 13.70 | Alison Moffitt |
| 13.86 | Michelle Rogan |

| | |
|--------------|-------------------------------|
| 11.79 | Amy Foster |
| 12.27 | Hannah Lewis |
| 12.63 | Kiki Malomo-Paris |
| 12.9 | Gayle Connery |
| 13.00 | Holly Brannigan |
| 13.05 | Sarah Connolly |
| 13.2 | Michelle Rogan |
| 13.25 | Saskia Greer |
| 13.4 | Alison Elliott |
| 13.45 | Karla Courtney Molly Brett |
| 13.46 | Molly Longstaff |
| 13.63 | Christine Hewitt |
| | Natalie Steele |
| 13.65 | Chloe Johnston |
| 13.8 | Zara Robinson |

| | |
|--------------|-----------------------|
| 11.93 | Amy Foster |
| 12.43 | Kiki Malomo-Paris |
| 12.5 | Hannah Lewis |
| 12.59 | Natasha Paxton |
| 12.6 | Gayle Connery |
| 12.77 | Rachel McCann |
| 12.79 | Louise Canning |
| 12.94 | Megan Drummond |
| 12.99 | Holly Brannigan |
| 13.0 | Kathryn Colwell |
| 13.04 | Kirsty O'Neill |
| 13.05 | Molly Brett |
| 13.10 | Ellen Robinson |
| 13.1 | Michelle Rogan |
| | Erin Mullan |
| 13.13 | Saskia Greer |

| | |
|-------|---|
| 12.60 | Natasha Paxton |
| 12.68 | Kiki Malomo-Paris |
| 12.74 | Katie Kimber |
| 12.8 | Kathryn Colwell |
| 12.90 | Amy Foster |
| 12.9 | Kim Shaw |
| 12.91 | Hannah Lewis |
| 12.93 | Megan Drummond |
| 12.97 | Karen Graham |
| 13.0 | Andrea Ramage Alix Herbert Michelle Rogan Elleana Hull |
| 13.05 | Erin Mullan |
| 13.06 | Saskia Greer |
| 13.14 | Rachel McCann |
| 13.23 | Holly Brannigan |

| | |
|--------------|---|
| 13.1 | Elaine McClelland Kathryn Colwell |
| 13.3 | Natasha Paxton Pamela Gabbey Michelle Rogan Lisa McVea |
| 13.4 | Karen Graham Caroline Gordon Andrea Ramage Kiki Malomo-Paris |
| 13.7 | Kim Shaw Elleana Hull |
| 13.79 | Katie Kimber |
| 13.86 | Naimh Fenlon |
| 13.9 | Claire Pollock |
| 13.92 | Stephanie Bell |

Denotes performances in 2018

Last Update 11.09.2018

NDAC Top Female Outdoor T&F Performances

| U20 | U17 | U15 | U13 |
|----------------------|------------------------------|---------------------------|-----------------------------|
| 150m | 150m | 150m | 150m |
| 20.35 Chloe Johnston | 19.76 Holly Brannigan | 19.92 Katie Kimber | 20.0 Elleana Hull |
| 20.94 Natalie Steele | 19.86 Rachel McCann | 20.28 Rachel McCann | 20.4 Kathryn Colwell |
| | 20.18 Saskia Greer | 20.61 Elleana Hull | 20.41 Katie Kimber |
| | 20.98 Elleana Hull | 20.62 Molly Longstaff | 20.57 Stephanie Bell |
| | 20.99 Molly Longstaff | 20.98 Holly Brannigan | 20.6 Charlotte Conor |
| | 21.00 Kirsty O'Neill | 21.16 Olivia Cumming | 20.81 Lucy Cheatley |
| | 21.02 Aimee Stitt | 21.32 Saskia Greer | 20.9 Saskia Greer |
| | 21.14 Louise Canning | 21.39 Megan Briggs | 21.12 Olivia Cummings |
| | 21.61 Leah McClements | 21.56 Chloe Walker | 21.24 Megan Drummond |
| | 21.70 Natasha Mellon | 21.62 Megan Drummond | 21.28 Sophie Hoey |
| | 21.94 Chloe Walker | 21.69 Natasha Mellon | 21.43 Anna Cousins |
| | | 22.04 Beth Hammond | 21.47 Kerrie Craig |
| | | 22.78 Casey Dawson | 21.54 Murphy Miller |
| | | 22.40 Kirsty O'Neill | 21.63 Molly Longstaff |
| | | 22.47 Emma Wilson | 21.7 Jennifer Stevenson |

| Senior | U20 | U17 | U15 | U13 |
|-----------------------------|-------------------------|-----------------------------|-------------------------|-----------------------------|
| 200m | 200m | 200m | 200m | 200m |
| 23.83 Amy Foster | 24.03 Amy Foster | 24.25 Amy Foster | 25.35 Hannah Lewis | 26.9 Andrea Ramage |
| 24.83 Hannah Lewis | 24.51 Hannah Lewis | 24.97 Hannah Lewis | 25.66 Natasha Paxton | 27.1 Elaine McClelland |
| 25.8 Caroline Livingstone | 26.46 Sarah Connolly | 25.60 Natasha Paxton | 26.06 Kathryn Colwell | 27.4 Karen Graham |
| 25.86 Sarah Connolly | 26.7 Gayle Connery | 25.70 Rachel McCann | 26.3 Alix Herbert | 27.5 Kathryn Colwell |
| 26.49 Kim Shaw | 26.85 Chloe Johnston | 26.00 Olivia Cumming | 26.35 Katie Kimber | 27.7 Caroline Gordon |
| 27.37 Sarah Semeraro | 27.1 Michelle Rogan | 26.02 Holly Brannigan | 26.42 Kiki Malomo-Paris | Julie Hamilton |
| 27.4 Aimee McNeilly | 27.14 Kim Shaw | 26.1 Gayle Connery | 26.49 Rachel McCann | 27.91 Katie Kimber |
| 27.5 Alison Moffitt | 27.27 Katie Hewitt | 26.39 Elleana Hull | 26.5 Gillian Downing | 28.4 Sharon Magowan |
| 28.17 Clare Robinson | 27.33 Saskia Greer | 26.5 Kiki Malomo-Paris | 26.63 Kim Shaw | 28.52 Niamh Fenlon |
| 28.85 Michelle Rogan | 27.48 Clare Robinson | Erin Mullan | 26.75 Gayle Connery | 28.6 Jennifer Kelso |
| 29.21 Natalie Strain | 27.66 Kiki Malomo-Paris | Kathryn Colwell | 26.8 Nicola Connerey | 28.76 Michelle Rogan |
| 29.4 Christine Hewitt | 28.3 Nicola Simpson | 27.0 Stacey Mullan | 26.97 Olivia Cumming | 29.0 Alison Moffitt |
| 30.12 Laura Saulters | 28.46 Molly Brett | 27.10 Kim Shaw | 27.0 Erin Mullan | 29.1 Kerri-Lyn Dunlop |
| | 28.67 Christine Hewitt | 27.16 Sarah Connolly | 27.1 Amy Foster | 29.23 Megan Drummond |
| | 28.77 Lisa Magee | 27.17 Megan Drummond | 27.2 Andrea Ramage | 29.82 Stephanie Bell |
| | 28.97 Natalie Steele | 27.19 Aimee Stitt | 27.25 Holly Brannigan | |
| | | 27.2 Michelle Rogan | Megan Drummond | |
| | | 27.29 Saskia Greer | | |

