

Jimmy's Ten 10K Road Race

Downpatrick 17th Mar 2013

| Pos | Bib | Name | Cat | Club | Finish | Chiptime | Firsthalf | SecondHalf | M/F Pos | Cat Pos |
|-----------|------------|-----------------------|-----------|----------------------|-----------------|-----------------|-----------------|-----------------|---------|---------|
| 1 | 4 | Eddie McGinley | MO | Annadale Striders | 00:31:01 | 00:31:01 | 00:15:15 | 00:15:47 | 1 | 1 |
| 2 | 2 | Gary O'Hanlon | M35 | Clonliffe | 00:31:39 | 00:31:38 | 00:15:28 | 00:16:11 | 2 | 1 |
| 3 | 301 | James O'Hare | MO | Annadale Striders | 00:31:41 | 00:31:41 | 00:15:35 | 00:16:06 | 3 | 2 |
| 4 | 598 | Alan O'Hara | M35 | North Belfast Harrie | 00:31:43 | 00:31:43 | 00:15:35 | 00:16:09 | 4 | 2 |
| 5 | 3 | Brendan Teer | MO | East Down AC | 00:32:07 | 00:32:06 | 00:15:36 | 00:16:32 | 5 | 3 |
| 6 | 374 | Eamon White | M40 | North Belfast Harrie | 00:33:03 | 00:33:03 | 00:15:57 | 00:17:07 | 6 | 1 |
| 7 | 261 | Paul Carroll | M40 | Annadale Striders | 00:34:18 | 00:34:18 | 00:16:34 | 00:17:45 | 7 | 2 |
| 8 | 5 | Andrew Hicks | MO | Dromore AC | 00:34:32 | 00:34:31 | 00:16:47 | 00:17:45 | 8 | 4 |
| 9 | 422 | Dennis Scott | MO | North Down AC | 00:34:32 | 00:34:30 | 00:17:12 | 00:17:21 | 9 | 5 |
| 10 | 169 | Edward Cooke | MO | North Belfast Harrie | 00:34:38 | 00:34:36 | 00:16:47 | 00:17:51 | 10 | 6 |
| 11 | 569 | Nat Glenn | M45 | Larne AC | 00:34:39 | 00:34:39 | 00:17:11 | 00:17:28 | 11 | 1 |
| 12 | 299 | Mark Kendall | M35 | Newcastle & Distric | 00:34:43 | 00:34:42 | 00:17:17 | 00:17:27 | 12 | 3 |
| 13 | 706 | Seamus Lynch | MO | | 00:34:49 | 00:34:47 | 00:17:12 | 00:17:38 | 13 | 7 |
| 14 | 6 | David O'Flaherty | MO | Newcastle AC | 00:35:05 | 00:35:04 | 00:17:12 | 00:17:53 | 14 | 8 |
| 15 | 237 | James Brown | M35 | Larne AC | 00:35:17 | 00:35:14 | 00:17:13 | 00:18:05 | 15 | 4 |
| 16 | 10 | Gladys Ganiel O'Neill | F35 | North belfast Harrie | 00:35:20 | 00:35:18 | 00:17:26 | 00:17:54 | 1 | 1 |
| 17 | 505 | Bernard Brady | M45 | Larne AC | 00:35:32 | 00:35:29 | 00:17:21 | 00:18:12 | 16 | 2 |
| 18 | 317 | Martin Willcox | M40 | East Down AC | 00:35:34 | 00:35:31 | 00:17:21 | 00:18:13 | 17 | 3 |
| 19 | 428 | Greg Lavery | M35 | Larne AC | 00:35:36 | 00:35:34 | 00:17:26 | 00:18:11 | 18 | 5 |
| 20 | 565 | James Budde | MO | North Down AC | 00:35:39 | 00:35:38 | 00:17:21 | 00:18:19 | 19 | 9 |
| 21 | 254 | Christopher Moren | MO | Willowfield Harriers | 00:35:41 | 00:35:38 | 00:17:41 | 00:18:01 | 20 | 10 |
| 22 | 465 | David Steele | M35 | Newcastle & Distric | 00:35:43 | 00:35:41 | 00:17:30 | 00:18:13 | 21 | 6 |
| 23 | 485 | Richard Coey | M35 | | 00:35:47 | 00:35:45 | 00:17:34 | 00:18:14 | 22 | 7 |

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|-----------|------------|------------------------|------------|----------------------|-----------------|-----------------|-----------------|-----------------|--------------|-----------|
| 24 | 43 | Mark Milligan | M35 | | 00:35:49 | 00:35:47 | 00:17:21 | 00:18:28 | 23 | 8 |
| 25 | 701 | Michael King | MO | | 00:35:54 | 00:35:53 | 00:17:20 | 00:18:35 | 24 | 11 |
| 26 | 497 | Barrie Atkinson | M35 | East Down AC | 00:35:58 | 00:35:56 | 00:17:18 | 00:18:40 | 25 | 9 |
| 27 | 347 | Conor McMullan | M35 | Annadale Striders | 00:36:00 | 00:35:58 | 00:17:38 | 00:18:23 | 26 | 10 |
| 28 | 536 | Eoin McQuillan | MO | | 00:36:07 | 00:36:05 | 00:17:42 | 00:18:26 | 27 | 12 |
| 29 | 218 | Nigel Grier | M50 | Dromore | 00:36:09 | 00:36:07 | 00:17:45 | 00:18:25 | 28 | 1 |
| 30 | 789 | Travis Todd | MO | North Belfast Harrie | 00:36:25 | 00:36:24 | 00:17:42 | 00:18:44 | 29 | 13 |
| 31 | 324 | Peter Savage | M40 | North Belfast Harrie | 00:36:36 | 00:36:34 | 00:17:45 | 00:18:52 | 30 | 4 |
| 32 | 713 | Chris Speers | MO | | 00:36:51 | 00:36:49 | 00:18:02 | 00:18:49 | 31 | 14 |
| 33 | 733 | Team Christies Runners | R | Mixed relay | 00:37:08 | 00:37:08 | 00:16:19 | 00:20:50 | Relay | 1 |
| 34 | 594 | Andy Guy | M35 | | 00:37:21 | 00:37:18 | 00:18:09 | 00:19:12 | 32 | 11 |
| 35 | 263 | Alan Johnston | M40 | Murlough AC | 00:37:23 | 00:37:20 | 00:18:13 | 00:19:10 | 33 | 5 |
| 36 | 499 | Gerry Coy | M50 | North Down AC | 00:37:49 | 00:37:47 | 00:18:38 | 00:19:12 | 34 | 2 |
| 37 | 784 | Ryan Henry Amando Bar | R | Willowfield Harriers | 00:37:52 | 00:37:52 | 00:19:44 | 00:18:08 | Relay | 2 |
| 38 | 580 | John Kelly | M45 | | 00:37:53 | 00:37:50 | 00:18:45 | 00:19:09 | 35 | 3 |
| 39 | 758 | Clare Connor | FO | North Belfast Harrie | 00:38:08 | 00:38:06 | 00:18:39 | 00:19:29 | 2 | 1 |
| 40 | 391 | Liam Keenan | M45 | East Down AC | 00:38:18 | 00:38:16 | 00:19:00 | 00:19:18 | 36 | 4 |
| 41 | 479 | David Wright | M45 | Lagan Valley | 00:38:21 | 00:38:17 | 00:18:54 | 00:19:27 | 37 | 5 |
| 42 | 99 | Vaughan Purnell | M40 | Invictus Triathlon S | 00:38:28 | 00:38:26 | 00:18:51 | 00:19:38 | 38 | 6 |
| 43 | 523 | Brendan Donnelly | MO | | 00:38:39 | 00:38:37 | 00:18:51 | 00:19:49 | 39 | 15 |
| 44 | 243 | Norman Smyth | M45 | | 00:38:44 | 00:38:41 | 00:19:00 | 00:19:44 | 40 | 6 |
| 45 | 364 | James Savage | M35 | East Down AC | 00:38:44 | 00:38:38 | 00:19:17 | 00:19:27 | 41 | 12 |
| 46 | 102 | Dominic McGreevy | M55 | Newcastle & Distric | 00:38:45 | 00:38:42 | 00:18:51 | 00:19:55 | 42 | 1 |
| 47 | 189 | Colm Murtagh | MO | Castlewellan ac | 00:38:51 | 00:38:47 | 00:19:13 | 00:19:39 | 43 | 16 |
| 48 | 707 | Mark Lennon | MO | | 00:39:02 | 00:38:58 | 00:18:40 | 00:20:23 | 44 | 17 |
| 49 | 599 | Eamon Hill | M50 | Olympian Triathlon | 00:39:03 | 00:39:01 | 00:19:12 | 00:19:52 | 45 | 3 |
| 50 | 7 | Julie Balmer | F35 | North Down AC | 00:39:08 | 00:39:07 | 00:19:10 | 00:19:59 | 3 | 2 |

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|----|-----|--------------------|-----|----------------------|----------|----------|----------|----------|--------------|-----------|
| 51 | 731 | Damian McQuade | M35 | | 00:39:12 | 00:39:08 | 00:19:07 | 00:20:05 | 46 | 13 |
| 52 | 588 | Ciara Coffey | FO | | 00:39:13 | 00:39:09 | 00:19:26 | 00:19:48 | 4 | 2 |
| 53 | 684 | Team Atkinson | R | | 00:39:15 | 00:39:15 | 00:17:19 | 00:21:57 | Relay | 3 |
| 54 | 145 | Dee Murray | M40 | | 00:39:19 | 00:39:15 | 00:19:16 | 00:20:03 | 47 | 7 |
| 55 | 334 | Patrick Hamill | M35 | Beechmount Harrie | 00:39:20 | 00:39:16 | 00:19:25 | 00:19:56 | 48 | 14 |
| 56 | 9 | Catriona McCorkell | FO | Lagan Valley | 00:39:22 | 00:39:18 | 00:19:30 | 00:19:53 | 5 | 3 |
| 57 | 457 | Jim Breen | M55 | Springwell Running | 00:39:23 | 00:39:18 | 00:19:32 | 00:19:51 | 49 | 2 |
| 58 | 415 | Pj McCrickard | M35 | Newcastle & Distric | 00:39:25 | 00:39:25 | 00:19:31 | 00:19:54 | 50 | 15 |
| 59 | 320 | Andrew Acheson | M35 | ORANGEGROVE | 00:39:31 | 00:39:27 | 00:19:15 | 00:20:16 | 51 | 16 |
| 60 | 757 | James Robinson | MO | Larne AC | 00:39:33 | 00:39:27 | 00:19:04 | 00:20:30 | 52 | 18 |
| 61 | 740 | Gillian Burns | F40 | Dromore | 00:39:35 | 00:39:32 | 00:19:11 | 00:20:24 | 6 | 1 |
| 62 | 398 | Colin Stevenson | M45 | Ballydrain Harriers | 00:39:36 | 00:39:28 | 00:19:31 | 00:20:05 | 53 | 7 |
| 63 | 214 | Arran Rutledge | M35 | North Belfast Harrie | 00:39:45 | 00:39:39 | 00:19:35 | 00:20:11 | 54 | 17 |
| 64 | 108 | Ryan Armstrong | M45 | Ballymena Runners | 00:39:46 | 00:39:41 | 00:19:23 | 00:20:23 | 55 | 8 |
| 65 | 45 | Michael Cultra | M35 | East Down AC | 00:39:52 | 00:39:47 | 00:19:23 | 00:20:29 | 56 | 18 |
| 66 | 281 | Declan Morgan | M35 | City of Lisburn AC | 00:39:52 | 00:39:49 | 00:19:26 | 00:20:26 | 57 | 19 |
| 67 | 477 | John Murphy | M40 | North Belfast Harrie | 00:39:55 | 00:39:51 | 00:19:35 | 00:20:21 | 58 | 8 |
| 68 | 527 | Johnny Wilson | M35 | | 00:39:55 | 00:39:50 | 00:19:34 | 00:20:22 | 59 | 20 |
| 69 | 59 | David Noble | M35 | Larne AC | 00:39:56 | 00:39:50 | 00:19:33 | 00:20:23 | 60 | 21 |
| 70 | 32 | Phil Gilmore | M40 | Ballydrain Harriers | 00:40:05 | 00:39:56 | 00:19:36 | 00:20:29 | 61 | 9 |
| 71 | 441 | Philip Vint | M45 | East Down AC | 00:40:06 | 00:40:03 | 00:19:34 | 00:20:33 | 62 | 9 |
| 72 | 286 | Damian O'Donnell | M40 | | 00:40:09 | 00:40:04 | 00:19:37 | 00:20:32 | 63 | 10 |
| 73 | 810 | David Smyth | MO | | 00:40:10 | 00:40:05 | 00:19:15 | 00:20:56 | 64 | 19 |
| 74 | 279 | John McAleavey | M45 | | 00:40:12 | 00:40:05 | 00:19:54 | 00:20:19 | 65 | 10 |
| 75 | 156 | Darren Hamilton | M35 | | 00:40:13 | 00:40:11 | 00:19:35 | 00:20:38 | 66 | 22 |
| 76 | 431 | Denise Logue | FO | Ballydrain Harriers | 00:40:18 | 00:40:08 | 00:19:49 | 00:20:29 | 7 | 4 |
| 77 | 548 | Mark Boyd | MO | | 00:40:22 | 00:40:20 | 00:19:18 | 00:21:05 | 67 | 20 |

