North Down AC Festival of Cross Country Relays

Saturday 5th January 2019

Registration from 10.30am at Marquis Hall, Bangor

Please complete and return to northdownac@gmail.com. **Please ensure to complete category for each team. Thank you**

|  |  |
| --- | --- |
| Club: |  |
| Contact Name: |  |
| Contact telephone: |  |
| Contact email: |  |

|  |  |  |
| --- | --- | --- |
| **Category** | **Participants per team** | **Cost per team** |
| Ladies Seniors | 3 | £12 |
| Ladies Masters (O35) | 3 | £12 |
| Men’s Seniors | 4 | £16 |
| Men’s Masters (O40) | 4 | £16 |

Athletes can only run once per team

|  |  |  |  |
| --- | --- | --- | --- |
| **Category:** | **Team name:** | **Age** | **Bib No** |
| Team Member A |  |  |  |
| Team Member B |  |  |  |
| Team Member C |  |  |  |
| Team Member D (men only) |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Category:** | **Team name:** | **Age** | **Bib No** |
| Team Member A |  |  |  |
| Team Member B |  |  |  |
| Team Member C |  |  |  |
| Team Member D (men only) |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Category:** | **Team name:** | **Age** | **Bib No** |
| Team Member A |  |  |  |
| Team Member B |  |  |  |
| Team Member C |  |  |  |
| Team Member D (men only) |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Category:** | **Team name:** | **Age** | **Bib No** |
| Team Member A |  |  |  |
| Team Member B |  |  |  |
| Team Member C |  |  |  |
| Team Member D (men only) |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Category:** | **Team name:** | **Age** | **Bib No** |
| Team Member A |  |  |  |
| Team Member B |  |  |  |
| Team Member C |  |  |  |
| Team Member D (men only) |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Category:** | **Team name:** | **Age** | **Bib No** |
| Team Member A |  |  |  |
| Team Member B |  |  |  |
| Team Member C |  |  |  |
| Team Member D (men only) |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Category:** | **Team name:** | **Age** | **Bib No** |
| Team Member A |  |  |  |
| Team Member B |  |  |  |
| Team Member C |  |  |  |
| Team Member D (men only) |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Category:** | **Team name:** | **Age** | **Bib No** |
| Team Member A |  |  |  |
| Team Member B |  |  |  |
| Team Member C |  |  |  |
| Team Member D (men only) |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Category:** | **Team name:** | **Age** | **Bib No** |
| Team Member A |  |  |  |
| Team Member B |  |  |  |
| Team Member C |  |  |  |
| Team Member D (men only) |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Category:** | **Team name:** | **Age** | **Bib No** |
| Team Member A |  |  |  |
| Team Member B |  |  |  |
| Team Member C |  |  |  |
| Team Member D (men only) |  |  |  |