

North Down Open Meet No 3: 7th July 2015

100m Female Race 1 (-0.1)

1	Rachel McAdam	North Down	13.39	26/09/2001	F15
2	Megan Drummond	North Down	14.10	23/08/2003	F13
3	Leah McClements	North Down	14.10	01/10/2001	F15
4	Eve Dann	North Down	15.14	05/11/2001	F15

100m Female Race 2 (-0.9)

1	Sarah Connolly	North Down	12.77	03/10/1996	F20
2	Holly Brannigan	North Down	12.96	08/11/1999	F17
3	Olivia Cumming	North Down	12.98	13/09/1998	F20
4	Joan Melanophy	St Peters Lurgan	15.96	22/05/1971	F40
5	Jenny Magill	East Coast	16.07	21/11/1975	F35
6	Beverly Martin	Orangegrove	16.71	14/05/1961	F50

1500m Female

1	Katie Moore	North Down	4:57.0	17/11/1995	F23
2	Jenny Black	Orangegrove	5:04.6	29/09/76	F35
3	Catherine O'Connor	East Down	5:06.1	25/11/1984	FO
4	Murphy Miller	North Down	5:13.6	17/01/2002	F15
5	Edie Carroll	East Down	5:33.3	27/05/2002	F15
6	Nia McNally	North Down	5:38.5	14/03/2001	F17
7	Hannah Gilliland	East Down	5:42.6	17/07/2002	F15
8	Elisha Surginor	East Down	5:59.1	23/10/1999	F17

3000m Mixed

1	Leanne Gibson	Orangegrove	11:26.37	18/03/1979	F35
2	Lyndsey Pronger	Orangegrove	11:46.85	11/08/1988	FO
3	Stephen Hamilton	Orangegrove	11:59.08	25/02/1976	MO
4	Brian Todd	Orangegrove	12:00.08	21/10/1951	M60
5	Liam Smith	U/A	12:20.21	06/01/1965	M50
6	Julie McKimm	Orangegrove	12:37.91	30/04/1975	F40
7	Emma McWilliams	Orangegrove	12:57.32	13/05/1971	F45
8	Verity Corndord	Orangegrove	13:44.96	06/11/1977	F35
9	Catherine Fearon	Orangegrove	14:08.24	15/04/1987	FO
10	Eoin Woodman	Orangegrove	18:59.78	07/05/1940	M75

400m Female Race 1

100m Male Race 1 (+0.1)

1	Peter Wright	Ballymena & Antrim	12.08	29/04/2001	M15
2	Luke Adair	North Down	12.09	29/09/2000	M15
3	Matthew McGrattan	East Down	12.74	06/09/2000	M17
4	Luke Pollock	Ballymena & Antrim	12.83	10/02/2001	M15
5	James Wright	Ballymena & Antrim	13.67	18/01/2003	M13
6	Johnny Moore	North Down	13.70	18/08/2002	M15
7	Harry Brown	East Down	16.70	16/03/2004	M13

100m Male Race 2 (+1.0)

1	Niall McGrattan	North Down	11.66	01/06/1996	M20
2	Philip McKinney	Ballymena & Antrim	12.19	03/10/1976	M35
3	Owen Agnew	Ballymena & Antrim	12.22	18/03/1997	M20
4	Martin Burke	East Down	12.58	06/10/1999	M17
5	Derek Bunting	Belfast Running Club	12.82	17/04/1966	M45
6	Joe Frey	Lagan Valley	13.72	29/05/1957	M55
7	Darren Moffitt	Orangegrove	14.90	11/05/1969	M45

100m Male Race 3 (-0.5)

1	Gareth Thompson	City of Lisburn	10.92	07/02/1997	M20
2	Callum Hunter	North Down	11.16	20/01/1994	M23
3	Christopher Doherty	Ballymena & Antrim	11.28	11/02/1999	M17
4	Aaron Carlyle	Derry City	11.44	22/09/1983	MO
5	Ryan Henry	Willowfield	11.48	24/01/1993	M23
6	Roger Sexton	North Down	11.76	07/02/1969	M45
7	Matthew Pinkerton	U/A	12.05	17/06/1994	M23

