

## NDAC Top Male T&F Performances (Outdoors)

100m		100m		100m		100m		100m	
Senior		U20		U17		U15		U13	
10.7	Roger Sexton	10.75	Roger Sexton	10.86	Aaron Sexton	11.3	Ken Hooks	12.5	Oliver Wakefield
10.87	John Saulters	<b>10.77</b>	<b>Aaron Sexton</b>	10.9	Ken Hooks		Roger Sexton	12.7	Phillip Browne
10.9	Gareth Gettinby	10.8	Gareth Gettinby		Roger Sexton	11.37	Aaron Sexton	13.1	Barry Kelly
10.97	Adam McComb	10.97	Andrew Mellon	11.2	James Ringland	11.5	Mark Atkinson		James Kirkpatrick
	Andrew Mellon	11.0	Peter McPherson		Gareth Gettinby	11.6	John Blackman	13.2	Matthew Hamilton
11.0	Tom Reynolds		Patrick Gregg	11.3	William Burnside		James Ringland	13.24	Zac Moraghan
11.02	Curtis Woods	11.05	Callum Hunter		Philip Browne	11.7	Ken Woods	13.4	Gareth Gettinby
11.10	Philip Browne	11.1	Philip Browne		Patrick Gregg		Gavin Ellis	13.5	Roger Sexton
11.1	Barry Kelly	11.2	William Burnside		Matthew Hamilton	11.73	Oliver Wakefield		Mark Spottiswood
11.12	Peter Glass		Ben Reynolds	11.37	Aaron Blackmore	11.8	James Doherty		Mark Patterson
11.13	Kenny Elliot	11.41	Mark Armstrong	11.4	Peter McPherson	11.81	Matthew Hamilton		Callum Hunter
11.2	Stephen Enright	11.42	Ben Reynolds		Gavin Ellis	11.9	Paul Glover	13.6	Jack Campton
11.26	Brendan McConville	11.47	David Ritchie		Ryan Kerr	11.94	Mark Atkinson	13.7	Johnny Arthur
11.29	Andrew Graham	11.5	Mike Hewitt		Andrew Mellon	12.1	Aaron Corbett		Robert O'Neill
11.36	Ben Reynolds		Patrick McGrattan	11.76	Oliver Wakefield	12.12	Aaron Blackmore		Michael McComb
11.4	Stuart Brown		Tom Reynolds	11.83	Ben Dempster	12.25	Jonathan Miller	13.73	Jonny Moore
11.52	Luke Reynolds	11.57	Matthew Hamilton	11.86	Mark Armstrong	12.28	Ben Dempster		
		11.82	Adan McComb	11.95	Michael Gaffney		James Doherty		
			James Hammond						

  

200m		200m		200m		200m		200m	
Senior		U20		U17		U15		U13	
21.5	Roger Sexton	<b>21.43</b>	<b>Aaron Sexton (NI Record)</b>	21.65	Aaron Sexton (NI Record)	22.9	William Burnside	26.5	Philip Browne
21.81	Curtis Woods	21.75	Roger Sexton	22.5	William Burnside	23.29	Aaron Sexton	26.74	Oliver Wakefield
21.97	Adam McComb	22.2	Gareth Gettinby	22.7	Roger Sexton	23.4	Ken Hooks	27.1	Roger Perrott
21.98	Andrew Mellon	22.5	William Burnside	22.95	Mark Armstrong	23.8	Gavin Ellis	27.7	Casey Blair
22.3	Kenny Elliott	22.57	Mark Armstrong	22.98	Aaron Blackmore		John Blackman	28.13	Zac Moraghan
22.36	John Saulters	22.8	Philip Browne	23.0	Ken Hooks	23.99	James Ringland	28.2	Richard Higginson
22.42	Gareth Gettinby	22.9	Peter McPherson	23.2	Gareth Gettinby	24.0	Philip Browne	28.29	Jonny Moore
22.50	Kenny Elliott	22.96	Patrick Gregg		Matthew Hamilton	24.09	Mark Atkinson	28.40	Aaron Sexton
22.72	Philip Browne	23.0	Mark Patterson	23.31	Andrew Mellon	24.1	James Doherty	<b>28.48</b>	<b>Felix Arran</b>
22.92	Tom Reynolds	23.29	Callum Hunter	23.4	John Blackman	24.16	Kerrin Young	28.8	Paul McAlinden
23.1	Stephen Enright	23.4	Tom Reynolds		Peter McPherson	24.36	Matthew Hamilton		Mark Patterson
23.3	Paul Fleming	23.41	James Hammond	23.46	Peter Glass	24.46	Jonathan Arthur	28.9	Michael McComb
23.5	Paul Curran	23.55	Richard Higginson	23.5	Kerrin Young	24.5	Paul Foster	29.0	Glen Trimble
23.53	Ben Reynolds	23.66	David Ritchie	<b>23.77</b>	<b>Isaac Hart</b>	24.52	Richard Kelly	29.01	Gareth Gettinby
23.58	Brendan McConville		Matthew Hamilton	23.8	James Hammond			29.1	Mark Armstrong
	Matthew Hamilton	23.7	Adam McComb	23.94	Aaron Corbett			29.18	Michael McComb

