

NDAC Top Male T&F Performances (Outdoors)

100m		100m		100m		100m		100m	
Senior		U20		U17		U15		U13	
10.7	Roger Sexton	10.52	Aaron Sexton (NI Record)	10.86	Aaron Sexton	11.3	Ken Hooks	12.5	Oliver Wakefield
10.87	John Saulters	10.75	Roger Sexton	10.9	Ken Hooks		Roger Sexton	12.7	Phillip Browne
10.9	Gareth Gettinby	10.8	Gareth Gettinby		Roger Sexton	11.37	Aaron Sexton	13.1	Barry Kelly
10.97	Adam McComb	10.97	Andrew Mellon	11.2	James Ringland	11.5	Mark Atkinson		James Kirkpatrick
	Andrew Mellon	11.0	Peter McPherson		Gareth Gettinby	11.6	John Blackman	13.2	Matthew Hamilton
11.0	Tom Reynolds		Patrick Gregg	11.3	William Burnside		James Ringland	13.24	Zac Moraghan
11.02	Curtis Woods	11.05	Callum Hunter		Philip Browne	11.7	Ken Woods	13.4	Gareth Gettinby
11.10	Philip Browne	11.1	Philip Browne		Patrick Gregg		Gavin Ellis	13.5	Roger Sexton
11.1	Barry Kelly	11.2	William Burnside		Matthew Hamilton	11.73	Oliver Wakefield		Mark Spottiswood
11.12	Peter Glass		Ben Reynolds	11.37	Aaron Blackmore	11.8	James Doherty		Mark Patterson
11.13	Kenny Elliot	11.41	Mark Armstrong	11.4	Peter McPherson	11.81	Matthew Hamilton		Callum Hunter
11.2	Stephen Enright	11.42	Ben Reynolds		Gavin Ellis	11.9	Paul Glover	13.6	Jack Campton
11.26	Brendan McConville	11.47	David Ritchie		Ryan Kerr	11.94	Mark Atkinson	13.7	Johnny Arthur
11.29	Andrew Graham	11.5	Mike Hewitt		Andrew Mellon	12.1	Aaron Corbett		Robert O'Neill
11.36	Ben Reynolds		Patrick McGrattan	11.67	Jonny Moore	12.12	Aaron Blackmore		Michael McComb
11.4	Stuart Brown		Tom Reynolds	11.74	Troy McConville	12.25	Jonathan Miller	13.73	Jonny Moore
11.52	Luke Reynolds	11.57	Matthew Hamilton	11.76	Oliver Wakefield	12.28	Ben Dempster		
				11.83	Ben Dempster		James Doherty		
200m		200m		200m		200m		200m	
Senior		U20		U17		U15		U13	
21.5	Roger Sexton	21.06	Aaron Sexton (NI Record)	21.65	Aaron Sexton	22.9	William Burnside	26.5	Philip Browne
21.81	Curtis Woods	21.75	Roger Sexton	22.5	William Burnside	23.29	Aaron Sexton	26.74	Oliver Wakefield
21.97	Adam McComb	22.2	Gareth Gettinby	22.7	Roger Sexton	23.4	Ken Hooks	27.1	Roger Perrott
21.98	Andrew Mellon	22.5	William Burnside	22.95	Mark Armstrong	23.8	Gavin Ellis	27.7	Casey Blair
22.3	Kenny Elliott	22.57	Mark Armstrong	22.98	Aaron Blackmore		John Blackman	28.13	Zac Moraghan
22.36	John Saulters	22.8	Philip Browne	23.0	Ken Hooks	23.99	James Ringland	28.2	Richard Higginson
22.42	Gareth Gettinby	22.9	Peter McPherson	23.2	Gareth Gettinby	24.0	Philip Browne	28.29	Jonny Moore
22.50	Kenny Elliott	22.96	Patrick Gregg		Matthew Hamilton	24.09	Mark Atkinson	28.40	Aaron Sexton
22.72	Philip Browne	23.0	Mark Patterson	23.31	Andrew Mellon	24.1	James Doherty	28.48	Felix Arran
22.92	Tom Reynolds	23.29	Callum Hunter	23.4	John Blackman	24.16	Kerrin Young	28.8	Paul McAlinden
23.1	Stephen Enright	23.4	Tom Reynolds		Peter McPherson	24.36	Matthew Hamilton		Mark Patterson
23.3	Paul Fleming	23.41	James Hammond	23.46	Peter Glass	24.46	Jonathan Arthur	28.9	Michael McComb
23.5	Paul Curran	23.55	Richard Higginson	23.5	Kerrin Young	24.5	Paul Foster	29.0	Glen Trimble
23.53	Ben Reynolds	23.66	David Ritchie	23.77	Isaac Hart	24.52	Richard Kelly	29.01	Gareth Gettinby
23.58	Brendan McConville		Matthew Hamilton	23.8	James Hammond			29.1	Mark Armstrong
	Matthew Hamilton	23.7	Adam McComb	23.94	Aaron Corbett			29.18	Michael McComb

