

NDAC Top Male Indoor Performances

Senior			U20			U17			U15		
60m			60m			60m			60m		
6.92	Andrew Mellon	31.01.16	7.08	Gareth Gettingby	02.02.97	7.06	Aaron Sexton	12.03.16	7.83	Oliver Wakefield	04.03.12
6.93	Ben Reynolds	28.02.16	7.24	Ben Reynolds	06.03.09	7.4h	Ryan Kerr	19.02.06	7.91	Matthew Hamilton	05.04.08
7.02	Gareth Gettingby	27.01.01	7.56	Stuart Brown	26.01.08	7.41	Oliver Wakefield	10.01.15	8.11	Luke Adair	22.03.15
7.11	Curtis Woods	22.01.14	7.66	Michael Gaffney	23.01.16	7.51	Patrick Gregg	21.02.93	8.47	Jonny Moore	31.01.15
7.13	Tom Reynolds	14.12.11	8.03	Steven Conlon	24.01.10	7.62	Tom Reynolds	04.02.01	8.53	Michael McComb	07.02.09
7.15	Roger Sexton	27.01.91	8.08	Gareth Lyness	14.01.12		Matthew Hamilton	07.02.10			
7.17	Callum Hunter	13.12.15				7.75	Luke Adair	06.02.16			
7.20	Kenny Elliott	07.02.09				7.94	Gareth Gettingby	21.02.93			
7.23	Philip Browne	24.01.09				7.98	Jonny Moore	04.02.17			
7.41	Jason Blanc	22.01.06									
7.46	John Saulters	29.01.06									
7.48	Luke Reynolds	06.01.07									
	Alan Kennedy	21.01.17									
7.54	Stuart Brown	27.01.09									
7.88	Jeremy Harper	22.01.06									

Senior			U20			U17			U15		
200m			200m			200m			200m		
21.91	Curtis Woods	10.02.13	21.76	Aaron Sexton	29.01.17	21.97	Aaron Sexton	13.03.16	23.23	Aaron Sexton	13.12.14
22.58	Roger Sexton	27.01.91	23.40	Gareth Gettingby	24.03.96	24.04	Tom Reynolds	08.12.01	24.51	Troy McConville	10.12.16
22.83	Gareth Gettingby	27.01.01	24.33	Ben Reynolds	08.12.07	24.3	Ryan Kerr	19.02.06	26.0	Oliver Wakefield	16.11.13
22.91	Phil Browne	22.02.09	25.66	Gareth Lyness	03.03.12	24.33	Ben Reynolds	08.12.07			
23.01	John Saulters	18.02.06				24.43	Luke Reynolds	13.12.03			
23.16	Kenny Elliott	15.02.14				24.57	Issac Hart	13.03.16			
						24.59	Aaron Corbett	28.09.13			
						25.34	Luke Adair	07.02.16			
						25.8	Edward Sailes	19.02.06			
						26.22	Mark Widdowson	07.02.10			

Senior			U20			U17		
400m			400m			400m		
47.49	Andrew Mellon	28.02.16	51.60	Mark Patterson	14.03.09	51.67	Kerrin Young	25.02.95
48.89	Adam McComb	10.02.17	57.19	Gareth Lyness	03.03.12			
49.22	Curtis Woods	02.02.14						
50.59	John Saulters	25.02.06						
51.54	Thomas Patton	12.02.06						