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|-----|-----|---------------------|-----|----------------------|----------|----------|----------|----------|--------------|-----------|
| 78 | 803 | Gerry McEnearney | M50 | NER | 00:40:24 | 00:40:21 | 00:19:46 | 00:20:39 | 68 | 4 |
| 79 | 408 | Ross Deering | MJ | Ballydrain Harriers | 00:40:30 | 00:40:25 | 00:20:04 | 00:20:26 | 69 | 1 |
| 80 | 294 | Mark Shields | M45 | North Belfast Harrie | 00:40:37 | 00:40:31 | 00:19:46 | 00:20:51 | 70 | 11 |
| 81 | 151 | Greg McClure | M55 | North Belfast Harrie | 00:40:41 | 00:40:37 | 00:20:14 | 00:20:27 | 71 | 3 |
| 82 | 274 | John Kelly | M50 | Newcastle & Distric | 00:40:52 | 00:40:46 | 00:19:47 | 00:21:05 | 72 | 5 |
| 83 | 308 | Colin Drain | M35 | Beechmount Harrie | 00:41:02 | 00:40:57 | 00:19:34 | 00:21:29 | 73 | 23 |
| 84 | 365 | Eric Montgomery | M55 | Lagan Valley AC | 00:41:04 | 00:40:59 | 00:19:56 | 00:21:09 | 74 | 4 |
| 85 | 578 | Mark McLaren | MO | | 00:41:12 | 00:41:03 | 00:19:34 | 00:21:39 | 75 | 21 |
| 86 | 474 | Caroline O'Hare | FJ | Gateshead | 00:41:15 | 00:41:13 | 00:19:37 | 00:21:38 | 8 | 1 |
| 87 | 322 | Peter Young | M55 | | 00:41:19 | 00:41:15 | 00:20:14 | 00:21:06 | 76 | 5 |
| 88 | 168 | Mark Gilmour | MO | | 00:41:26 | 00:41:11 | 00:21:07 | 00:20:19 | 77 | 22 |
| 89 | 183 | Joe Napier | M35 | | 00:41:28 | 00:41:22 | 00:20:03 | 00:21:26 | 78 | 24 |
| 90 | 207 | Eamonn Hamill | MO | | 00:41:43 | 00:41:38 | 00:19:45 | 00:21:58 | 79 | 23 |
| 91 | 404 | Norman Mawhinney | M55 | Ballydrain Harriers | 00:41:47 | 00:41:41 | 00:19:34 | 00:22:13 | 80 | 6 |
| 92 | 571 | Danny O'Boyle | M35 | | 00:41:49 | 00:41:45 | 00:20:14 | 00:21:36 | 81 | 25 |
| 93 | 203 | Samuel Gill | M45 | | 00:41:50 | 00:41:42 | 00:20:19 | 00:21:32 | 82 | 12 |
| 94 | 264 | Ronan McKibbin | MO | | 00:41:55 | 00:41:48 | 00:20:07 | 00:21:48 | 83 | 24 |
| 95 | 403 | Mark Earney | M40 | Ballydrain Harriers | 00:41:58 | 00:41:45 | 00:20:40 | 00:21:19 | 84 | 11 |
| 96 | 188 | Sinead Murtagh | FO | | 00:41:59 | 00:41:50 | 00:20:30 | 00:21:30 | 9 | 5 |
| 97 | 351 | Paul Keary | M40 | | 00:41:59 | 00:41:51 | 00:20:38 | 00:21:21 | 85 | 12 |
| 98 | 379 | Michael McDonald | MO | | 00:42:04 | 00:41:39 | 00:21:01 | 00:21:03 | 86 | 25 |
| 99 | 36 | Jr Loudon | M35 | | 00:42:05 | 00:41:48 | 00:20:38 | 00:21:27 | 87 | 26 |
| 100 | 198 | Niall Carson | M40 | Newcastle & Distric | 00:42:05 | 00:42:00 | 00:20:10 | 00:21:55 | 88 | 13 |
| 101 | 354 | David Massey | M35 | | 00:42:05 | 00:42:01 | 00:20:23 | 00:21:43 | 89 | 27 |
| 102 | 399 | Evan Boyce | M35 | Ballydrain Harriers | 00:42:07 | 00:41:51 | 00:20:53 | 00:21:15 | 90 | 28 |
| 103 | 676 | Team Millennium Duo | R | | 00:42:08 | 00:42:08 | 00:20:36 | 00:21:33 | Relay | 4 |
| 104 | 721 | Matthew McGarrity | MO | | 00:42:08 | 00:41:58 | 00:20:11 | 00:21:57 | 91 | 26 |

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|-----|-----|-------------------|-----|--------------------|----------|----------|----------|----------|------------|-----------|
| 105 | 361 | Peter Morgan | M40 | East Down AC | 00:42:10 | 00:42:06 | 00:20:12 | 00:21:59 | 92 | 14 |
| 106 | 215 | Donal Ward | M45 | Castlewellan ac | 00:42:11 | 00:42:06 | 00:20:17 | 00:21:54 | 93 | 13 |
| 107 | 225 | Mark McFeeters | MO | Orangetown AC | 00:42:11 | 00:42:03 | 00:21:07 | 00:21:04 | 94 | 27 |
| 108 | 572 | Gavin Smyth | MO | | 00:42:11 | 00:41:53 | 00:21:08 | 00:21:04 | 95 | 28 |
| 109 | 11 | Dermot Cahill | MO | East Down AC | 00:42:17 | 00:42:10 | 00:20:29 | 00:21:48 | 96 | 29 |
| 110 | 285 | Ruth Magill | F50 | Lagan Valley | 00:42:17 | 00:42:14 | 00:20:40 | 00:21:37 | 10 | 1 |
| 111 | 480 | Tony Brennan | M50 | East Down AC | 00:42:23 | 00:42:16 | 00:20:27 | 00:21:56 | 97 | 6 |
| 112 | 52 | Niall King | M40 | Castlewellan ac | 00:42:28 | 00:42:23 | 00:20:42 | 00:21:46 | 98 | 15 |
| 113 | 439 | Naoise McLoughlin | M40 | | 00:42:36 | 00:42:27 | 00:20:42 | 00:21:55 | 99 | 16 |
| 114 | 269 | Diane Watson | F40 | City of Lisburn AC | 00:42:38 | 00:42:31 | 00:20:45 | 00:21:53 | 11 | 2 |
| 115 | 722 | Ruairi Hardiment | MO | | 00:42:40 | 00:42:34 | 00:21:07 | 00:21:34 | 100 | 30 |
| 116 | 418 | Robbie Marsh | M35 | Newry City Runners | 00:42:41 | 00:42:36 | 00:20:55 | 00:21:46 | 101 | 29 |
| 117 | 719 | Stephen Torney | MO | | 00:42:41 | 00:42:35 | 00:21:07 | 00:21:34 | 102 | 31 |
| 118 | 390 | Cheryl Denvir | F35 | East Down AC | 00:42:42 | 00:42:31 | 00:20:51 | 00:21:52 | 12 | 3 |
| 119 | 190 | James Flanagan | MO | | 00:42:50 | 00:42:21 | 00:21:15 | 00:21:35 | 103 | 32 |
| 120 | 238 | Dave Fulcher | M55 | Murlough AC | 00:42:52 | 00:42:42 | 00:21:09 | 00:21:43 | 104 | 7 |
| 121 | 112 | Stephen Heasley | M45 | East Down AC | 00:43:03 | 00:42:49 | 00:21:03 | 00:22:00 | 105 | 14 |
| 122 | 801 | Brian McGivern | M40 | | 00:43:06 | 00:43:00 | 00:21:10 | 00:21:57 | 106 | 17 |
| 123 | 103 | Hugh Ross | M55 | | 00:43:09 | 00:43:06 | 00:21:08 | 00:22:02 | 107 | 8 |
| 124 | 70 | Stephen Donnelly | M55 | | 00:43:13 | 00:43:06 | 00:21:18 | 00:21:56 | 108 | 9 |
| 125 | 235 | Joe Finnegan | M40 | Newry City Runners | 00:43:15 | 00:43:03 | 00:21:18 | 00:21:57 | 109 | 18 |
| 126 | 781 | Andrew Telford | MO | | 00:43:22 | 00:43:14 | 00:20:57 | 00:22:25 | 110 | 33 |
| 127 | 58 | Don Mc Mahon | M60 | | 00:43:26 | 00:43:19 | 00:21:14 | 00:22:13 | 111 | 1 |
| 128 | 469 | Kieran Trainor | M45 | | 00:43:26 | 00:43:23 | 00:20:51 | 00:22:36 | 112 | 15 |
| 129 | 111 | Wendy Davis | FO | Lagan Valley AC | 00:43:28 | 00:43:23 | 00:21:35 | 00:21:54 | 13 | 6 |
| 130 | 494 | Jeffrey Breen | M40 | rgu | 00:43:30 | 00:43:25 | 00:20:57 | 00:22:34 | 113 | 19 |
| 131 | 451 | Geoff Smyth | M35 | Team Smudge | 00:43:32 | 00:43:28 | 00:21:06 | 00:22:26 | 114 | 30 |

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| 132 | 323 | David Higgins | M35 | | 00:43:34 | 00:43:21 | 00:21:14 | 00:22:21 | 115 | 31 |
| 133 | 397 | Colin Garrett | M35 | Ballydrain Harriers | 00:43:34 | 00:43:18 | 00:21:56 | 00:21:39 | 116 | 32 |
| 134 | 117 | Carina Burns | FO | | 00:43:37 | 00:43:29 | 00:20:58 | 00:22:39 | 14 | 7 |
| 135 | 714 | Declan McCormick | M50 | | 00:43:38 | 00:43:25 | 00:21:48 | 00:21:51 | 117 | 7 |
| 136 | 730 | Declan Magee | MO | | 00:43:40 | 00:43:31 | 00:21:15 | 00:22:26 | 118 | 34 |
| 137 | 768 | Gareth Murdock | M35 | Newry City Runners | 00:43:50 | 00:43:46 | 00:21:37 | 00:22:14 | 119 | 33 |
| 138 | 555 | Philip Murdock | M40 | | 00:43:52 | 00:43:41 | 00:21:01 | 00:22:52 | 120 | 20 |
| 139 | 513 | Kevin Briggs | M35 | | 00:43:57 | 00:43:36 | 00:22:06 | 00:21:52 | 121 | 34 |
| 140 | 147 | Timmy Burns | MO | | 00:44:01 | 00:43:54 | 00:21:47 | 00:22:15 | 122 | 35 |
| 141 | 206 | Athanasia Sevastaki | F35 | North Belfast Harrie | 00:44:02 | 00:43:57 | 00:21:30 | 00:22:32 | 15 | 4 |
| 142 | 256 | Patricia Mc Kibbin | FO | | 00:44:06 | 00:43:59 | 00:21:22 | 00:22:44 | 16 | 8 |
| 143 | 163 | Brian Hughes | MO | | 00:44:08 | 00:43:52 | 00:22:06 | 00:22:03 | 123 | 36 |
| 144 | 160 | Michael Skelcher | M40 | | 00:44:11 | 00:43:59 | 00:21:53 | 00:22:18 | 124 | 21 |
| 145 | 774 | Robert Lynn | M35 | | 00:44:14 | 00:44:06 | 00:21:32 | 00:22:42 | 125 | 35 |
| 146 | 104 | Kieran McVeigh | M35 | Invictus Triathlon S | 00:44:16 | 00:44:09 | 00:21:11 | 00:23:06 | 126 | 36 |
| 147 | 682 | Team Rising Stars | R | | 00:44:16 | 00:44:16 | 00:23:40 | 00:20:37 | Relay | 5 |
| 148 | 298 | Catherine O'Connor | FO | East Down AC | 00:44:17 | 00:43:30 | 00:22:46 | 00:21:32 | 17 | 9 |
| 149 | 211 | Richard McGreevy | M40 | | 00:44:22 | 00:44:09 | 00:21:37 | 00:22:46 | 127 | 22 |
| 150 | 496 | Gordon Wilkinson | M45 | North Down AC | 00:44:24 | 00:44:23 | 00:21:41 | 00:22:44 | 128 | 16 |
| 151 | 737 | David Allen | M45 | Dromore | 00:44:25 | 00:44:21 | 00:21:11 | 00:23:14 | 129 | 17 |
| 152 | 194 | Brian Connolly | M40 | | 00:44:26 | 00:44:05 | 00:21:52 | 00:22:35 | 130 | 23 |
| 153 | 213 | Matthew Kelly | MO | | 00:44:33 | 00:44:15 | 00:22:01 | 00:22:32 | 131 | 37 |
| 154 | 419 | Caroline Wade | FO | Newry City Runners | 00:44:34 | 00:44:17 | 00:22:06 | 00:22:28 | 18 | 10 |
| 155 | 462 | Timothy Polley | M40 | | 00:44:34 | 00:44:15 | 00:22:07 | 00:22:28 | 132 | 24 |
| 156 | 355 | Desi McHenry | M65 | Willowfield TH | 00:44:35 | 00:44:11 | 00:22:04 | 00:22:31 | 133 | 1 |
| 157 | 526 | Aidy Winters | M35 | | 00:44:36 | 00:44:32 | 00:21:49 | 00:22:48 | 134 | 37 |
| 158 | 490 | Ciaran Andrews | MO | | 00:44:38 | 00:44:26 | 00:22:06 | 00:22:32 | 135 | 38 |

