

## NDAC Top Male T&F Performances (Outdoors)

100m		100m		100m		100m		100m	
Senior		U20		U17		U15		U13	
10.7	Roger Sexton	10.75	Roger Sexton	<b>10.86</b>	<b>Aaron Sexton</b>	11.3	Ken Hooks	12.5	Oliver Wakefield
10.87	John Saulters	10.8	Gareth Gettinby	10.9	Ken Hooks		Roger Sexton	12.7	Phillip Browne
10.9	Gareth Gettinby	10.97	Andrew Mellon		Roger Sexton	11.37	Aaron Sexton	12.99	Oliver Wakefield
10.97	Adam McComb	11.0	Peter McPherson	11.2	James Ringland	11.5	Mark Atkinson	13.1	Barry Kelly
	Andrew Mellon		Patrick Gregg		Gareth Gettinby	11.6	John Blackman		James Kirkpatrick
11.0	Tom Reynolds	11.05	Callum Hunter	11.3	William Burnside		James Ringland	13.2	Matthew Hamilton
11.02	Curtis Woods	11.1	Philip Browne		Philip Browne	11.7	Ken Woods	13.24	Zac Moraghan
11.10	Philip Browne	11.2	William Burnside		Patrick Gregg		Gavin Ellis	13.4	Gareth Gettinby
11.1	Barry Kelly		Ben Reynolds		Matthew Hamilton	11.73	Oliver Wakefield	13.5	Roger Sexton
<b>11.12</b>	<b>Peter Glass</b>	11.41	Mark Armstrong	11.37	Aaron Blackmore	11.8	James Doherty		Mark Spottiswood
11.13	Kenny Elliot	11.42	Ben Reynolds	11.4	Peter McPherson	11.81	Matthew Hamilton		Mark Patterson
11.2	Stephen Enright	11.47	David Ritchie		Gavin Ellis	11.9	Paul Glover		Callum Hunter
11.26	Brendan McConville	11.5	Mike Hewitt		Ryan Kerr	11.94	Mark Atkinson	13.6	Jack Campton
11.29	Andrew Graham		Patrick McGrattan		Andrew Mellon	12.1	Aaron Corbett	13.7	Johnny Arthur
11.36	Ben Reynolds		Tom Reynolds	11.76	Oliver Wakefield	12.12	Aaron Blackmore		Robert O'Neill
11.4	Stuart Brown	11.57	Matthew Hamilton	11.83	Ben Dempster	12.25	Jonathan Miller		Michael McComb
11.52	Luke Reynolds	11.82	Adan McComb	11.86	Mark Armstrong	12.28	Ben Dempster	13.73	Jonny Moore
			James Hammond	11.95	Michael Gaffney		James Doherty		

  

200m		200m		200m		200m		200m	
Senior		U20		U17		U15		U13	
21.5	Roger Sexton	21.75	Roger Sexton	<b>21.65</b>	<b>Aaron Sexton (NI Record)</b>	22.9	William Burnside	26.5	Philip Browne
21.81	Curtis Woods	22.2	Gareth Gettinby	22.5	William Burnside	23.29	Aaron Sexton	26.74	Oliver Wakefield
<b>21.97</b>	<b>Adam McComb</b>	22.5	William Burnside	22.7	Roger Sexton	23.4	Ken Hooks	27.1	Roger Perrott
21.98	Andrew Mellon	22.57	Mark Armstrong	22.95	Mark Armstrong	23.8	Gavin Ellis	27.7	Casey Blair
22.3	Kenny Elliott	22.8	Philip Browne	22.98	Aaron Blackmore		John Blackman	28.13	Zac Moraghan
22.36	John Saulters	22.9	Peter McPherson	23.0	Ken Hooks	23.99	James Ringland	28.2	Richard Higginson
22.42	Gareth Gettinby	22.96	Patrick Gregg	23.2	Gareth Gettinby	24.0	Philip Browne	28.29	Jonny Moore
22.50	Kenny Elliott	23.0	Mark Patterson		Matthew Hamilton	24.09	Mark Atkinson	28.40	Aaron Sexton
22.72	Philip Browne	23.29	Callum Hunter	23.31	Andrew Mellon	24.1	James Doherty	28.8	Paul McAlinden
22.92	Tom Reynolds	23.4	Tom Reynolds	23.4	John Blackman	24.16	Kerrin Young		Mark Patterson
23.1	Stephen Enright	23.41	James Hammond		Peter McPherson	24.36	Matthew Hamilton	28.9	Michael McComb
23.3	Paul Fleming	23.55	Richard Higginson	23.46	Peter Glass	24.46	Jonathan Arthur	29.0	Glen Trimble
23.5	Paul Curran	23.66	David Ritchie	23.5	Kerrin Young	24.5	Paul Foster	29.01	Gareth Gettinby
23.53	Ben Reynolds		Matthew Hamilton	23.8	James Hammond	24.52	Richard Kelly	29.1	Mark Armstrong
23.58	Brendan McConville	23.7	Adam McComb	23.94	Aaron Corbett			29.18	Michael McComb
	Matthew Hamilton								