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300m		300m		300m		300m			
Senior		U20		U17		U15			
34.70	Curtis Woods	36.83	Andrew Mellon	36.12	Andrew Mellon	38.02	Aaron Sexton		
36.0	John Saulters	39.47	Ben Dempster	37.00	Aaron Sexton	39.28	Aaron Blackmore		
36.58	Kenny Elliot	40.53	Gareth Lyness	38.77	Isaac Hart	40.03	Luke Adair		
37.08	Tom Reynolds	40.6	Josh Lowry	40.66	Glen Willis	41.19	Reece Corbett		
38.33	Roger Sexton (M40)	40.95	Nial McGrattan	41.31	Luke Adair	41.71	Jakob Swann		
38.37	Brendan McConville	41.66	Reece Simpson	42.70	Oscar Yandall	42.06	Stefan Yathindran		
41.70	Lloyd Hannigan			42.08	Scott Henry	42.25	Josh Majury		
42.35	Stephen Glass			42.98	Reece Corbett	42.77	Ben Jenkins		
						43.65	Ben McCaughan		
						44.07	Zac Moraghan		
						44.51	Ryan Lynas		
						45.89	Jonny Moore		
400m		400m		400m		400m		400m	
Senior		U20		U17		U15		U13	
47.48	Andrew Mellon	47.93	Andrew Mellon	49.60	Aaron Sexton	52.6	Kerrin Young	61.6	James Kirkpatrick
47.61	Adam McComb	49.56	Mark Patterson	49.85	Andrew Mellon	55.18	Aaron Sexton	62.96	Paul Wilson
48.49	Curtis Woods	50.6	Roger Sexton	50.3	Ken Thompson	55.3	Chris Whelan	63.15	Casey Blair
49.31	John Saulters	51.0	William Burnside	51.5	Kerrin Young	55.57	James Kirkpatrick	66.9	Mark Patterson
49.48	Brendan McConville	51.12	Tom Reynolds	51.9	Paul Fleming	55.9	Paul Wilson	67.9	Robert Milling
49.84	Tom Reynolds	51.37	Adam McComb	52.0	William Burnside	56.56	James Ferguson	68.0	Gareth Davis-Jones
50.1	Michael Dyer	51.8	Brendan McConville	52.52	Troy McConville	56.6	Matthew Heaney	68.9	Mark Magee
50.20	Kenny Elliott	52.3	Gareth Gettinby	52.8	Roger Sexton		James Doherty	70.0	Brendan McConville
50.4	Roger Sexton	52.4	Paul Fleming	53.10	Mark Patterson	56.63	Grant Montgomery	70.6	Steven Colwell
50.43	Paul Curran	52.45	Paul Curran	53.2	Chris Whelan	56.7	Richard Hamilton	71.3	Neil Johnston
50.95	Mark Patterson	52.50	Mark Armstrong	53.5	Glen Willis		Andrew Mellon		
51.34	Peter Glass	52.72	Callum Hunter	53.6	Ken Woods	56.8	Sean Crowther		No longer run at U13
52.18	Mark Weir	52.82	Aaron Sexton	53.79	Isaac Hart	57.18	Stewart Lemon		
		53.33	Gareth Lyness	53.80	Chris Whelan	57.2	John Blackman		
		53.8	John Carlisle	53.9	Peter McPherson	57.26	Matthew Heaney		
		53.95	Reece Simpson	54.02	Niall Robinson				

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NDAC Top Male T&F Performances (Outdoors)