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|-----|-----|---------------------|-----|------------------------|----------|----------|----------|----------|--------------|-----------|
| 159 | 552 | Mark Magill | MO | | 00:44:38 | 00:44:19 | 00:22:04 | 00:22:35 | 136 | 39 |
| 160 | 180 | David Ritchie | M35 | | 00:44:39 | 00:44:15 | 00:22:31 | 00:22:08 | 137 | 38 |
| 161 | 417 | David Smith | M50 | | 00:44:39 | 00:44:29 | 00:22:06 | 00:22:34 | 138 | 8 |
| 162 | 306 | Eamonn Tumelty | M60 | | 00:44:41 | 00:44:34 | 00:21:53 | 00:22:49 | 139 | 2 |
| 163 | 530 | Alan Johnston | M35 | | 00:44:43 | 00:44:17 | 00:22:17 | 00:22:26 | 140 | 39 |
| 164 | 93 | Neil Curran | M35 | Strangford FC | 00:44:46 | 00:44:18 | 00:22:37 | 00:22:10 | 141 | 40 |
| 165 | 410 | Stuart McIver | M35 | Ballydrain Harriers | 00:44:47 | 00:44:31 | 00:22:09 | 00:22:38 | 142 | 41 |
| 166 | 442 | Mark McDowell | M35 | East Down AC | 00:44:51 | 00:44:38 | 00:22:05 | 00:22:47 | 143 | 42 |
| 167 | 94 | Hugh Oram | M35 | Murlough AC | 00:44:53 | 00:44:35 | 00:22:16 | 00:22:38 | 144 | 43 |
| 168 | 162 | Coly McGivern | M40 | Murlough AC | 00:44:54 | 00:44:45 | 00:21:36 | 00:23:19 | 145 | 25 |
| 169 | 506 | Rhonda Brady | F40 | Larne AC | 00:44:55 | 00:44:46 | 00:22:07 | 00:22:48 | 19 | 3 |
| 170 | 720 | Chris Perry | MO | | 00:44:57 | 00:44:46 | 00:22:06 | 00:22:51 | 146 | 40 |
| 171 | 718 | Barry Fitzsimmons | MO | | 00:45:00 | 00:44:51 | 00:22:14 | 00:22:47 | 147 | 41 |
| 172 | 793 | Gerard O'Connor | MO | | 00:45:00 | 00:44:12 | 00:22:46 | 00:22:15 | 148 | 42 |
| 173 | 695 | Team The Prenters | R | | 00:45:02 | 00:45:02 | 00:21:54 | 00:23:08 | Relay | 6 |
| 174 | 800 | Ciaran Tobin | M50 | Trim | 00:45:04 | 00:44:55 | 00:22:08 | 00:22:57 | 149 | 9 |
| 175 | 681 | Team Matthew & Tony | R | | 00:45:06 | 00:45:06 | 00:21:56 | 00:23:11 | Relay | 7 |
| 176 | 126 | Gareth Fitzsimons | M45 | EDAC | 00:45:07 | 00:45:02 | 00:21:45 | 00:23:22 | 150 | 18 |
| 177 | 807 | Melanie Minshull | F45 | City of Lisburn AC | 00:45:09 | 00:45:02 | 00:22:07 | 00:23:02 | 20 | 1 |
| 178 | 760 | Martin Cox | M45 | North Belfast Harriers | 00:45:10 | 00:45:02 | 00:21:29 | 00:23:41 | 151 | 19 |
| 179 | 557 | Declan Magee | M45 | | 00:45:11 | 00:45:02 | 00:21:45 | 00:23:27 | 152 | 20 |
| 180 | 595 | Fionnuala McCourt | F55 | Lagan Valley AC | 00:45:11 | 00:45:08 | 00:22:09 | 00:23:03 | 21 | 1 |
| 181 | 430 | Stephen Ross | M35 | | 00:45:12 | 00:45:09 | 00:21:49 | 00:23:24 | 153 | 44 |
| 182 | 405 | Olivia Brown | FJ | Ballydrain Harriers | 00:45:13 | 00:44:56 | 00:22:05 | 00:23:09 | 22 | 2 |
| 183 | 573 | Lewis Rodgers | MO | | 00:45:19 | 00:44:42 | 00:22:16 | 00:23:04 | 154 | 43 |
| 184 | 449 | Andrew McCormick | M35 | | 00:45:20 | 00:45:06 | 00:22:11 | 00:23:10 | 155 | 45 |
| 185 | 133 | Gareth Baggley | MO | | 00:45:21 | 00:45:13 | 00:22:06 | 00:23:15 | 156 | 44 |

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|-----|-----|-------------------|-----|----------------------|----------|----------|----------|----------|------------|-----------|
| 186 | 458 | Tracey McDowell | F35 | EDAC | 00:45:25 | 00:45:08 | 00:22:18 | 00:23:07 | 23 | 5 |
| 187 | 514 | Barry Blaney | M35 | | 00:45:27 | 00:45:11 | 00:22:35 | 00:22:53 | 157 | 46 |
| 188 | 29 | Kevin McCormick | M45 | East Down AC | 00:45:28 | 00:45:14 | 00:22:11 | 00:23:17 | 158 | 21 |
| 189 | 137 | Lisa McConnell | F45 | ORANGEGROVE | 00:45:32 | 00:45:18 | 00:22:07 | 00:23:25 | 24 | 2 |
| 190 | 508 | Jim Campbell | M35 | | 00:45:33 | 00:45:19 | 00:21:53 | 00:23:41 | 159 | 47 |
| 191 | 37 | Barry Gracey | MO | | 00:45:35 | 00:45:19 | 00:22:06 | 00:23:30 | 160 | 45 |
| 192 | 288 | Gareth Kelly | MO | East Down AC | 00:45:47 | 00:45:28 | 00:22:02 | 00:23:46 | 161 | 46 |
| 193 | 113 | Stevie Fitzsimons | M35 | | 00:45:51 | 00:45:32 | 00:22:34 | 00:23:17 | 162 | 48 |
| 194 | 754 | Mairin McAleenan | F40 | Leitrim ladies | 00:45:52 | 00:45:26 | 00:22:41 | 00:23:12 | 25 | 4 |
| 195 | 161 | Dominic Flanagan | MO | Lisburn Triathlon Cl | 00:45:55 | 00:45:41 | 00:22:09 | 00:23:47 | 163 | 47 |
| 196 | 42 | Tom McClean | M45 | East Down AC | 00:45:57 | 00:45:39 | 00:22:19 | 00:23:39 | 164 | 22 |
| 197 | 546 | Conor O'Hare | MO | | 00:45:57 | 00:45:43 | 00:22:50 | 00:23:07 | 165 | 48 |
| 198 | 13 | Paul Magee | M35 | | 00:45:59 | 00:45:39 | 00:22:17 | 00:23:42 | 166 | 49 |
| 199 | 482 | Mary Quinn | F45 | banbridge athletics | 00:46:03 | 00:45:51 | 00:22:31 | 00:23:32 | 26 | 3 |
| 200 | 568 | Janete Bailie | F35 | | 00:46:03 | 00:45:52 | 00:22:40 | 00:23:23 | 27 | 6 |
| 201 | 105 | Conor Currie | M35 | | 00:46:09 | 00:45:58 | 00:22:30 | 00:23:40 | 167 | 50 |
| 202 | 778 | Stephen Dunn | MO | | 00:46:12 | 00:45:36 | 00:22:54 | 00:23:18 | 168 | 49 |
| 203 | 125 | Ricky Martin | M40 | | 00:46:14 | 00:45:47 | 00:22:48 | 00:23:26 | 169 | 26 |
| 204 | 452 | Paul Gilchrist | M35 | | 00:46:22 | 00:46:07 | 00:22:31 | 00:23:51 | 170 | 51 |
| 205 | 78 | Sam Hogg | M65 | Lagan Valley AC | 00:46:27 | 00:46:07 | 00:22:29 | 00:23:59 | 171 | 2 |
| 206 | 502 | Joe Craney | MO | | 00:46:28 | 00:46:21 | 00:22:05 | 00:24:23 | 172 | 50 |
| 207 | 483 | Gary Scott | M50 | | 00:46:29 | 00:46:09 | 00:23:18 | 00:23:12 | 173 | 10 |
| 208 | 143 | Janice Reid | F45 | Dromore AC | 00:46:34 | 00:46:23 | 00:22:35 | 00:24:00 | 28 | 4 |
| 209 | 79 | Ciaran Doyle | M35 | | 00:46:39 | 00:46:04 | 00:23:20 | 00:23:19 | 174 | 52 |
| 210 | 96 | Richard Hand | M50 | Dromore AC | 00:46:41 | 00:46:30 | 00:22:41 | 00:24:00 | 175 | 11 |
| 211 | 381 | Paul Leneghan | M45 | | 00:46:42 | 00:46:27 | 00:22:37 | 00:24:06 | 176 | 23 |
| 212 | 177 | Conor Preshaw | MO | | 00:46:50 | 00:46:28 | 00:22:53 | 00:23:57 | 177 | 51 |

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|-----|-----|------------------------|-----|---------------------|----------|----------|----------|----------|--------------|-----------|
| 213 | 184 | Mark McIntyre | M40 | peninsula triathlon | 00:46:50 | 00:46:18 | 00:23:00 | 00:23:50 | 178 | 27 |
| 214 | 91 | Gareth Reilly | M35 | Strangford FC | 00:46:51 | 00:46:23 | 00:23:15 | 00:23:37 | 179 | 53 |
| 215 | 20 | Robin Wilson | M45 | Ballydrain Harriers | 00:46:54 | 00:46:38 | 00:22:33 | 00:24:22 | 180 | 24 |
| 216 | 596 | Barry Curran | M35 | | 00:46:55 | 00:46:38 | 00:23:09 | 00:23:47 | 181 | 54 |
| 217 | 155 | Catherine Devlin | F35 | Dromore | 00:46:56 | 00:46:39 | 00:23:07 | 00:23:49 | 29 | 7 |
| 218 | 492 | Natalie Davidson | F35 | County Antrim Harr | 00:47:01 | 00:46:56 | 00:22:25 | 00:24:37 | 30 | 8 |
| 219 | 193 | Joseph Rogan | M35 | | 00:47:05 | 00:46:20 | 00:23:41 | 00:23:25 | 182 | 55 |
| 220 | 564 | Desmond Oneill | M45 | | 00:47:05 | 00:46:51 | 00:23:18 | 00:23:47 | 183 | 25 |
| 221 | 685 | Team Murray'S Again | R | | 00:47:07 | 00:47:07 | 00:24:14 | 00:22:54 | Relay | 8 |
| 222 | 201 | Patrick Flanagan | MO | Teconnaught GFC | 00:47:09 | 00:47:09 | 00:22:25 | 00:24:44 | 184 | 52 |
| 223 | 672 | Team Newcastle Ac'S Be | R | | 00:47:11 | 00:47:11 | 00:23:12 | 00:23:59 | Relay | 9 |
| 224 | 121 | Paul Gruhn | MO | | 00:47:12 | 00:47:01 | 00:23:01 | 00:24:11 | 185 | 53 |
| 225 | 393 | Mark George | M35 | | 00:47:12 | 00:47:04 | 00:22:40 | 00:24:33 | 186 | 56 |
| 226 | 421 | Michael Magee | MJ | | 00:47:12 | 00:46:49 | 00:22:34 | 00:24:39 | 187 | 2 |
| 227 | 453 | Grainne Doherty | F35 | Beechmount Harrie | 00:47:14 | 00:46:57 | 00:23:06 | 00:24:08 | 31 | 9 |
| 228 | 116 | Declan Rice | M45 | Newcastle AC | 00:47:15 | 00:47:07 | | | 188 | 26 |
| 229 | 255 | Mark Keane | MO | | 00:47:16 | 00:46:49 | 00:23:30 | 00:23:46 | 189 | 54 |
| 230 | 259 | Niamh Kellett | FO | | 00:47:16 | 00:46:48 | 00:23:15 | 00:24:02 | 32 | 11 |
| 231 | 80 | Paul Denvir | M35 | | 00:47:17 | 00:46:55 | 00:22:53 | 00:24:24 | 190 | 57 |
| 232 | 802 | James Bradley | M35 | | 00:47:21 | 00:47:06 | 00:23:03 | 00:24:18 | 191 | 58 |
| 233 | 216 | Philip Kinsella | M40 | East Down AC | 00:47:22 | 00:47:03 | 00:23:15 | 00:24:08 | 192 | 28 |
| 234 | 226 | Sean Devine | MO | | 00:47:23 | 00:47:18 | 00:22:23 | 00:25:00 | 193 | 55 |
| 235 | 316 | Gordon Richardson | M45 | | 00:47:23 | 00:46:45 | 00:24:02 | 00:23:21 | 194 | 27 |
| 236 | 296 | Sam McNeilly | FO | Newcastle & Distric | 00:47:25 | 00:47:18 | 00:22:42 | 00:24:44 | 33 | 12 |
| 237 | 339 | Willie McCracken | M65 | Newry City Runners | 00:47:28 | 00:47:11 | 00:23:32 | 00:23:57 | 195 | 3 |
| 238 | 144 | Wendy Fleming | F35 | Dromore AC | 00:47:29 | 00:47:19 | 00:23:10 | 00:24:20 | 34 | 10 |
| 239 | 368 | Cahir King | MO | | 00:47:29 | 00:47:06 | 00:23:17 | 00:24:12 | 196 | 56 |