Denotes performances in 2018

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NDAC Top Female Outdoor T&F Performances

| Senior | | U20 | | U17 | | U15 | | U13 | |
|----------------------------|--|-----------------------|--|----------------------------|--|------------------------|--|-----------------------------------|-----------------------------------|
| 300m | | 300m | | 300m | | 300m | | 300m | |
| 39.7 Amy Foster | | 43.25 Chloe Johnston | | 39.77 Rachel McCann | | 41.6 Hannah Lewis | | 44.2 Kathryn Colwell | |
| 42.40 Caroline Livingstone | | 45.2 Michelle Rogan | | 40.75 Holly Brannigan | | 42.02 Kathryn Colwell | | 48.4 Hanna Lewis | |
| 45.88 Rachel Gibson | | 47.5 Lisa Magee | | 41.55 Olivia Cumming | | 42.6 Kim Shaw | | 48.9 Cara Garnham | |
| | | 47.85 Kerry Iveston | | 41.57 Natasha Paxton | | 44.87 Rachel McCann | | 50.1 Grace Lawther | |
| | | 50.07 Natalie Steele | | 41.69 Kathryn Colwell | | 45.0 Amy Foster | | 50.6 Jessica McCreery | |
| | | | | 42.1 Kim Shaw | | 45.09 Murphy Miller | | 51.03 Olivia Cumming | |
| | | | | 42.71 Natasha Mellon | | 45.98 Abbey Taylor | | 51.2 Ceara Harper | |
| | | | | 42.8 Alison Lavery | | 46.6 Harriet Hayhurst | | 51.5 Amy Foster | |
| | | | | 42.98 Megan Briggs | | 46.8 Niamh Cummings | | 52.1 Tanya Garrett | |
| | | | | 43.17 Aimee Stitt | | 47.5 Gillian McDonald | | 53.30 Alex Catherwood | |
| | | | | 43.4 Michelle Rogan | | 47.7 Jessica Craig | | 53.3 Amy McCann | |
| | | | | 43.57 Kirsty O'Neill | | 47.8 Abbey Taylor | | 53.4 Emily Heyburn | |
| | | | | 43.6 Lisa Magee | | 47.9 Katie Hewitt | | 54.17 Lisa Thorne | |
| | | | | 43.7 Laura McKeown | | | | | |
| | | | | 43.8 Jenny Oakes | | | | | Not an official distance for U13s |
| | | | | 44.13 Chloe Johnston | | | | | |
| | | | | 44.2 Stacey Mullan | | | | | |
| Senior | | U20 | | U17 | | U15 | | U13 | |
| 400m | | 400m | | 400m | | 400m | | 400m | |
| 58.4 Caroline Livingstone | | 58.7 Kim Shaw | | 57.43 Rachel McCann | | 60.08 Megan Briggs | | 65.7 Jill-Anne Stewart | |
| 59.42 Kim Shaw | | 59.67 Holly Brannigan | | 59.13 Olivia Cumming | | 60.9 Gillian Downing | | 66.4 Julie Carlisle | |
| 59.50 Rachel Gibson | | 59.81 Chloe Johnston | | 59.69 Holly Brannigan | | 62.35 Murphy Miller | | 67.8 Michelle Rogan | |
| 61.1 Nicola Simpson | | 60.13 Alison Lavery | | 60.07 Kim Shaw | | 64.2 Michelle Rogan | | 70.8 Susan Scarth | |
| | | 60.5 Alison Elliott | | 60.83 Murphy Miller | | 64.3 Sandra Gawley | | 71.0 Alison Moffitt | |
| | | 60.88 Beth Crosbie | | 61.11 Chloe Johnston | | 64.72 Rachel McCann | | 71.5 Zoe Jeffers | |
| | | 61.8 Lauren Scott | | | | 65.0 Jill-Anne Stewart | | 72.5 Sandra Gawley | |
| | | 62.1 Nicola Simpson | | 62.7 Lisa Magee | | 65.45 Holly Brannigan | | 72.7 Pauline Hunter | |
| | | 62.68 Sarah Connolly | | 62.8 Jenny Oakes | | 66.3 Zoe Jeffers | | 73.67 Murphy Miller | |
| | | 63.5 Alison O'Neill | | 63.42 Sarah Connolly | | 66.5 Lisa Magee | | 73.7 Lisa Thorne | |
| | | 63.54 Olivia Cumming | | 64.39 Beth Crosbie | | 67.4 Susan Scarth | | 79.9 Olivia Hummel | |
| | | 64.2 Katie Hewitt | | 64.46 Ellen Robinson | | 67.8 Roisin Farren | | | |
| | | 66.9 Kerry Iveston | | 64.89 Kerry Iveston | | 67.9 Kerri-Lyn Dunlop | | Not an official distance for U13s | |
| | | 69.0 Caroline Hussey | | 66.6 Sandra Gawley | | 68.5 Nicola Ramage | | | |
| | | 70.22 Katie Moore | | 66.7 Aimee Stitt | | | | | |
| | | 71.09 Natalie Steele | | 67.4 Zoe Jeffers | | | | | |