800m		800m		800m		800m		800m	
Senior		U20		U17		U15		U13	
1:50.25	Michael Dyer	1:49.20	Mark Patterson	1:56.92	Mark Patterson	2:05.3	Sean Crowther	2.25.5	Sean Crowther
1:51.42	Mark Patterson	1:53.55	Niall Robinson	1:58.56	Jakob Swann	2:06.0	Gareth Davis-Jones	2.26.9	Mark Patterson
1:52.67	Niall Robinson	1:54.53	Jordan Neil	1:59.34	Niall Robinson	2:07.0	Mark Weir	2.28.9	Scott Davidson
1:54.73	Jordan Neil	1:55.2	Michael Dyer	1:59.47	Glen Willis		Peter Swann	2.29.5	Gareth Davis-Jones
1:55.5	James Budde	1:55.98	Craig McMeechan	1:59.5	Sean Crowther	2.08.95	Jakob Swann	2.30.0	Mark Weir
1:56.1	Jonathan Ross	1:57.39	Jordan Stokes		Craig Blackman	2:11.7	Kerrin Young	2.30.06	Mark Armstrong
1:56.8	Geoffrey Weir	1:58.21	John Carlisle	2:00.3	Mark Weir	2:12.70	Grant Montgomery	2.30.7	James Budde
1:57.64	John Carlisle	1:58.6	Mark Weir	2:02.3	Robin Brown	2:13.7	Tom Reynolds	2.30.9	James Kirkpatrick
1:57.7	John Saulters	2:00.70	Josh Lowry	2:02.7	Stuart Harding	2:14.13	Glen Willis	2.31.4	Andrew Massey
1:58.4	Francis Marsh	2:00.9	Tim Reid	2:02.87	Jordan Neil	2:14.3	John Boyle	2.32.1	Matthew Neill
1:59.3	Mark Weir	2:01.2	Paul Curran	2:04.52	Jordan Stokes	2:14.6	Robin Brown		
1:59.4	Paul Curran	2:01.9	Gareth Davis-Jones	2:04.68	Craig McMeechan				
1:59.66	Reece Simpson	2:02.4	Thomas Welshman	2:05.58	Reece Simpson				
2:00.00	Jordan Stokes	2:02.6	Stuart Harding						
2:00.93	Robin Brown								
1500m		1500m		1500m		1500m		1500m	
Senior		U20		U17		U15		U13	
3:43.43	Jordan Neil	3:49.21	Jordan Neil	4:00.9	Ken Thompson	4:26.0	Mark Weir	4:53.95	James Budde
3:47.33	Michael Dyer	3:52.41	Craig McMeechan	4:09.0	Geoffrey Weir	4:27.0	Ken Thompson	4:59.91	Nathan Semple
3:52.8	Niall Robinson	3:57.56	Mark Patterson	4:09:9	Jordan Neill	4:31.2	Peter Swann	4:59.9	Mark Armstrong
3:56.98	Jordan Stokes	4:00.49	Niall Robinson	4:10:91	Glen Willis	4:31.7	Stuart Harding	5:00.85	Josh Lowry
3:57.34	Niall Robinson	4:03.0	John Carlisle	4:12.4	Chris Stewart	4:32.0	Gareth Davis-Jones	5:03.28	JJ Holley
3:58.54	Francis Marsh	4:03.70	Jordan Stokes	4:13.3	Gareth Davis-Jones	4:33.78	Glen Willis	5:04:37	Brendan McConville
3:59.54	James Budde	4:07.6	Michael Dyer	4:14:9	Niall Robinson	4:34.83	Chris Whelan	5:10.8	Gareth Freeman
4:00.4	Mark Weir	4:10.0	Mark Weir	4:15.80	Craig McMeechan	4:34.91	Jakob Swann	5:11.07	Charles McNutt
4:00.9	Geoffrey Weir	4:11.1	Thomas Welshman	4:15:94	Mark Patterson	4:35.2	Jordan Neill	5:12.18	John McNally
4:03.4	John Carlisle	4:12.0	Gareth Davis-Jones	4:19.0	Mark Weir	4:38.7	Alex Donald	5:13.95	Eoghan O'Callaghan
4:07.11	Robin Brown	4:14.5	Robin Brown	4:19.54	Jakob Swann	4:38.98	Nathan Semple	5:15.24	Oliver Playfair
		4:16.81	Thomas Patterson	4:21.0	Robin Brown	4:42.0	Keith McClure	5:18.4	Michael Patterson
		4:19.91	Josh Lowry	4:21.8	Stuart Harding	4:42.08	Robin Brown	5:16.19	Aaron Sexton
		4:21.99	Paul Curran					5:17.2	Stuart Donald
								5:17.27	Jude Dowey

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3000m

Senior

8:33.3 Jonathan Ross
 8:44.4 Geoffrey Weir
 8:45.03 Robin Brown
 8:46.86 Michael Dyer
 8:48.6 Ian Lyle
 8:49.4 Francis Marsh
 8:52.90 Niall Robinson
 8:53.41 James Budde
 8:54.9 Noel Munnis
 8:58.95 Jordan Stokes
 9:08.0 Peter Nugent
 9:11.87 Dennis Scott
 9:13.67 Stephen Wylie

3000m

U20

8:35.95 Craig McMeechan
 8:36.26 Jordan Neil
 9:12.2 Robin Brown
 9:13.8 Michael Dyer
 9:17.3 Chris Stewart
 9:29.3 Mark Weir
 9:37.4 Paul Curran
 9:41.9 Stuart Donald
 9:44.8 Michael Patterson
 9:46.0 Jamie Stewart
 9:51.0 James Budde
 9:51.3 Alex Donald

3000m

U17

8:59.72 Craig McMeechan
 9:03.8 Jordan Neill
 9:27.2 Robin Brown
 9:31.4 Stuart Harding
 9:36.6 James Budde
 9:39:0 Gareth Davis-Jones
 9:39.57 Thomas Patterson
 9:42.3 Alex Donald
 9:44:2 Paul Curran
 9:47.56 Glen Willis
 9:53.3 John Carlisle
 10:03.59 Reece Simpson
 10:04.2 Mark Patterson