Denotes performances in 2016

Last Update 24.01.2017

## NDAC Top Male T&F Performances (Outdoors)

<b>300m</b>	<b>300m</b>	<b>300m</b>	<b>300m</b>	
<b>Senior</b>	<b>U20</b>	<b>U17</b>	<b>U15</b>	
34.70 Curtis Woods	36.83 Andrew Mellon	36.12 Andrew Mellon	38.02 Aaron Sexton	
36.0 John Saulters	39.47 Ben Dempster	37.00 Aaron Sexton	39.28 Aaron Blackmore	
36.58 Kenny Elliot	40.53 Gareth Lyness	<b>40.16 Isaac Hart</b>	40.03 Luke Adair	
37.08 Tom Reynolds	40.6 Josh Lowry	40.66 Glen Willis	41.19 Reece Corbett	
38.33 Roger Sexton (M40)	40.95 Nial McGrattan	<b>41.31 Luke Adair</b>	<b>41.71 Jakob Swann</b>	
38.37 Brendan McConville		42.70 Oscar Yandall	42.06 Stefan Yathindran	
41.70 Lloyd Hannigan		42.98 Reece Corbett	42.25 Josh Majury	
42.35 Stephen Glass			43.65 Ben McCaughan	
			<b>44.07 Zac Moraghan</b>	
			<b>45.89 Jonny Moore</b>	
<b>400m</b>	<b>400m</b>	<b>400m</b>	<b>400m</b>	<b>400m</b>
<b>Senior</b>	<b>U20</b>	<b>U17</b>	<b>U15</b>	<b>U13</b>
<b>47.48 Andrew Mellon</b>	47.93 Andrew Mellon	<b>49.60 Aaron Sexton</b>	52.6 Kerrin Young	61.6 James Kirkpatrick
<b>47.61 Adam McComb</b>	49.56 Mark Patterson	49.85 Andrew Mellon	55.18 Aaron Sexton	62.96 Paul Wilson
48.49 Curtis Woods	50.6 Roger Sexton	50.3 Ken Thompson	55.3 Chris Whelan	63.15 Casey Blair
49.31 John Saulters	51.0 William Burnside	51.5 Kerrin Young	55.57 James Kirkpatrick	66.9 Mark Patterson
49.48 Brendan McConville	51.12 Tom Reynolds	51.9 Paul Fleming	55.9 Paul Wilson	67.9 Robert Milling
49.84 Tom Reynolds	51.37 Adam McComb	52.0 William Burnside	56.56 James Ferguson	68.0 Gareth Davis-Jones
50.1 Michael Dyer	51.8 Brendan McConville	52.8 Roger Sexton	56.6 Matthew Heaney	68.9 Mark Magee
50.20 Kenny Elliott	52.3 Gareth Gettinby	53.10 Mark Patterson	James Doherty	70.0 Brendan McConville
50.4 Roger Sexton	52.4 Paul Fleming	53.2 Chris Whelan	56.63 Grant Montgomery	70.6 Steven Colwell
50.43 Paul Curran	52.45 Paul Curran	53.5 Glen Willis	56.7 Richard Hamilton	71.3 Neil Johnston
50.95 Mark Patterson	52.50 Mark Armstrong	53.6 Ken Woods	Andrew Mellon	
51.34 Peter Glass	52.72 Callum Hunter	53.80 Chris Whelan	56.8 Sean Crowther	No longer run at U13
52.18 Mark Weir	53.33 Gareth Lyness	53.9 Peter McPherson	57.18 Stewart Lemon	
	53.8 John Carlisle	54.02 Niall Robinson	57.2 John Blackman	
		54.19 Aaron Blackmore	57.26 Matthew Heaney	

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Last Update 24.01.2017

## NDAC Top Male T&F Performances (Outdoors)

<b>800m</b>	<b>800m</b>	<b>800m</b>	<b>800m</b>	<b>800m</b>
<b>Senior</b>	<b>U20</b>	<b>U17</b>	<b>U15</b>	<b>U13</b>
1:50.25 Michael Dyer	1:49.20 Mark Patterson	1:56.92 Mark Patterson	2:05.3 Sean Crowther	2.25.5 Sean Crowther
1:51.42 Mark Patterson	1:53.55 Niall Robinson	1:59.34 Niall Robinson	2:06.0 Gareth Davis-Jones	2.26.9 Mark Patterson
1:52.67 Niall Robinson	1:54.53 Jordan Neil	1:59.47 Glen Willis	2:07.0 Mark Weir	2.28.9 Scott Davidson
1:54.73 Jordan Neil	1:55.2 Michael Dyer	1:59.5 Sean Crowther	Peter Swann	2.29.5 Gareth Davis-Jones
1:55.5 James Budde	1:57.39 Jordan Stokes	Craig Blackman	<b>2.08.95 Jakob Swann</b>	2.30.0 Mark Weir
1:56.1 Jonathan Ross	1:58.21 John Carlisle	2:00.3 Mark Weir	2:11.7 Kerrin Young	2.30.06 Mark Armstrong
1:56.8 Geoffrey Weir	1:58.6 Mark Weir	2:02.3 Robin Brown	2:12.70 Grant Montgomery	2.30.7 James Budde
1:57.64 John Carlisle	2:00.70 Josh Lowry	2:02.7 Stuart Harding	2:13.7 Tom Reynolds	2.30.9 James Kirkpatrick
1:57.7 John Saulters	<b>2:00.81 Craig McMeechan</b>	2:02.87 Jordan Neil	2:14.13 Glen Willis	2.31.4 Andrew Massey
1:58.4 Francis Marsh	2:00.9 Tim Reid	2:04.52 Jordan Stokes	2:14.3 John Boyle	2.32.1 Matthew Neill
1:59.3 Mark Weir	2:01.2 Paul Curran	2:04.68 Craig McMeechan	2:14.6 Robin Brown	
1:59.4 Paul Curran	2:01.9 Gareth Davis-Jones	2:05.58 Reece Simpson		
2:00.00 Jordan Stokes	2:02.4 Thomas Welshman			
2:00.93 Robin Brown	2:02.6 Stuart Harding			

