

North Down Early Season Open Meet 9th April 2013

150m Race1

1	Olivia Bowes	LVAC	21.94	F13
2	Georgia Hamill	WTH	23.38	F13
3	Anna Scott	WTH	23.70	F13
4	Jessica Scott	WTH	24.81	F13
5	Amy Johnston	Glenlola	26.37	F13
6	Amy Kimber	NDAC	31.09	F13

300m Race 1

1	Lois Hagan	WTH	42.81	F15
2	Niamh Cummings	NDAC	48.00	F15
3	Georgia Hamill	WTH	50.11	F13
4	Bridie Magee	Balmoral Hrs	52.71	F17

150m Race 2

1	Elleana Hamilford-Hull	NDAC	20.98	F17
2	Olivia Cumming	NDAC	21.16	F15
3	Saskia Greer	NDAC	21.32	F15
4	Holly Gilliland	LVAC	21.87	F15
5	Kirsty O'Neill	Glenlola	22.40	F15
6	Ceara Harper	NDAC	22.48	F15
7	Olivia Vaughan	NDAC	22.60	F13
8	Isabel Meharg	NDAC	22.66	F15

300m Race 2

1	Chloe Johnston	NDAC	45.03	F17
2	Nicole Moorehead	LVAC	45.99	F20
3	Olivia Webb	WTH	47.68	F20
4	Rachel Miller	LVAC	47.69	F20
5	Ciara McKillop	u/a	49.12	F17

150m Race 3

1	Caitlin Maguire	NBH	21.25	F15
2	Naomi Campbell	LVAC	21.54	F20
3	Rachel Henderson	WTH	21.64	F20
4	Niamh Cummings	NDAC	22.31	F15
5	Sarah Ward	Olympian	23.31	F17
6	Joanna Wright	WTH	23.41	F15
7	Emma Smith	Orangegrove	24.03	F35

300m Race 3

1	Andrew Mellon	NDAC	37.21	M20
2	Jack Hanna	LVAC	39.19	M17
3	Ben Dempster	NDAC	39.47	M20
4	Jack McKibbin	Dromore	39.6	M17
5	Matthew Toal	LVAC	41.24	M17
6	Aaron Sexton	NDAC	42.86	M15

150m Race 4

1	Robbie Marrs	CoL	18.67	M15
2	Oliver Wakefield	NDAC	18.98	M15
3	Michael McGreevy	NBH	19.30	M15
4	Daniel Buchan	NDAC	19.65	M17
5	Andrew Procter	u/a	20.09	M15
6	Reece Corbett	NDAC	20.39	
7	Aaron Sexton	NDAC	20.40	M15
8	Johny Jordan	NDAC	22.51	M15

150m Race 5

1	Jack Hanna	LVAC	18.06	M17
2	Gareth Thompson	CoL	18.08	M17
3	Matthew Toal	LVAC	18.25	M17
4	Aaron Corbett	NDAC	18.35	M17
5	Oisin O'Callaghan	Newry	18.63	M17

150m Race 6

1	Andrew Mellon	NDAC	17.22	M20
2	Adam McComb	NDAC	17.46	MO
3	Siddharth Paulraj	LVAC	18.39	MO
4	Callum Hunter	NDAC	18.85	MO
5	David Graham	LVAC	19.64	MO
6	Max Diamond	LVAC	20.66	M20

150m Race7

1	Kenny Elliott	NDAC	17.33	MO
2	Peter Glass	NDAC	18.02	MO
3	Roger Sexton	NDAC	18.26	M40
4	Liam O'Brien	Togher	18.62	MO
5	Brendan McConville	NDAC	18.93	MO
6	Stephen Glass	NDAC	19.96	MO
7	Shaun Deery	Olympic	20.17	MO

7	Daniel Buchan	NDAC	43.98	M15
8	Desire Bamisile	WTH	44.46	M13

300m Race 4

1	Liam O'Brien	Togher	38.32	MO
2	Brendan McConville	NDAC	38.37	MO
3	Siddharth Paulraj	LVAC	38.8	MO
4	Roger Sexton	NDAC	38.87	M40
5	Lloyd Hannigan	NDAC	41.7	MO
6	Shaun Deery	Olympic	41.88	MO
7	Stephen Glass	NDAC	42.35	MO
8	Matthew Kelly	NDAC	43.5	MO