Denotes performances in 2017

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## NDAC Top Male T&F Performances (Outdoors)

<b>300m</b>	<b>300m</b>	<b>300m</b>	<b>300m</b>
<b>Senior</b>	<b>U20</b>	<b>U17</b>	<b>U15</b>
34.70 Curtis Woods	36.83 Andrew Mellon	36.12 Andrew Mellon	38.02 Aaron Sexton
36.0 John Saulters	39.47 Ben Dempster	37.00 Aaron Sexton	39.28 Aaron Blackmore
36.58 Kenny Elliot	40.53 Gareth Lyness	<b>38.77 Isaac Hart</b>	40.03 Luke Adair
37.08 Tom Reynolds	40.6 Josh Lowry	40.66 Glen Willis	41.19 Reece Corbett
38.33 Roger Sexton (M40)	40.95 Nial McGrattan	41.31 Luke Adair	41.71 Jakob Swann
38.37 Brendan McConville	<b>41.66 Reece Simpson</b>	42.70 Oscar Yandall	42.06 Stefan Yathindran
41.70 Lloyd Hannigan		<b>42.08 Scott Henry</b>	42.25 Josh Majury
42.35 Stephen Glass		42.98 Reece Corbett	<b>42.77 Ben Jenkins</b>
			43.65 Ben McCaughan
			44.07 Zac Moraghan
			45.89 Jonny Moore

  

<b>400m</b>	<b>400m</b>	<b>400m</b>	<b>400m</b>	<b>400m</b>
<b>Senior</b>	<b>U20</b>	<b>U17</b>	<b>U15</b>	<b>U13</b>
47.48 Andrew Mellon	47.93 Andrew Mellon	49.60 Aaron Sexton	52.6 Kerrin Young	61.6 James Kirkpatrick
47.61 Adam McComb	49.56 Mark Patterson	49.85 Andrew Mellon	55.18 Aaron Sexton	62.96 Paul Wilson
48.49 Curtis Woods	50.6 Roger Sexton	50.3 Ken Thompson	55.3 Chris Whelan	63.15 Casey Blair
49.31 John Saulters	51.0 William Burnside	51.5 Kerrin Young	55.57 James Kirkpatrick	66.9 Mark Patterson
49.48 Brendan McConville	51.12 Tom Reynolds	51.9 Paul Fleming	55.9 Paul Wilson	67.9 Robert Milling
49.84 Tom Reynolds	51.37 Adam McComb	52.0 William Burnside	56.56 James Ferguson	68.0 Gareth Davis-Jones
50.1 Michael Dyer	51.8 Brendan McConville	52.8 Roger Sexton	56.6 Matthew Heaney	68.9 Mark Magee
50.20 Kenny Elliott	52.3 Gareth Gettinby	53.10 Mark Patterson	James Doherty	70.0 Brendan McConville
50.4 Roger Sexton	52.4 Paul Fleming	53.2 Chris Whelan	56.63 Grant Montgomery	70.6 Steven Colwell
50.43 Paul Curran	52.45 Paul Curran	53.5 Glen Willis	56.7 Richard Hamilton	71.3 Neil Johnston
50.95 Mark Patterson	52.50 Mark Armstrong	53.6 Ken Woods	Andrew Mellon	
51.34 Peter Glass	52.72 Callum Hunter	<b>53.79 Isaac Hart</b>	56.8 Sean Crowther	No longer run at U13
52.18 Mark Weir	53.33 Gareth Lyness	53.80 Chris Whelan	57.18 Stewart Lemon	
	53.8 John Carlisle	53.9 Peter McPherson	57.2 John Blackman	
	<b>53.95 Reece Simpson</b>	54.02 Niall Robinson	57.26 Matthew Heaney	
		54.19 Aaron Blackmore		

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## NDAC Top Male T&F Performances (Outdoors)

800m		800m		800m		800m		800m	
Senior		U20		U17		U15		U13	
1:50.25	Michael Dyer	1:49.20	Mark Patterson	1:56.92	Mark Patterson	2:05.3	Sean Crowther	2.25.5	Sean Crowther
1:51.42	Mark Patterson	1:53.55	Niall Robinson	1:59.34	Niall Robinson	2:06.0	Gareth Davis-Jones	2.26.9	Mark Patterson
1:52.67	Niall Robinson	1:54.53	Jordan Neil	1:59.47	Glen Willis	2:07.0	Mark Weir	2.28.9	Scott Davidson
1:54.73	Jordan Neil	1:55.2	Michael Dyer	1:59.5	Sean Crowther		Peter Swann	2.29.5	Gareth Davis-Jones
1:55.5	James Budde	1:57.39	Jordan Stokes		Craig Blackman	2.08.95	Jakob Swann	2.30.0	Mark Weir
1:56.1	Jonathan Ross	1:58.21	John Carlisle	2:00.3	Mark Weir	2:11.7	Kerrin Young	2.30.06	Mark Armstrong
1:56.8	Geoffrey Weir	1:58.6	Mark Weir	2:02.3	Robin Brown	2:12.70	Grant Montgomery	2.30.7	James Budde
1:57.64	John Carlisle	<b>1:59.75</b>	<b>Craig McMeechan</b>	2:02.7	Stuart Harding	2:13.7	Tom Reynolds	2.30.9	James Kirkpatrick
1:57.7	John Saulters	2:00.70	Josh Lowry	2:02.87	Jordan Neil	2:14.13	Glen Willis	2.31.4	Andrew Massey
1:58.4	Francis Marsh	2:00.9	Tim Reid	2:04.52	Jordan Stokes	2:14.3	John Boyle	2.32.1	Matthew Neill
1:59.3	Mark Weir	2:01.2	Paul Curran	2:04.68	Craig McMeechan	2:14.6	Robin Brown		
1:59.4	Paul Curran	2:01.9	Gareth Davis-Jones	2:05.58	Reece Simpson				
2:00.00	Jordan Stokes	2:02.4	Thomas Welshman						
2:00.93	Robin Brown	2:02.6	Stuart Harding						