3000m

U15

10:07.4 Jordan Neill
 10:08.75 Jakob Swann
 10:11.0 Chris Whelan
 10:18.68 Glen Willis
 10:29.2 Mark Montgomery
 10:35.0 Alex Donald
 10:36.7 Stuart Donald
 10:38.3 Mark Patterson
 10:39.85 Michael Patterson
 10:43.6 Gareth Freeman
 10:44.9 Adam Skelly
 10:46.5 Niall Robinson
 10:47.5 James Budde

5000m

Senior

15:18.19 Robin Brown
 15:28.2 Ian Lyle
 15:29.05 Francis Marsh (M40)
 15:30.6 Noel Munnis
 15:51.2 Peter Nugent
 15:54.79 Dennis Scott
 16:15.68 Stephen Wylie
 16:21.50 Brian Barron
 16:22.7 Mark Weir
 16:26.88 Alex Donald
 16:27.9 George Bell
 16:47.4 James Budde
 17:08.25 Terry Eakin (M55)
 17:11.4 Robert Wilson

5000m

U20

15:19.66 Craig McMeechan
 15:22.56 Jordan Neil
 15:49.8 Stuart Donald
 16:15.9 Thomas Welshman
 16:25.7 Chris Stewart
 16:31.6 James Budde
 16:53.5 Robin Brown
 17:22.0 Mark Weir
 17:56.5 Tim Reid
 17:59.0 Gordon Montgomerie

5000m

U17

18:25.54 Stuart Donald
 19:07.9 Gavin Megaw

NDAC Top Male T&F Performances (Outdoors)

10,000m

Senior

31:38.55 Noel Munnis
32:38.0 Geoffrey Weir
36:03.60 Terry Eakin (M50)
39:52.6 David Seaton (M60)

3000m s'chase

Senior

9.36.94 Noel Munnis
9:44.4 Ian Lyle
9:53.9 Francis Marsh
9:58.8 Chris Stewart
10:02.35 James Budde
10:07.8 Alex Donald
10:18.98 Paul Curran (U20)
10:23.2 John Quiery
10:27.84 Gareth Davis-Jones (U20)
10:41.3 Colin Smith (U20)
10:41.82 Jordan Stokes (U20)
10:47.82 Brian Barron

2000m s'chase

U20

6:15.6 Chris Stewart
6:19.7 Gareth Davis-Jones
6:21.4 Alex Donald
6:34.59 Paul Curran
6:49.5 Michael Patterson
6:50.11 Alex Donald (U17)
6:59.4 Colin Smith
7:00.11 James Budde
7:01.1 Jamie Stewart
7:05.24 Corey Brown
7:10.0 Brian Barron

1500m s'chase

U17

4:32.0 Gareth Davis-Jones
4:33.0 Chris Stewart
4:50.7 Stuart Harding
4:51.45 Alex Donald
4:52.4 Paul Curran
4:52.52 Michael Patterson
4:57.6 James Budde
5:01.26 Jordan Neil
5:04.3 Stuart Donald
5:05.0 Mark Weir
5:08.3 Sean Crowther
5:09.33 Glen Willis

NDAC Top Male T&F Performances (Outdoors)

Senior	U20		U17		U15		U13	
110mH (3'6")	110mH (3'3")		100mH (3'0")		80mH (2'9")		75mH (2'6")	
13.48 Ben Reynolds (NI Record)	13.71 Ben Reynolds (NI Record)		13.4 Ben Reynolds		11.7 Tom Reynolds		12.38 Lexx McConville	
14.54 Tom Reynolds	14.83 Peter Glass			Peter Glass	11.74 Peter Glass		12.4 Philip Browne	
14.72 Luke Reynolds	15.1 Tom Reynolds		13.7 Luke Reynolds		11.8 Shaun Tinman		12.5 Tom Reynolds	
14.76 Peter Glass	15.28 Luke Reynolds		13.84 Philip Browne		11.82 Philip Browne		12.54 Zac Moraghan	
14.83 Brendan McConville	15.85 Troy McConville (U17)		13.86 Troy McConville		11.9 Luke Reynolds		12.6 Luke Reynolds	
16.05 Tom Patton	15.94 Scott McCauley		14.0 Tom Reynolds		12.07 Zac Moraghan		Oliver Wakefield	
16.1 Mike Bull	16.0 David Tughan		14.6 Karl Brown		12.08 Kerrin Young		12.8 Ben Reynolds	
16.3 Paul Curran	16.1 Brendan McConville		14.7 Kerrin Young		12.09 Shaun Tinman		13.18 Oliver Wakefield	
16.56 Callum Hunter (U20)	16.3 Paul Curran			Shaun Tinman	12.2 Barry Kelly		13.3 James Kirkpatrick	
16.64 Phil Browne (U20)	16.5 Philip Browne		14.8 Barry Kelly		12.3 Karl Brown		13.33 Steven Colwell	
16.7 David Tughan	16.53 Callum Hunter			Scott McCauley	12.33 Steven Colwell		13.6 David Perry	
	16.6 Barry Kelly			Callum Hunter	12.4 Callum Hunter		13.8 Karl Brown	
	17.0 Michel McConkey		14.88 Oliver Wakefield		12.5 Steven Gardiner		14.0 James Hunter	
					12.58 Lexx McConville		14.37 Jack Campton	
					12.64 Oliver Wakefield		14.4 Callum Hunter	
					12.7 Scott McCauley			