  

<b>1500m</b>	<b>1500m</b>	<b>1500m</b>	<b>1500m</b>	<b>1500m</b>
<b>Senior</b>	<b>U20</b>	<b>U17</b>	<b>U15</b>	<b>U13</b>
3:43.43 Jordan Neil	3:49.21 Jordan Neil	4:00.9 Ken Thompson	4:26.0 Mark Weir	4:53.95 James Budde
3:47.33 Michael Dyer	3:57.56 Mark Patterson	4:09.0 Geoffrey Weir	4:27.0 Ken Thompson	4:59.9 Mark Armstrong
3:52.8 Niall Robinson	4:00.49 Niall Robinson	4:09:9 Jordan Neill	4:31.2 Peter Swann	5:00.85 Josh Lowry
3:56.98 Jordan Stokes	4:03.0 John Carlisle	4:10:91 Glen Willis	4:31.7 Stuart Harding	5:04:37 Brendan McConville
3:57.34 Niall Robinson	4:03.70 Jordan Stokes	4:12.4 Chris Stewart	4:32.0 Gareth Davis-Jones	5:10.8 Gareth Freeman
3:58.54 Francis Marsh	<b>4:06.81 Craig McMeechan</b>	4:13.3 Gareth Davis-Jones	4:33.78 Glen Willis	5:11.07 Charles McNutt
3:59.54 James Budde	4:07.6 Michael Dyer	4:14:9 Niall Robinson	4:34.83 Chris Whelan	5:12.18 John McNally
4:00.4 Mark Weir	4:10.0 Mark Weir	4:15.80 Craig McMeechan	<b>4:34.91 Jakob Swann</b>	5:13.95 Eoghan O'Callaghan
4:00.9 Geoffrey Weir	4:11.1 Thomas Welshman	4:15:94 Mark Patterson	4:35.2 Jordan Neill	5:14.72 Johnny McCracken
4:03.4 John Carlisle	4:12.0 Gareth Davis-Jones	4:19.0 Mark Weir	4:38.7 Alex Donald	5:16.19 Aaron Sexton
4:07.11 Robin Brown	4:14.5 Robin Brown	4:21.0 Robin Brown	4:42.0 Keith McClure	5:17.2 Stuart Donald
	4:19.91 Josh Lowry	4:21.8 Stuart Harding	4:42.08 Robin Brown	<b>5:17.27 Jude Dowey</b>
	4:21.99 Paul Curran			5:18.1 Alex Donald
				5:18.4 Michael Patterson

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## NDAC Top Male T&F Performances (Outdoors)

### 3000m

#### Senior

8:33.3 Jonathan Ross  
 8:44.4 Geoffrey Weir  
 8:45.03 Robin Brown  
 8:46.86 Michael Dyer  
 8:48.6 Ian Lyle  
 8:49.4 Francis Marsh  
 8:52.90 Niall Robinson  
 8:53.41 James Budde  
 8:54.9 Noel Munnis  
 8:58.95 Jordan Stokes  
 9:08.0 Peter Nugent  
 9:11.87 Dennis Scott  
 9:13.67 Stephen Wylie

### 3000m

#### U20

**8:35.95 Craig McMeechan**  
 8:36.26 Jordan Neil  
 9:12.2 Robin Brown  
 9:13.8 Michael Dyer  
 9:17.3 Chris Stewart  
 9:29.3 Mark Weir  
 9:37.4 Paul Curran  
 9:41.9 Stuart Donald  
 9:44.8 Michael Patterson  
 9:46.0 Jamie Stewart  
 9:51.0 James Budde  
 9:51.3 Alex Donald

### 3000m

#### U17

8:59.72 Craig McMeechan  
 9:03.8 Jordan Neill  
 9:27.2 Robin Brown  
 9:31.4 Stuart Harding  
 9:36.6 James Budde  
 9:39:0 Gareth Davis-Jones  
 9:42.3 Alex Donald  
 9:44:2 Paul Curran  
 9:47.56 Glen Willis  
 9:53.3 John Carlisle  
 10:03.59 Reece Simpson  
 10:04.2 Mark Patterson  
**10:05.53 Thomas Patterson**