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|-----|------------------------|-----|---------------------|----------|----------|----------|----------|--------------|-----------|
| 240 | 76 Miguel Robinson | M40 | BARF | 00:47:34 | 00:47:17 | 00:23:11 | 00:24:24 | 197 | 29 |
| 241 | 799 Ann Tobin | F50 | Trim | 00:47:38 | 00:47:28 | 00:23:26 | 00:24:13 | 35 | 2 |
| 242 | 797 Lagan Valley Colts | R | | 00:47:50 | 00:47:50 | 00:22:09 | 00:25:42 | Relay | 10 |
| 243 | 69 Frankie Black | MO | | 00:47:54 | 00:47:28 | 00:23:46 | 00:24:08 | 198 | 57 |
| 244 | 157 Ian Bates | M50 | Dromore AC | 00:47:56 | 00:47:42 | 00:23:12 | 00:24:45 | 199 | 12 |
| 245 | 761 Team Lauren | R | | 00:47:56 | 00:47:56 | 00:21:27 | 00:26:29 | Relay | 11 |
| 246 | 373 Gregory Dunlop | M40 | | 00:48:03 | 00:47:40 | 00:23:40 | 00:24:23 | 200 | 30 |
| 247 | 498 William Findlay | MJ | East Down AC | 00:48:04 | 00:47:51 | 00:25:06 | 00:22:59 | 201 | 3 |
| 248 | 71 Clarke Campbell | M45 | | 00:48:06 | 00:47:47 | 00:24:00 | 00:24:06 | 202 | 28 |
| 249 | 370 Philip Campbell | MO | | 00:48:08 | 00:47:35 | 00:23:54 | 00:24:15 | 203 | 58 |
| 250 | 512 David Devenney | MO | | 00:48:09 | 00:48:09 | 00:22:15 | 00:25:54 | 204 | 59 |
| 251 | 786 John Smith | MO | RGU | 00:48:12 | 00:48:06 | 00:23:20 | 00:24:52 | 205 | 60 |
| 252 | 119 Ben Shields | MJ | | 00:48:14 | 00:48:00 | 00:23:18 | 00:24:56 | 206 | 4 |
| 253 | 507 Johnnie Keenan | MO | | 00:48:15 | 00:47:46 | 00:24:02 | 00:24:13 | 207 | 61 |
| 254 | 459 Julie McKimm | F35 | Orangetrove AC | 00:48:16 | 00:48:00 | 00:23:51 | 00:24:25 | 36 | 11 |
| 255 | 671 Team Nac Messers | R | | 00:48:17 | 00:48:17 | 00:23:13 | 00:25:04 | Relay | 12 |
| 256 | 698 Team Logie Bears | R | | 00:48:30 | 00:48:21 | 00:22:59 | 00:25:32 | Relay | 13 |
| 257 | 790 Stephen Moffett | MO | | 00:48:32 | 00:48:12 | 00:23:43 | 00:24:50 | 208 | 62 |
| 258 | 509 Conaill McGrady | M40 | | 00:48:40 | 00:48:22 | 00:23:50 | 00:24:50 | 209 | 31 |
| 259 | 723 Aine Hughes | FO | | 00:48:41 | 00:48:17 | 00:23:52 | 00:24:49 | 37 | 13 |
| 260 | 387 Jim Warnock | M50 | | 00:48:42 | 00:48:33 | 00:23:16 | 00:25:26 | 210 | 13 |
| 261 | 342 Colin Shields | M35 | | 00:48:43 | 00:48:15 | 00:24:12 | 00:24:32 | 211 | 59 |
| 262 | 118 Paul O'Hare | M50 | NI Civil Service AC | 00:48:45 | 00:48:38 | 00:23:54 | 00:24:52 | 212 | 14 |
| 263 | 149 Adrian Magee | M40 | | 00:48:46 | 00:47:56 | 00:24:29 | 00:24:17 | 213 | 32 |
| 264 | 795 Eddie Salmon | M40 | | 00:48:47 | 00:48:39 | 00:23:39 | 00:25:09 | 214 | 33 |
| 265 | 554 Helen McCartan | F35 | | 00:48:49 | 00:48:37 | 00:24:07 | 00:24:42 | 38 | 12 |
| 266 | 776 Stephen Hamilton | M40 | | 00:48:49 | 00:48:42 | 00:23:38 | 00:25:11 | 215 | 34 |

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|------------|----------------------------|-----------|----------------------|-----------------|-----------------|-----------------|-----------------|------------|-----------|
| 267 | 24 Paul Burke | M35 | | 00:48:50 | 00:48:27 | 00:25:07 | 00:23:43 | 216 | 60 |
| 268 | 185 Gerry McGuckin | M55 | | 00:48:54 | 00:48:38 | 00:24:05 | 00:24:49 | 217 | 10 |
| 269 | 262 Alison Carroll | F45 | | 00:48:54 | 00:48:36 | 00:24:11 | 00:24:43 | 39 | 5 |
| 270 | 341 David Barr | MO | | 00:48:54 | 00:48:19 | 00:24:46 | 00:24:08 | 218 | 63 |
| 271 | 717 Tim Collins | MO | | 00:48:56 | 00:48:50 | 00:23:14 | 00:25:43 | 219 | 64 |
| 272 | 739 Mandy Russell | F50 | Dromore | 00:48:56 | 00:48:43 | 00:24:04 | 00:24:52 | 40 | 3 |
| 273 | 716 Patrick Moore | MO | | 00:48:57 | 00:48:47 | 00:23:14 | 00:25:43 | 220 | 65 |
| 274 | 785 Martin McNeill | M40 | | 00:48:59 | 00:48:44 | 00:23:53 | 00:25:07 | 221 | 35 |
| 275 | 124 Susan Smyth | FO | Dromore AC | 00:49:02 | 00:48:48 | 00:23:28 | 00:25:34 | 41 | 14 |
| 276 | 550 Robert Green | M50 | | 00:49:05 | 00:48:50 | 00:23:52 | 00:25:13 | 222 | 15 |
| 277 | 340 Ronan Barr | MO | | 00:49:06 | 00:48:32 | 00:24:46 | 00:24:20 | 223 | 66 |
| 278 | 493 Mark Fitzsimons | M35 | | 00:49:07 | 00:48:47 | 00:23:28 | 00:25:39 | 224 | 61 |
| 279 | 197 Andrea Thompson | FO | North Down AC | 00:49:08 | 00:48:45 | 00:23:47 | 00:25:21 | 42 | 15 |
| 280 | 794 Jamie Fitzpatrick | MJ | | 00:49:11 | 00:48:46 | 00:24:56 | 00:24:15 | 225 | 5 |
| 281 | 455 John Breen | M35 | | 00:49:18 | 00:48:58 | 00:24:29 | 00:24:49 | 226 | 62 |
| 282 | 358 Colum Surginor | M40 | East Down AC | 00:49:20 | 00:48:58 | 00:24:32 | 00:24:49 | 227 | 36 |
| 283 | 500 John Manley | M45 | East Down AC | 00:49:20 | 00:48:59 | 00:24:32 | 00:24:49 | 228 | 29 |
| 284 | 309 Russell Young | MO | | 00:49:22 | 00:49:13 | 00:22:33 | 00:26:50 | 229 | 67 |
| 285 | 356 Stuart Irvine | M40 | | 00:49:23 | 00:49:02 | 00:23:59 | 00:25:25 | 230 | 37 |
| 286 | 476 Tom McMeekin | MJ | East Down AC | 00:49:23 | 00:49:11 | 00:25:06 | 00:24:17 | 231 | 6 |
| 287 | 470 Alex Danks | MJ | | 00:49:24 | 00:49:17 | 00:23:44 | 00:25:41 | 232 | 7 |
| 288 | 575 Mark Curran | M40 | | 00:49:24 | 00:49:03 | 00:24:09 | 00:25:15 | 233 | 38 |
| 289 | 346 Helen Ryan | FO | NI Civil Service AC | 00:49:25 | 00:49:00 | 00:24:53 | 00:24:33 | 43 | 16 |
| 290 | 782 Geoff Harper | M35 | | 00:49:25 | 00:48:53 | 00:25:07 | 00:24:19 | 234 | 63 |
| 291 | 762 Niall Smyth | MO | | 00:49:30 | 00:49:22 | 00:24:45 | 00:24:46 | 235 | 68 |
| 292 | 250 Michael Heaney | M45 | | 00:49:33 | 00:49:13 | 00:24:43 | 00:24:50 | 236 | 30 |
| 293 | 313 Jerome Farrell | M35 | | 00:49:34 | 00:49:25 | 00:23:56 | 00:25:38 | 237 | 64 |

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|------------|-----------|---------------------|------------|----------------------|-----------------|-----------------|-----------------|-----------------|------------|-----------|
| 294 | 738 | Diane McKee | F45 | Dromore | 00:49:39 | 00:49:28 | 00:24:03 | 00:25:37 | 44 | 6 |
| 295 | 728 | Ernie Hall | M60 | Dromore | 00:49:41 | 00:49:39 | 00:24:03 | 00:25:39 | 238 | 3 |
| 296 | 253 | Cecelia McCutcheon | FO | | 00:49:43 | 00:49:11 | 00:24:58 | 00:24:45 | 45 | 17 |
| 297 | 181 | Karen Ritchie | F40 | | 00:49:44 | 00:49:15 | 00:24:39 | 00:25:05 | 46 | 5 |
| 298 | 187 | Jane McEvoy | F40 | | 00:49:44 | 00:49:18 | 00:24:58 | 00:24:46 | 47 | 6 |
| 299 | 516 | Kim McDonald | F45 | | 00:49:49 | 00:49:36 | 00:24:38 | 00:25:11 | 48 | 7 |
| 300 | 8 | Kana Akimoto | FO | | 00:49:53 | 00:49:42 | 00:24:35 | 00:25:18 | 49 | 18 |
| 301 | 559 | Daryll Madine | M35 | | 00:49:56 | 00:49:32 | 00:24:05 | 00:25:51 | 239 | 65 |
| 302 | 231 | Damien Curran | MO | | 00:49:57 | 00:49:31 | 00:23:48 | 00:26:09 | 240 | 69 |
| 303 | 246 | Gordon Thompson | M45 | | 00:49:57 | 00:49:41 | 00:23:55 | 00:26:02 | 241 | 31 |
| 304 | 138 | Kerry Ralph | M35 | ORANGEGROVE | 00:49:59 | 00:49:38 | 00:24:45 | 00:25:15 | 242 | 66 |
| 305 | 186 | Chris Bowman | M45 | Murlough AC | 00:50:00 | 00:49:35 | 00:24:47 | 00:25:14 | 243 | 32 |
| 306 | 566 | Oonagh Breteche | F35 | | 00:50:00 | 00:49:34 | 00:25:07 | 00:24:53 | 50 | 13 |
| 307 | 729 | John Smith | M35 | | 00:50:00 | 00:49:47 | 00:24:00 | 00:26:01 | 244 | 67 |
| 308 | 460 | Stephen Brady | M35 | Burrendale Hotel | 00:50:01 | 00:49:26 | 00:25:35 | 00:24:27 | 245 | 68 |
| 309 | 755 | James Lyons | M40 | | 00:50:01 | 00:49:32 | 00:25:06 | 00:24:55 | 246 | 39 |
| 310 | 66 | Marie Devine | F45 | North Down AC | 00:50:03 | 00:49:39 | 00:24:58 | 00:25:05 | 51 | 8 |
| 311 | 89 | Lisa Robinson | FO | | 00:50:04 | 00:49:35 | 00:24:42 | 00:25:23 | 52 | 19 |
| 312 | 14 | Michael O'Donoghue | M35 | | 00:50:07 | 00:49:55 | 00:25:21 | 00:24:46 | 247 | 69 |
| 313 | 461 | Mark Jervis | MO | | 00:50:07 | 00:49:57 | 00:23:44 | 00:26:23 | 248 | 70 |
| 314 | 140 | Carolanne Smith | F35 | | 00:50:08 | 00:49:32 | 00:25:31 | 00:24:37 | 53 | 14 |
| 315 | 440 | Conor Anderson | MO | | 00:50:08 | 00:49:34 | 00:25:07 | 00:25:02 | 249 | 71 |
| 316 | 287 | Sharon O'Donnell | F40 | | 00:50:09 | 00:49:55 | 00:24:39 | 00:25:31 | 54 | 7 |
| 317 | 487 | Charlie Mount | M50 | | 00:50:10 | 00:49:47 | 00:25:24 | 00:24:47 | 250 | 16 |
| 318 | 518 | Stephen Hughes | M35 | | 00:50:12 | 00:49:32 | 00:25:22 | 00:24:51 | 251 | 70 |
| 319 | 743 | Gareth Rice | MO | | 00:50:12 | 00:49:22 | 00:25:32 | 00:24:41 | 252 | 72 |
| 320 | 369 | Louise King | MO | | 00:50:13 | 00:49:50 | 00:24:04 | 00:26:09 | 253 | 73 |