  

1500m		1500m		1500m		1500m		1500m	
Senior		U20		U17		U15		U13	
3:43.43	Jordan Neil	3:49.21	Jordan Neil	4:00.9	Ken Thompson	4:26.0	Mark Weir	4:53.95	James Budde
3:47.33	Michael Dyer	3:57.56	Mark Patterson	4:09.0	Geoffrey Weir	4:27.0	Ken Thompson	<b>4:59.91</b>	<b>Nathan Semple</b>
3:52.8	Niall Robinson	4:00.49	Niall Robinson	4:09:9	Jordan Neill	4:31.2	Peter Swann	4:59.9	Mark Armstrong
3:56.98	Jordan Stokes	4:03.0	John Carlisle	4:10:91	Glen Willis	4:31.7	Stuart Harding	5:00.85	Josh Lowry
3:57.34	Niall Robinson	4:03.70	Jordan Stokes	4:12.4	Chris Stewart	4:32.0	Gareth Davis-Jones	5:04:37	Brendan McConville
3:58.54	Francis Marsh	4:06.81	Craig McMeechan	4:13.3	Gareth Davis-Jones	4:33.78	Glen Willis	5:10.8	Gareth Freeman
3:59.54	James Budde	4:07.6	Michael Dyer	4:14:9	Niall Robinson	4:34.83	Chris Whelan	5:11.07	Charles McNutt
4:00.4	Mark Weir	4:10.0	Mark Weir	4:15.80	Craig McMeechan	4:34.91	Jakob Swann	5:12.18	John McNally
4:00.9	Geoffrey Weir	4:11.1	Thomas Welshman	4:15:94	Mark Patterson	4:35.2	Jordan Neill	5:13.95	Eoghan O'Callaghan
4:03.4	John Carlisle	4:12.0	Gareth Davis-Jones	4:19.0	Mark Weir	4:38.7	Alex Donald	5:14.72	Johnny McCracken
4:07.11	Robin Brown	4:14.5	Robin Brown	4:21.0	Robin Brown	4:42.0	Keith McClure	5:16.19	Aaron Sexton
		4:19.91	Josh Lowry	4:21.8	Stuart Harding	4:42.08	Robin Brown	5:17.2	Stuart Donald
		4:21.99	Paul Curran					5:17.27	Jude Dowey
								5:18.1	Alex Donald
								5:18.4	Michael Patterson

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## NDAC Top Male T&F Performances (Outdoors)

### 3000m

#### Senior

8:33.3 Jonathan Ross  
 8:44.4 Geoffrey Weir  
 8:45.03 Robin Brown  
 8:46.86 Michael Dyer  
 8:48.6 Ian Lyle  
 8:49.4 Francis Marsh  
 8:52.90 Niall Robinson  
 8:53.41 James Budde  
 8:54.9 Noel Munnis  
 8:58.95 Jordan Stokes  
 9:08.0 Peter Nugent  
 9:11.87 Dennis Scott  
 9:13.67 Stephen Wylie

### 3000m

#### U20

8:35.95 Craig McMeechan  
 8:36.26 Jordan Neil  
 9:12.2 Robin Brown  
 9:13.8 Michael Dyer  
 9:17.3 Chris Stewart  
 9:29.3 Mark Weir  
 9:37.4 Paul Curran  
 9:41.9 Stuart Donald  
 9:44.8 Michael Patterson  
 9:46.0 Jamie Stewart  
 9:51.0 James Budde  
 9:51.3 Alex Donald

### 3000m

#### U17

8:59.72 Craig McMeechan  
 9:03.8 Jordan Neill  
 9:27.2 Robin Brown  
 9:31.4 Stuart Harding  
 9:36.6 James Budde  
 9:39:0 Gareth Davis-Jones  
**9:39.57 Thomas Patterson**  
 9:42.3 Alex Donald  
 9:44:2 Paul Curran  
 9:47.56 Glen Willis  
 9:53.3 John Carlisle  
 10:03.59 Reece Simpson  
 10:04.2 Mark Patterson

### 3000m

#### U15

10:07.4 Jordan Neill  
 10:08.75 Jakob Swann  
 10:11.0 Chris Whelan  
 10:18.68 Glen Willis  
 10:29.2 Mark Montgomery  
 10:35.0 Alex Donald  
 10:36.7 Stuart Donald  
 10:38.3 Mark Patterson  
 10:39.85 Michael Patterson  
 10:43.6 Gareth Freeman  
**10:44.9 Adam Skelly**  
 10:46.5 Niall Robinson  
 10:47.5 James Budde