### 3000m

#### U15

10:07.4 Jordan Neill  
**10:08.75 Jakob Swann**  
 10:11.0 Chris Whelan  
 10:18.68 Glen Willis  
 10:29.2 Mark Montgomery  
 10:35.0 Alex Donald  
 10:36.7 Stuart Donald  
 10:38.3 Mark Patterson  
 10:39.85 Michael Patterson  
 10:43.6 Gareth Freeman  
 10:46.5 Niall Robinson  
 10:47.5 James Budde

### 5000m

#### Senior

15:18.19 Robin Brown  
 15:28.2 Ian Lyle  
 15:29.05 Francis Marsh (M40)  
 15:30.6 Noel Munnis  
 15:51.2 Peter Nugent  
 15:54.79 Dennis Scott  
 16:15.68 Stephen Wylie  
 16:21.50 Brian Barron  
 16:22.7 Mark Weir  
 16:26.88 Alex Donald  
 16:27.9 George Bell  
 16:47.4 James Budde  
 17:08.25 Terry Eakin (M55)  
 17:11.4 Robert Wilson

### 5000m

#### U20

15:22.56 Jordan Neil  
**15:28.93 Craig McMeechan**  
 15:49.8 Stuart Donald  
 16:15.9 Thomas Welshman  
 16:25.7 Chris Stewart  
 16:31.6 James Budde  
 16:53.5 Robin Brown  
 17:22.0 Mark Weir  
 17:56.5 Tim Reid  
 17:59.0 Gordon Montgomerie  
 18:25.54 Stuart Donald (U17)  
 19:07.9 Gavin Megaw (U17)

## NDAC Top Male T&F Performances (Outdoors)

### 10,000m

#### Senior

31:38.55 Noel Munnis  
32:38.0 Geoffrey Weir  
36:03.60 Terry Eakin (M50)  
39:52.6 David Seaton (M60)

### 3000m s'chase

#### Senior

9.36.94 Noel Munnis  
9:44.4 Ian Lyle  
9:53.9 Francis Marsh  
9:58.8 Chris Stewart  
10:02.35 James Budde  
10:07.8 Alex Donald  
10:18.98 Paul Curran (U20)  
10:23.2 John Quiery  
10:27.84 Gareth Davis-Jones (U20)  
10:41.3 Colin Smith (U20)  
10:41.82 Jordan Stokes (U20)  
10:47.82 Brian Barron

### 2000m s'chase

#### U20

6:15.6 Chris Stewart  
6:19.7 Gareth Davis-Jones  
6:21.4 Alex Donald  
6:34.59 Paul Curran  
6:49.5 Michael Patterson  
6:50.11 Alex Donald (U17)  
6:59.4 Colin Smith  
7:00.11 James Budde  
7:01.1 Jamie Stewart  
7:05.24 Corey Brown  
7:10.0 Brian Barron

### 1500m s'chase

#### U17

4:32.0 Gareth Davis-Jones  
4:33.0 Chris Stewart  
4:50.7 Stuart Harding  
4:51.45 Alex Donald  
4:52.4 Paul Curran  
4:52.52 Michael Patterson  
4:57.6 James Budde  
5:01.26 Jordan Neil  
5:04:3 Stuart Donald  
5:05.0 Mark Weir  
5:08.3 Sean Crowther  
5:09.33 Glen Willis

## NDAC Top Male T&F Performances (Outdoors)

Senior		U20		U17		U15		U13	
110mH (3'6")		110mH (3'3")		100mH (3'0")		80mH (2'9")		75mH (2'6")	
13.48	Ben Reynolds (NI Record)	13.71	Ben Reynolds (NI Record)	13.4	Ben Reynolds	11.7	Tom Reynolds	12.4	Philip Browne
14.54	Tom Reynolds	14.83	Peter Glass		Peter Glass	11.74	Peter Glass	12.5	Tom Reynolds
14.72	Luke Reynolds	15.1	Tom Reynolds	13.7	Luke Reynolds	11.8	Shaun Tinman	12.54	Zac Moraghan
14.76	Peter Glass	15.28	Luke Reynolds	13.84	Philip Browne	11.82	Philip Browne	12.6	Luke Reynolds
14.83	Brendan McConville	15.94	Scott McCauley	14.0	Tom Reynolds	11.9	Luke Reynolds		Oliver Wakefield
16.05	Tom Patton	16.0	David Tughan	14.6	Karl Brown	12.08	Kerrin Young	12.8	Ben Reynolds
16.1	Mike Bull	16.1	Brendan McConville	14.7	Kerrin Young	12.09	Shaun Tinman	13.18	Oliver Wakefield
16.3	Paul Curran	16.3	Paul Curran		Shaun Tinman	12.2	Barry Kelly	13.3	James Kirkpatrick
16.56	Callum Hunter (U20)	16.5	Philip Browne	14.8	Barry Kelly	12.3	Karl Brown	13.33	Steven Colwell
16.64	Phil Browne (U20)	16.53	Callum Hunter		Scott McCauley	12.33	Steven Colwell	13.6	David Perry
16.7	David Tughan	16.6	Barry Kelly		Callum Hunter	12.4	Callum Hunter	13.8	Karl Brown
		17.0	Michel McConkey	14.88	Oliver Wakefield	12.5	Steven Gardiner	14.0	James Hunter
						12.64	Oliver Wakefield	14.37	Jack Campton
						12.7	Scott McCauley	14.4	Callum Hunter
						12.73	Aaron Sexton		

