

North Down Open Meet No 4: 11th August 2015

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|---|------------------|----------------------|-------|------------|-----|---|----------------------|------------------------|----------|---------------------------|-----|--------|--|--|--|--|--|--|--|
| 200m Female 1 U13-U15 (-0.4) | | | | | | | | | | 3000m Race 1 Mixed | | | | | | | | | |
| 1 | Rachel Maguire | Ballydrain | 26.76 | 11/9/00 | F15 | 1 | Olivia Nelson | City of Lisburn | 10:20.96 | 12/16/00 | F15 | | | | | | | | |
| 2 | Rachel McCann | North Down | 28.26 | 9/26/01 | F15 | 2 | Mark Walker | u/a | 10:24.39 | 10/15/69 | M45 | | | | | | | | |
| 3 | Megan Drummond | North Down | 29.23 | 8/23/03 | F13 | 3 | Gerrie Short | Beechmount Harriers | 10:32.79 | 7/23/73 | F40 | | | | | | | | |
| 4 | Mollie Longstaff | North Down | 29.37 | 10/5/00 | F15 | 4 | Jamie Anthony | Willowfield | 10:34.26 | 5/31/01 | M13 | | | | | | | | |
| 5 | Megan Briggs | North Down | 29.81 | 1/22/03 | F13 | 5 | Catherine O'Connor | East Down | 10:38.78 | 11/25/85 | FO | | | | | | | | |
| 6 | Lucy Morgan | East Down | 38.19 | 8/30/03 | F13 | 6 | Eamonn O'Reilly | North Down | 10:42.14 | 1/22/71 | M40 | | | | | | | | |
| 200m Female 2 Women (+0.8) | | | | | | | | | | 3000m Race 2 Male | | | | | | | | | |
| 1 | Olivia Cumming | North Down | 26.45 | 9/13/98 | F17 | 1 | John-Paul Williamson | City of Derry Spartans | 8:57.79 | 11/1/93 | MO | | | | | | | | |
| 2 | Emma Graham | Mid Ulster | 27.33 | 7/15/98 | F17 | 2 | Dennis Scott | North Down | 9:12.04 | 4/23/86 | MO | | | | | | | | |
| 3 | Saskia Greer | North Down | 28.06 | 11/24/98 | F17 | 3 | Gary Henderson | Armagh | 9:20.32 | 11/11/69 | M45 | | | | | | | | |
| 4 | Beth Crosbie | North Down | 29.31 | 11/24/99 | F17 | 4 | Ryan Andrews | Ballydrain | 9:28.68 | 2/20/96 | M20 | | | | | | | | |
| 5 | Emma Smith | Orangegrove | 30.55 | 2/25/74 | F40 | 5 | Caolin Daly | Armagh | 9:35.15 | 3/11/97 | M20 | | | | | | | | |
| 6 | Ellen Carroll | East Down | 31.19 | 4/30/00 | F17 | 6 | Callum Morris | City of Lisburn | 9:45.86 | 4/30/00 | M17 | | | | | | | | |
| 7 | Joan Melanophy | St Peters Lurgan | 34.12 | 5/22/71 | F40 | 7 | Harry Rafferty | Armagh | 9:49.64 | 5/30/97 | M20 | | | | | | | | |
| 200m Male Race 1 U13-U15 (+0.3) | | | | | | | | | | 800m Female | | | | | | | | | |
| 1 | Jonny Moore | North Down | 28.13 | 8/18/02 | M15 | 1 | Murphy Miller | North Down | 2:23.82 | 1/17/02 | F15 | | | | | | | | |
| 2 | Zac Moraghan | North Down | 28.13 | 3/2/03 | M13 | 2 | Catherine Diver | Beechmount Harriers | 2:24.65 | 2/22/77 | F35 | | | | | | | | |
| 3 | Adam Skelly | North Down | 33.42 | 10/9/03 | M13 | 3 | Laura Gardiner | East Down | 2:25.81 | 11/7/98 | F17 | | | | | | | | |