Denotes performances in 2018

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NDAC Top Female Outdoor T&F Performances

| Senior | U20 | U17 | U15 | U13 |
|-----------------------|------------------------|-------------------------------|-------------------------------|-------------------------------|
| 600m | 600m | 600m | 600m | 600m |
| 1:39.13 Rachel Gibson | 1:40.6 Lauren Hamilton | 1:43.52 Megan Briggs | 1:40.54 Megan Briggs | 1:47.86 Murphy Miller |
| 1:43.76 Jessica Craig | 1:47.44 Beth Crosbie | 1:44.25 Murphy Miller | 1:41.42 Murphy Miller | 1:50.64 Amelia Tyler |
| 1:45.86 Katie Moore | 1:48.21 Katie Moore | 1:46.63 Rachel McCann | 1:49.97 Amelia Tyler | 1:52.07 Niamh Fenlon |
| | 1:49.38 Chloe Johnston | 1:50.38 Aimee Stitt | 1:52.32 Tara McDonough | 1:55.04 Megan Briggs |
| | 1:53.32 Olivia Cumming | 1:53.21 Jessica Scott | 1:56.1 Abbey Taylor | 1:55.56 Mollie Brown |
| | | 1:54.25 Abbey Taylor | 1:56.36 Lauren Hamilton | 1:57.53 Anna Scott |
| | | 1:55.21 Bryanna Catney | | 1:59.62 Hollie Massey |
| | | | | 2:00.40 Rachel Gillespie |
| | | | | 2:05.20 Tara McDonough |
| | | | | 2:03.31 Lucy Cheatley |
| | | | | 2:03.73 Stephanie Bell |
| | | | | 2:08.68 Annabelle McNutt |
| | | | | 2:09.58 Lauren Hamilton |

| Senior | U20 | U17 | U15 | U13 |
|------------------------------|---------------------------|-----------------------------|-------------------------------|--------------------------|
| 800m | 800m | 800m | 800m | 800m |
| 2:09.37 Rachel Gibson | 2:14.6 Alison O'Neill | 2:14.63 Murphy Miller | 2:18.76 Murphy Miller | 2:28.83 Murphy Miller |
| 2:12.46 Lauren Scott | 2:16.30 Lauren Scott | 2:24.90 Megan Briggs | 2:21.0 Sandra Gawley | 2:30.08 Amelia Tyler |
| 2:14.71 Jessica Craig | 2:25.30 Nicola Simpson | 2:25.4 Nicola Simpson | 2:21.94 Megan Briggs | 2:32.1 Julie Carlisle |
| 2:20.07 Nicola Simpson | 2:26.99 Jessica Craig | 2:25.7 Katrina Oakes | 2:28.0 Katrina Oakes | 2:33.8 Mollie Brown |
| 2:25.71 Kim Shaw | 2:29.02 Katie Moore | 2:26.0 Lauren Scott | 2:29.7 Claire Broad | 2:35.90 Niamh Fenlon |
| 2:25.77 Katie Moore | 2:31.16 Kerry Iveston | 2:27.6 Sandra Gawley | Abbey Taylor | 2:36.4 Zoe Jeffers |
| 2:26.28 Sarah Lindsay | 2:31.89 Sophie Strutt | 2:27.74 Lauren Scott | 2:29.9 Gillian Downing | 2:37.47 Ellie Gordon |
| 2:26.50 Kerry Iveston | 2:32.04 Katie Hewitt | 2:28.56 Kerry Iveston | 2:30.85 Tara McDonough | 2:38.08 Megan Briggs |
| 2:26.67 Sarah Connolly | 2:32.27 Rio Catney | 2:29.80 Sophie Strutt | 2:30.9 Nicola McCaughey | 2:38.5 Andrea Ramage |
| 2:27.27 Roberta Dornan (F35) | 2:34.36 Chloe Johnston | 2:29.97 Katie Moore | 2:31.2 Janine Munnis | 2:38.72 Anna Scott |
| 2:37.32 Emily Mills | 2:34.5 Katrina Oakes | 2:31.47 Francesca Brown | 2:31.68 Amelia Tyler | 2:39.0 Susan Scarth |
| 2:42.27 Melissa Eccles | 2:35.2 Nicola McCaughey | 2:31.8 Zoe Jeffers | 2:32.0 Andrea Ramage | 2:39.45 Rachel Gillespie |
| | 2:35.5 Alison Elliott | 2:32.35 Nia McNally | 2:33.4 Jessica Craig | 2:39.79 Abbie Webster |
| | 2:36.12 Clare Robinson | 2:33.4 Jessica Craig | 2:33.7 Nicola Ramage | 2:40.7 Kalina Stitt |
| | | 2:34.0 Katie Hewitt | 2:34.42 Niamh Cummings | 2:42.38 Hollie Massey |
| | | | 2:34.5 Lauren Scott | 2:42.47 Jessica Scott |

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NDAC Top Female Outdoor T&F Performances

U13

1200m

| | |
|----------------|----------------------|
| 3:59.66 | Mollie Brown |
| 3:59.77 | Amelia Tyler |
| 4:02.32 | Murphy Miller |
| 4:03.56 | Megan Briggs |
| 4:20.66 | Hollie Massey |
| 4:20.74 | Tara McDonough |
| 4:24.84 | Lucy Cheatley |
| 4:25.30 | Abbey Taylor |
| 4:30.16 | Francesca Brown |
| 4:30.5 | Jemma Speers |
| 4:31.65 | Annabelle McNutt |
| 4:32.9 | Claire Scott |
| 4:33.1 | Leigh McWha |
| 4:33.4 | Kayleigh Walsh |
| 4:37.8 | Hannah Taylor |
| 4:38.7 | Niamh Cummings |

Senior

U20

U17

U15

U13

1500m

1500m

1500m

1500m

1500m

| | |
|----------------|------------------------|
| 4:27.01 | Rachel Gibson |
| 4:30.94 | Lauren Scott |
| 4:35.88 | Jessica Craig |
| 4:46.22 | Sarah Lindsay |
| 4:51.75 | Roberta Dornan (F35) |
| 4:52.08 | Katie Moore |
| 4:54.93 | Jodi Smith (F35) |
| 5:03.8 | Nicola Simpson |
| 5:05.74 | Kerry Iveston |
| 5:07.33 | Sarah Lindsay |
| 5:33.30 | Stephanie Hambling F35 |
| 5:42.77 | Debbie Matchett (F45) |
| 5:50.0 | Paula Hawtin |