Senior		U20		U17		U15	
400mH (3'0")		400mH (3'0")		400mH (2'9")		400mH (2'6")	
52.70	Tom Patton	56.2	Kerrin Young (U17)	54.8	Kerrin Young	65.27	Matthew Heaney
54.30	Peter Glass	58.6	James Niblock	60.75	Peter Glass	72.3	Peter Wickens
55.65	Brendan McConville	59.8	Kerrin Young	60.85	Grant Montgomery	81.3	Curtis Mullan
56.6	Paul Curran	61.43	Callum Hunter	62.7	Matthew Heaney		
57.47	Tom Reynolds	61.74	Gareth Lyness	64.4	Brendan McConville	No longer run at U15	
57.76	Kenny Elliott	62.1	Barry Kelly	66.7	Alex Donald		
60.38	James Budde	62.5	Tom Reynolds	68.1	Curtis Mullan		
62.35	Alex Donald	62.8	Stuart Wilson	68.90	Richard Gordon		
62.88	Kris Lockhart	62.9	David Weir	68.99	Peter Speers		
65.4	Stuart Wilson	63.9	Brendan McConville		<b>Sam Rutherford (U15)</b>		
66.09	Francis Marsh	64.68	Stuart Harding (U17)	69.02	Ciaran Farren		
67.4	Stuart Donald	64.89	Gareth Davis Jones (U17)	69.43	Scott McCauley		
69.07	Richard Lockhart	<b>65.32</b>	<b>Peter Speers</b>				
		66.08	Luke Reynolds (U17)				

## NDAC Top Male T&F Performances (Outdoors)

### Senior

#### High Jump

2.05 Darragh Murphy  
 2.03 Brendan McConville  
 2.02 Peter Glass  
 2.00 Ben Reynolds  
 1.97 Paul Curran  
 1.95 Eugene Fusco  
 1.93 David Robb  
 1.88 Mike Bull  
 1.86 Tom Reynolds  
 1.85 Evan Wright

### U20

#### High Jump

2.11 Darragh Murphy (NI Record)  
 2.07 Ben Reynolds  
 2.02 Brendan McConville  
 2.00 David Robb  
 1.95 Paul Curran  
 Peter Glass  
 1.85 David McEvoy  
 1.82 Jonathan Kirk  
 1.80 Matthew Martin  
 Callum Hunter  
 1.77 Tom Reynolds  
 1.70 Nico Espana  
**Oliver Wakefield**

### U17

#### High Jump

2.04 Darragh Murphy  
 1.95 Ben Reynolds  
 1.93 Peter Glass  
 1.90 David Robb  
 1.80 Greg Savage  
 Brendan McConville  
 1.77 Philip Gray  
 1.76 Richard Wilson  
 Mark Burton  
 1.75 Keith Mulligan  
 Michael McConkey  
 Kerrin Young  
 Jonathan Kirk  
 1.74 Nico Espana  
 1.73 Stephen Loughlin

### U15

#### High Jump

1.86 Darragh Murphy  
 1.83 Steven Gardiner  
**Troy McConville**  
 1.75 Keith Matthews  
 1.71 Kerrin Young  
 1.70 Brendan McConville  
 1.66 Aaron Sexton  
 1.65 David Robb  
 1.64 Oliver Wakefield  
 1.61 Tom Reynolds  
 1.60 Greg Savage  
 Richard Wilson  
 Paul Coey  
 Luke Reynolds  
 Courtney Marsh  
 Matthew Heaney  
 Callum Hunter  
 Max Clarke

### U13

#### High Jump

1.51 Ben Reynolds  
 1.46 Brendan McConville  
 1.45 Darragh Murphy  
 Oliver Wakefield  
 1.41 Troy McConville  
 1.40 Richard Kelly  
 1.39 Michael McWilliams  
 1.38 Andrew McIlvenny  
 1.36 Neil O'Driscoll  
 1.35 Michael Connors  
 James Hunter  
 Charles McNutt  
 Jonny Moore  
 Finn Ritchie  
 1.33 Philip Browne

### Senior

#### Pole Vault

5.05 Mike Bull  
 4.80 Brendan McConville  
 Peter Glass  
 4.60 Tom Reynolds  
 3.70 Ben Reynolds  
 3.30 Paul Curran  
 3.00 Patrick Campbell  
 2.80 Stephen Enright  
 2.80 Eugene Fusco

### U20

#### Pole Vault

4.15 Brendan McConville  
 4.10 Patrick Campbell  
 3.80 Michael McConkey  
 Peter Glass  
 3.70 Ben Reynolds  
 3.60 Tom Reynolds  
 3.00 Paul Curran  
 Luke Reynolds  
 Callum Hunter