1500m Male Race 1

1	Conor Irving	City of Lisburn	4:31.2	27/12/1998	M17
2	James Smyth	East Down	4:35.6	09/07/1999	M17
3	Owen Edwards	East Down	4:58.9	11/07/2000	M15
4	Oliver McKibbin	Dromore	5:01.2	31/01/2000	M15
5	Dylan McBride	Willowfield	5:03.1	17/09/2003	M13
6	James McCaughey	North Down	5:12.9	09/02/2001	M15
7	Barry Morris	City of Lisburn	5:26.7	30/06/1949	M65
8	Mackenzie Murray	East Down	6:34.8	29/09/2004	M13

1500m Male Race 2

1	Alison O'Toole	East Coast	66.88	09/10/1978	F35	1	James Budde	North Down	4:09.5	17/08/1981	MO
2	Ella Carroll	East Down	68.80	30/04/2000	F17	2	Dennis Scott	North Down	4:20.6	23/04/1986	MO
3	Caroline O'Hare	East Down	71.03	02/03/1999	FO	3	Reece Simpson	North Down	4:24.0	27/11/1998	M17
4	Gabrielle Gardiner	City of Lisburn	72.05	20/10/1990	FO	4	Liam Venney	East Down	4:24.6		MO
5	Laura Greene	East Down	74.20	02/04/2000	F17	5	Francis Marsh	North Down	4:25.6	12/12/1965	M45
6	Joy McAleer	Orangegrove	78.58	02/05/1962	F45	6	Mark Weir	North Down	4:31.4	03/01/1942	M40

400m Female Race 2

1	Kelly Neely	City of Lisburn	59.20	17/10/1978	F35	9	Stephen Orr	Orangegrove	4:41.4	04/05/1976	M35
2	Rachel Gibson	North Down	59.92	15/02/1991	FO	10	Craig McDermid	North Down	4:43.5	16/06/1997	M20
3	Holly Brannigan	North Down	62.48	08/11/1999	F17	11	Gareth Watton	North Down	4:51.9	10/06/1987	MO
4	Sarah Connolly	North Down	62.68	03/10/1996	F20						
5	Katriona Sinclair	Ballymena & Antrim	65.20	04/12/1984	FO						

3000m Male

						1	Michael Crawley	U/A	9:41.97	29/03/1992	MO
						2	Robbie Hagan	East Down	9:42.42	06/05/1993	M23
						3	Caolin Atkinson	East Down	10:08.76	30/06/1998	M20
1	Elleena Hull	North Down	27.47	05/12/1997	F20 600g	4	Paul Tyro	Orangegrove	10:26.29	24/03/1982	MO
2	Sarah Connolly	North Down	26.40	03/10/1996	F20 600g	5	Daniel Atkinson	East Down	10:42.53	15/04/2000	M17
						6	Philip Donnelly	North Belfast	10:44.89	23/06/1979	M35
1	Lucy Morgan	East Down	10:27	30/08/2003	F13 400g	7	John Patience	North Belfast	10:51.13	24/05/1959	M55
	Megan Drummond	North Down	-	23/08/2003	F13 400g	8	Andrew McIntyre	Orangegrove	10:51.26	05/11/1985	MO
						9	Eamonn O'Reilly	North Down	10:53.51	22/01/1971	M40
						10	Robin Montgomery	Orangegrove	10:58.84	13/01/1970	M45
1	Sarah Connolly	North Down	8.50	03/10/1996	F20 4Kg	11	Karl Dynes	Willowfield	11:01.85	25/12/1960	M50
2	Elleena Hull	North Down	8.27	05/12/1997	F20 4Kg	12	Liam Keenan	East Down	11:03.33	06/04/1963	M50
						13	Thomas Leitch	Orangegrove	11:11.71	14/05/1971	M40
1	Sarah Woods	City of Lisburn	9.82	31/10/1998	F17 3Kg	14	Philip Brown	Lagan Valley	11:24.70	29/03/1961	M50
2	Faye Nixon	North Down	7.41	14/01/2002	F13 3Kg	15	Jim Newberry	North Belfast	11:29.90	05/05/1952	M60
3	Beth Crosbie	North Down	7.37	24/11/1999	F15 3Kg						