| | |
|----------------|-----------------------|
| 4:29.4 | Alison O'Neill |
| 5:04.56 | Rio Catney |
| 5:05.3 | Vicky Clegg |
| 5:08.76 | Lauren Scott |
| 5:09.84 | Katie Moore |
| 5:11.72 | Rio Catney |
| 5:12.3 | Jessica Craig |
| 5:19.50 | Kerry Iveston |
| 5:23.3 | Nicola McCaughey |
| 5:27.29 | Caitlyn Turner |
| 5:43.75 | Stacey Johnston |
| 5:47.8 | Jill Black |

| | |
|----------------|---------------------|
| 4:31.6 | Alison O'Neill |
| 4:44.94 | Murphy Miller |
| 5:04.2 | Jessica Craig |
| 5:06.1 | Sandra Gawley |
| 5:11.79 | Katie Moore |
| 5:12.0 | Nicola McCaughey |
| 5:12.91 | Megan Briggs |
| 5:15.4 | Zoe Jeffers |
| 5:16.4 | Lauren Scott |
| 5:18.0 | Janine Munnis |
| 5:18.23 | Nia McNally |
| 5:20.3 | Vicky Clegg |
| 5:21.2 | Alyson Dunne |
| | Kerry Iveston |
| 5:26.8 | Francesca Brown |
| 5:27.33 | Jessica Scott |

| | |
|----------------|-----------------------|
| 4:43.0 | Alison O'Neill |
| 4:52.37 | Murphy Miller |
| 4:54.9 | Claire Broad |
| 4:59.12 | Megan Briggs |
| 5:00.0 | Sandra Gawley |
| 5:06.87 | Tara McDonough |
| 5:08.99 | Mollie Brown |
| 5:10.12 | Amelia Tyler |
| 5:10.3 | Janine Munnis |
| 5:14.71 | Francesca Brown |
| 5:16.0 | Nicola McCaughey |
| 5:16.80 | Abbey Taylor |
| 5:19.78 | Sarah Moorcroft |
| 5:21.5 | Zoe Jeffers |
| 5:21.69 | Beth Wilson |
| 5:21.75 | Anna Scott |
| 5:25.9 | Alyson Dunne |

| | |
|---------|-------------------|
| 5:10.65 | Amelia Tyler |
| 5:19.49 | Jessica Scott |
| 5:22.81 | Ellie Gordon |
| 5:22.83 | Murphy Miller |
| 5:25.42 | Anna Scott |
| 5:26.91 | Francesca Brown |
| 5:27.35 | Niamh Fenlon |
| 5:28.28 | Hollie Massey |
| 5:29.0 | Zoe Jeffers |
| 5:33.2 | Michelle Mullally |
| 5:34.7 | Susan Scarth |
| 5:36.9 | Gillian Winters |
| 5:38.0 | Susan McAvoy |
| 5:39.54 | Abbie Webster |
| 5:42.6 | Suzanne Brown |
| 5:45.9 | Katie Hewitt |
| 5:46.63 | Hollie Massey |

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NDAC Top Female Outdoor T&F Performances

| Senior | U20 | U17 | U15 |
|-------------------------------------|------------------------------------|-------------------------------------|--------------------------------------|
| 3000m | 3000m | 3000m | 3000m |
| 9:52.97 Jessica Craig | 9:32.32 Alison O'Neill (NI Record) | 9:45.0 Alison O'Neill | 10:36.23 Murphy Miller |
| 9:53.10 Rachel Gibson | 10:51.00 Rio Catney | 10:59.0 Janine Munnis | 11:10.20 Amelia Tyler |
| 9:58.10 Lauren Scott | 11:14.72 Katie Moore | 11:00.0 Vicky Clegg | 11:40.21 Lauren Hamilton |
| 10:20.10 Katie Moore | 11:18.6 Vicky Clegg | 11:10.1 Jessica Craig | 11:46.57 Nicola McCaughey |
| 10:22.06 Roberta Dornan (F35) | 11:36.8 Kerry Iveston | 11:11.1 Katrina Oakes | 11:52.0 Susan McAvoy |
| 10:30.60 Jodi Smith (F35) | 12:00.04 Katrina Oakes | 11:24.1 Sandra Gawley | 12:06.07 Sarah Moorcroft |
| 10:32.3 Paula Hawtin | 12:12.0 Nicola McCaughey | 11:29.79 Nia McNally | 12:17.70 Abigail Slaon |
| 10:59.6 Stephanie Hambling (F40) | 12:14.2 Janine Munnis | 11:30.53 Anna Carberry | 12:28.28 Jessica Scott |
| 11:23.8 Vicky Clegg | 12:16.89 Nia McNally | 11:30.5 Murphy Miller | 12:46.0 Catherine Geary |
| 11:33.24 Roma McConville | | 11:36.0 Zoe Jeffers | |
| 11:33.29 Melissa Eccles | | 11:47.45 Jessica Scott | |
| 11:43.88 Ali Robinson (F35) | | 12:04.8 Alyson Dunne | |
| 11:54.0 Debbie Matchett (F45) | | 12:07.0 Susan McAvoy | |
| 11:54.12 Valerie McDonough (F40) | | 12:22.3 Nicola McCaughey | |

5000m
17:12.84 **Jessica Craig**
19:17.30 **Sarah Lindsay**

10,000m
37:41.71 **Katie Moore**

| Senior | U20 | U17 |
|----------------------|--|-------------------------------------|
| 3000m s'chase | 2000m s'chase | 1500m s'chase |
| | 9:01.05 Bryanna Catney (U17) | 6:22.9 Bryanna Catney |
| | 9:01.8 Nicola McCaughey (U17) | 6:27.79 Lauren Hamilton |