### U17

#### Pole Vault

4.00 Ben Reynolds  
 3.80 Luke Reynolds  
 Patrick Campbell  
 3.50 Peter Abernathey  
 3.30 Stephen Loughlin  
 3.20 Michael McConkey  
 3.10 Tom Reynolds  
 2.90 Jonathan Kirk  
 2.80 Brendan McConville  
 2.60 Michael Connors

### U15

3.01 Ben Reynolds  
 2.90 Peter Abernathey  
 2.60 Tom Reynolds  
 2.13 Keith Beattie

## NDAC Top Male T&F Performances (Outdoors)

Senior		U20	U17	U15	U13				
Long Jump		Long Jump	Long Jump	Long Jump	Long Jump				
7.14	Tom Reynolds	6.80	Peter Glass	6.43	Ben Reynolds	6.21	Tom Reynolds	4.99	Oliver Wakefield
7.07	Alan Kennedy	6.73	Ben Reynolds	6.41	Peter Glass	6.09	Oliver Wakefield	4.93	Philip Browne
7.04	Peter Glass	6.65	Keith Eskdale	6.24	Philip Browne	5.91	Patrick Gregg	4.87	Ben Reynolds
6.85	Brendan McConville	6.62	Jason Blanc	6.23	Tom Reynolds	5.84	Darragh Murphy	4.84	Darragh Murphy
6.82	Mike Bull	6.61	Philip Browne	6.16	Matthew Heaney	5.78	Philip Browne	4.78	David Robb
6.80	Paul Curran	6.59	Paul Curran	6.11	Callum Hunter	<b>5.74</b>	<b>Troy McConville</b>	4.73	Matthew Hamilton
6.66	Eugene Fusco	6.47	Callum Hunter	6.10	Gareth Gettinby	5.68	Aaron Corbett	4.65	James Kirkpatrick
6.62	Jason Blanc	6.45	Tom Reynolds		Mark McClean	5.60	Callum Hunter	4.62	David Perry
6.61	Philip Browne		<b>Oliver Wakefield</b>	6.06	Patrick Gregg	5.54	Barry Kelly	4.61	Michael McWilliams
6.60	Neil McArdle	6.37	Patrick Gregg		Oliver Wakefield	5.52	Peter McPherson	4.60	Gareth Gettinby
6.39	Ben Reynolds	6.33	David McEvoy	6.00	David Ritchie	5.51	James Kirkpatrick		Roger Perrott
		6.32	Gareth Gettinby	5.98	Eugene Fusco	5.40	Matthew Heaney	4.55	Jonny Moore
				5.91	Aaron Corbett	5.34	Ken Hooks	4.53	Micheal McComb
						5.34	Jason Blanc	4.50	Ben Stevenson

Senior		U20	U17	U15	U13				
Triple Jump		Triple Jump	Triple Jump	Triple Jump	Triple Jump				
14.90	Alan Kennedy	13.66	Paul Curran	13.35	Brendan Goss	11.80	Darragh Murphy	9.91	Darragh Murphy
14.39	Paul Curran	13.41	Brendan Goss	13.19	Scott McCauley	11.51	Mark Burton	8.78	Steven Colwell
14.23	Callum Hunter	13.36	Peter Glass	12.95	Mark Burton	11.50	Paul Cushenham	8.67	Michael Connors
13.81	Eugene Fusco	13.24	Callum Hunter	12.69	Andrew Kane	11.45	Roger Perrott	8.33	Richard Kelly
13.38	Neil McArdle	13.12	Scott McCauley	12.66	Gavin Gordon	11.37	Callum Huter	7.93	Stephen Barr
13.02	Tom Reynolds	13.05	Darragh Murphy	12.61	Mark McClean	11.34	Steven Gardiner		
12.00	Peter Glass	13.04	Philip Browne	12.45	Ian Jamison	11.33	Mark Atkinson		
11.98	Philip Browne	12.95	Eugene Fusco	12.40	Brendan McConville	11.26	Shaun Tinman		
11.94	Brendan McConville	12.73	Ian Jamison	12.28	Tom Reynolds	11.20	Johnny Baxter		
11.54	Patrick Gregg	12.65	Gavin Gordon	12.27	Mark McClean	11.16	Jason Blanc		
11.18	Alex Donald	12.51	Jason Stevenson	11.97	Stephen Loughlin	11.10	Philip Browne		
11.11	Jason Blanc					11.02	Tom Reynolds		
						10.95	James Ringland		



