

North Down AC T&F Records (Indoors)

Senior Men

60m	6.92	Andrew Mellon
200m	21.76	Aaron Sexton (U20)
400m	47.49	Andrew Mellon
800m	1:51.55	Mark Patterson
1500m	3:53.71	Niall Robinson
3000m	7:59.11	Jordan Ne28
60mH (3'6")	7.73	Ben Reynolds
High jump	2.00	Darragh Murphy (U20)
Pole vault	4.70	Tom Reynolds
Long jump	7.06	Alan Kennedy
Triple Jump	14.98	Alan Kennedy
Shot (7.26kg)	14.67	Jeremy Harper
Pentathlon	3568	Tom Reynolds
Heptathlon	5260	Tom Reynolds

Senior Women

60m	7.55	Amy Foster
200m	24.73	Amy Foster (U20)
400m	58.90	Rachel McCann (U17)
800m	2:15.56	Rachel Gibson
1500m	4:32.23	Rachel Gibson
3000m	10:00.05	Lauren Scott
60mH (2'9")	8.90	Sarah Connolly
High jump	1.76	Sarah Connolly
Pole vault	3.90	Sarah Semeraro
Long jump	5.95	Hannah Lewis
Triple Jump	11.58	Laura Saulters
Shot (4kg)	16.32	Eva Massey
Pentathlon	3760	Sarah Connolly

U20 Men

60m	7.06	Aaron Sexton (U17)
200m	21.76	Aaron Sexton
400m	51.60	Mark Patterson
800m	1:55.19	Mark Patterson
1500m	4:03.80	Craig McMeechan
3000m	8:46.51	Jordan Neil
60mH (3'3")	7.93	Ben Reynolds
High jump	2.00	Darragh Murphy
		Ben Reynolds
Pole vault	4.40	Ben Reynolds
Long jump	6.85	Ben Reynolds
Triple Jump	13.47	Brendan Goss
Shot (6kg)	12.56	Ben Reynolds
Heptathlon	5320	Ben Reynolds

U20 Women

60m	7.57	Amy Foster
200m	24.73	Amy Foster
400m	58.90	Rachel McCann (U17)
800m	2:16.51	Murphy Miller (U17)
1500m	5:00.16	Murphy Miller (U17)
60mH (2'9")	9.14	Sarah Connolly
400mH (2'6')	65.29	Katie Hewitt
High jump	1.63	Sarah Connolly
Long jump	5.68	Hannah Lewis
Triple Jump	10.21	Laura Saulters
Shot (4kg)	12.94	Eva Massey
Pentathlon	3137	Sarah Connolly

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U17 Men

60m	7.06	Aaron Sexton
200m	21.97	Aaron Sexton
400m	51.67	Kerrin Young
800m	2:03.60	Glen Willis
1500m	4:24.8	Glen Willis
60mH (3'0")	8.33	Ben Reynolds
High jump	2.00	Darragh Murphy
Pole vault	3.30	Patrick Campbell
Long jump	6.43	Troy McConville
Triple Jump	12.36	Brendan Goss
Shot (5kg)	14.10	Peter Glass
Pentathlon	3444	Ben Reynolds

U17 Women

60m	7.89	Amy Foster
200m	25.09	Amy Foster
300m	42.54	Kim Shaw
400m	58.90	Rachel McCann
800m	2:16.51	Murphy Miller
1500m	5:00.16	Murphy Miller
80mH (2'6")	9.07	Lyndsey Hayes
High jump	1.63	Sarah Connolly
Long jump	5.46	Hannah Lewis
Triple Jump	10.62	Katie Dickson
Shot (3kg)	10.67	Faye Nixon
Pentathlon	3191	Sarah Connolly

U15 Boys

60m	7.83	Oliver Wakefield
200m	23.23	Aaron Sexton
800m	2:08.91	Aaron Sexton
60mH (2'9")	8.49	Tom Reynolds
High jump	1.80	Darragh Murphy
Long jump	6.19	Troy McConville
Shot (4kg)	13.24	Peter Wickens
Pentathlon	3112	Troy McConville

U15 Girl

100m	8.13	Kiki Malomo-Paris
200m	26.24	Kathryn Colwell
800m	2:26.82	Murphy Miller
60mH (2'6")	9.64	Holly Brannigan
High jump	1.55	Kerrie Craig
		Alex Catherwood
Long jump	5.20	Hannah Lewis
Shot (3kg)	9.63	Lauraine Finlay
Pentathlon	3021	Hannah Lewis