NDAC Top Female Outdoor T&F Performances

| Senior | U20 | U17 | U15 | U13 |
|----------------------|---------------------------|----------------------|----------------------------|---------------------------|
| 100mH (2'9") | 100mH (2'9") | 80mH (2'6") | 75mH (2'6") | 70mH (2'3") |
| 14.48 Sarah Connolly | 14.92 Aimee McNeilly | 11.71 Stacey Mullan | 11.7 Gayle Connery | 11.8 Andrea Ramage |
| 15.12 Aimee McNeilly | Sarah Connolly | 11.8 Gayle Connery | 11.9 Andrea Ramage | 12.26 Niamh Fenlon |
| 15.39 Clare Robinson | 15.38 Erin Mullan | 11.9 Jennifer Oakes | 12.0 Julie Stewart | 12.3 Caroline Horne |
| 16.40 Katie Hewitt | 15.84 Clare Robinson | 12.0 Sarah McGuigan | Sarah McGuigan | 12.4 Natasha Paxton |
| 17.28 Alison Elliott | 15.83 Stacey Mullan (U17) | 12.29 Sarah Connolly | 12.1 Katie Hewitt | 12.43 Rose McGreevy |
| | 16.08 Katie Hewitt | 12.3 Katie Hewitt | 12.2 Lisa Kane | 12.45 Sophie Hoey |
| | 16.48 Sophie Reynolds | 12.35 Lyndsey Hayes | 12.28 Sophie Hoey | 12.6 Julie Stewart |
| | 16.63 Andrea Ramage | 12.5 Erin Mullan | 12.33 Rose McGreevy | Katie Hewitt |
| | 17.37 Jodie Murphy | 12.59 Clare Robinson | 12.5 Lyndsey Hayes | 12.9 Caroline Oakes |
| | 19.0 Alison Moffitt | 12.6 Julie Stewart | 12.54 Erin Mullan | 13.05 Chloe Walker |
| | 20.4 Caroline Horne | Sophie Reynolds | 12.7 Courtney Patterson | 13.1 Ashleigh Fawcett |
| | 20.5 Sarah McGuigan | 12.63 Katie Hewitt | 12.71 Holly Brannigan | 13.2 Sandra Gawley |
| | | 12.8 Holly Brannigan | 12.83 Kerrie Craig | Julie Carlisle |
| | | | 13.00 Natasha Mellon | Jennifer Kelso |
| | | | | 13.30 Murphy Miller |
| | | | | 13.3 Clare Robinson |

| Senior | U20 | U17 | U15 |
|-----------------------------|----------------------|------------------------|--------------------------|
| 400mH (2'6") | 400mH (2'6") | 300mH (2'6") | 200mH (2'6") |
| 66.20 Katie Hewitt | 65.29 Katie Hewitt | 45.76 Stacey Mullan | 30.0 Gayle Connery |
| 69.40 Sarah Connolly (U17) | 68.67 Stacey Mullan | 45.82 Katie Hewitt | 33.6 Jill Ann Stewart |
| 69.84 Caroline Livingstone | 69.14 Erin Mullan | 46.5 Jenny Oakes | 34.7 Gillian Downing |
| 71.06 Holly Brannigan (U17) | 72.2 Jenny Oakes | 46.75 Holly Brannigan | 33.6 Sharon Magowan |
| | 72.48 Aimee McNeilly | 47.5 Cydnie McCullough | 38.4 Alison Moffitt |
| | 74.3 Sandra Gawley | 47.7 Erin Mullan | 41.2 Susan Scarth |
| | 79.30 Sarah Connolly | 51.81 Natasha Mellon | 45.9 Jacqueline Crawford |
| | | 52.6 Katrina Oakes | |

No longer run at U15

NDAC Top Female Outdoor T&F Performances

Senior

High Jump

1.78 Sarah Connolly
 1.50 Caroline Livingstone
 1.45 Katie Hewitt
 1.39 Clare Robinson

U20

High Jump

1.65 Sarah McGuigan
 1.63 Rebekah Rutherford
 1.62 Sarah Connolly
 1.60 Alison Elliot
 1.57 Alison Lavery
 1.54 Andrea Ramage
 1.51 Alison Moffitt
 Kerrie Craig
 1.50 Michelle Kelly
 Gayle Connery
 Jodie Murphy
 1.45 Danielle Oliver
 Katie Hewitt
 1.40 Lyndsey Hayes
 Kim Shaw
 Clare Robinson

U17

High Jump

1.66 Alex Catherwood
 1.65 Sarah Connolly
 1.64 Sarah McGuigan
 1.58 Rebekah Rutherford
 1.57 Kerrie Craig
 1.55 Alison Lavery
 1.53 Alison Moffitt
 1.51 Gayle Connery
 Danielle Oliver
 1.50 Michelle Kelly
 1.46 Kirsty O'Neill
 1.45 Hannah Lewis
Grace Arnold
Rachel McCann
 1.45 Hannah Lewis
 1.40 Elleana Hull
Louise Canning

U15

High Jump

1.60 Andrea Ramage
 Sarah McGuigan
 1.56 Sarah Connolly
 1.55 Danielle Oliver
 Alex Catherwood
 1.53 Alison Moffitt
 Jill-Anne Stewart
 Kerrie Craig
 1.50 Michelle Mullally
 Michelle Kelly
 Hannah Lewis
 Rebekah Rutherford
 Kirsty O'Neill
 1.40 Lauren Hamilton
 Elleana Hull
Rose McGreevy

U13

High Jump

1.52 Andrea Ramage
 1.48 Alex Catherwood
 1.46 Rebekah Rutherford
 1.45 Danielle Oliver
 1.44 Pauline Hunter
 1.40 Saskia Coombes
 Alison Moffitt
 Kerrie Craig
 Lisa Kane
 Sarah Perry
 1.39 Michelle Kelly
 1.38 Elleana Hull
 1.36 Sarah McGuigan
 Grace Arnold
 1.35 Sophie Hoey
 1.34 Kerrie Craig