| 200m Male 2 (0) | | | | | | | | | | 800m Male Race 1 | | | | | | | | | |
| 1 | Luke Adair | North Down | 25.22 | 9/28/00 | M15 | 1 | Lorcan Magee | Beechmount Harriers | 2:10.32 | 4/18/97 | M20 | | | | | | | | |
| 2 | Brendan Heaney | Armagh | 26.04 | 5/14/91 | M15 | 2 | Stephen Orr | Orangegrove | 2:11.24 | 5/4/75 | M40 | | | | | | | | |
| 3 | David Morrison | u/a | 26.24 | 4/2/80 | M35 | 3 | Michael Burgess | Ballydrain | 2:11.27 | 7/27/99 | M17 | | | | | | | | |
| 4 | Derek Bunting | Belfast Running Club | 28.83 | 4/17/66 | M45 | 4 | Nick Irvine | North Down | 2:11.88 | 12/29/77 | M35 | | | | | | | | |
| 5 | Joe Frey | Lagan Valley | 29.99 | 5/29/57 | M55 | 5 | Sean Terek | City of Lisburn | 2:12.33 | 2/23/00 | M17 | | | | | | | | |
| 6 | Jim Harris | Orangegrove | 30.78 | 20/02/1948 | M65 | 6 | Owen McGinnity | Beechmount Harriers | 2:27.62 | 7/14/99 | M17 | | | | | | | | |
| 7 | Julian Kennedy | Ballymena Runners | 33.99 | 9/6/52 | M60 | 7 | Dylan McBride | Willowfield | 2:37.09 | 9/17/03 | M13 | | | | | | | | |
| 200m Male Race 3 (+0.2) | | | | | | | | | | 400m Female | | | | | | | | | |
| 1 | Jack McComb | Instonians | 23.67 | 6/25/98 | M20 | 1 | Olivia Cumming | North Down | 61.75 | 9/13/98 | F17 | | | | | | | | |
| 2 | Roger Sexton | North Down | 24.15 | 12/7/69 | M45 | 2 | Rebecca Douglas | City of Lisburn | 64.53 | 4/12/99 | F17 | | | | | | | | |
| 3 | Scott McDowell | City of Lisburn | 24.24 | 11/3/99 | M20 | 3 | Katrina Sinclair | Ballymena & Antrim | 64.68 | 12/4/84 | FO | | | | | | | | |
| 4 | Andrew Proctor | Lagan Valley | 24.50 | 11/13/98 | M17 | 4 | Shannon Craig | Lifford AC | 64.81 | 11/4/99 | F17 | | | | | | | | |
| 5 | Kevin Crossan | Queens Unniversity | 24.57 | 9/20/95 | M23 | 5 | Lucy Appleton | City of Derry Spartans | 66.47 | 7/11/88 | FO | | | | | | | | |
| 6 | David Graham | Lagan Valley | 24.64 | 11/2/91 | MO | 6 | Ellen Carroll | East Down | 74.03 | 4/30/00 | F17 | | | | | | | | |
| 7 | David Keenan | Mid Ulster | 25.68 | 11/16/96 | M20 | 7 | Laura Green | East Down | 74.75 | 0204/00 | F17 | | | | | | | | |
| 400m Male Race 1 | | | | | | | | | | 400m Male Race 2 | | | | | | | | | |
| 1 | Brendan Heaney | Armagh | 58.09 | 5/14/91 | M15 | 1 | Aaron Carlyle | Derry City Track Club | 51.76 | 22/09/83 | MO | | | | | | | | |
| 2 | Mark Hay | Mallusk Harriers | 59.29 | 11/9/98 | M20 | 2 | Jack McComb | Instonians | 51.90 | 6/25/98 | M20 | | | | | | | | |
| 3 | Callum Tang | Newry AC | 59.63 | 7/17/99 | M17 | 3 | Aaron Sexton | North Down | 53.53 | 24/08/00 | M17 | | | | | | | | |
| 4 | Luke Adair | North Down | 61.87 | 9/28/00 | M15 | 4 | John McAdam | Ballydrain | 53.88 | 05/10/98 | M20 | | | | | | | | |
| 5 | Derek Bunting | Belfast Running Club | 67.84 | 4/17/66 | M45 | 5 | Eoghan Devlin | Mid Ulster | 56.12 | 11/10/1977 | M35 | | | | | | | | |