600m Race 1

1	Claire Francis	WTH	1:50.45	F17
2	Ciara McKillop	u/a	1:52.55	F17
3	Mollie Brown	NDAC	1:55.56	F13
4	Bridie Magee	Balmoral Hrs	1:55.62	F17
5	Jessica Scott	WTH	1:58.73	F13
6	Anna Scott	WTH	1:59.26	F13
7	Murphy Miller	NDAC	2:05.34	F13
8	Nia McNally	NDAC	2:13.15	F15
9	Eiranne Gaffney	NDAC	2:18.69	F13

600m Race 2

1	Adam McComb	NDAC	1:25.21	MO
2	Brendan McConville	NDAC	1:27.30	MO
3	Neil McCartan	EDAC	1:28.59	MO
4	Jack McKibbin	Dromore	1:30.71	M17
5	Oisin O'Callaghan	Newry	1:31.40	M17
6	Lloyd Hannigan	NDAC	1:35.03	MO
7	Amando Bamisile	WTH	1:37.37	M15
8	Ciaran Farren	NDAC	1:40.09	M17

3000m Men				
1	Owen Carleton	AS	9:20.05	MO
2	Dennis Scott	NDAC	9:34.34	MO
3	Mark Wright	AS	9:35.81	M45
4	Paul Blaney	NBH	9:39.88	M40
5	Chris Moren	WTH	9:53.37	MO
6	Mark Weir	NDAC	10:10.66	M40
7	Kristopher Wilson	LVAC	10:20.27	
8	Thomas Simpson	NDAC	10:42.42	MO
9	Stephen McCartan	EDAC	11:49.1	MO
10	David McMeechan	NDAC	12:00.58	M40
11	Richard Kennedy	LVAC	12:34.09	
12	Fred Murdock	NDAC	13:15.84	M70
13	James Kennedy	LVAC	14:16.70	

3000m Women				
1	Emma Mitchell	Banbridge	11:00.33	
2	Jessica Craig	NDAC	11:10:57	FO
3	Katrina McGloin	Balmoral Hrs	11:24.83	
4	Joan Melanophy	St Peters	12:47.41	

Long Jump Women				
1	Aobhin McManus	CoL	4.75	F20
2	Zoe Dickson	LVAC	4.56	F17
3	Lauren Brooker	LVAC	4.13	F17
4	Rebekah Rutherford	NDAC	4.11	F17
5	Ceara Harper	NDAC	4.04	F15

9	Stephen Glass	NDAC	1:42.29	MO
10	Corey Brown	NDAC	1:43.27	M20
11	Craig McMeechan	NDAC	1:46.44	M15
12	Jamie McMeechan	NDAC	1:47.41	M17
13	Charles McNutt	NDAC	2:03.43	M15

Discus Women (1Kg)				
1	Laura Potts	NDAC	24.95	F17
2	Lynsey Glover	LVAC	21.80	FO
3	Emma Henderson	WTH	20.23	F20
4	Bronagh Doherty	Olympian	19.00	F20

Discus Men (1.75 Kg)				
1	Tom Jess	CoL	37.55	M20

Javelin Women (600g)				
1	Sarah Woods	CoL	25.16	F15
2	Sophie Cree	NDAC	24.20	F17
3	Lynsey Glover	LVAC	17.75	FO
4	Sarah Ward	Olympian	15.21	F17

Javelin Men				
1	Michael McConkey	u/a	57.47	MO
2	Freddie Pask	Coventry God	53.37	MO
3	Peter Glass	NDAC	50.24	MO
4	Michael Gaffney	NDAC	42.25	M15 600g
5	Lee Barlow	Olymp	40.88	MO
	Callum Hunter		4nt	
	Ronan Jenkinson		4nt	