Senior

Pole Vault

3.80 Sarah Semeraro

U17

Pole Vault

2.25 Sophie Reynolds
 2.00 Caroline Oakes
 1.90 Nicola McCaughey

NDAC Top Female Outdoor T&F Performances

| Senior | U20 | U17 | U15 | U13 |
|------------------------|--------------------------|------------------------------|-------------------------|------------------------|
| Long Jump | Long Jump | Long Jump | Long Jump | Long Jump |
| 5.88 Hannah Lewis | 5.98 Hannah Lewis | 5.78 Hannah Lewis | 5.43 Hannah Lewis | 4.87 Andrea Ramage |
| 5.59 Sarah Connolly | 5.75 Kiki Malomo-Paris | 5.57 Sarah Connolly | 5.16 Megan Drummond | 4.79 Michelle Rogan |
| 5.36 Kiki Malomo-Paris | 5.57 Sarah Connolly | 5.24 Kiki Malomo-Paris | 4.95 Katie Hewitt | 4.60 Jennifer Kelso |
| 5.35 Clare Robinson | 5.21 Katie Hewitt | Laura McKeown | 4.93 Andrea Ramage | 4.58 Sophie Hoey |
| 5.01 Laura Saulters | 5.12 Caroline Hussey | 5.12 Lyndsey Hayes | 4.92 Julie Stewart | 4.50 Laura McKeown |
| 4.91 Sarah Semeraro | 5.11 Katie Dickson | 5.11 Megan Drummond | 4.89 Kiki Malomo-Paris | 4.43 Caroline Horne |
| 4.56 Leslie Jeffers | 5.08 Clare Robinson | 5.10 Katie Hewitt | 4.87 Eva Morrow | Poppy Dann |
| | 5.01 Rebekah Rutherford | 4.98 Michelle Rogan | 4.86 Molly Longstaff | 4.42 Hanna Lewis |
| | 4.94 Laura Saulters | 4.96 Clare Robinson | 4.83 Sophie Hoey | 4.41 Elaine McClelland |
| | 4.92 Elleana Hull | 4.94 Katie Dickson | 4.80 Karen Frazer | 4.38 Natasha Paxton |
| | 4.91 Andrea Ramage | 4.92 Rebecca Webb | Eva Morrow | 4.35 Lisa McVea |
| | Alison Lavery | 4.81 Michelle Kelly | 4.78 Rachel McCann | 4.34 Kiki Malomo-Paris |
| | 4.88 Rebecca Webb | 4.80 Gayle Connery | 4.74 Sharon Magowan | 4.33 Caroline Gordon |
| | 4.72 Alison Moffitt | Caroline Hussey | Sarah McGuigan | 4.29 Elleana Hull |
| | 4.65 Lyndsey Hayes | 4.79 Elleana Hull | 4.73 Olivia Cumming | 4.21 Chloe Walker |
| | 4.62 Michelle Kelly | 4.72 Olivia Cumming | 4.68 Colette Barclay | Niamh Fenlon |
| | 4.61 Gayle Connery | | Michelle Rogan | |
| Senior | U20 | U17 | U15 | U13 |
| Triple Jump | Triple Jump | Triple Jump | Triple Jump | Triple Jump |
| 11.80 Laura Saulters | 10.99 Katie Dickson | 11.09 Katie Dickson | 10.62 Kim Shaw | 9.99 Andrea Ramage |
| 10.76 Clare Robinson | 10.59 Clare Robinson | 10.75 Clare Robinson | 10.14 Andrea Ramage | |
| 9.61 Heather Beattie | 10.57 Caroline Hussey | 10.12 Kim Shaw | 9.59 Clare Robinson | |
| 9.57 Leslie Jeffers | 10.42 Kim Shaw | 10.00 Caroline Hussey | 9.55 Caroline Horne | |
| 9.00 Janine Munnis | 10.36 Sarah Connolly | 9.78 Katie Hewitt | 9.42 Katie Dickson | |
| 8.59 Gemma McAnirn | 9.65 Sarah McGuigan | 9.70 Sophie Longstaff | Natasha Mellon | |
| | 9.47 Kerrie Craig | 9.57 Stacey Mullan | 9.36 Amy Foster | |
| | 9.34 Caroline Oakes | 9.43 Gemma McAnirn | 9.35 Elleana Hull | |
| | 9.13 Rebecca Webb | Heather Beattie | 9.11 Lauren Hamilton | |
| | 9.06 Alison Lavery | 9.40 Kerrie Craig | 9.10 Linda Dunn | |
| | | 9.36 Janine Munnis | 8.65 Claire Hooks | |
| | | Olivia Cumming | 8.28 Leah McClements | |
| | | 9.30 Kerrie Craig | | |
| | | 9.15 Natasha Mellon | | |
| | | 9.11 Elleana Hull | | |

Denotes performances in 2018

Last Update 11.09.2018

NDAC Top Female Outdoor T&F Performances

| Senior | U20 | U17 | U15 | U13 |
|------------------------------|------------------------------|----------------------------|--------------------------|----------------------------|
| Shot putt (4kg) | Shot putt (4kg) | Shot putt (3kg) | Shot putt (3kg) | Shot putt (2.72kg) |
| 16.63 Eva Massey (NI Record) | 14.49 Eva Massey (NI Record) | 12.29 Faye Nixon | 9.81 Faye Nixon | 9.80 Andrea Ramage |
| 12.47 Anita Kane | 9.96 Kathy Hetherington | 9.99 Elleana Hull | 9.55 Erin Kennedy | 9.40 Lisa Kane |
| 11.96 Alison Moffitt | 9.87 Beth Wilson | 8.95 Amy Kimber | 8.76 Beth Hammond | 8.52 Faye Nixon |
| 10.42 Kathy Hetherington | 9.80 Andrea Ramage | 8.61 Megan Drummond | 7.34 Holly Brannigan | 8.49 Niamh Fenlon |
| 10.02 Sarah Connolly | 9.36 Sarah Connolly | 7.73 Holly Brannigan | 7.34 Kate McCann | 8.45 Niamh Fenlon |
| 8.95 Laura Saulters | 8.94 Elleana Hull | 7.59 Molly Longstaff | 7.28 Molly Longstaff | 8.42 Eva Massey |
| 8.62 Sarah Semeraro | 8.80 Jodie Murphy | 7.37 Beth Crosbie | Rose McGreevy | 8.44 Tilly McWhinney |
| 8.59 Fiona Shaw | 8.46 Danielle Oliver | 6.72 Shoshanna Hull | 7.19 Lucy Kerr | 7.78 Kiki Malomo-Paris |
| 8.43 Gemma McAnirn | 8.32 Lauraine Finlay | 6.71 Rebecca Webb | 7.01 Sophie Hoey | 7.72 Sarah Jaffrey |
| 7.81 Katie Hewitt | 7.70 Allison Elliott | 6.51 Murphy Miller | 6.83 Lauren Hamilton | 7.56 Kelly Baauw |
| 7.63 Melissa Free | 7.65 Emma Stockton | 6.49 Lauren Hamilton | 6.68 Murphy Miller | 7.24 Kathryn Colwell |
| 7.19 Clare Robinson | 7.55 Katie Hewitt | | 6.65 Katie Kimber | 7.06 Claire Briggs |
| | 7.19 Clare Robinson | | 6.61 Megan Drummond | 6.94 Danielle Oliver |
| | | | 6.55 Beth Crosbie | 6.90 Stephanie Bell |
| | | | 6.45 Emma Wilson | 6.84 Kim Shaw |
| | | | 6.40 Kate Hunter | 6.82 Alex Catherwood |
| | | | 6.22 Amy Kimber | 6.70 Anna Cousins |