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|-----|-----|-------------------|-----|---------------------|----------|----------|----------|----------|------------|-----------|
| 321 | 139 | Damien Smith | M35 | | 00:50:16 | 00:49:40 | 00:25:31 | 00:24:45 | 254 | 71 |
| 322 | 223 | Anne McCormick | F50 | Murlough AC | 00:50:19 | 00:49:53 | 00:24:52 | 00:25:28 | 55 | 4 |
| 323 | 450 | Mark Maguire | M40 | | 00:50:23 | 00:49:54 | 00:25:09 | 00:25:14 | 255 | 40 |
| 324 | 495 | Roger Byrne | M35 | East Down AC | 00:50:23 | 00:50:05 | 00:24:43 | 00:25:41 | 256 | 72 |
| 325 | 443 | Simon McGrattan | M40 | East Down AC | 00:50:28 | 00:50:03 | 00:25:07 | 00:25:22 | 257 | 41 |
| 326 | 521 | Aurla McLoughlin | F35 | | 00:50:29 | 00:49:59 | 00:25:08 | 00:25:21 | 56 | 15 |
| 327 | 30 | Alan Logan | M40 | | 00:50:35 | 00:49:58 | 00:25:27 | 00:25:08 | 258 | 42 |
| 328 | 371 | Ryan Curran | MO | | 00:50:37 | 00:50:08 | 00:24:02 | 00:26:35 | 259 | 74 |
| 329 | 520 | Andrew Mc Connell | MO | | 00:50:38 | 00:49:59 | 00:25:29 | 00:25:10 | 260 | 75 |
| 330 | 432 | Ciaran Smith | MO | | 00:50:39 | 00:49:59 | 00:25:29 | 00:25:10 | 261 | 76 |
| 331 | 115 | Philip Hynds | M50 | | 00:50:42 | 00:50:25 | 00:24:47 | 00:25:55 | 262 | 17 |
| 332 | 53 | Helen King | F35 | | 00:50:45 | 00:50:32 | 00:25:02 | 00:25:44 | 57 | 16 |
| 333 | 463 | Jamie Harris | MJ | | 00:50:46 | 00:50:23 | 00:23:54 | 00:26:52 | 263 | 8 |
| 334 | 519 | Patsy McAuley | MO | | 00:50:48 | 00:50:07 | 00:25:22 | 00:25:26 | 264 | 77 |
| 335 | 319 | Joy McAleer | F50 | Oranegrove AC | 00:50:49 | 00:50:30 | 00:25:00 | 00:25:49 | 58 | 5 |
| 336 | 378 | Brian Galloway | M55 | Super Circuits Tear | 00:50:51 | 00:50:22 | 00:25:09 | 00:25:42 | 265 | 11 |
| 337 | 38 | Michael McCreesh | M35 | | 00:50:52 | 00:50:30 | 00:24:52 | 00:26:01 | 266 | 73 |
| 338 | 396 | Claire Shields | FO | Ballydrain Harriers | 00:50:52 | 00:50:35 | 00:25:45 | 00:25:07 | 59 | 20 |
| 339 | 481 | Sonya Curran | F35 | banbridge athletics | 00:50:54 | 00:50:44 | 00:24:41 | 00:26:13 | 60 | 17 |
| 340 | 454 | Bernie Regan | F50 | Larne AC | 00:50:55 | 00:50:30 | 00:25:04 | 00:25:51 | 61 | 6 |
| 341 | 74 | Niall McNicol | MJ | | 00:50:57 | 00:50:25 | 00:25:09 | 00:25:49 | 267 | 9 |
| 342 | 87 | Carol Annesley | F45 | East Antrim Harrier | 00:51:02 | 00:50:44 | 00:24:59 | 00:26:03 | 62 | 9 |
| 343 | 304 | Linda Cunningham | F45 | East Down Athletics | 00:51:04 | 00:50:39 | 00:25:07 | 00:25:57 | 63 | 10 |
| 344 | 705 | Barry Walsh | M40 | | 00:51:07 | 00:50:34 | 00:25:03 | 00:26:04 | 268 | 43 |
| 345 | 338 | Eimear McCracken | FO | Newry City Runners | 00:51:08 | 00:50:48 | 00:25:06 | 00:26:03 | 64 | 21 |
| 346 | 791 | Mark Ramsey | MO | | 00:51:08 | 00:50:44 | 00:25:34 | 00:25:34 | 269 | 78 |
| 347 | 97 | Tony Doglay | M40 | | 00:51:10 | 00:50:33 | 00:25:44 | 00:25:26 | 270 | 44 |

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|-----|-----|------------------------|-----|----------------------|----------|----------|----------|----------|--------------|-----------|
| 348 | 199 | Pauline Carson | F35 | | 00:51:14 | 00:50:48 | 00:25:15 | 00:26:00 | 65 | 18 |
| 349 | 674 | Team Hr | R | | 00:51:23 | 00:51:23 | 00:25:47 | 00:25:37 | Relay | 14 |
| 350 | 220 | Pamela Young | FO | | 00:51:25 | 00:51:18 | 00:24:51 | 00:26:35 | 66 | 22 |
| 351 | 15 | Jonathan Stewart | M45 | Orangegrove AC | 00:51:28 | 00:51:17 | 00:25:08 | 00:26:20 | 271 | 33 |
| 352 | 23 | Grainne Teggart | FO | | 00:51:29 | 00:50:59 | 00:25:08 | 00:26:22 | 67 | 23 |
| 353 | 475 | Trish Magill | F40 | ORANGEGROVE | 00:51:30 | 00:51:15 | 00:25:05 | 00:26:26 | 68 | 8 |
| 354 | 591 | Michelle McCann | F40 | | 00:51:35 | 00:51:08 | 00:25:34 | 00:26:02 | 69 | 9 |
| 355 | 531 | Sarah Hynds | FO | | 00:51:44 | 00:51:02 | 00:26:08 | 00:25:37 | 70 | 24 |
| 356 | 563 | Robert Pollock | M55 | | 00:51:47 | 00:51:15 | 00:25:23 | 00:26:24 | 272 | 12 |
| 357 | 110 | Joe Cunningham | M45 | | 00:51:48 | 00:51:10 | 00:25:44 | 00:26:04 | 273 | 34 |
| 358 | 240 | Thelma McCullough | F55 | North Belfast Harrie | 00:51:53 | 00:51:31 | 00:25:34 | 00:26:19 | 71 | 2 |
| 359 | 389 | Sinead Kinsella | F35 | | 00:52:01 | 00:51:35 | 00:25:35 | 00:26:27 | 72 | 19 |
| 360 | 683 | Team The Hare And Tort | R | | 00:52:03 | 00:52:03 | 00:27:19 | 00:24:45 | Relay | 15 |
| 361 | 547 | Luke Gelston | MJ | | 00:52:06 | 00:51:36 | 00:25:07 | 00:26:59 | 274 | 10 |
| 362 | 700 | Colin Haddick | M60 | | 00:52:08 | 00:51:30 | 00:25:54 | 00:26:15 | 275 | 4 |
| 363 | 704 | Darragh Magee | MO | | 00:52:08 | 00:51:27 | 00:25:49 | 00:26:20 | 276 | 79 |
| 364 | 412 | Edward McClory | MO | | 00:52:11 | 00:51:56 | 00:25:24 | 00:26:47 | 277 | 80 |
| 365 | 129 | Darren Harris | M35 | | 00:52:12 | 00:51:37 | 00:25:15 | 00:26:57 | 278 | 74 |
| 366 | 158 | Clara Kerr | FO | UFC | 00:52:16 | 00:52:09 | 00:25:05 | 00:27:12 | 73 | 25 |
| 367 | 538 | Ashlene McGeough | FO | | 00:52:17 | 00:52:06 | 00:26:08 | 00:26:09 | 74 | 26 |
| 368 | 234 | Mark Johnston | M35 | East Down AC | 00:52:20 | 00:52:06 | 00:26:02 | 00:26:18 | 279 | 75 |
| 369 | 773 | Paul Smyth | MO | | 00:52:20 | 00:52:14 | 00:24:40 | 00:27:41 | 280 | 81 |
| 370 | 81 | Emma O'Reilly | FO | | 00:52:30 | 00:52:00 | 00:25:38 | 00:26:53 | 75 | 27 |
| 371 | 232 | Arlene McMullan | FO | East Down AC | 00:52:31 | 00:52:16 | 00:26:03 | 00:26:29 | 76 | 28 |
| 372 | 233 | Sinead McMullan | FO | East Down AC | 00:52:31 | 00:52:17 | 00:26:03 | 00:26:28 | 77 | 29 |
| 373 | 82 | Kate Montgomery | F55 | Lagan Valley AC | 00:52:32 | 00:52:13 | 00:25:45 | 00:26:47 | 78 | 3 |
| 374 | 107 | Adrian Mc Dowell | M40 | | 00:52:33 | 00:51:59 | 00:26:42 | 00:25:52 | 281 | 45 |

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|-----|-----|---------------------|-----|---------------------|----------|----------|----------|----------|--------------|-----------|
| 375 | 372 | Stephen Rice | M45 | | 00:52:38 | 00:52:25 | 00:25:34 | 00:27:05 | 282 | 35 |
| 376 | 386 | Martin Brady | M40 | | 00:52:42 | 00:52:06 | 00:26:30 | 00:26:12 | 283 | 46 |
| 377 | 556 | Ruairi Sharvin | MJ | | 00:52:46 | 00:52:18 | 00:27:11 | 00:25:35 | 284 | 11 |
| 378 | 771 | Maggi Gibson | F45 | | 00:52:47 | 00:52:38 | 00:25:55 | 00:26:52 | 79 | 11 |
| 379 | 765 | Kathryn Prendergast | FO | | 00:52:48 | 00:52:15 | 00:26:17 | 00:26:32 | 80 | 30 |
| 380 | 170 | Neil Kennedy | MO | Ultimate Fitness Ce | 00:52:49 | 00:52:39 | 00:24:45 | 00:28:04 | 285 | 82 |
| 381 | 687 | Team Rossers | R | | 00:52:50 | 00:52:50 | 00:26:15 | 00:26:35 | Relay | 16 |
| 382 | 77 | Monica McCrickard | F40 | Leitrim ladies | 00:52:52 | 00:52:25 | 00:25:36 | 00:27:17 | 81 | 10 |
| 383 | 22 | Gary Denvir | MO | | 00:52:53 | 00:52:20 | 00:25:33 | 00:27:21 | 286 | 83 |
| 384 | 711 | Laura Watson | FO | | 00:52:53 | 00:52:42 | 00:26:32 | 00:26:21 | 82 | 31 |
| 385 | 753 | Linda Rogan | F45 | Castlewellan ac | 00:52:53 | 00:52:43 | 00:26:32 | 00:26:22 | 83 | 12 |
| 386 | 12 | Jo-Ann Magee | F35 | | 00:52:58 | 00:52:37 | 00:25:55 | 00:27:03 | 84 | 20 |
| 387 | 178 | Joan Gracey | FO | | 00:52:58 | 00:52:22 | 00:26:34 | 00:26:24 | 85 | 32 |
| 388 | 179 | Judith Loudon | F35 | | 00:52:58 | 00:52:22 | 00:26:33 | 00:26:25 | 86 | 21 |
| 389 | 732 | Gabriel Crawford | M60 | | 00:53:05 | 00:52:30 | 00:25:57 | 00:27:09 | 287 | 5 |
| 390 | 446 | Claire McStravock | FO | | 00:53:07 | 00:52:54 | 00:26:07 | 00:27:00 | 87 | 33 |
| 391 | 230 | Karen Rooney | F45 | | 00:53:08 | 00:52:56 | 00:26:07 | 00:27:01 | 88 | 13 |
| 392 | 585 | Maura King | F60 | | 00:53:09 | 00:52:25 | 00:26:23 | 00:26:46 | 89 | 1 |
| 393 | 542 | Gavin McNeill | M50 | | 00:53:13 | 00:52:42 | 00:25:59 | 00:27:15 | 288 | 18 |
| 394 | 88 | Mags Flynn | F35 | East Down AC | 00:53:14 | 00:52:52 | 00:26:05 | 00:27:09 | 90 | 22 |
| 395 | 489 | Fiadhait Brady | FJ | | 00:53:15 | 00:52:47 | 00:25:38 | 00:27:37 | 91 | 3 |
| 396 | 277 | Ciara Magee | F35 | Ultimate Fitness Ce | 00:53:20 | 00:52:57 | 00:25:57 | 00:27:23 | 92 | 23 |
| 397 | 120 | Clare Carson | F40 | | 00:53:21 | 00:52:43 | 00:26:22 | 00:27:00 | 93 | 11 |
| 398 | 796 | Robert Brown | M50 | | 00:53:27 | 00:52:43 | 00:27:16 | 00:26:11 | 289 | 19 |
| 399 | 152 | Debbie McVeigh | FO | | 00:53:28 | 00:52:42 | 00:26:39 | 00:26:49 | 94 | 34 |
| 400 | 673 | Team Smyth | R | | 00:53:28 | 00:52:45 | 00:26:58 | 00:26:31 | Relay | 17 |
| 401 | 67 | Sean Murray | M40 | Up & Runners | 00:53:30 | 00:53:00 | 00:25:51 | 00:27:39 | 290 | 47 |