Denotes performances in 2016/17 season

Last Update 03.04.17

NDAC Top Male Indoor Performances

Senior			U20			U17			U15		
800m			800m			800m			800m		
1:51.55	Mark Patterson	30.01.11	1:55.19	Mark Patterson	22.02.09	2:03.60	Glen Willis	20.02.11	2:08.91	Aaron Sexton	13.12.14
1:53.00	Michael Dyer	06.02.09	1:58.82	Niall Robinson	26.01.08	2:07.6	Mark Patterson	18.02.07	2:11.19	Troy McConville	10.12.16
1:56.00	Jordan Neill	06.02.09	1:59.26	Jordan Stokes	30.01.11	2:10.74	Niall Robinson	17.02.07	2:17.4	Glen Willis	07.02.09
2:00.40	John Saulters	06.02.10	2:16.62	Ciaran Farren	08.02.14	2:11.1	Jordan Stokes	27.01.08	2:25.86	Mark Patterson	15.02.04
2:01.00	Niall Robinson	13.02.10	2:17.10	Reece Simpson	06.02.16	2:13.75	Reece Simpson	23.03.14	2:39.4	Josh Lowry	18.02.06
2:01.43	James Budde	07.02.08				2:14.53	Ben Reynolds	08.12.07	2:43.8	Darren Kelly	18.02.06
						2:18.0	Luke Reynolds	13.12.03	2:46.4	Sam McKibben	07.02.09
						2:21.66	Aaron Corbett	28.09.13			
						2:22.0	Tom Reynolds	08.12.01			
						2:24.4	Richard Thompson	14.02.04			
						2:24.91	Isaac Hart	04.02.17			

Senior			U20		
1000m			1000m		
2:34.57	Michael Dyer	14.02.06	2:51.90	Ben Reynolds	08.03.09
2:50.48	Tom Reynolds	08.01.12			

Senior			U20			U17		
1500m			1500m			1500m		
3:53.71	Niall Robinson	19.02.11	4:06.15	John Carlisle	26.01.08	4:24.8	Glen Willis	05.03.11
4:00.83	Michael Dyer	19.02.17	4:08.34	Jordan Stokes	19.02.11	4:26.19	Reece Simpson	22.03.15
4:01.96	James Budde	27.01.08	4:12.42	Jordan Neil	17.02.07			
4:03.8	Jordan Stokes	03.02.13	4:43.0	Michael Patterson	15.03.08			
4:07.58	Francis Marsh (M40)	18.02.06						
4:08.91	John Carlisle	07.02.09						
4:14.3	Mark Patterson	22.02.14						

Senior		
1 Mile		
4:09.62	Jordan Neil	26.02.11
4:12.52	Michael Dyer	27.02.10

Denotes performances in 2016/17 season

Last Update 03.04.17

NDAC Top Male Indoor Performances

Senior

3000m

7:59.11 Jordan Neil 05.03.11

U20

3000m

8:46.51 Jordan Neil 09.02.08
9:10.7 Jordan Stokes 08.12.10

Senior

60mH (3'6")

7.73 Ben Reynolds 28.02.16
8.04 Ben Reynolds (U20) 08.02.09
8.31 Tom Reynolds 14.12.11
8.38 Luke Reynolds 16.02.08
8.40 Peter Glass (U20) 18.02.07

U20

60mH (3'3")

7.93 Ben Reynolds 14.02.09

U18 (3'0")
8.41 Luke Reynolds 11.12.04
8.42 Tom Reynolds 13.12.03
8.62 Ben Reynolds 09.12.06

U17

60mH (3'0")

8.33 Ben Reynolds 08.12.07
8.66 Tom Reynolds 04.02.01
8.73 Oliver Wakefield 01.02.15
9.27 Aaron Corbett 28.09.13

U15

60mH (2'9")

8.49 Tom Reynolds 11.12.99
8.90 Troy McConville 12.11.16
8.93 Aaron Sexton 15.11.14
9.36 Oliver Wakefield 11.02.12
10.23 Zac Moraghan 05.02.17
10.72 Curtis Mullan 15.02.04

Senior

High Jump

1.95 Eugene Fusco 24.02.91
1.91 Brendan McConville 06.03.05
1.90 David Robb 20.04.05
1.86 Tom Reynolds 14.12.11

U20

High Jump

2.00 Darragh Murphy 27.01.91
Ben Reynolds 27.01.08
1.85 David Robb 09.02.03
1.70 Stephen Loughlin 08.01.11

U17

High Jump

2.00 Darragh Murphy 24.02.91
1.75 Brendan McConville 04.02.95

U15

High Jump

1.80 Darragh Murphy 21.02.88

Senior

Pole Vault

4.70 Tom Reynolds 19.02.11
4.60 Brendan McConville 14.02.04
4.40 Mike Bull (M40) 17.03.91

U20

Pole Vault

4.40 Ben Reynolds 08.03.09
3.65 Michael McConkey 15.02.03
3.50 Patrick Campbell 02.02.97
3.45 Tom Reynolds 15.02.03
3.40 Brendan McConville 02.02.97