Senior	U20		U17		U15	
400mH (3'0")	400mH (3'0")		400mH (2'9")		400mH (2'6")	
52.70 Tom Patton	56.2 Kerrin Young (U17)		54.8 Kerrin Young		65.27 Matthew Heaney	
54.30 Peter Glass	58.6 James Niblock		60.75 Peter Glass		72.3 Peter Wickens	
55.65 Brendan McConville	59.8 Kerrin Young		60.85 Grant Montgomery		81.3 Curtis Mullan	
56.6 Paul Curran	61.43 Callum Hunter		62.7 Matthew Heaney			
57.47 Tom Reynolds	61.74 Gareth Lyness		64.4 Brendan McConville		No longer run at U15	
57.76 Kenny Elliott	62.1 Barry Kelly		66.7 Alex Donald			
60.38 James Budde	62.5 Tom Reynolds		68.1 Curtis Mullan			
62.35 Alex Donald	62.8 Stuart Wilson		68.90 Richard Gordon			
62.88 Kris Lockhart	62.9 David Weir		68.99 Peter Speers			
65.4 Stuart Wilson	63.9 Brendan McConville			Sam Rutherford (U15)		
66.09 Francis Marsh	64.68 Stuart Harding (U17)		69.02 Ciaran Farren			
67.4 Stuart Donald	64.89 Gareth Davis Jones (U17)		69.43 Scott McCauley			
69.07 Richard Lockhart	65.32 Peter Speers					
	66.08 Luke Reynolds (U17)					

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NDAC Top Male T&F Performances (Outdoors)

Senior	U20	U17	U15	U13
High Jump	High Jump	High Jump	High Jump	High Jump
2.05 Darragh Murphy	2.11 Darragh Murphy (NI Record)	2.04 Darragh Murphy	1.86 Darragh Murphy	1.60 Lexx McConville
2.03 Brendan McConville	2.07 Ben Reynolds	1.95 Ben Reynolds	1.83 Steven Gardiner	1.51 Ben Reynolds
2.02 Peter Glass	2.02 Brendan McConville	Troy McConville	Troy McConville	1.46 Brendan McConville
2.00 Ben Reynolds	2.00 David Robb	1.93 Peter Glass	1.75 Keith Matthews	1.45 Darragh Murphy
1.97 Paul Curran	1.95 Paul Curran	1.90 David Robb	1.71 Kerrin Young	Oliver Wakefield
1.95 Eugene Fusco	Peter Glass	1.80 Greg Savage	1.70 Brendan McConville	1.41 Troy McConville
1.93 David Robb	1.85 David McEvoy	Brendan McConville	1.66 Aaron Sexton	1.40 Richard Kelly
1.88 Mike Bull	1.82 Jonathan Kirk	1.77 Philip Gray	1.65 David Robb	1.39 Michael McWilliams
1.86 Tom Reynolds	1.80 Matthew Martin	1.76 Richard Wilson	Lexx McConville	1.38 Andrew McIlvenny
1.85 Evan Wright	Callum Hunter	Mark Burton	1.64 Oliver Wakefield	1.36 Neil O'Driscoll
	1.77 Tom Reynolds	1.75 Keith Mulligan	1.61 Tom Reynolds	1.35 Michael Connors
	1.70 Nico Espana	Michael McConkey	1.60 Greg Savage	James Hunter
	Oliver Wakefield	Kerrin Young	Richard Wilson	Charles McNutt
		Jonathan Kirk	Paul Coey	Jonny Moore
		1.74 Nico Espana	Luke Reynolds	Finn Ritchie
		1.73 Stephen Loughlin	Courtney Marsh	1.33 Philip Browne
			Matthew Heaney	
			Callum Hunter	

Senior	U20	U17	U15
Pole Vault	Pole Vault	Pole Vault	
5.05 Mike Bull	4.15 Brendan McConville	4.00 Ben Reynolds	3.01 Ben Reynolds
4.80 Brendan McConville	4.10 Patrick Campbell	Troy McConville	2.90 Peter Abernathey
Peter Glass	3.80 Michael McConkey	3.80 Luke Reynolds	2.60 Tom Reynolds
4.60 Tom Reynolds	Peter Glass	Patrick Campbell	2.13 Keith Beattie
3.70 Ben Reynolds	3.70 Ben Reynolds	3.50 Peter Abernathey	
3.30 Paul Curran	3.60 Tom Reynolds	3.30 Stephen Loughlin	
3.00 Patrick Campbell	3.00 Paul Curran	3.20 Michael McConkey	
2.80 Stephen Enright	Luke Reynolds	3.10 Tom Reynolds	
2.80 Eugene Fusco	Callum Hunter	2.90 Jonathan Kirk	
		2.80 Brendan McConville	
		2.60 Michael Connors	