| Senior | U20 | U17 | U15 | U13 |
|--------------------------|--------------------------|---------------------------|---------------------------|------------------------------|
| Discus (1kg) | Discus (1kg) | Discus (1kg) | Discus (1kg) | Discus (0.75kg) |
| 47.72 Eva Massey | 41.05 Beth Wilson | 41.30 Anita Kane | 38.10 Lisa Kane | 27.90 Eva Massey |
| 44.53 Kathy Hetherington | 37.89 Kathy Hetherington | 39.02 Alison Moffitt | 37.88 Alison Moffitt | 20.89 Kate Fenlon |
| 43.98 Alison Moffitt | 30.32 Caroline Oakes | 36.40 Lisa Kane | 35.56 Jacqueline Crawford | 20.29 Niamh Fenlon |
| 42.86 Anita Kane | 29.46 Wendy Graham | 35.70 Jacqueline Crawford | 33.42 Loiuise Atkinson | 19.87 Tilly McWhinney |
| 34.64 Clare Barrett | Laura Potts | 35.56 Eva Massey | 30.60 Anita Kane | 19.83 Katie Kimber |
| 31.68 Gemma McAnirn | 28.60 Danielle Oliver | 35.12 Beth Wilson | 29.36 Beth Wilson | 18.91 Caroline Oakes |
| 31.50 Fiona Shaw | 25.30 Lauraine Finlay | 35.00 Clare Barrett | 28.12 Eva Massey | 17.90 Galina Robinson |
| 27.80 Melissa Free | | 34.74 Kathy Hetherington | 24.58 Kathy McKeown | 17.72 Kelly Baauw |
| | | 31.18 Amy Kimber | 23.62 Lauraine Finlay | 16.94 Sophie Cree |
| | | 30.54 Caroline Oakes | 23.48 Carol Douglas | 16.89 Stephannie Bell |
| | | 30.28 Lauraine Finlay | 23.00 Caroline Oakes | 16.87 Kiki Malamo-Paris |
| | | 28.90 Wendy Graham | 21.91 Amy Kimber | 16.40 Gemma McAnirn |
| | | 25.94 Megan Simpson | | 16.21 Sarah Jaffery |
| | | | | 15.66 Catherine Jaffrey |
| | | | | 15.35 Anna Cousins |

Denotes performances in 2018

Last Update 11.09.2018

NDAC Top Female Outdoor T&F Performances

| Senior | | U20 | | U17 | | U15 | |
|---------------------|-------------------|---------------------|---------------|---------------------|-------------------|---------------------|---------------------|
| Hammer (4kg) | | Hammer (4kg) | | Hammer (3kg) | | Hammer (3kg) | |
| 34.76 | Eva Massey | 35.40 | Eva Massey | 39.12 | Beth Crosbie | 25.23 | Beth Crosbie |
| 34.60 | Melissa Free | 32.09 | Beth Crosbie | 25.95 | Faye Nixon | 24.33 | Beth Hammond |
| 22.25 | Gemma McAnirn | 31.42 | Rachel Keys | 24.23 | Lauren Hamilton | 22.98 | Erin Kennedy |
| 20.78 | Alison Moffitt | 23.86 | Emma Stockton | 23.47 | Amy Kimber | 21.86 | Amy Kimber |
| 19.77 | Catherine Joffrey | 20.70 | Beth Wilson | 15.04 | Isobel Meharg | 14.89 | Lauren Hamilton |
| 18.87 | Janine Munnis | 18.87 | Elleana Hull | | | | |

| Senior | | U20 | | U17 | | U15 | | U13 | |
|-----------------------|-----------------|-----------------------|-----------------|-----------------------|-----------------------|-----------------------|---------------------|-----------------------|----------------------|
| Javelin (600g) | | Javelin (600g) | | Javelin (500g) | | Javelin (500g) | | Javelin (400g) | |
| 45.85 | Alison Moffitt | 41.34 | Anita Kane | 32.66 | Sarah Newell | 31.28 | Caroline Oakes | 23.71 | Kate Fenlon |
| 35.43 | Elleana Hull | 37.85 | Elleana Hull | 31.31 | Sophie Cree | 28.25 | Amy Kimber | 22.10 | Hannah Lawden |
| 34.09 | Sarah Connolly | 36.16 | Andrea Ramage | 29.16 | Amy Kimber | 25.21 | Sophie Cree | 21.42 | Morgan Wilson |
| 32.22 | Janine Munnis | 35.74 | Claire Barrett | 26.65 | Shoshannah Hull | 23.39 | Elleana Hull | 20.67 | Katie Kimber |
| 31.44 | Leslie Jeffers | 29.61 | Caroline Oakes | 25.70 | Ellean Hull | 21.90 | Katie Kimber | 20.04 | Amy Kimber |
| 30.30 | Eva Massey | 29.60 | Sarah Connolly | 20.49 | Beth Wilson | 17.42 | Holly Brannigan | 19.57 | Caroline Oakes |
| 29.60 | Janine Munnis | 29.19 | Danielle Oliver | 19.57 | Megan Drummond | 14.98 | Beth Hammond | 18.88 | Danielle Oliver |
| 29.36 | Gillian Winters | 29.16 | Janine Munnis | 18.57 | Holly Brannigan | 14.19 | Rebecca Webb | 16.94 | Sophie Cree |
| 25.40 | Katie Hewitt | 26.91 | Katie Hewitt | 18.11 | Faye Nixon | 13.49 | Erin Kennedy | 16.65 | Natasha Paxton |
| 20.64 | Laura Saulters | 26.00 | Beth Wilson | 15.69 | Mollie Brown | 13.08 | Beth Crosbie | 15.86 | Niamh Fenlon |
| | | | Sophie Cree | 15.61 | Emma Stockton | 12.42 | Rachel McCann | 15.32 | Katie Hewitt |
| | | 24.36 | Francesca Brown | | | 12.26 | Kate McCann | 15.13 | Megan Simpson |
| | | | | | | | | 14.96 | Claire Briggs |
| | | | | | | | | 14.92 | Megan Drummond |
| | | | | | | | | 14.64 | Jessica McCreery |
| | | | | | | | | 14.37 | Louise Atkinson |