U17

Pole Vault

3.30 Patrick Campbell 03.02.96

NDAC Top Male Indoor Performances

Senior

Long Jump

7.06	Alan Kennedy	11.02.12
6.94	Tom Reynolds	07.01.12
6.54	Philip Browne	25.02.06
6.28	Jason Blanc	22.01.06

U20

Long Jump

6.85	Ben Reynolds	08.02.09
6.32	Gareth Gettingby	12.02.95
6.26	Oliver Wakefield	12.03.16
5.85	Philip Browne	15.02.03
5.73	Scott McCauley	06.02.05
5.63	Gareth Lyness	14.01.12
5.45	Stephen Loughlin	08.01.11

U17

Long Jump

6.41	Ben Reynolds	08.12.07
6.31	Tom Reynolds	08.12.01
6.21	Peter Glass	11.12.04
6.10	David Ritchie	24.02.91
5.99	Oliver Wakefield	31.01.15
5.96	Patrick Gregg	06.02.94
5.76	Aaron Corbett	28.09.13
5.69	Jonny Moore	04.02.17
5.65	Luke Reynolds	13.12.03
5.59	Darragh Murphy	19.02.89
5.47	Gareth Gettingby	21.02.93
5.37	Matthew Hamilton	07.02.10

U15

Long Jump

6.19	Troy McConville	10.12.16
5.86	Oliver Wakefield	16.11.13
5.32	Aaron Sexton	13.12.14
5.21	Matthew Hamilton	06.04.08
4.44	Jonny Moore	06.02.16

Senior

Triple Jump

14.98	Alan Kennedy	11.02.12
13.94	Paul Curran	14.02.04
13.57	Eugene Fusco	24.02.91
13.33	Callum Hunter	11.01.15
12.94	Tom Reynolds	14.02.07

U20

Triple Jump

13.47	Brendan Goss	31.01.99
12.44	Scott McCauley	06.02.05

U17

Triple Jump

12.36	Brendan Goss	02.02.97
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NDAC Top Male Indoor Performances

Senior	U20	U17	U15
Shot putt (7.26kg)	Shot putt (6kg)	Shot putt (5kg)	Shot putt (4kg)
14.67 Jeremy Harper 18.02.07	12.56 Ben Reynolds 07.03.09	14.10 Peter Glass 11.12.04	13.24 Peter Wickens 15.02.04
12.82 Tom Reynolds 05.02.11	12.44 Richard Lockhart 06.02.05	13.08 Ben Reynolds 08.12.07	10.20 Troy McConville 10.12.16
11.23 Richard Lockhart 21.02.07		12.33 Matthew Martin 07.02.10	9.20 Oliver Wakefield 16.11.13
10.79 Mike Bull (M40) 24.02.91		12.19 Tom Reynolds 08.12.01	Aaron Sexton 13.12.14
	5kg	10.90 Luke Reynolds 12.12.03	8.86 Conor McGrattan 18.02.06
	13.55 Matthew Martin 05.03.11	10.55 Aaron Corbett 28.09.13	8.17 Karl Brown 15.02.04
		4kg	
		10.00 Andrew Kennedy 12.02.12	
		9.31 Pierce Clarke 20.02.11	
		8.92 Niall McGrattan 20.02.11	
Senior	U20	U17	U15
Combined events	Combined events	Combined events	Combined events
PENTATHLON	PENTATHLON	PENTATHLON	PENTATHLON
3568 Tom Reynolds 05.02.11		3444 Ben Reynolds 08.12.07	3112 Troy McConville 10.12.16
		2811 Aaron Corbett 16.11.13	3026 Aaron Sexton 13.12.14
			2225 Oliver Wakefield 16.11.13
HEPTATHLON	HEPTATHLON		
5260 Tom Reynolds 08.01.12	5320 Ben Reynolds 08.03.09		