### 5000m

#### Senior

15:18.19 Robin Brown  
 15:28.2 Ian Lyle  
 15:29.05 Francis Marsh (M40)  
 15:30.6 Noel Munnis  
 15:51.2 Peter Nugent  
 15:54.79 Dennis Scott  
 16:15.68 Stephen Wylie  
 16:21.50 Brian Barron  
 16:22.7 Mark Weir  
 16:26.88 Alex Donald  
 16:27.9 George Bell  
 16:47.4 James Budde  
 17:08.25 Terry Eakin (M55)  
 17:11.4 Robert Wilson

### 5000m

#### U20

15:22.56 Jordan Neil  
 15:28.93 Craig McMeechan  
 15:49.8 Stuart Donald  
 16:15.9 Thomas Welshman  
 16:25.7 Chris Stewart  
 16:31.6 James Budde  
 16:53.5 Robin Brown  
 17:22.0 Mark Weir  
 17:56.5 Tim Reid  
 17:59.0 Gordon Montgomerie  
 18:25.54 Stuart Donald (U17)  
 19:07.9 Gavin Megaw (U17)

## NDAC Top Male T&F Performances (Outdoors)

### 10,000m

#### Senior

31:38.55 Noel Munnis  
32:38.0 Geoffrey Weir  
36:03.60 Terry Eakin (M50)  
39:52.6 David Seaton (M60)

### 3000m s'chase

#### Senior

9.36.94 Noel Munnis  
9:44.4 Ian Lyle  
9:53.9 Francis Marsh  
9:58.8 Chris Stewart  
10:02.35 James Budde  
10:07.8 Alex Donald  
10:18.98 Paul Curran (U20)  
10:23.2 John Quiery  
10:27.84 Gareth Davis-Jones (U20)  
10:41.3 Colin Smith (U20)  
10:41.82 Jordan Stokes (U20)  
10:47.82 Brian Barron

### 2000m s'chase

#### U20

6:15.6 Chris Stewart  
6:19.7 Gareth Davis-Jones  
6:21.4 Alex Donald  
6:34.59 Paul Curran  
6:49.5 Michael Patterson  
6:50.11 Alex Donald (U17)  
6:59.4 Colin Smith  
7:00.11 James Budde  
7:01.1 Jamie Stewart  
7:05.24 Corey Brown  
7:10.0 Brian Barron

### 1500m s'chase

#### U17

4:32.0 Gareth Davis-Jones  
4:33.0 Chris Stewart  
4:50.7 Stuart Harding  
4:51.45 Alex Donald  
4:52.4 Paul Curran  
4:52.52 Michael Patterson  
4:57.6 James Budde  
5:01.26 Jordan Neil  
5:04:3 Stuart Donald  
5:05.0 Mark Weir  
5:08.3 Sean Crowther  
5:09.33 Glen Willis

## NDAC Top Male T&F Performances (Outdoors)

Senior		U20		U17		U15		U13	
110mH (3'6")		110mH (3'3")		100mH (3'0")		80mH (2'9")		75mH (2'6")	
13.48	Ben Reynolds (NI Record)	13.71	Ben Reynolds (NI Record)	13.4	Ben Reynolds	11.7	Tom Reynolds	<b>12.38</b>	<b>Lexx McConville</b>
14.54	Tom Reynolds	14.83	Peter Glass		Peter Glass	11.74	Peter Glass	12.4	Philip Browne
14.72	Luke Reynolds	15.1	Tom Reynolds	13.7	Luke Reynolds	11.8	Shaun Tinman	12.5	Tom Reynolds
14.76	Peter Glass	15.28	Luke Reynolds	13.84	Philip Browne	11.82	Philip Browne	12.54	Zac Moraghan
14.83	Brendan McConville	15.94	Scott McCauley	<b>13.99</b>	<b>Troy McConville</b>	11.9	Luke Reynolds	12.6	Luke Reynolds
16.05	Tom Patton	16.0	David Tughan	14.0	Tom Reynolds	<b>12.07</b>	<b>Zac Moraghan</b>		Oliver Wakefield
16.1	Mike Bull	16.1	Brendan McConville	14.6	Karl Brown	12.08	Kerrin Young	12.8	Ben Reynolds
16.3	Paul Curran	16.3	Paul Curran	14.7	Kerrin Young	12.09	Shaun Tinman	13.18	Oliver Wakefield
16.56	Callum Hunter (U20)	16.5	Philip Browne		Shaun Tinman	12.2	Barry Kelly	13.3	James Kirkpatrick
16.64	Phil Browne (U20)	16.53	Callum Hunter	14.8	Barry Kelly	12.3	Karl Brown	13.33	Steven Colwell
16.7	David Tughan	16.6	Barry Kelly		Scott McCauley	12.33	Steven Colwell	13.6	David Perry
		17.0	Michel McConkey		Callum Hunter	12.4	Callum Hunter	13.8	Karl Brown
				14.88	Oliver Wakefield	12.5	Steven Gardiner	14.0	James Hunter
						12.64	Oliver Wakefield	14.37	Jack Campton
						12.7	Scott McCauley	14.4	Callum Hunter
						12.73	Aaron Sexton		