NDAC Top Male T&F Performances (Outdoors)

Senior	U20	U17	U15	U13
Long Jump	Long Jump	Long Jump	Long Jump	Long Jump
7.14 Tom Reynolds	6.80 Peter Glass	6.43 Ben Reynolds	6.21 Tom Reynolds	4.99 Oliver Wakefield
7.07 Alan Kennedy	6.73 Ben Reynolds	6.41 Peter Glass	6.09 Oliver Wakefield	4.93 Philip Browne
7.04 Peter Glass	6.65 Keith Eskdale	6.35 Troy McConville	5.91 Patrick Gregg	4.87 Ben Reynolds
6.85 Brendan McConville	6.62 Jason Blanc	6.24 Philip Browne	5.84 Darragh Murphy	4.84 Darragh Murphy
6.82 Mike Bull	6.61 Philip Browne	6.23 Tom Reynolds	5.78 Philip Browne	4.78 David Robb
6.80 Paul Curran	6.59 Paul Curran	6.16 Matthew Heaney	5.74 Troy McConville	4.73 Matthew Hamilton
6.66 Eugene Fusco	6.47 Callum Hunter	6.11 Callum Hunter	5.68 Aaron Corbett	4.65 James Kirkpatrick
6.62 Jason Blanc	6.45 Tom Reynolds	6.10 Gareth Gettinby	5.60 Callum Hunter	4.62 David Perry
6.61 Philip Browne	Oliver Wakefield	Mark McClean	5.54 Barry Kelly	Lexx McConville
6.60 Neil McArdle	6.37 Patrick Gregg	6.07 Jonny Moore	5.52 Peter McPherson	4.61 Michael McWilliams
6.39 Ben Reynolds	6.33 David McEvoy	6.06 Patrick Gregg	5.51 James Kirkpatrick	4.60 Gareth Gettinby
	6.32 Gareth Gettinby	Oliver Wakefield	5.40 Matthew Heaney	Roger Perrott
		6.00 David Ritchie	5.34 Ken Hooks	4.55 Jonny Moore
		5.98 Eugene Fusco	5.34 Jason Blanc	4.53 Micheal McComb
		5.91 Aaron Corbett		4.50 Ben Stevenson

Senior	U20	U17	U15	U13
Triple Jump	Triple Jump	Triple Jump	Triple Jump	Triple Jump
14.90 Alan Kennedy	13.66 Paul Curran	13.35 Brendan Goss	11.80 Darragh Murphy	9.91 Darragh Murphy
14.39 Paul Curran	13.41 Brendan Goss	13.19 Scott McCauley	11.51 Mark Burton	8.78 Steven Colwell
14.23 Callum Hunter	13.36 Peter Glass	12.95 Mark Burton	11.50 Paul Cushenham	8.67 Michael Connors
13.81 Eugene Fusco	13.24 Callum Hunter	12.69 Andrew Kane	11.45 Roger Perrott	8.33 Richard Kelly
13.38 Neil McArdle	13.12 Scott McCauley	12.66 Gavin Gordon	11.37 Callum Huter	7.93 Stephen Barr
13.02 Tom Reynolds	13.05 Darragh Murphy	12.61 Mark McClean	11.34 Steven Gardiner	
12.00 Peter Glass	13.04 Philip Browne	12.45 Ian Jamison	11.33 Mark Atkinson	
11.98 Philip Browne	12.95 Eugene Fusco	12.40 Brendan McConville	11.26 Shaun Tinman	
11.94 Brendan McConville	12.73 Ian Jamison	12.28 Tom Reynolds	11.20 Johnny Baxter	
11.54 Patrick Gregg	12.65 Gavin Gordon	12.27 Mark McClean	11.16 Jason Blanc	
11.18 Alex Donald	12.51 Jason Stevenson	12.13 Troy McConville	11.10 Philip Browne	
11.11 Jason Blanc		11.97 Stephen Loughlin	11.02 Tom Reynolds	
			10.95 James Ringland	

NDAC Top Male T&F Performances (Outdoors)