| | | | | | | | | | | |
|-----|-----|------------------------|-----|---------------------|----------|----------|----------|----------|--------------|-----------|
| 402 | 688 | Team Masterson | R | | 00:53:31 | 00:53:31 | 00:25:59 | 00:27:32 | Relay | 18 |
| 403 | 433 | Vivien Davidson | F55 | | 00:53:34 | 00:52:57 | 00:26:31 | 00:27:03 | 95 | 4 |
| 404 | 429 | Barry Reynolds | MO | | 00:53:36 | 00:53:20 | 00:25:56 | 00:27:41 | 291 | 84 |
| 405 | 448 | Conor Moore | MJ | | 00:53:37 | 00:52:55 | 00:26:58 | 00:26:40 | 292 | 12 |
| 406 | 586 | Eithne Murphy | F45 | | 00:53:38 | 00:53:01 | 00:26:55 | 00:26:43 | 96 | 14 |
| 407 | 511 | Seamus McLernon | M55 | | 00:53:46 | 00:53:16 | 00:26:13 | 00:27:33 | 293 | 13 |
| 408 | 549 | Miceal Haughian | MO | | 00:53:46 | 00:53:20 | 00:26:02 | 00:27:44 | 294 | 85 |
| 409 | 423 | Michael Smyth | M45 | | 00:53:51 | 00:53:11 | 00:27:14 | 00:26:38 | 295 | 36 |
| 410 | 236 | Megan Breen | FO | | 00:53:52 | 00:53:25 | 00:26:57 | 00:26:55 | 97 | 35 |
| 411 | 693 | Team Emma Gorman / B R | | | 00:53:53 | 00:53:53 | 00:25:13 | 00:28:40 | Relay | 19 |
| 412 | 375 | Maeve Galloway | FO | Super Circuits Team | 00:53:54 | 00:53:25 | 00:26:23 | 00:27:32 | 98 | 36 |
| 413 | 525 | Michelle Middleton | F40 | | 00:53:56 | 00:53:29 | 00:26:32 | 00:27:24 | 99 | 12 |
| 414 | 551 | Beverley Martin | F50 | | 00:53:58 | 00:53:46 | 00:26:08 | 00:27:51 | 100 | 7 |
| 415 | 196 | Kevan Owens | M40 | castlewellan gac | 00:53:59 | 00:53:52 | 00:25:19 | 00:28:40 | 296 | 48 |
| 416 | 712 | Edwin Mitchell | M55 | | 00:54:00 | 00:53:32 | 00:26:48 | 00:27:13 | 297 | 14 |
| 417 | 686 | Team The Cheese Puffs | R | | 00:54:07 | 00:54:07 | 00:27:20 | 00:26:47 | Relay | 20 |
| 418 | 427 | John Oakes | M35 | Dromore AC | 00:54:13 | 00:54:08 | 00:25:58 | 00:28:16 | 298 | 76 |
| 419 | 528 | Gerald O'Donnell | M35 | | 00:54:15 | 00:53:37 | 00:26:36 | 00:27:39 | 299 | 77 |
| 420 | 402 | Julia Moore | F35 | Ballydrain Harriers | 00:54:17 | 00:53:59 | 00:27:20 | 00:26:57 | 101 | 24 |
| 421 | 697 | Team Carroll | R | | 00:54:18 | 00:54:18 | 00:27:06 | 00:27:12 | Relay | 21 |
| 422 | 811 | Iryna Kennedy | F45 | Lagan Valley AC | 00:54:24 | 00:53:58 | 00:26:53 | 00:27:32 | 102 | 15 |
| 423 | 522 | Leanne Jennings | FO | | 00:54:28 | 00:54:25 | 00:27:00 | 00:27:28 | 103 | 37 |
| 424 | 401 | Heather Stanex | F40 | Ballydrain Harriers | 00:54:30 | 00:54:12 | 00:27:20 | 00:27:11 | 104 | 13 |
| 425 | 808 | Carol Faulkner | FO | | 00:54:36 | 00:54:10 | 00:26:19 | 00:28:18 | 105 | 38 |
| 426 | 515 | Elaine Hall | F40 | | 00:54:37 | 00:54:13 | 00:27:04 | 00:27:34 | 106 | 14 |
| 427 | 153 | Cormac McCavera | MO | | 00:54:44 | 00:54:06 | 00:26:19 | 00:28:26 | 300 | 86 |
| 428 | 349 | Lisa Ross | FO | | 00:54:47 | 00:54:02 | 00:27:22 | 00:27:25 | 107 | 39 |

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|-----|-----|------------------------|-----|---------------------|----------|----------|----------|----------|--------------|-----------|
| 429 | 770 | Colette McCoe | F45 | | 00:54:47 | 00:54:39 | 00:26:08 | 00:28:40 | 108 | 16 |
| 430 | 376 | Gemma King | FO | Super Circuits Tear | 00:54:53 | 00:54:22 | 00:27:23 | 00:27:30 | 109 | 40 |
| 431 | 752 | Anthony Quinn | M40 | | 00:54:55 | 00:54:08 | 00:28:40 | 00:26:16 | 301 | 49 |
| 432 | 55 | Christopher Campbell | MO | | 00:54:56 | 00:54:09 | 00:26:57 | 00:28:00 | 302 | 87 |
| 433 | 239 | Grainne McAlarney | FO | | 00:54:56 | 00:54:42 | 00:26:41 | 00:28:15 | 110 | 41 |
| 434 | 331 | Andrew Flinn | MO | | 00:54:59 | 00:54:41 | 00:25:35 | 00:29:24 | 303 | 88 |
| 435 | 28 | Finbar Heaney | M40 | | 00:55:00 | 00:54:25 | 00:27:36 | 00:27:25 | 304 | 50 |
| 436 | 136 | Shirley Telford | F35 | NI Civil Service AC | 00:55:03 | 00:54:17 | 00:27:16 | 00:27:47 | 111 | 25 |
| 437 | 200 | Linda Tumelty | F45 | | 00:55:05 | 00:54:29 | 00:27:34 | 00:27:32 | 112 | 17 |
| 438 | 128 | Eamon Moore | M35 | | 00:55:10 | 00:54:37 | 00:27:31 | 00:27:39 | 305 | 78 |
| 439 | 574 | Liz O'Hagan | F40 | | 00:55:12 | 00:54:38 | 00:26:51 | 00:28:21 | 113 | 15 |
| 440 | 792 | Damian Mulholland | MO | | 00:55:15 | 00:55:00 | 00:26:49 | 00:28:26 | 306 | 89 |
| 441 | 377 | Maurice King | M60 | Super Circuits Tear | 00:55:18 | 00:54:47 | 00:27:22 | 00:27:56 | 307 | 6 |
| 442 | 302 | Paula Savage | F35 | East Down AC | 00:55:21 | 00:54:59 | 00:27:22 | 00:27:59 | 114 | 26 |
| 443 | 315 | Cathy Morgan | F35 | Leitrim ladies | 00:55:22 | 00:54:58 | 00:27:00 | 00:28:23 | 115 | 27 |
| 444 | 150 | Clare Forster | FO | East Down AC | 00:55:31 | 00:55:04 | 00:26:54 | 00:28:37 | 116 | 42 |
| 445 | 132 | Ian McCracken | M55 | | 00:55:34 | 00:54:57 | 00:27:38 | 00:27:57 | 308 | 15 |
| 446 | 746 | Darren Fitzpatrick | M35 | | 00:55:43 | 00:55:05 | 00:26:36 | 00:29:08 | 309 | 79 |
| 447 | 764 | Brendan King | MO | | 00:55:47 | 00:55:05 | 00:27:00 | 00:28:48 | 310 | 90 |
| 448 | 394 | Andrea Jackson | F35 | Ballydrain Harriers | 00:55:48 | 00:55:29 | 00:27:20 | 00:28:28 | 117 | 28 |
| 449 | 464 | Ben Harris | MO | | 00:55:51 | 00:55:28 | 00:27:15 | 00:28:37 | 311 | 91 |
| 450 | 694 | Team East Down'S Fines | R | | 00:55:52 | 00:55:52 | 00:27:33 | 00:28:20 | Relay | 22 |
| 451 | 248 | Sean Sealey | M40 | | 00:55:53 | 00:55:06 | 00:27:44 | 00:28:10 | 312 | 51 |
| 452 | 775 | Lisa Liggett | F40 | | 00:55:54 | 00:55:17 | 00:27:43 | 00:28:12 | 118 | 16 |
| 453 | 380 | Sharon Carew | F40 | eastdown athletics | 00:55:55 | 00:55:35 | 00:27:30 | 00:28:26 | 119 | 17 |
| 454 | 692 | Team Eimear Connor | R | | 00:55:56 | 00:55:56 | 00:27:33 | 00:28:24 | Relay | 23 |
| 455 | 486 | Deirdre Mount | F45 | East Down Athletics | 00:55:58 | 00:55:34 | 00:27:25 | 00:28:34 | 120 | 18 |

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|-----|-----|---------------------|-----|---------------------|----------|----------|----------|----------|------------|-----------|
| 456 | 267 | Hugh Daly | M40 | | 00:55:59 | 00:55:26 | 00:27:18 | 00:28:41 | 313 | 52 |
| 457 | 330 | Cathy Degan | FO | EDAC | 00:55:59 | 00:55:42 | 00:26:38 | 00:29:21 | 121 | 43 |
| 458 | 49 | Elaine Cromie | F35 | | 00:56:00 | 00:55:46 | 00:27:02 | 00:28:58 | 122 | 29 |
| 459 | 392 | Carmel Tumelty | F40 | East Down AC | 00:56:01 | 00:55:48 | 00:27:42 | 00:28:20 | 123 | 18 |
| 460 | 561 | Francis Tumelty | M40 | | 00:56:01 | 00:55:48 | 00:27:41 | 00:28:20 | 314 | 53 |
| 461 | 154 | Declan Green | MO | | 00:56:09 | 00:55:42 | 00:27:18 | 00:28:51 | 315 | 92 |
| 462 | 348 | Catherine Gilchrist | F35 | | 00:56:09 | 00:55:24 | 00:27:24 | 00:28:46 | 124 | 30 |
| 463 | 501 | Roisin Gaffney | F50 | East | 00:56:09 | 00:55:46 | 00:27:25 | 00:28:44 | 125 | 8 |
| 464 | 92 | Orla McGreevy | FO | | 00:56:18 | 00:55:45 | 00:28:01 | 00:28:18 | 126 | 44 |
| 465 | 148 | Roisin Torney | FO | Ultimate Fitness Ce | 00:56:19 | 00:55:46 | 00:26:57 | 00:29:23 | 127 | 45 |
| 466 | 257 | Jenny Fitzsimons | FO | | 00:56:19 | 00:55:47 | 00:26:57 | 00:29:23 | 128 | 46 |
| 467 | 587 | Michael Murphy | M50 | | 00:56:19 | 00:55:42 | 00:27:51 | 00:28:29 | 316 | 20 |
| 468 | 100 | Leah Milligan | FO | | 00:56:20 | 00:55:48 | 00:26:57 | 00:29:24 | 129 | 47 |
| 469 | 570 | Jin Murray | M45 | | 00:56:21 | 00:55:40 | 00:27:55 | 00:28:27 | 317 | 37 |
| 470 | 780 | Ann Marie Williams | F45 | | 00:56:23 | 00:55:58 | 00:28:27 | 00:27:57 | 130 | 19 |
| 471 | 266 | Valerie Denvir | F35 | Ultimate Fitness Ce | 00:56:28 | 00:55:55 | 00:27:32 | 00:28:56 | 131 | 31 |
| 472 | 275 | Margaret Rowntree | F50 | | 00:56:34 | 00:55:50 | 00:27:48 | 00:28:47 | 132 | 9 |
| 473 | 702 | Claire Scullion | FO | | 00:56:34 | 00:56:06 | 00:28:09 | 00:28:26 | 133 | 48 |
| 474 | 726 | Grainne Cupples | FO | | 00:56:36 | 00:56:03 | 00:27:32 | 00:29:04 | 134 | 49 |
| 475 | 54 | Patrick Small | M35 | | 00:56:37 | 00:56:15 | 00:27:28 | 00:29:10 | 318 | 80 |
| 476 | 146 | Janine Murray | FO | | 00:56:37 | 00:56:06 | 00:27:12 | 00:29:25 | 135 | 50 |
| 477 | 539 | Anita McGeough | F45 | | 00:56:37 | 00:56:27 | 00:27:52 | 00:28:45 | 136 | 20 |
| 478 | 312 | Lisa O'Neill | FO | | 00:56:39 | 00:56:25 | 00:28:17 | 00:28:22 | 137 | 51 |
| 479 | 360 | Martin Brogan | M45 | castlewellan gac | 00:56:39 | 00:56:26 | 00:27:48 | 00:28:52 | 319 | 38 |
| 480 | 337 | Rodney Carville | M40 | | 00:56:42 | 00:56:05 | 00:27:09 | 00:29:34 | 320 | 54 |
| 481 | 748 | Mark Wallace | MO | | 00:56:42 | 00:56:33 | 00:27:45 | 00:28:57 | 321 | 93 |
| 482 | 749 | Clare Quinn | F35 | | 00:56:42 | 00:55:53 | 00:28:40 | 00:28:02 | 138 | 32 |