| 6 | Jim Harris | Orangegrove | 70.84 | 20/02/1948 | M65 | 6 | Jason McLeister | Ballymena & Antrim | 56.70 | 28/03/1989 | MO | | | | | | | | |
| High Jump Female | | | | | | | | | | High Jump Male | | | | | | | | | |
| 1 | Shannon Craig | Lifford AC | 1.50 | 11/4/99 | F17 | 1 | Mark Hay | Mallusk Harriers | 1.40 | 11/9/98 | M20 | | | | | | | | |
| 2 | Kara McDonald | Lagan Valley | 1.40 | 12/30/99 | F17 | 2 | Julian Kennedy | Ballymena Runners | 1.25 | 9/6/52 | M60 | | | | | | | | |
| Long Jump Male | | | | | | | | | | Long Jump Female | | | | | | | | | |
| 1 | Owen Agnew | Ballymena & Antrim | 4.61 | 3/18/97 | M20 | 1 | Sarah Connolly | North Down | 5.28 | 10/3/96 | F20 | | | | | | | | |
| 2 | Jonny Moore | North Down | 4.13 | 8/18/02 | M15 | 2 | Karyn Dumigan | City of Lisburn | 5.10 | 9/8/92 | FO | | | | | | | | |
| 3 | Julian Kennedy | Ballymena Runners | 3.68 | 9/6/52 | M60 | 3 | Molly Longstaff | North Down | 4.58 | 10/5/00 | F17 | | | | | | | | |
| High Jump Male | | | | | | | | | | Shot Female | | | | | | | | | |
| 1 | Mark Hay | Mallusk Harriers | 1.40 | 11/9/98 | M20 | 1 | Beth Crosbie | North Down | 7.27 | 11/24/99 | F17 | 3Kg | | | | | | | |
| 2 | Julian Kennedy | Ballymena Runners | 1.25 | 9/6/52 | M60 | 2 | Molly Longstaff | North Down | 6.84 | 10/5/00 | F17 | 3Kg | | | | | | | |
| Long Jump Male | | | | | | | | | | Shot Male | | | | | | | | | |
| 1 | Owen Agnew | Ballymena & Antrim | 4.61 | 3/18/97 | M20 | 1 | Tom McGrane | St Peters | 10.17 | 2/26/63 | M50 | 7.26Kg | | | | | | | |
| 2 | Jonny Moore | North Down | 4.13 | 8/18/02 | M15 | 2 | Julian Kennedy | Ballymena Runners | 8.90 | 9/6/52 | M60 | 5Kg | | | | | | | |
| 3 | Julian Kennedy | Ballymena Runners | 3.68 | 9/6/52 | M60 | | | | | | | | | | | | | | |
| Long Jump Female | | | | | | | | | | Shot Female | | | | | | | | | |
| 1 | Sarah Connolly | North Down | 5.28 | 10/3/96 | F20 | 1 | Sarah Connolly | North Down | 9.36 | 10/3/96 | F20 | 4Kg | | | | | | | |
| 2 | Karyn Dumigan | City of Lisburn | 5.10 | 9/8/92 | FO | 2 | Emma Smith | Orangegrove | 5.10 | 2/25/74 | F40 | 4Kg | | | | | | | |
| 3 | Molly Longstaff | North Down | 4.58 | 10/5/00 | F17 | | | | | | | | | | | | | | |
| 4 | Kara McDonald | Lagan Valley | 4.41 | 12/30/99 | F17 | | | | | | | | | | | | | | |
| 5 | Beth Crosbie | North Down | 4.24 | 11/24/99 | F17 | | | | | | | | | | | | | | |
| 6 | Megan Drummond | North Down | 3.96 | 8/23/03 | F13 | | | | | | | | | | | | | | |
| 7 | Saskia Greer | North Down | 3.94 | 11/24/98 | F17 | | | | | | | | | | | | | | |
| 8 | Kathleen Craig | Lifford AC | 3.94 | | | | | | | | | | | | | | | | |
| 9 | Emma Smith | Orangegrove | 3.74 | 2/25/74 | F40 | | | | | | | | | | | | | | |
| 10 | Eva Cumming | North Down | 3.24 | 9/20/03 | F13 | | | | | | | | | | | | | | |

