

## **Ards Charity 5-Mile Challenge**

# **TOP PERFORMANCES**

## **- BUT NO RECORDS BROKEN**

Last Friday evening the Newtownards and District Charity Committee staged the 28<sup>th</sup> running of their 5-Mile Challenge Road Race and, although no records were broken, the 71 runners competing all turned in very good performances.

Once again the event was centred in Londonderry Park which housed both the starting and finishing areas.

Clive O'Neill, who undertook the duties of Chief Marshall, thanked Regent Business Equipment from Movilla Street who again sponsored the event, Northern Ireland Athletics, Ards Borough Council, St John Ambulance Brigade and the PSNI from the Newtownards Station.

Daphne Coffey and Norah Harvey were Registration Secretaries, Mark Kennedy, Richard Heywood, Julian Hanna, Trevor Dillon, John Jackson, Ernie Trew, Dessie Coffey and Albert Corrin were Road Marshalls and Barry Scarth, Jim White, Billy Harvey and Irene White efficiently tackled the jobs of Finishing-Line Scrutineers.

This year again the proceeds will be directed to Newtownards Lions Club for the Annual Christmas Dinner and Entertainment Afternoon which they organise for local Senior Citizens.

### **FULL RESULTS –**

Men – *Record* – 24.26 minutes Paul Rowan (2003)

- 1<sup>st</sup> Keith Purdy (Belfast) 26.09 minutes
- 2<sup>nd</sup> Martin Rea (Belfast) 27.25 minutes
- 3<sup>rd</sup> David Wright (Lambeg) 29.33 minutes
- 4<sup>th</sup> David Proctor (Belfast) 29.40 minutes
- 5<sup>th</sup> Peter Barbour (Newtownards) 30.21 minutes
- 6<sup>th</sup> Andrew Acheson (Belfast) 30.52 minutes
- 7<sup>th</sup> Paul Cordner (Lisburn) 32.33 minutes
- 8<sup>th</sup> Kyle Gibson (Bangor) 32.38 minutes
- 9<sup>th</sup> Michael Forrester (Newtownards) 33.20 minutes
- 10<sup>th</sup> Michael Cultra (Ardglass) 34.16 minutes
- 11<sup>th</sup> Andrew Muir (Holywood) 34.33 minutes**
- 12<sup>th</sup> David Fowler (Newtownards) 34.40 minutes
- 13<sup>th</sup> Ray Leitch (Belfast) 35.04 minutes

- 14<sup>th</sup> Andy Evans (Comber) 35.15 minutes
- 15<sup>th</sup> Paul Frazer (Newtownards) 35.33 minutes
- 16<sup>th</sup> Gary Tweedie (Belfast) 35.42 minutes
- 17<sup>th</sup> Gary Evans (Newtownards) 35.44 minutes
- 18<sup>th</sup> Andy Troughton (Newtownards) 35.56 minutes
- 19<sup>th</sup> Ryan Jamison (Newtownards) 36.06 minutes
- 20<sup>th</sup> Gary Hunsdale (Newtownards) 36.27 minutes
- 21<sup>st</sup> Garth Cranston (Newtownards) 36.28 minutes
- 22<sup>nd</sup> James Phillips (Dromore) 37.27 minutes
- 23<sup>rd</sup> Jamie Conroy (Comber) 38.13 minutes
- 24<sup>th</sup> Ross Hamilton (Newtownards) 39.54 minutes
- 25<sup>th</sup> Paul McVeigh (Gulladuff) 40.19 minutes
- 26<sup>th</sup> Barry Holland (Carryduff) 40.22 minutes
- 27<sup>th</sup> Paul Moore (Newtownards) 41.50 minutes
- 28<sup>th</sup> Chris Clingan (Newtownards\_) 42.04 minutes
- 29<sup>th</sup> K Watters (Newtownards) 42.24 minutes
- 30<sup>th</sup> John Maguire (Holywood) 42.36 minutes
- 31<sup>st</sup> Richard Fleming (Bangor) 43.01 minutes
- 32<sup>nd</sup> Clive O'Neill Jr (Newtownards) 45.06 minutes
- 33<sup>rd</sup> Mark Drennan (Bangor) 48.02 minutes
- 34<sup>th</sup> Warren McWhirter (Comber) 50.02 minutes
- 35<sup>th</sup> WR Rankin (Newtownards) 50.34 minutes.