Senior		U20		U17		U15	
400mH (3'0")		400mH (3'0")		400mH (2'9")		400mH (2'6")	
52.70	Tom Patton	56.2	Kerrin Young (U17)	54.8	Kerrin Young	65.27	Matthew Heaney
54.30	Peter Glass	58.6	James Niblock	60.75	Peter Glass	72.3	Peter Wickens
55.65	Brendan McConville	59.8	Kerrin Young	60.85	Grant Montgomery	81.3	Curtis Mullan
56.6	Paul Curran	61.43	Callum Hunter	62.7	Matthew Heaney		
57.47	Tom Reynolds	61.74	Gareth Lyness	64.4	Brendan McConville	No longer run at U15	
57.76	Kenny Elliott	62.1	Barry Kelly	66.7	Alex Donald		
60.38	James Budde	62.5	Tom Reynolds	68.1	Curtis Mullan		
62.35	Alex Donald	62.8	Stuart Wilson	68.90	Richard Gordon		
62.88	Kris Lockhart	62.9	David Weir	68.99	Peter Speers		
65.4	Stuart Wilson	63.9	Brendan McConville		Sam Rutherford (U15)		
66.09	Francis Marsh	64.68	Stuart Harding (U17)	69.02	Ciaran Farren		
67.4	Stuart Donald	64.89	Gareth Davis Jones (U17)	69.43	Scott McCauley		
69.07	Richard Lockhart	65.32	Peter Speers				
		66.08	Luke Reynolds (U17)				

## NDAC Top Male T&F Performances (Outdoors)

### Senior

#### High Jump

2.05 Darragh Murphy  
 2.03 Brendan McConville  
 2.02 Peter Glass  
 2.00 Ben Reynolds  
 1.97 Paul Curran  
 1.95 Eugene Fusco  
 1.93 David Robb  
 1.88 Mike Bull  
 1.86 Tom Reynolds  
 1.85 Evan Wright

### U20

#### High Jump

2.11 Darragh Murphy (NI Record)  
 2.07 Ben Reynolds  
 2.02 Brendan McConville  
 2.00 David Robb  
 1.95 Paul Curran  
 Peter Glass  
 1.85 David McEvoy  
 1.82 Jonathan Kirk  
 1.80 Matthew Martin  
 Callum Hunter  
 1.77 Tom Reynolds  
 1.70 Nico Espana  
 Oliver Wakefield

### U17

#### High Jump

2.04 Darragh Murphy  
 1.95 Ben Reynolds  
 1.93 Peter Glass  
 1.90 David Robb  
**Troy McConville**  
 1.80 Greg Savage  
 Brendan McConville  
 1.77 Philip Gray  
 1.76 Richard Wilson  
 Mark Burton  
 1.75 Keith Mulligan  
 Michael McConkey  
 Kerrin Young  
 Jonathan Kirk  
 1.74 Nico Espana  
 1.73 Stephen Loughlin

### U15

#### High Jump

1.86 Darragh Murphy  
 1.83 Steven Gardiner  
 Troy McConville  
 1.75 Keith Matthews  
 1.71 Kerrin Young  
 1.70 Brendan McConville  
 1.66 Aaron Sexton  
 1.65 David Robb  
 1.64 Oliver Wakefield  
 1.61 Tom Reynolds  
 1.60 Greg Savage  
 Richard Wilson  
 Paul Coey  
 Luke Reynolds  
 Courtney Marsh  
 Matthew Heaney  
 Callum Hunter  
 Max Clarke

### U13

#### High Jump

**1.60 Lexx McConville**  
 1.51 Ben Reynolds  
 1.46 Brendan McConville  
 1.45 Darragh Murphy  
 Oliver Wakefield  
 1.41 Troy McConville  
 1.40 Richard Kelly  
 1.39 Michael McWilliams  
 1.38 Andrew McIlvenny  
 1.36 Neil O'Driscoll  
 1.35 Michael Connors  
 James Hunter  
 Charles McNutt  
 Jonny Moore  
 Finn Ritchie  
 1.33 Philip Browne

### Senior

#### Pole Vault

5.05 Mike Bull  
 4.80 Brendan McConville  
 Peter Glass  
 4.60 Tom Reynolds  
 3.70 Ben Reynolds  
 3.30 Paul Curran  
 3.00 Patrick Campbell  
 2.80 Stephen Enright  
 2.80 Eugene Fusco

### U20

#### Pole Vault

4.15 Brendan McConville  
 4.10 Patrick Campbell  
 3.80 Michael McConkey  
 Peter Glass  
 3.70 Ben Reynolds  
 3.60 Tom Reynolds  
 3.00 Paul Curran  
 Luke Reynolds  
 Callum Hunter

### U17

#### Pole Vault

4.00 Ben Reynolds  
 3.80 Luke Reynolds  
 Patrick Campbell  
 3.50 Peter Abernathey  
 3.30 Stephen Loughlin  
 3.20 Michael McConkey  
 3.10 Tom Reynolds  
 2.90 Jonathan Kirk  
 2.80 Brendan McConville  
 2.60 Michael Connors