400m Male Race 1

						1	Matthewn McGrattan	East Down	59.48	06/09/2000	M17
						2	Luke Adair	North Down	61.17	29/09/2000	M15
						3	Ronald Gardiner	City of Lisburn	63.15	20/01/2004	M13
						4	Martin Burke	East Down	65.22	06/10/1999	M17
						5	Jim Harris	Orangegrove	71.60	20/02/1948	M65
						6	Joe Frey	Lagan Valley	71.70	29/05/1957	M55
						7	Adam Morgan	East Down		07/08/2001	M15

400m Male Race 2

						1	Matthew Thompson	Lagan Valley	55.81	03/07/1989	MO
						2	Jason McLeister	Ballymena & Antrim	56.88	28/03/1989	MO
						3	Peter Speers	North Down	58.58	18/11/1998	M17

4	Malachy Campbell	Dunleer	59.56	30/06/1966	M45
5	Owen Agnew	Ballymena & Antrim	60.42	18/03/1997	M20
6	Conor Moffett	Orangegrove	65.71	05/05/1992	MO
7	Derek Bunting	Belfast Running Club	68.24	17/04/1966	M45
8	Thomas Brown	East Down	81.61	16/03/2004	M13

400m Male Race 3

1	Aaron Carlyle	Derry City	51.83	22/09/1983	MO
2	Bryan Forbes	Mid Ulster	52.81	06/09/1974	M35
3	Jack McKibbin	Dromore	52.88	13/06/1996	M20
4	James Hamilton	Ballymena Runners	54.06	09/11/1992	M23
5	Eoghan Devlin	Mid Ulster	55.59	11/10/1971	M40
6	Roger Sexton	North Down	55.61	07/02/1969	M45
7	Philip McKinney	Ballymena & Antrim	56.89	03/10/1976	M35

Javelin Male

Michael McConkey	U/A	55.57	05/12/1984	MO	800g
Niall McGrattan	North Down	47.15	01/06/1996	M20	800g
Peter Morgan	East Down	23.20	21/11/1972	M40	800g
Frank McCrystal	Ballymena & Antrim	36.55	25/03/1954	M60	600g
Peter Wright	Ballymena & Antrim	25.55	29/04/2001	M15	600g
Matthew McGrattan	East Down	22.57	06/09/2000	M17	600g
Adam Morgan	East Down	6.70	07/08/2001	M15	600g
James Wright	Ballymena & Antrim	30.47	18/01/2003	M13	400g

Shot Male

Michael McConkey	U/A	11.85	05/12/1984	MO	7.26Kg
Ross Fallows	Ballymena & Antrim	7.81	17/09/1999	M17	5Kg
Luke Pollock	Ballymena & Antrim	9.14	10/02/2001	M15	4Kg
Peter Wright	Ballymena & Antrim	6.83	29/04/2001	M15	4Kg
James Wright	Ballymena & Antrim	6.66	18/01/2003	M13	2.72Kg

Long Jump Male

Callum Hunter	North Down	5.79	20/01/1994	M23
Luke Pollock	Ballymena & Antrim	4.97	10/02/2001	M15
Christopher Doherty	Ballymena & Antrim	4.67	11/02/1999	M17

Johnny Moore	North Down	4.59	18/08/2002	M15
Peter Wright	Ballymena & Antrim	4.55	29/04/2001	M15
James Wright	Ballymena & Antrim	4.28	18/01/2003	M13
	High Jump Male			
Luke Pollock	Ballymena & Antrim	1.50	10/02/2001	M15