High Jump Women				
1	Alex Catherwood	NDAC	1.55	F17
2	Lauren Brooker	LVAC	1.45	F17

6	Olivia Cumming	NDAC	3.99	F15	3	Alix Galbraith	CoL	1.45	F15
7	Olivia Bowes	LVAC	3.83	F13	4	Cara Burke	CoL	1.45	F17
8	Cara Burke	CoL	3.46	F17	5	Rebekah Rutherford	NDAC	1.45	F17
9	Saskia Greer	NDAC	3.41	F15	6	Kirsty O'Neill	NDAC	1.40	F15
10	Sarah Ward	Olympian	3.27	F17	7	Sarah Woods	CoL	1.35	F15
11	Ailie McKinty	Orangegrove	3.20		8	Atlanta Fisher	NDAC	1.25	F15
12	Atlanta Fisher	NDAC	3.16	F15					
13	Alice Burton	NDAC	3.04	F15					
14	Aimee Johnston	Glenlola	2.61	F13					
15	Amy Kimber	NDAC	2.35	F13					

Long Jump Women

1	Oliver Wakefield	NDAC	5.61	M15
2	Jonathan Hill	CoL	5.56	
3	Scott Shaw	CoL	5.14	M20
4	Mark Burton	NDAC	5.09	M17
5	Adam Hill	CoL	4.89	M20
6	Steven Donaldson	NDAC	4.11	
7	Lucas Yandall	NDAC	4.10	
8	Craig Mcdermid	NDAC	3.75	M17
9	Richard Kennedy	LVAC	3.67	
10	Drew Buchan	NDAC	3.36	M17
11	James Kennedy	LVAC	2.95	

High Jump Men

1	Adam Hill	CoL	1.90	M20
2	Robbie Marrs	CoL	1.65	M15
3	Mark Burton	NDAC	1.50	M17
4	Ethan Yandall		1.40	
5	Charles McNutt	NDAC	1.25	M15

NDAC Fundamentals Group - Run-Jump-Throw

75m Race 1 girls

1	Megan Drummond	F	13.56
2	Katie Kimber	F	14.22
3	Brooke Stranaghan	F	14.33
4	Eva Cumming	F	15.30
5	Emma McCaughan	F	15.54

Seated Throw 1Kg Medicine Ball

1	Rebecca Webb	F	4.88
2	Murphy Miller	F	4.41
3	Grace Arnold	F	4.22
4	Emma McCaughan	F	3.96
5	Megan Drummond	F	3.70

6	Lucy Cheater	F	16.41
7	Annie Poole	F	16.56

75m Race 2 mixed

1	Jonny Moore	M	12.42
2	Zac Monaghan	M	12.78
3	Rebecca Webb	F	12.86
4	Grace Arnold	F	13.87
5	Annabel McNutt	F	14.74
6	Rebecca Belshaw	F	14.89
7	Murphy Miller	F	15.25
8	Sean Robinson	M	15.95

6	Ellie Robinson	F	3.50
7	Katie Kimber	F	3.49
8	Eva Cumming	F	3.44
9	Rebecca Belshaw	F	3.38
10	Annabel McNutt	F	3.28
11	Lucy Cheater	F	3.08
12	Brooke Stranaghan	F	2.82
13	Annie Poole	F	2.50
1	Zac Monaghan	M	4.65
2	Jonny Moore	M	3.72
3	Sean Robinson	M	3.02

Long Jump

1	Rebecca Webb	F	3.59
2	Murphy Miller	F	3.15
3	Brooke Stranaghan	F	3.06
4	Megan Drummond	F	3.06
5	Grace Arnold	F	2.88
6	Annabel McNutt	F	2.79
7	Katie Kimber	F	2.70
8	Eva Cumming	F	2.69
9	Emma McCaughan	F	2.63
10	Ellie Robinson	F	2.35
11	Annie Poole	F	2.29
12	Rebecca Belshaw	F	2.05
13	Lucy Cheater	F	1.72
1	Jonny Moore	M	4.00
2	Zac Monaghan	M	3.37
3	Sean Robinson	M	2.56