### U15

3.01 Ben Reynolds  
 2.90 Peter Abernathey  
 2.60 Tom Reynolds  
 2.13 Keith Beattie



## NDAC Top Male T&F Performances (Outdoors)

Senior	U20	U17	U15	U13
<b>Long Jump</b>	<b>Long Jump</b>	<b>Long Jump</b>	<b>Long Jump</b>	<b>Long Jump</b>
7.14 Tom Reynolds	6.80 Peter Glass	6.43 Ben Reynolds	6.21 Tom Reynolds	4.99 Oliver Wakefield
7.07 Alan Kennedy	6.73 Ben Reynolds	6.41 Peter Glass	6.09 Oliver Wakefield	4.93 Philip Browne
7.04 Peter Glass	6.65 Keith Eskdale	6.24 Philip Browne	5.91 Patrick Gregg	4.87 Ben Reynolds
6.85 Brendan McConville	6.62 Jason Blanc	6.23 Tom Reynolds	5.84 Darragh Murphy	4.84 Darragh Murphy
6.82 Mike Bull	6.61 Philip Browne	6.16 Matthew Heaney	5.78 Philip Browne	4.78 David Robb
6.80 Paul Curran	6.59 Paul Curran	<b>6.15 Troy McConville</b>	5.74 Troy McConville	4.73 Matthew Hamilton
6.66 Eugene Fusco	6.47 Callum Hunter	6.11 Callum Hunter	5.68 Aaron Corbett	4.65 James Kirkpatrick
6.62 Jason Blanc	6.45 Tom Reynolds	6.10 Gareth Gettinby	5.60 Callum Hunter	4.62 David Perry
6.61 Philip Browne	Oliver Wakefield	Mark McClean	5.54 Barry Kelly	<b>Lexx McConville</b>
6.60 Neil McArdle	6.37 Patrick Gregg	6.06 Patrick Gregg	5.52 Peter McPherson	4.61 Michael McWilliams
6.39 Ben Reynolds	6.33 David McEvoy	Oliver Wakefield	5.51 James Kirkpatrick	4.60 Gareth Gettinby
	6.32 Gareth Gettinby	6.00 David Ritchie	5.40 Matthew Heaney	Roger Perrott
		5.98 Eugene Fusco	5.34 Ken Hooks	4.55 Jonny Moore
		5.91 Aaron Corbett	5.34 Jason Blanc	4.53 Micheal McComb
				4.50 Ben Stevenson

Senior	U20	U17	U15	U13
<b>Triple Jump</b>	<b>Triple Jump</b>	<b>Triple Jump</b>	<b>Triple Jump</b>	<b>Triple Jump</b>
14.90 Alan Kennedy	13.66 Paul Curran	13.35 Brendan Goss	11.80 Darragh Murphy	9.91 Darragh Murphy
14.39 Paul Curran	13.41 Brendan Goss	13.19 Scott McCauley	11.51 Mark Burton	8.78 Steven Colwell
14.23 Callum Hunter	13.36 Peter Glass	12.95 Mark Burton	11.50 Paul Cushenham	8.67 Michael Connors
13.81 Eugene Fusco	13.24 Callum Hunter	12.69 Andrew Kane	11.45 Roger Perrott	8.33 Richard Kelly
13.38 Neil McArdle	13.12 Scott McCauley	12.66 Gavin Gordon	11.37 Callum Huter	7.93 Stephen Barr
13.02 Tom Reynolds	13.05 Darragh Murphy	12.61 Mark McClean	11.34 Steven Gardiner	
12.00 Peter Glass	13.04 Philip Browne	12.45 Ian Jamison	11.33 Mark Atkinson	
11.98 Philip Browne	12.95 Eugene Fusco	12.40 Brendan McConville	11.26 Shaun Tinman	
11.94 Brendan McConville	12.73 Ian Jamison	12.28 Tom Reynolds	11.20 Johnny Baxter	
11.54 Patrick Gregg	12.65 Gavin Gordon	12.27 Mark McClean	11.16 Jason Blanc	
11.18 Alex Donald	12.51 Jason Stevenson	<b>12.13 Troy McConville</b>	11.10 Philip Browne	
11.11 Jason Blanc		11.97 Stephen Loughlin	11.02 Tom Reynolds	
			10.95 James Ringland	