Women – Record – 29.55 minutes Shireen Crumpton (2009)

- 1<sup>st</sup> Heather Foley (Belfast) 31.52 minutes
- 2<sup>nd</sup> Jill Aicken (Bangor) 36.17 minutes**
- 3<sup>rd</sup> Julie Aelewis (Newtownards) 36.22 minutes
- 4<sup>th</sup> Sarah Benton (Bangor) 37.56 minutes**
- 5<sup>th</sup> Nikki Heywood (Bangor) 38.06 minutes
- 6<sup>th</sup> Sharon Dickenson (Bangor) 40.31 minutes
- 7<sup>th</sup> Helen Ryan (Newtownards) 40.44 minutes**
- 8<sup>th</sup> Debbie McVeigh (Newtownards) 40.46 minutes
- 9<sup>th</sup> Emma McWilliams (Belfast) 41.02 minutes
- 10<sup>th</sup> Aedin O'Neill (Belfast) 42.43 minutes
- 11<sup>th</sup> Kathy Graham (Bangor) 43.44 minutes**
- 12<sup>th</sup> Jenni Barkley (Belfast) 44.17 minutes
- 13<sup>th</sup> Nichola McElroy (Belfast) 44.47 minutes

- 14<sup>th</sup> Emma Jayne Mawhinney (Holywood) 44.48 minutes
- 15<sup>th</sup> Wendy Thompson (Newtownards) 45.34 minutes
- 16<sup>th</sup> Kathy Macartney (Newtownards) 47.39 minutes
- 17<sup>th</sup> Julie Fisher (Ballywalter) 51.02 minutes
- 18<sup>th</sup> Maggie Weir (Newtownards) 61.01 minutes

Men Vets (45 and Over) –

*Record – 27.49 minutes Aaron Stronge (2011)*

- 1<sup>st</sup> Jim Benson (Belfast) 28.48 minutes
- 2<sup>nd</sup> Gary Keenan (Belfast) 29.08 minutes
- 3<sup>rd</sup> Derek Rantin (Newry) 34.09 minutes
- 4<sup>th</sup> Kenneth Hughes (Kircubbin) 35.51 minutes
- 5<sup>th</sup> Arthur Crowe (Cloughey) 36.30 minutes
- 6<sup>th</sup> James Lemon (Belfast) 36.34 minutes
- 7<sup>th</sup> Sam Dunn (Ballycarry) 37.00 minutes
- 8<sup>th</sup> David Kelly (Newtownards) 38.00 minutes
- 9<sup>th</sup> Ean McClure (Newtownards) 38.45 minutes**
- 10<sup>th</sup> Alan Keys (Newtownards) 41.13 minutes
- 11<sup>th</sup> Paul Morgan (Lurgan) 41.15 minutes
- 12<sup>th</sup> Trevor Spencer (Newtownards) 41.52 minutes**
- 13<sup>th</sup> Phil Duffield (Belfast) 42.18 minutes
- 14<sup>th</sup> David Rainey (Dundonald) 50.02 minutes

Women Vets (45 and Over) –

*Record – 32.22 minutes Ruth Magill (2009)*

- 1<sup>st</sup> Heather Kelly (Ballygowan) 37.17 minutes
- 2<sup>nd</sup> Janice McCartney (Newtownards) 44.29 minutes**
- 3<sup>rd</sup> Joy McGrath (Belfast) 51.55 minutes

Boys (16 and Under) –

*Record – 28.16 minutes – Ryan Holt (2009)*

No Entries

Girls (16 and Under) –

*Record -34.09 minutes Jessica Craig (2005)*

1<sup>st</sup> Sara Smyth (Belfast) 35.46 minutes