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|-----|-----|-------------------|-----|-----------------|----------|----------|----------|----------|------------|-----------|
| 483 | 46 | Robert Miskelly | M70 | | 00:56:46 | 00:56:19 | 00:27:43 | 00:29:03 | 322 | 1 |
| 484 | 176 | Carol Deegan | F35 | | 00:56:48 | 00:56:09 | 00:28:43 | 00:28:05 | 139 | 33 |
| 485 | 127 | Karen Trainor | F35 | | 00:56:49 | 00:56:10 | 00:28:43 | 00:28:06 | 140 | 34 |
| 486 | 414 | Eileen Jack | FO | | 00:56:49 | 00:56:09 | 00:27:19 | 00:29:30 | 141 | 52 |
| 487 | 503 | Daniel Jack | MO | | 00:56:49 | 00:56:09 | 00:27:18 | 00:29:32 | 323 | 94 |
| 488 | 411 | Donna Mc Cullagh | FO | Castlewellan ac | 00:56:54 | 00:56:41 | 00:27:20 | 00:29:34 | 142 | 53 |
| 489 | 592 | Bill Cash | M65 | | 00:56:57 | 00:56:19 | 00:28:28 | 00:28:29 | 324 | 4 |
| 490 | 426 | Gregory Hughes | M50 | | 00:56:59 | 00:56:41 | 00:28:07 | 00:28:53 | 325 | 21 |
| 491 | 577 | Helen Sexton | F35 | | 00:57:03 | 00:56:51 | 00:28:01 | 00:29:02 | 143 | 35 |
| 492 | 25 | Cathy Burke | F35 | East Down AC | 00:57:06 | 00:56:43 | 00:26:23 | 00:30:43 | 144 | 36 |
| 493 | 517 | Rachel Bradley | FO | | 00:57:14 | 00:56:42 | 00:28:04 | 00:29:11 | 145 | 54 |
| 494 | 224 | Bobby Milligan | M50 | | 00:57:22 | 00:56:31 | 00:28:46 | 00:28:36 | 326 | 22 |
| 495 | 805 | Gary Laverty | M45 | Saul | 00:57:26 | 00:56:49 | 00:29:42 | 00:27:45 | 327 | 39 |
| 496 | 244 | Sandra Hassan | F55 | | 00:57:27 | 00:57:02 | 00:28:38 | 00:28:50 | 146 | 5 |
| 497 | 175 | Claire McCartan | F35 | | 00:57:31 | 00:57:03 | 00:28:17 | 00:29:14 | 147 | 37 |
| 498 | 212 | Margaret McNabb | F55 | | 00:57:33 | 00:56:49 | 00:28:37 | 00:28:56 | 148 | 6 |
| 499 | 83 | Jackie Robinson | F45 | | 00:57:34 | 00:56:51 | 00:28:37 | 00:28:57 | 149 | 21 |
| 500 | 344 | Bernadette McCabe | F35 | Leitrim ladies | 00:57:34 | 00:57:09 | 00:27:30 | 00:30:05 | 150 | 38 |
| 501 | 708 | Naomi Lennon | FO | | 00:57:40 | 00:57:10 | 00:27:58 | 00:29:42 | 151 | 55 |
| 502 | 305 | Neil Gelston | MO | | 00:57:41 | 00:57:35 | 00:27:20 | 00:30:22 | 328 | 95 |
| 503 | 60 | Barry McKermitt | M45 | | 00:57:49 | 00:57:10 | 00:28:35 | 00:29:14 | 329 | 40 |
| 504 | 39 | Shane Magee | MO | | 00:57:50 | 00:57:40 | 00:27:52 | 00:29:59 | 330 | 96 |
| 505 | 252 | Joanne Carson | F40 | | 00:57:52 | 00:57:23 | 00:27:57 | 00:29:56 | 152 | 19 |
| 506 | 583 | Vincent Perry | M50 | | 00:57:53 | 00:57:11 | 00:28:43 | 00:29:10 | 331 | 23 |
| 507 | 61 | Adrian McComiskey | M40 | | 00:57:55 | 00:57:16 | 00:28:33 | 00:29:22 | 332 | 55 |
| 508 | 756 | Jenny McLeigh | F40 | | 00:57:56 | 00:57:16 | 00:28:57 | 00:28:59 | 153 | 20 |
| 509 | 192 | Mark Foster | M35 | | 00:58:04 | 00:57:44 | 00:27:45 | 00:30:20 | 333 | 81 |

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|-----|-----|---------------------------|-----|----------------------|----------|----------|----------|----------|--------------|-----------|
| 510 | 541 | Aaron Vinaccia | MJ | | 00:58:06 | 00:57:36 | 00:27:19 | 00:30:48 | 334 | 13 |
| 511 | 597 | Kathy McGrattan | F35 | | 00:58:08 | 00:57:46 | 00:28:25 | 00:29:44 | 154 | 39 |
| 512 | 19 | Martina Keenan | F40 | | 00:58:10 | 00:57:22 | 00:29:20 | 00:28:50 | 155 | 21 |
| 513 | 445 | Rayanne Denvir | FO | | 00:58:18 | 00:57:44 | 00:28:30 | 00:29:48 | 156 | 56 |
| 514 | 251 | Roisin Muldoon | F50 | | 00:58:25 | 00:57:53 | 00:28:47 | 00:29:38 | 157 | 10 |
| 515 | 272 | Shan McMullan | F45 | | 00:58:27 | 00:58:05 | 00:28:46 | 00:29:42 | 158 | 22 |
| 516 | 788 | Paul Fitzsimmons | M45 | East Down AC | 00:58:31 | 00:57:54 | 00:28:35 | 00:29:56 | 335 | 41 |
| 517 | 576 | Kevin Pryce | M40 | | 00:58:33 | 00:58:03 | 00:28:48 | 00:29:45 | 336 | 56 |
| 518 | 699 | Relay Team Quail | R | | 00:58:33 | 00:58:33 | 00:26:39 | 00:31:54 | Relay | 24 |
| 519 | 582 | Maeve Ledlie | F35 | | 00:58:35 | 00:57:50 | 00:29:07 | 00:29:28 | 159 | 40 |
| 520 | 677 | Team East Down Wheelchair | R | | 00:58:36 | 00:58:36 | 00:30:14 | 00:28:22 | Relay | 25 |
| 521 | 292 | Bronagh Moore | F35 | | 00:58:40 | 00:57:58 | 00:28:53 | 00:29:47 | 160 | 41 |
| 522 | 293 | Colin Moore | M40 | | 00:58:40 | 00:57:57 | 00:28:53 | 00:29:47 | 337 | 57 |
| 523 | 438 | Sarah King | FO | QUB Triathlon club | 00:58:42 | 00:58:13 | 00:28:44 | 00:29:59 | 161 | 57 |
| 524 | 437 | Kieran Quinn | F35 | | 00:58:44 | 00:58:01 | 00:29:03 | 00:29:41 | 162 | 42 |
| 525 | 436 | Kyle Rogan | M35 | | 00:58:46 | 00:58:03 | 00:29:03 | 00:29:43 | 338 | 82 |
| 526 | 333 | Paul Kelly | M45 | | 00:58:48 | 00:58:07 | 00:27:46 | 00:31:02 | 339 | 42 |
| 527 | 258 | Vicki Hamilton | F45 | Seapark AC | 00:58:49 | 00:58:13 | 00:29:35 | 00:29:15 | 163 | 23 |
| 528 | 328 | John Cochrane | M45 | | 00:58:51 | 00:58:42 | 00:28:37 | 00:30:14 | 340 | 43 |
| 529 | 435 | Anne Rogan | F35 | | 00:58:52 | 00:58:09 | 00:29:04 | 00:29:48 | 164 | 43 |
| 530 | 135 | Alasdair Finlayson | M50 | | 00:58:53 | 00:58:16 | 00:28:54 | 00:29:59 | 341 | 24 |
| 531 | 383 | Orla Russell | FO | | 00:59:04 | 00:58:39 | 00:29:05 | 00:30:00 | 165 | 58 |
| 532 | 413 | Louise Brady | FO | Burrendale Hotel | 00:59:04 | 00:58:39 | 00:29:05 | 00:30:00 | 166 | 59 |
| 533 | 327 | Joe Cochrane | M50 | | 00:59:05 | 00:58:56 | 00:28:40 | 00:30:25 | 342 | 25 |
| 534 | 529 | Joanne Braniff | FO | | 00:59:07 | 00:58:56 | 00:28:32 | 00:30:35 | 167 | 60 |
| 535 | 407 | Rosi Earney | F40 | Ballydrain Harriers | 00:59:10 | 00:58:50 | 00:28:56 | 00:30:15 | 168 | 22 |
| 536 | 95 | Marian Hayes | F50 | East Antrim Harriers | 00:59:14 | 00:58:54 | 00:29:00 | 00:30:15 | 169 | 11 |

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|-----|-----|--------------------|-----|---------------------|----------|----------|----------|----------|--------------|-----------|
| 537 | 307 | Maria Tumelty | FO | | 00:59:14 | 00:58:46 | 00:28:59 | 00:30:15 | 170 | 61 |
| 538 | 222 | Judith Spence | F40 | Murlough AC | 00:59:15 | 00:58:52 | 00:28:33 | 00:30:43 | 171 | 23 |
| 539 | 227 | Lorna Thomas | F35 | | 00:59:21 | 00:58:58 | 00:28:21 | 00:31:00 | 172 | 44 |
| 540 | 265 | Sharon Corken | F35 | Orangethrove AC | 00:59:21 | 00:58:41 | 00:29:49 | 00:29:32 | 173 | 45 |
| 541 | 51 | John Hewitt | M45 | Glenavy Harriers | 00:59:22 | 00:58:47 | 00:29:33 | 00:29:49 | 343 | 44 |
| 542 | 50 | Oonagh Hewitt | F40 | Glenavy Harriers | 00:59:23 | 00:58:49 | 00:29:33 | 00:29:51 | 174 | 24 |
| 543 | 273 | Mary Boyd | F40 | Orangethrove AC | 00:59:23 | 00:58:43 | 00:29:22 | 00:30:02 | 175 | 25 |
| 544 | 689 | Team Tumelty | R | | 00:59:23 | 00:59:23 | 00:28:32 | 00:30:52 | Relay | 26 |
| 545 | 385 | Ciara Burns | F35 | | 00:59:34 | 00:59:10 | 00:29:05 | 00:30:29 | 176 | 46 |
| 546 | 31 | Elaine Cunningham | FO | | 00:59:35 | 00:58:53 | 00:29:24 | 00:30:11 | 177 | 62 |
| 547 | 488 | Paul Savage | MO | | 00:59:36 | 00:58:48 | 00:29:11 | 00:30:26 | 344 | 97 |
| 548 | 271 | Allison Montgomery | F45 | Seaforde Rookies | 00:59:37 | 00:59:13 | 00:29:05 | 00:30:33 | 178 | 24 |
| 549 | 86 | Katrina Hynds | F40 | | 00:59:41 | 00:59:09 | 00:29:47 | 00:29:54 | 179 | 26 |
| 550 | 357 | Leeanne Buchanan | FO | | 00:59:43 | 00:58:53 | 00:29:46 | 00:29:57 | 180 | 63 |
| 551 | 553 | Selena Mussen | FO | | 00:59:55 | 00:59:25 | 00:29:21 | 00:30:35 | 181 | 64 |
| 552 | 388 | Michael Kinsella | M35 | | 00:59:58 | 00:59:32 | 00:28:16 | 00:31:43 | 345 | 83 |
| 553 | 27 | Nora McElderry | F45 | | 01:00:05 | 00:59:33 | 00:29:21 | 00:30:44 | 182 | 25 |
| 554 | 444 | Denis McKay | M35 | East Down AC | 01:00:06 | 00:59:28 | 00:29:48 | 00:30:19 | 346 | 84 |
| 555 | 763 | Kevin Magee | M50 | | 01:00:07 | 00:59:48 | 00:29:48 | 00:30:20 | 347 | 26 |
| 556 | 447 | Ivan Baxter | M70 | N I CIVIL SERVICE A | 01:00:11 | 00:59:31 | 00:29:01 | 00:31:11 | 348 | 2 |
| 557 | 68 | Hugh Murray | M40 | | 01:00:15 | 00:59:34 | 00:29:06 | 00:31:10 | 349 | 58 |
| 558 | 456 | Nichola Kinnear | F45 | | 01:00:19 | 00:59:31 | 00:30:51 | 00:29:29 | 183 | 26 |
| 559 | 384 | Tayra McKee | F35 | Invictus TC | 01:00:22 | 00:59:40 | 00:30:06 | 00:30:17 | 184 | 47 |
| 560 | 434 | Marie Nicholson | F50 | | 01:00:27 | 00:59:49 | 00:29:47 | 00:30:40 | 185 | 12 |
| 561 | 270 | Alan Montgomery | M45 | Orangethrove AC | 01:00:30 | 01:00:14 | 00:28:23 | 00:32:08 | 350 | 45 |
| 562 | 416 | Alice McGill | FO | UFC Downpatrick | 01:00:33 | 01:00:01 | 00:29:20 | 00:31:14 | 186 | 65 |
| 563 | 366 | Hazel Crudington | F40 | Murlough AC | 01:00:45 | 01:00:14 | 00:30:29 | 00:30:17 | 187 | 27 |