## NDAC Top Male T&F Performances (Outdoors)

Senior	U20	U17	U15	U13
<b>Shot putt (7.26kg)</b>	<b>Shot putt (6kg)</b>	<b>Shot putt (5kg)</b>	<b>Shot putt (4kg)</b>	<b>Shot putt (3.25kg)</b>
14.86 Peter Glass	15.39 Jeremy Harper	14.48 Matthew Martin	13.56 Peter Wickens	10.07 James Kirkpatrick
14.44 Michael McConkey	13.69 Peter Glass	14.20 Peter Glass	13.28 Jonathan Kingsberry	9.94 Tom Reynolds
14.32 Jeremy Harper	13.58 Michael McConkey	13.96 Mark Pielou	13.20 Keith Matthews	9.14 Richard Kelly
13.36 Tom Reynolds	13.25 Tom Reynolds	13.61 Jeremy Harper	12.22 Michael McConkey	<b>8.90 Lexx McConville</b>
13.14 Mike Bull	12.93 Ben Worthington	13.04 Michael McConkey	12.21 Richard Kelly	8.83 Gareth Irvine
13.00 Brendan McConville	12.79 Ben Reynolds	12.82 Jonathan Kingsberry	12.07 James Kirkpatrick	8.82 Niall McGrattan
12.31 Ben Worthington (U20)	12.61 Richard Lockhart	12.71 Ben Reynolds	11.60 Ben Worthington	8.80 David Cooke
11.63 David Robb	11.21 Darragh McDonald	12.60 Tom Reynolds	11.53 David Cooke	8.61 Matthew Crowther
11.53 Matthew Martin (U20)	10.85 Ben McDonell	12.21 Peter Wickens	11.15 Louis Atkinson	8.56 Ben Reynolds
11.52 Patrick McGrattan		11.89 Richard Lockhart	10.96 Andrew Kennedy	8.36 Michael McConkey
11.33 Richard Lockhart (U20)		11.62 Darragh McDonald	10.84 Matthew Crowther	8.30 Karl Brown
11.20 Mark Pielou		11.29 Matthew Crowther	10.43 Michael Gaffney	Oliver Wakefield
11.01 Ian McMullan				8.26 Sam Rutherford

Senior	U20	U17	U15	U13
<b>Discus (2kg)</b>	<b>Discus (1.75kg)</b>	<b>Discus (1.5kg)</b>	<b>Discus (1.25kg)</b>	<b>Discus (1kg)</b>
51.48 Jeremy Harper	48.85 Jeremy Harper	45.94 David Keys	42.02 David Keys	29.52 James Kirkpatrick
45.55 Peter Glass	45.59 Gareth Irvine	45.31 Gareth Irvine	41.25 Gareth Irvine	25.04 Tom Reynolds
42.78 Ian McMullan	41.73 David Keys	43.64 Jeremy Harper	39.80 Tom Reynolds	23.45 Gareth Irvine
39.02 David Keys (U20)	39.74 Peter Glass	42.25 Michael McConkey	38.50 Jonathan Kingsberry	22.85 Philip Brown
38.82 Tom Reynolds	37.89 Tom Reynolds	39.35 Aaron Stirling	37.98 Michael McConkey	22.83 Louis Atkinson
38.16 Mike Bull	37.20 Ben Worthington	38.89 Peter Glass	36.91 James Kirkpatrick	<b>21.45 Lexx McConville</b>
37.78 Michael McConkey	37.11 Michael McConkey	37.59 Joe Kingsberry	34.99 Aaron Stirling	21.32 Michael McConkey
37.37 Brendan McConville	36.22 Ben Reynolds	35.85 Ben Worthington	33.42 Louis Atkinson	21.00 Michael Dorrian
35.52 Paul Curran	34.63 Joe Kingsberry	35.55 Josh Close	32.78 Peter Wickens	<b>20.60 Flynn Longstaff</b>
32.93 Ben Worthington (U20)	34.10 Mark Pielou	35.30 Richard Lockhart	31.90 Neill Kelly	19.84 Matthew Wilson
32.16 Aaron Stirling (U17)	32.59 Aaron Stirling	35.01 Ben Reynolds		19.30 Ben Reynolds
31.94 Scott Kirkpatrick (U17)	31.92 Ben McConnell			19.13 Oliver Wakefield
31.07 Richard Lockhart (U20)	30.84 Kurt Simpson			
30.90 Ben Reynolds (U20)	30.40 Paul Curran			

## NDAC Top Male T&F Performances (Outdoors)

Senior		U20		U17		U15	
Hammer (7.26kg)		Hammer (6kg)		Hammer (5kg)		Hammer (4kg)	
46.45	Richard Lockhart (U20)	49.20	Richard Lockhart	54.45	Aaron Stirling	51.29	David Keys
40.03	Aaron Stirling (U20)	47.45	David Keys	53.06	David Keys	43.68	Peter Wickens
39.16	David Keys (U20)	42.50	Aaron Stirling	45.31	Gareth Irvine	36.55	Jonathan Kingsberry
38.42	Jeremy Harper	36.22	Ben Reynolds	44.32	Richard Lockhart	34.16	Aaron Stirling
38.22	Ian McMullen	35.29	Neil Duigan	39.36	Joe Kingsberry	28.51	Louis Atkinson
35.58	Chris Summers	31.56	Chris Summers	37.35	Neil Duigan	24.59	Pierce Clarke
33.66	Stephen Mulholland			36.64	Peter Wickens	18.74	Andrew Bradley
31.75	Neil Duigan (U20)			32.22	Gareth Irvine	16.83	Niall McGrattan
27.78	Paddy McGrattan(M45)			28.35	Jeremy Harper	15.30	Conor McGrattan
				25.56	Pierce Clarke		
				23.70	Karl Lamont		
				22.75	Matthew Stockton		
				22.28	Josh Close		
				21.53	Darragh McDonald		