Denotes performances in 2018

Last Update 11.09.2018

NDAC Top Female Outdoor T&F Performances

Senior

Combined events

HEPTATHLON

4837 Sarah Connolly
3554 Alison Moffitt
3365 Clare Robinson

U20

Combined events

HEPTATHLON

4463 Sarah Connolly
3728 Katie Hewitt
3526 Clare Robinson

U17

Combined events

PENTATHLON

3437 Katie Hewitt
2759 Sarah Connolly
2443 Clare Robinson
1955 Kirsty O'Neill
1914 Elleana Hull

HEPTATHLON

3962 Gayle Connery
3920 Andrea Ramage
3916 Alison Moffitt
3758 Sarah Connolly
3504 Katie Hewitt
3303 Megan Drummond
3301 Sophie Reynolds
3214 Caroline Horne
3162 Sarah McGuigan
3080 Colette Barclay
3003 Elleana Hull
2612 Toni Francis
2606 Clare Robinson
2556 Lauren Hamilton

U15

Combined events

PENTATHLON

2720 Hannah Lewis
2514 Katie Hewitt
2322 Holly Brannigan
2259 Rose McGreevy
2196 Lauren Hamilton
2177 Erin Mullan
2117 Caroline Oakes
2106 Clare Robinson
2092 Kerrie Craig
2074 Sophie Hoey
1750 Katrina Oakes
1690 Claire Hooks
1634 Toni Francis
1599 Katie Kimber
1505 Alex Catherwood

HEPTATHLON

4042 Andrea Ramage
3941 Gillian Downing
3714 Lisa Kane
3497 Sarah McGuigan
3424 Michelle Rogan
3183 Sharon Magowan
3101 Caroline Horne

U13

Combined events

PENTATHLON

1895 Niamh Fenlon
1877 Rose McGreevy
1818 Danielle Oliver
1789 Elleana Hull
1755 Murphy Miller
1709 Katie Kimber
1544 Anna Cousins
1531 Alex Catherwood
1527 Lucy Cheatley
1503 Clare Robinson

HEPTATHLON

3889 Andrea Ramage
3328 Alison Moffitt
3183 Sharon Magowan
3057 Lisa Kane
3060 Pauline Hunter
2582 Julie Carlisle
2551 Elaine McClelland
2546 Caroline Horne
2424 Michelle Rogan
2364 Janet Davis-Jones

NDAC Top Female Outdoor T&F Performances

Previous weight specifications

U17 Shot putt (4kg)

| | |
|-------|---------------------|
| 11.94 | Eva Massey |
| 11.65 | Alison Moffitt |
| 11.27 | Lisa Kane |
| 11.20 | Anita Kane |
| 11.05 | Beth Wilson |
| 10.92 | Jacqueline Crawford |
| 9.26 | Andrea Ramage |
| 8.80 | Kathy Hetherington |
| 8.76 | Laurraine Finlay |
| 8.70 | Caroline Oakes |
| 7.71 | Elleana Hull |
| 7.34 | Sarah Connolly |

U15 Shot putt (3.25kg)

| | |
|-------|---------------------|
| 12.33 | Lisa Kane |
| 11.61 | Alison Moffitt |
| 11.15 | Louise Atkinson |
| 10.92 | Eva Massey |
| 10.80 | Anita Kane |
| 10.55 | Andrea Ramage |
| 10.50 | Jacqueline Crawford |
| 9.94 | Kathy Hetherington |
| 9.53 | Sarah Patterson |
| 9.38 | Beth Wilson |
| 8.75 | Laurraine Finlay |
| 8.71 | Natalie O'Neill |

U13 Shot putt (3.25kg)

| | |
|-------|---------------------|
| 10.14 | Lisa Kane |
| 9.83 | Alison Moffitt |
| 9.80 | Jacqueline Crawford |
| | Andrea Ramage |
| 8.16 | Natalie O'Neill |
| 7.76 | Eva Massey |
| 7.45 | Leanne McDaid |
| 7.32 | Louise Atkinson |
| 7.31 | Pauline Hunter |
| 7.14 | Anita Kane |
| 7.04 | Caroline Horne |

U17 Hammer (4kg)

| | |
|-------|--------------------|
| 23.77 | Caroline Oakes |
| 20.28 | Sarah Patterson |
| 20.24 | Catherine Jaffrey |
| 18.82 | Elleana Hull |
| 17.48 | Beth Wilson |
| 16.33 | Kathy Hetherington |
| 15.87 | Sarah Hull |
| 14.95 | Emma Stockton |
| 13.07 | Katrina Oakes |

U15 Hammer (3.25kg)

| | |
|-------|-----------------|
| 23.04 | Claire Hooks |
| 21.70 | Lauren Hamilton |
| 17.75 | Sarah Hull |

U13 Discus (1kg)

| | |
|-------|---------------------|
| 30.30 | Lisa Kane |
| 30.02 | Alison Moffitt |
| 25.88 | Jacqueline Crawford |
| 24.40 | Anita Kane |
| 22.83 | Louise Atkinson |
| 18.80 | Natalie O'Neill |
| 18.78 | Eva Massey |
| 18.66 | Andrea Ramage |
| 17.00 | Edith Kelly |

Senior Javelin (600g)

Old 600g specification

49.10 Alison Moffitt (NI Record)

U17 Javelin (600g)

| | |
|-------|----------------------------|
| 45.46 | Alison Moffitt (NI Record) |
| 39.06 | Anita Kane |
| 36.16 | Andrea Ramage |
| 34.51 | Caroline Oakes |
| 33.78 | Jacqueline Crawford |
| 33.45 | Lisa Kane |
| 32.14 | Gillian Winters |
| 31.39 | Sarah Newell |
| 29.97 | Sophie Cree |
| 29.90 | Eva Massey |

U15 Javelin (600g)

| | |
|-------|---------------------|
| 38.94 | Alison Moffitt |
| 38.56 | Anita Kane |
| 36.78 | Lisa Kane |
| 35.88 | Andrea Ramage |
| 32.66 | Sarah Newell |
| 30.16 | Naomi Wayne-Barrett |
| 29.54 | Gillian Winters |
| 29.15 | Caroline Oakes |
| 27.86 | Jacqueline Crawford |
| 26.80 | Eva Massey |

U13 Javelin

| | |
|-------|-----------------|
| | 500g |
| 33.02 | Lisa Kane |
| 31.92 | Andrea Ramage |
| 22.43 | Sophie Cree |
| | 600g |
| 32.50 | Andrea Ramage |
| 31.44 | Alison Moffitt |
| 29.02 | Lisa Kane |
| 26.08 | Gillian Winters |
| 25.92 | Anita Kane |