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|-----|-----|------------------------|-----|------------------|----------|----------|----------|----------|--------------|------------|
| 564 | 134 | Joanne Brittain | FO | | 01:00:53 | 01:00:07 | 00:30:17 | 00:30:36 | 188 | 66 |
| 565 | 709 | Seán O'Reilly | MO | | 01:01:00 | 01:00:30 | 00:27:31 | 00:33:29 | 351 | 98 |
| 566 | 724 | Sarah McGuckin | FO | | 01:01:14 | 01:00:45 | 00:29:46 | 00:31:28 | 189 | 67 |
| 567 | 535 | Tania Rothwell | F45 | | 01:01:36 | 01:00:55 | 00:30:33 | 00:31:03 | 190 | 27 |
| 568 | 268 | Fionnuala Magee | F35 | | 01:01:53 | 01:01:19 | 00:29:49 | 00:32:05 | 191 | 48 |
| 569 | 744 | Julie Ann O'Hare | F45 | | 01:02:03 | 01:01:19 | 00:28:37 | 00:33:27 | 192 | 28 |
| 570 | 745 | Team Team Ellen | R | | 01:02:03 | 01:02:03 | 00:28:36 | 00:33:27 | Relay | 27 |
| 571 | 725 | Gary Small | M40 | | 01:02:10 | 01:01:27 | 00:30:56 | 00:31:14 | 352 | 59 |
| 572 | 680 | Team Bionic Biologists | R | | 01:02:13 | 01:02:13 | 00:29:10 | 00:33:04 | Relay | 28 |
| 573 | 534 | Emma McAnea | FJ | | 01:02:15 | 01:01:44 | 00:29:10 | 00:33:05 | 193 | 4 |
| 574 | 478 | Jennifer Fegan | F45 | | 01:02:16 | 01:01:54 | 00:30:44 | 00:31:32 | 194 | 29 |
| 575 | 524 | Chris Condie | MO | | 01:02:31 | 01:02:14 | 00:31:55 | 00:30:36 | 353 | 99 |
| 576 | 473 | Helena McMahon | F40 | | 01:02:36 | 01:02:15 | 00:30:44 | 00:31:52 | 195 | 28 |
| 577 | 353 | Clare Gallagher | FO | UFC | 01:02:38 | 01:02:31 | 00:30:18 | 00:32:20 | 196 | 68 |
| 578 | 468 | Amanda Telford | FJ | | 01:02:38 | 01:02:11 | 00:30:40 | 00:31:59 | 197 | 5 |
| 579 | 172 | Paula McKibbin | F45 | Murlough AC | 01:02:40 | 01:02:09 | 00:30:31 | 00:32:09 | 198 | 30 |
| 580 | 424 | Grainne McMacken | F45 | ORANGEGROVE | 01:02:41 | 01:02:00 | 00:30:17 | 00:32:24 | 199 | 31 |
| 581 | 47 | Ryan Craig | MO | | 01:02:45 | 01:02:01 | 00:31:02 | 00:31:44 | 354 | 100 |
| 582 | 48 | Julie Craig | FO | | 01:02:45 | 01:02:02 | 00:31:02 | 00:31:43 | 200 | 69 |
| 583 | 804 | Ryan Fitzimons | MO | | 01:03:16 | 01:02:36 | 00:31:13 | 00:32:03 | 355 | 101 |
| 584 | 472 | Catherine Kielty | FJ | | 01:03:18 | 01:03:08 | 00:30:10 | 00:33:08 | 201 | 6 |
| 585 | 537 | Matthew Smith | MJ | | 01:03:21 | 01:02:37 | 00:28:18 | 00:35:04 | 356 | 14 |
| 586 | 787 | Laura Gilchrist | FO | | 01:03:21 | 01:02:44 | 00:30:29 | 00:32:52 | 202 | 70 |
| 587 | 579 | Chelsie Morrison | FO | | 01:03:22 | 01:02:43 | 00:31:01 | 00:32:22 | 203 | 71 |
| 588 | 297 | Orla Tumelty | FO | UFC, Downpatrick | 01:03:24 | 01:02:39 | 00:32:06 | 00:31:18 | 204 | 72 |
| 589 | 703 | Danny Murray | M60 | | 01:03:28 | 01:02:52 | 00:31:03 | 00:32:25 | 357 | 7 |
| 590 | 106 | Denise Savage | FO | | 01:03:32 | 01:02:56 | 00:30:31 | 00:33:01 | 205 | 73 |

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|-----|-----|--------------------------|-----|---------------------|----------|----------|----------|----------|--------------|------------|
| 591 | 195 | Sharon McCombe | FO | Ultimate Fitness Ce | 01:03:43 | 01:02:59 | 00:32:06 | 00:31:38 | 206 | 74 |
| 592 | 567 | Cathrina KIELTY | F35 | | 01:03:46 | 01:03:00 | 00:32:12 | 00:31:34 | 207 | 49 |
| 593 | 249 | Patricia Muldoon | F40 | | 01:03:51 | 01:03:19 | 00:31:51 | 00:32:00 | 208 | 29 |
| 594 | 64 | Michelle Poland | FO | Murlough AC | 01:03:59 | 01:03:32 | 00:30:22 | 00:33:37 | 209 | 75 |
| 595 | 229 | Roisin Brannigan | F45 | | 01:04:12 | 01:03:27 | 00:31:54 | 00:32:19 | 210 | 32 |
| 596 | 291 | Pauline Lynch | F35 | | 01:04:12 | 01:03:26 | 00:31:54 | 00:32:19 | 211 | 50 |
| 597 | 280 | Michael Spotswood | M75 | Duncairn Nomads | 01:04:23 | 01:03:51 | 00:32:04 | 00:32:20 | 358 | 1 |
| 598 | 532 | Jennifer Rea | FO | | 01:04:23 | 01:04:07 | 00:30:35 | 00:33:49 | 212 | 76 |
| 599 | 696 | Team Montys | R | | 01:04:23 | 01:03:49 | 00:32:03 | 00:32:20 | Relay | 29 |
| 600 | 759 | Orla Beattie | FO | | 01:04:31 | 01:04:18 | 00:31:26 | 00:33:05 | 213 | 77 |
| 601 | 247 | Susan Sealey | F40 | | 01:04:50 | 01:04:03 | 00:32:05 | 00:32:45 | 214 | 30 |
| 602 | 241 | Kellyann McKinney | FO | | 01:04:52 | 01:04:04 | 00:31:44 | 00:33:08 | 215 | 78 |
| 603 | 242 | Susan McKinney | FO | | 01:04:52 | 01:04:03 | 00:31:45 | 00:33:07 | 216 | 79 |
| 604 | 590 | Niamh McMahan | FJ | | 01:04:54 | 01:04:04 | 00:32:11 | 00:32:44 | 217 | 7 |
| 605 | 533 | Mo Mc Keown | FO | | 01:05:03 | 01:04:47 | 00:30:20 | 00:34:44 | 218 | 80 |
| 606 | 335 | Padraigín Bingham | F35 | Beechmount Harrie | 01:05:37 | 01:04:56 | 00:31:59 | 00:33:38 | 219 | 51 |
| 607 | 209 | Catherine Hughes | F40 | | 01:05:52 | 01:05:10 | 00:33:20 | 00:32:32 | 220 | 31 |
| 608 | 484 | Heather Scott | F50 | | 01:06:02 | 01:05:17 | 00:32:02 | 00:34:01 | 221 | 13 |
| 609 | 691 | Team Brady Rivals Team R | R | | 01:06:33 | 01:06:33 | 00:38:19 | 00:28:14 | Relay | 30 |
| 610 | 690 | Team Brady Rivals Team R | R | | 01:06:34 | 01:06:34 | 00:38:20 | 00:28:15 | Relay | 31 |
| 611 | 40 | Flora Crawford | FO | | 01:06:53 | 01:06:13 | 00:33:02 | 00:33:52 | 222 | 81 |
| 612 | 420 | Samantha Anderson | F40 | NI Civil Service AC | 01:07:06 | 01:06:26 | 00:33:01 | 00:34:05 | 223 | 32 |
| 613 | 217 | Eva McAlea | F35 | | 01:07:10 | 01:06:40 | 00:32:51 | 00:34:19 | 224 | 52 |
| 614 | 276 | Pierce Magee | MO | | 01:07:37 | 01:07:27 | 00:31:39 | 00:35:58 | 359 | 102 |
| 615 | 208 | Maura McCallion | F40 | Up and Runners | 01:07:42 | 01:07:00 | 00:33:20 | 00:34:22 | 225 | 33 |
| 616 | 210 | Elaine Mullen | F40 | | 01:07:42 | 01:07:01 | 00:33:21 | 00:34:22 | 226 | 34 |
| 617 | 164 | Helen Quinn | F50 | | 01:08:13 | 01:07:30 | 00:33:23 | 00:34:51 | 227 | 14 |

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|-----|-----|---------------------|-----|------------------|----------|----------|----------|----------|--------------|------------|
| 618 | 165 | Margot Deeny | F50 | | 01:08:13 | 01:07:29 | 00:33:19 | 00:34:55 | 228 | 15 |
| 619 | 284 | Marcella Laverty | F55 | UFC Downpatrick | 01:08:15 | 01:07:30 | 00:33:02 | 00:35:13 | 229 | 7 |
| 620 | 326 | Donna Lennon | FO | | 01:08:57 | 01:08:11 | 00:33:12 | 00:35:46 | 230 | 82 |
| 621 | 325 | Paul O'Neill | MO | | 01:08:58 | 01:08:10 | 00:33:13 | 00:35:45 | 360 | 103 |
| 622 | 295 | Diane Steele | FO | | 01:09:03 | 01:08:38 | 00:33:42 | 00:35:22 | 231 | 83 |
| 623 | 544 | Diane Hylands | F45 | | 01:09:12 | 01:08:29 | 00:33:54 | 00:35:19 | 232 | 33 |
| 624 | 141 | Susan Kinney | F35 | | 01:10:22 | 01:07:45 | 00:36:04 | 00:34:19 | 233 | 53 |
| 625 | 142 | Jonny Kinney | M40 | | 01:10:22 | 01:07:44 | 00:36:04 | 00:34:19 | 361 | 60 |
| 626 | 777 | Helen Nabi | F40 | | 01:10:37 | 01:09:57 | 00:33:21 | 00:37:16 | 234 | 35 |
| 627 | 166 | Morrow Dympna | F40 | | 01:10:43 | 01:09:55 | 00:36:00 | 00:34:44 | 235 | 36 |
| 628 | 167 | Robert Morrow | M40 | | 01:10:43 | 01:09:55 | 00:35:59 | 00:34:44 | 362 | 61 |
| 629 | 540 | Marie Houston | FO | | 01:10:54 | 01:10:09 | 00:33:49 | 00:37:06 | 236 | 84 |
| 630 | 466 | Eleanor Telford | F55 | | 01:11:11 | 01:10:42 | 00:34:08 | 00:37:03 | 237 | 8 |
| 631 | 467 | Angie Telford | F40 | | 01:11:11 | 01:10:42 | 00:34:09 | 00:37:03 | 238 | 37 |
| 632 | 245 | Diane McKissick | F45 | Seaforde Rookies | 01:11:32 | 01:11:07 | 00:34:32 | 00:37:00 | 239 | 34 |
| 633 | 352 | Elwen Watters | F35 | UFC | 01:11:45 | 01:11:38 | 00:33:27 | 00:38:19 | 240 | 54 |
| 634 | 278 | Rachel McKenzie | F40 | Orangetrove AC | 01:11:54 | 01:11:13 | 00:34:21 | 00:37:33 | 241 | 38 |
| 635 | 750 | Roisin McMahan | F40 | | 01:12:12 | 01:11:23 | 00:34:48 | 00:37:25 | 242 | 39 |
| 636 | 751 | Mairead O'Connor | FO | | 01:12:12 | 01:11:22 | 00:34:34 | 00:37:38 | 243 | 85 |
| 637 | 289 | Dana Marie Kelly | FO | | 01:12:47 | 01:12:03 | 00:35:35 | 00:37:13 | 244 | 86 |
| 638 | 562 | Niall McNicholl | M55 | | 01:12:50 | 01:12:15 | 00:34:51 | 00:37:59 | 363 | 16 |
| 639 | 675 | Team Palatine Peeps | R | | 01:12:53 | 01:12:26 | 00:34:37 | 00:38:16 | Relay | 32 |
| 640 | 809 | Ciaran McNally | M35 | | 01:12:53 | 01:12:26 | 00:34:37 | 00:38:17 | 364 | 85 |
| 641 | 130 | Louise Gordon | FO | | 01:13:14 | 01:12:31 | 00:35:19 | 00:37:55 | 245 | 87 |
| 642 | 545 | Dawn Crawford | F50 | | 01:13:17 | 01:12:33 | 00:35:34 | 00:37:43 | 246 | 16 |
| 643 | 491 | Tony O'Connor | M35 | | 01:14:22 | 01:13:33 | 00:35:11 | 00:39:11 | 365 | 86 |
| 644 | 558 | Nuala O'Connor | F35 | | 01:14:23 | 01:13:34 | 00:35:11 | 00:39:12 | 247 | 55 |

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|-----|-----|---------------|-----|----------|----------|----------|----------|------------|-----------|
| 645 | 290 | Laura Button | FO | 01:15:19 | 01:14:33 | 00:37:05 | 00:38:14 | 248 | 88 |
| 646 | 329 | Debra Gordon | FO | 01:15:30 | 01:14:50 | 00:37:03 | 00:38:27 | 249 | 89 |
| 647 | 33 | Rosie Brennan | F40 | 01:15:52 | 01:15:07 | 00:37:15 | 00:38:37 | 250 | 40 |
| 648 | 336 | Mary McGrath | F40 | 01:19:19 | 01:18:33 | 00:38:13 | 00:41:07 | 251 | 41 |