## NDAC Top Male T&F Performances (Outdoors)

Senior	U20	U17	U15	U13
Shot putt (7.26kg)	Shot putt (6kg)	Shot putt (5kg)	Shot putt (4kg)	Shot putt (3.25kg)
<b>14.86</b> Peter Glass	15.39 Jeremy Harper	14.48 Matthew Martin	13.56 Peter Wickens	10.07 James Kirkpatrick
14.44 Michael McConkey	13.69 Peter Glass	14.20 Peter Glass	13.28 Jonathan Kingsberry	9.94 Tom Reynolds
14.32 Jeremy Harper	13.58 Michael McConkey	13.96 Mark Pielou	13.20 Keith Matthews	9.14 Richard Kelly
13.36 Tom Reynolds	13.25 Tom Reynolds	13.61 Jeremy Harper	12.22 Michael McConkey	8.83 Gareth Irvine
13.14 Mike Bull	12.93 Ben Worthington	13.04 Michael McConkey	12.21 Richard Kelly	8.82 Niall McGrattan
13.00 Brendan McConville	12.79 Ben Reynolds	12.82 Jonathan Kingsberry	12.07 James Kirkpatrick	8.80 David Cooke
12.31 Ben Worthington (U20)	12.61 Richard Lockhart	12.71 Ben Reynolds	11.60 Ben Worthington	8.61 Matthew Crowther
11.63 David Robb	11.21 Darragh McDonald	12.60 Tom Reynolds	11.53 David Cooke	8.56 Ben Reynolds
11.53 Matthew Martin (U20)	10.85 Ben McDonell	12.21 Peter Wickens	11.15 Louis Atkinson	8.36 Michael McConkey
11.52 Patrick McGrattan		11.89 Richard Lockhart	10.96 Andrew Kennedy	8.30 Karl Brown
11.33 Richard Lockhart (U20)		11.62 Darragh McDonald	10.84 Matthew Crowther	Oliver Wakefield
11.20 Mark Pielou		11.29 Matthew Crowther	10.43 Michael Gaffney	8.26 Sam Rutherford
11.01 Ian McMullan				

Senior	U20	U17	U15	U13
Discus (2kg)	Discus (1.75kg)	Discus (1.5kg)	Discus (1.25kg)	Discus (1kg)
51.48 Jeremy Harper	48.85 Jeremy Harper	45.94 David Keys	42.02 David Keys	29.52 James Kirkpatrick
45.55 Peter Glass	45.59 Gareth Irvine	45.31 Gareth Irvine	41.25 Gareth Irvine	25.04 Tom Reynolds
42.78 Ian McMullan	41.73 David Keys	43.64 Jeremy Harper	39.80 Tom Reynolds	23.45 Gareth Irvine
39.02 David Keys (U20)	39.74 Peter Glass	42.25 Michael McConkey	38.50 Jonathan Kingsberry	22.85 Philip Brown
38.82 Tom Reynolds	37.89 Tom Reynolds	39.35 Aaron Stirling	37.98 Michael McConkey	22.83 Louis Atkinson
38.16 Mike Bull	37.20 Ben Worthington	38.89 Peter Glass	36.91 James Kirkpatrick	21.32 Michael McConkey
37.78 Michael McConkey	37.11 Michael McConkey	37.59 Joe Kingsberry	34.99 Aaron Stirling	21.00 Michael Dorrian
37.37 Brendan McConville	36.22 Ben Reynolds	35.85 Ben Worthington	33.42 Louis Atkinson	19.84 Matthew Wilson
35.52 Paul Curran	34.63 Joe Kingsberry	35.55 Josh Close	32.78 Peter Wickens	19.30 Ben Reynolds
32.93 Ben Worthington (U20)	34.10 Mark Pielou	35.30 Richard Lockhart	31.90 Neill Kelly	19.13 Oliver Wakefield
32.16 Aaron Stirling (U17)	32.59 Aaron Stirling	35.01 Ben Reynolds		
31.94 Scott Kirkpatrick (U17)	31.92 Ben McConnell			
31.07 Richard Lockhart (U20)	30.84 Kurt Simpson			
30.90 Ben Reynolds (U20)	30.40 Paul Curran			

## NDAC Top Male T&F Performances (Outdoors)

Senior		U20		U17		U15	
Hammer (7.26kg)		Hammer (6kg)		Hammer (5kg)		Hammer (4kg)	
46.45	Richard Lockhart (U20)	49.20	Richard Lockhart	54.45	Aaron Stirling	51.29	David Keys
40.03	Aaron Stirling (U20)	47.45	David Keys	53.06	David Keys	43.68	Peter Wickens
39.16	David Keys (U20)	42.50	Aaron Stirling	45.31	Gareth Irvine	36.55	Jonathan Kingsberry
38.42	Jeremy Harper	36.22	Ben Reynolds	44.32	Richard Lockhart	34.16	Aaron Stirling
38.22	Ian McMullen	35.29	Neil Duigan	39.36	Joe Kingsberry	28.51	Louis Atkinson
35.58	Chris Summers	31.56	Chris Summers	37.35	Neil Duigan	24.59	Pierce Clarke
33.66	Stephen Mulholland			36.64	Peter Wickens	18.74	Andrew Bradley
31.75	Neil Duigan (U20)			32.22	Gareth Irvine	16.83	Niall McGrattan
27.78	Paddy McGrattan(M45)			28.35	Jeremy Harper	15.30	Conor McGrattan
				25.56	Pierce Clarke		
				23.70	Karl Lamont		
				22.75	Matthew Stockton		
				22.28	Josh Close		
				21.53	Darragh McDonald		