Senior		U20		U17		U15		U13	
Javelin (800g)		Javelin (800g)		Javelin (700g)		Javelin (600g)		Javelin (400g)	
63.69	Michael McConkey	63.73	Matthew Martin	59.64	Matthew Martin	49.19	Michael Gaffney	33.62	Zac Moraghan
57.65	Matthew Stockton	57.26	Matthew Stockton	58.76	Michael Gaffney	46.41	Oscar Yandall	31.90	Michael McConkey
56.61	Peter Glass	54.49	Michael Gaffney	52.64	Michael McConkey	42.80	Andrew Kane	31.11	Finlay Greer
53.37	Freddie Pask	51.43	Peter Glass	51.87	Peter Glass	42.76	Roger Perrott	31.04	David Perry
52.41	Jeremy Harper	50.93	Niall McGrattan	50.63	Matthew Stockton	41.98	Michael McConkey	29.77	Niall McGrattan
50.76	Brendan McConville	50.51	Peter Glass	48.74	Roger Perrott	41.35	Ben McDonnell	28.00	Michael McWilliams
50.50	Tom Reynolds	44.53	Ben McDonnell	46.03	Conor McGrattan	40.24	Niall McGrattan	24.92	Mathew Wilson
49.78	Patrick McGrattan	43.81	Ben McCloy (U17)	45.47	Ben McCloy	38.82	Matthew Stockton	23.88	David Robb
48.24	Roger Perrott	43.40	Neil Dougan	45.33	Karl Lamont	38.42	Conor McGrattan	<b>23.84</b>	<b>Charlie Lawden</b>
47.77	Paul Curran	42.82	David Robb	45.29	Ben McDonnell	38.40	Matthew Martin	23.80	James Budde
46.00	Mike Bull	42.63	Tom Reynolds	44.87	Niall McGrattan	36.71	Joshua Majury	23.38	Conor McGrattan
	Arnie Wilson	42.18	Karl Lamont	44.35	Aaron Corbett	36.39	Karl Lamont	<b>22.95</b>	<b>Flynn Longstaff</b>
45.78	Niall McGrattan	40.19	Aaron Corbett	44.27	Ben Reynolds	35.63	Luke Reynolds	22.34	Michael Gaffney
45.70	Evan Wright			44.20	Patrick McGrattan	35.26	Lucas Yandall	22.20	Luke Reynolds
45.32	Ian McMullan			44.12	Tom Edwards	34.32	Brendan McConville	21.76	Michael Foster
43.32	Karl Lamont					<b>34.23</b>	<b>Zac Moraghan</b>	21.56	Colin Munnis
								21.37	Glen Willis

Denotes performances in 2017

Last Update 11.09.2017

## NDAC Top Male T&F Performances (Outdoors)

Senior	U20	U17	U15	U13
Combined events	Combined events	Combined events	Combined events	Combined events
<b>DECATHLON</b>	<b>DECATHLON</b>	<b>OCTATHLON</b>	<b>PENTATHLON</b>	<b>PENTATHLON</b>
7510 Peter Glass	6448 Tom Reynolds	<b>4276 Troy McConville</b>	2691 Troy McConville	<b>1742 Lexx McConville</b>
7324 Brendan McConville	5683 Peter Glass	4166 Philip Browne	2427 Aaron Sexton	1674 Oliver Wakefield
7270 Tom Reynolds	5419 Callum Hunter	4012 Michael McConkey	2150 Philip Browne	1130 Jack Campton
6366 Paul Curran		3900 Tom Reynolds	2083 Glen Willis	998 Daniel McAllen
5562 Michael McConkey (U20)		3743 Aaron Corbett	2066 Mark Widdowson	
		<b>3702 Isaac Hart</b>	1994 Conor McGrattan	
		3535 Callum Hunter	1968 James Kirkpatrick	
		3471 Luke Reynolds	1801 Peter Wickens	
		3288 Matthew Stockton	1669 Martyn Quinn	
		3263 Scott McCauley	1666 Ben Reynolds	
		3228 Stephen Loughlin	1517 Daniel Gouk	
		3098 Matthew Heaney	1324 Mark Marsh	
		3034 David Weir	1282 Shaun Tinman	
			1273 Andrew Kennedy	
		<b>DECATHLON</b>		
		6180 Ben Reynolds		

### Previous weight specifications

#### U20 Shot putt (6.25kg)

14.10	Matthew Martin
13.07	Richard Lockhart
12.87	Mark Pielou
12.79	Ben Reynolds
12.50	David Robb
12.46	Michael McConkey
12.28	Tom Reynolds

#### U15 Discus (1.5kg)

25.54	David Cooke
25.18	Ken Woods
23.44	Richard Hamilton
22.20	Roger Perrott
22.14	Paul Kirkpatrick
20.18	Neil McGrattan
19.02	Duncan Scarth

#### U13 Javelin

	500g
29.00	Gareth Freeman
27.63	Niall McGrattan
	600g
25.60	Conor McGrattan
23.66	Gareth Freeman
22.48	Eamon McConville
22.34	Michael Gaffney
21.26	James Budde
21.18	Andrew Coulter
20.60	Brendan McConville
19.94	Stephen Barr
19.70	Michael Leonard