Senior	U20	U17	U15	U13
Shot putt (7.26kg)	Shot putt (6kg)	Shot putt (5kg)	Shot putt (4kg)	Shot putt (3.25kg)
14.86 Peter Glass	15.39 Jeremy Harper	14.48 Matthew Martin	13.56 Peter Wickens	10.07 James Kirkpatrick
14.44 Michael McConkey	13.69 Peter Glass	14.20 Peter Glass	13.28 Jonathan Kingsberry	9.94 Tom Reynolds
14.32 Jeremy Harper	13.58 Michael McConkey	13.96 Mark Pielou	13.20 Keith Matthews	9.14 Richard Kelly
13.36 Tom Reynolds	13.25 Tom Reynolds	13.61 Jeremy Harper	12.22 Michael McConkey	8.90 Lexx McConville
13.14 Mike Bull	12.93 Ben Worthington	13.04 Michael McConkey	12.21 Richard Kelly	8.83 Gareth Irvine
13.00 Brendan McConville	12.79 Ben Reynolds	12.82 Jonathan Kingsberry	12.07 James Kirkpatrick	8.82 Niall McGrattan
12.31 Ben Worthington (U20)	12.61 Richard Lockhart	12.71 Ben Reynolds	11.60 Ben Worthington	8.80 David Cooke
11.63 David Robb	11.21 Darragh McDonald	12.60 Tom Reynolds	11.53 David Cooke	8.61 Matthew Crowther
11.53 Matthew Martin (U20)	11.01 Troy McConville (U20)	12.35 Troy McConville	11.15 Louis Atkinson	8.56 Ben Reynolds
11.52 Patrick McGrattan	10.85 Ben McDonell	12.21 Peter Wickens	10.96 Andrew Kennedy	8.36 Michael McConkey
11.33 Richard Lockhart (U20)		11.89 Richard Lockhart	10.84 Matthew Crowther	8.30 Karl Brown
11.20 Mark Pielou		11.62 Darragh McDonald	10.43 Michael Gaffney	Oliver Wakefield
11.01 Ian McMullan		11.29 Matthew Crowther		8.26 Sam Rutherford

Senior	U20	U17	U15	U13
Discus (2kg)	Discus (1.75kg)	Discus (1.5kg)	Discus (1.25kg)	Discus (1kg)
51.48 Jeremy Harper	48.85 Jeremy Harper	45.94 David Keys	42.02 David Keys	29.52 James Kirkpatrick
45.55 Peter Glass	45.59 Gareth Irvine	45.31 Gareth Irvine	41.25 Gareth Irvine	25.04 Tom Reynolds
42.78 Ian McMullan	41.73 David Keys	43.64 Jeremy Harper	39.80 Tom Reynolds	23.45 Gareth Irvine
39.02 David Keys (U20)	39.74 Peter Glass	42.25 Michael McConkey	38.50 Jonathan Kingsberry	22.85 Philip Brown
38.82 Tom Reynolds	37.89 Tom Reynolds	39.35 Aaron Stirling	37.98 Michael McConkey	22.83 Louis Atkinson
38.16 Mike Bull	37.20 Ben Worthington	38.89 Peter Glass	36.91 James Kirkpatrick	21.45 Lexx McConville
37.78 Michael McConkey	37.11 Michael McConkey	37.59 Joe Kingsberry	34.99 Aaron Stirling	21.32 Michael McConkey
37.37 Brendan McConville	36.22 Ben Reynolds	35.89 Troy McConville	33.42 Louis Atkinson	21.00 Michael Dorrian
35.52 Paul Curran	34.63 Joe Kingsberry	35.85 Ben Worthington	32.78 Peter Wickens	20.60 Flynn Longstaff
32.93 Ben Worthington (U20)	34.10 Mark Pielou	35.55 Josh Close	31.90 Neill Kelly	19.84 Matthew Wilson
32.16 Aaron Stirling (U17)	32.59 Aaron Stirling	35.30 Richard Lockhart		19.30 Ben Reynolds
31.94 Scott Kirkpatrick (U17)	31.92 Ben McConnell	35.01 Ben Reynolds		19.13 Oliver Wakefield
31.07 Richard Lockhart (U20)	30.84 Kurt Simpson			
30.90 Ben Reynolds (U20)	30.40 Paul Curran			

Denotes performances in 2018

Last Update 11.09.2018

NDAC Top Male T&F Performances (Outdoors)

Senior		U20		U17		U15	
Hammer (7.26kg)		Hammer (6kg)		Hammer (5kg)		Hammer (4kg)	
46.45	Richard Lockhart (U20)	49.20	Richard Lockhart	54.45	Aaron Stirling	51.29	David Keys
40.03	Aaron Stirling (U20)	47.45	David Keys	53.06	David Keys	43.68	Peter Wickens
39.16	David Keys (U20)	42.50	Aaron Stirling	45.31	Gareth Irvine	36.55	Jonathan Kingsberry
38.42	Jeremy Harper	36.22	Ben Reynolds	44.32	Richard Lockhart	34.16	Aaron Stirling
38.22	Ian McMullen	35.29	Neil Duigan	39.36	Joe Kingsberry	28.51	Louis Atkinson
35.58	Chris Summers	31.56	Chris Summers	37.35	Neil Duigan	24.59	Pierce Clarke
33.66	Stephen Mulholland			36.64	Peter Wickens	18.74	Andrew Bradley
31.75	Neil Duigan (U20)			32.22	Gareth Irvine	16.83	Niall McGrattan
27.78	Paddy McGrattan(M45)			28.35	Jeremy Harper	15.30	Conor McGrattan
				25.56	Pierce Clarke		
				23.70	Karl Lamont		
				22.75	Matthew Stockton		
				22.28	Josh Close		
				21.53	Darragh McDonald		