Senior		U20		U17		U15		U13	
Javelin (800g)		Javelin (800g)		Javelin (700g)		Javelin (600g)		Javelin (400g)	
63.69	Michael McConkey	63.73	Matthew Martin	59.64	Matthew Martin	49.19	Michael Gaffney	33.62	Zac Moraghan
<b>57.65</b>	<b>Matthew Stockton</b>	57.26	Matthew Stockton	58.76	Michael Gaffney	46.41	Oscar Yandall	31.90	Michael McConkey
56.61	Peter Glass	<b>54.49</b>	<b>Michael Gaffney</b>	52.64	Michael McConkey	42.80	Andrew Kane	31.11	Finlay Greer
53.37	Freddie Pask	51.43	Peter Glass	51.87	Peter Glass	42.76	Roger Perrott	31.04	David Perry
52.41	Jeremy Harper	50.93	Niall McGrattan	50.63	Matthew Stockton	41.98	Michael McConkey	29.77	Niall McGrattan
50.76	Brendan McConville	50.51	Peter Glass	48.74	Roger Perrott	41.35	Ben McDonnell	28.00	Michael McWilliams
50.50	Tom Reynolds	44.53	Ben McDonnell	46.03	Conor McGrattan	40.24	Niall McGrattan	24.92	Mathew Wilson
49.78	Patrick McGrattan	43.81	Ben McCloy (U17)	45.47	Ben McCloy	38.82	Matthew Stockton	23.88	David Robb
48.24	Roger Perrott	43.40	Neil Dougan	45.33	Karl Lamont	38.42	Conor McGrattan	23.80	James Budde
47.77	Paul Curran	42.82	David Robb	45.29	Ben McDonnell	38.40	Matthew Martin	23.38	Conor McGrattan
46.00	Mike Bull	42.63	Tom Reynolds	44.87	Niall McGrattan	36.71	Joshua Majury	22.34	Michael Gaffney
	Arnie Wilson	42.18	Karl Lamont	44.35	Aaron Corbett	36.39	Karl Lamont	22.20	Luke Reynolds
<b>45.78</b>	<b>Niall McGrattan</b>	40.19	Aaron Corbett	44.27	Ben Reynolds	35.63	Luke Reynolds	21.76	Michael Foster
45.70	Evan Wright			44.20	Patrick McGrattan	35.26	Lucas Yandall	21.56	Colin Munnis
45.32	Ian McMullan			44.12	Tom Edwards	34.32	Brendan McConville	21.37	Glen Willis
43.32	Karl Lamont								

Denotes performances in 2016

Last Update 24.01.2017

## NDAC Top Male T&F Performances (Outdoors)

Senior	U20	U17	U15	U13
Combined events	Combined events	Combined events	Combined events	Combined events
<b>DECATHLON</b>	<b>DECATHLON</b>	<b>OCTATHLON</b>	<b>PENTATHLON</b>	<b>PENTATHLON</b>
7510 Peter Glass	6448 Tom Reynolds	4166 Philip Browne	<b>2691 Troy McConville</b>	1674 Oliver Wakefield
7324 Brendan McConville	5683 Peter Glass	4012 Michael McConkey	2427 Aaron Sexton	1130 Jack Campton
7270 Tom Reynolds	5419 Callum Hunter	3900 Tom Reynolds	2150 Philip Browne	998 Daniel McAllen
6366 Paul Curran		3743 Aaron Corbett	2083 Glen Willis	
5562 Michael McConkey (U20)		3535 Callum Hunter	2066 Mark Widdowson	
		3471 Luke Reynolds	1994 Conor McGrattan	
		3288 Matthew Stockton	1968 James Kirkpatrick	
		3263 Scott McCauley	1801 Peter Wickens	
		3228 Stephen Loughlin	1669 Martyn Quinn	
		3098 Matthew Heaney	1666 Ben Reynolds	
		3034 David Weir	1517 Daniel Gouk	
			1324 Mark Marsh	
			1282 Shaun Tinman	
			1273 Andrew Kennedy	
		<b>DECATHLON</b>		
		6180 Ben Reynolds		

### Previous weight specifications

#### U20 Shot putt (6.25kg)

14.10	Matthew Martin
13.07	Richard Lockhart
12.87	Mark Pielou
12.79	Ben Reynolds
12.50	David Robb
12.46	Michael McConkey
12.28	Tom Reynolds

#### U15 Discus (1.5kg)

25.54	David Cooke
25.18	Ken Woods
23.44	Richard Hamilton
22.20	Roger Perrott
22.14	Paul Kirkpatrick
20.18	Neil McGrattan
19.02	Duncan Scarth

#### U13 Javelin

	500g
29.00	Gareth Freeman
27.63	Niall McGrattan
	600g
25.60	Conor McGrattan
23.66	Gareth Freeman
22.48	Eamon McConville
22.34	Michael Gaffney
21.26	James Budde
21.18	Andrew Coulter
20.60	Brendan McConville
19.94	Stephen Barr
19.70	Michael Leonard