Senior		U20		U17		U15		U13	
Javelin (800g)		Javelin (800g)		Javelin (700g)		Javelin (600g)		Javelin (400g)	
63.69	Michael McConkey	63.73	Matthew Martin	59.64	Matthew Martin	49.19	Michael Gaffney	33.62	Zac Moraghan
57.65	Matthew Stockton	57.26	Matthew Stockton	58.76	Michael Gaffney	46.41	Oscar Yandall	31.90	Michael McConkey
56.61	Peter Glass	54.49	Michael Gaffney	52.64	Michael McConkey	42.80	Andrew Kane	31.11	Finlay Greer
53.37	Freddie Pask	51.43	Peter Glass	51.87	Peter Glass	42.76	Roger Perrott	31.04	David Perry
52.41	Jeremy Harper	50.93	Niall McGrattan	50.63	Matthew Stockton	41.98	Michael McConkey	29.77	Niall McGrattan
50.76	Brendan McConville	50.51	Peter Glass	48.74	Roger Perrott	41.35	Ben McDonnell	28.00	Michael McWilliams
50.50	Tom Reynolds	44.53	Ben McDonnell	46.03	Conor McGrattan	40.24	Niall McGrattan	24.92	Mathew Wilson
49.78	Patrick McGrattan	43.81	Ben McCloy (U17)	45.47	Ben McCloy	38.82	Matthew Stockton	23.88	David Robb
48.24	Roger Perrott	43.40	Neil Dougan	45.33	Karl Lamont	38.42	Conor McGrattan	23.84	Charlie Lawden
47.77	Paul Curran	42.82	David Robb	45.29	Ben McDonnell	38.40	Matthew Martin	23.80	James Budde
46.00	Mike Bull	42.63	Tom Reynolds	44.87	Niall McGrattan	36.71	Joshua Majury	23.38	Conor McGrattan
	Arnie Wilson	42.18	Karl Lamont	44.46	Troy McConville	36.39	Karl Lamont	22.95	Flynn Longstaff
45.78	Niall McGrattan	40.19	Aaron Corbett	44.35	Aaron Corbett	35.63	Luke Reynolds	22.34	Michael Gaffney
45.70	Evan Wright			44.27	Ben Reynolds	35.26	Lucas Yandall	22.20	Luke Reynolds
45.32	Ian McMullan			44.20	Patrick McGrattan	34.32	Brendan McConville	21.76	Michael Foster
43.32	Karl Lamont			44.12	Tom Edwards	34.23	Zac Moraghan	21.56	Colin Munnis

Denotes performances in 2018

Last Update 11.09.2018

NDAC Top Male T&F Performances (Outdoors)

Senior	U20	U17	U15	U13
Combined events	Combined events	Combined events	Combined events	Combined events
DECATHLON	DECATHLON	OCTATHLON	PENTATHLON	PENTATHLON
7510 Peter Glass	6448 Tom Reynolds	4276 Troy McConville	2691 Troy McConville	1742 Lexx McConville
7324 Brendan McConville	5683 Peter Glass	4166 Philip Browne	2427 Aaron Sexton	1674 Oliver Wakefield
7270 Tom Reynolds	5419 Callum Hunter	4012 Michael McConkey	2150 Philip Browne	1142 JJ Holley
6366 Paul Curran		3900 Tom Reynolds	2083 Glen Willis	1130 Jack Campton
5562 Michael McConkey (U20)		3743 Aaron Corbett	2066 Mark Widdowson	998 Daniel McAllen
		3702 Isaac Hart	1994 Conor McGrattan	
		3535 Callum Hunter	1968 James Kirkpatrick	
		3471 Luke Reynolds	1801 Peter Wickens	
		3288 Matthew Stockton	1669 Martyn Quinn	
		3263 Scott McCauley	1666 Ben Reynolds	
		3228 Stephen Loughlin	1517 Daniel Gouk	
		3098 Matthew Heaney	1324 Mark Marsh	
		3034 David Weir	1282 Shaun Tinman	
			1273 Andrew Kennedy	
		DECATHLON		
		6180 Ben Reynolds		
		5574 Troy McConville		

Previous weight specifications

NDAC Top Male T&F Performances (Outdoors)

U20 Shot putt (6.25kg)

14.10	Matthew Martin
13.07	Richard Lockhart
12.87	Mark Pielou
12.79	Ben Reynolds
12.50	David Robb
12.46	Michael McConkey
12.28	Tom Reynolds

U15 Discus (1.5kg)

25.54	David Cooke
25.18	Ken Woods
23.44	Richard Hamilton
22.20	Roger Perrott
22.14	Paul Kirkpatrick
20.18	Neil McGrattan
19.02	Duncan Scarth

U13 Javelin

	500g
29.00	Gareth Freeman
27.63	Niall McGrattan
	600g
25.60	Conor McGrattan
23.66	Gareth Freeman
22.48	Eamon McConville
22.34	Michael Gaffney
21.26	James Budde
21.18	Andrew Coulter
20.60	Brendan McConville
19.94	Stephen Barr
19.70	Michael Leonard