

## North Down AC T&F Records (Indoors)

### Senior Men

60m	<b>6.86</b>	<b>Jamie Moffatt (U20)</b>
200m	21.76	Aaron Sexton (U20)
400m	47.49	Andrew Mellon
800m	1:51.55	Mark Patterson
1500m	3:53.71	Niall Robinson
3000m	7:59.11	Jordan Ne28
60mH (3'6")	7.73	Ben Reynolds
High jump	2.00	Darragh Murphy (U20)
Pole vault	4.70	Tom Reynolds
Long jump	7.06	Alan Kennedy
Triple Jump	14.98	Alan Kennedy
Shot (7.26kg)	14.67	Jeremy Harper
Pentathlon	3568	Tom Reynolds
Heptathlon	5260	Tom Reynolds

### Senior Women

60m	7.55	Amy Foster
200m	24.73	Amy Foster (U20)
400m	55.43	Rachel McCann
800m	2:14.10	Murphy Miller (U20)
1500m	4:32.23	Rachel Gibson
3000m	9:46.24	Rachel Gibson
60mH (2'9")	8.77	Sarah Connolly
High jump	1.76	Sarah Connolly
Pole vault	3.90	Sarah Semeraro
Long jump	5.95	Hannah Lewis
Triple Jump	11.58	Laura Saulters
Shot (4kg)	16.32	Eva Massey
Pentathlon	3760	Sarah Connolly

### U20 Men

60m	<b>6.86</b>	<b>Jamie Moffatt</b>
200m	21.76	Aaron Sexton
400m	51.60	Mark Patterson
800m	1:55.19	Mark Patterson
1500m	4:03.80	Craig McMeechan
3000m	8:46.51	Jordan Neil
60mH (3'3")	7.93	Ben Reynolds
High jump	2.00	Darragh Murphy
		Ben Reynolds
Pole vault	4.40	Ben Reynolds
Long jump	6.85	Ben Reynolds
Triple Jump	13.47	Brendan Goss
Shot (6kg)	12.56	Ben Reynolds
Heptathlon	5320	Ben Reynolds

### U20 Women

60m	7.57	Amy Foster
200m	24.73	Amy Foster
400m	55.59	Rachel McCann
800m	2:14.10	Murphy Miller
1500m	5:00.16	Murphy Miller (U17)
60mH (2'9")	9.14	Sarah Connolly
400mH (2'6')	65.29	Katie Hewitt
High jump	1.63	Sarah Connolly
Long jump	5.68	Hannah Lewis
Triple Jump	10.21	Laura Saulters
Shot (4kg)	12.94	Eva Massey
Pentathlon	3137	Sarah Connolly

Denotes performances in 2022/23

Last Update 17.10.23

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### U17 Men

60m	7.06	Aaron Sexton
200m	21.97	Aaron Sexton
400m	51.67	Kerrin Young
800m	2:03.60	Glen Willis
1500m	4:24.8	Glen Willis
60mH (3'0")	8.33	Ben Reynolds
High jump	2.00	Darragh Murphy
Pole vault	3.30	Patrick Campbell
Long jump	6.43	Troy McConville
Triple Jump	12.36	Brendan Goss
Shot (5kg)	14.10	Peter Glass
Pentathlon	3444	Ben Reynolds

### U17 Women

60m	7.89	Amy Foster
200m	25.09	Amy Foster
300m	42.54	Kim Shaw
400m	58.90	Rachel McCann
800m	2:16.51	Murphy Miller
1500m	5:00.16	Murphy Miller
60mH (2'6")	9.07	Lyndsey Hayes
High jump	1.63	Sarah Connolly
Pole Vault	2.05	Morgan Wilson
Long jump	5.46	Hannah Lewis
Triple Jump	10.62	Katie Dickson
Shot (3kg)	11.17	Beth Hammond
Pentathlon	3191	Sarah Connolly

### U15 Boys

60m	<b>7.75</b>	<b>Ryan Hamilton</b>
200m	23.23	Aaron Sexton
800m	2:08.91	Aaron Sexton
60mH (2'9")	8.49	Tom Reynolds
High jump	1.80	Darragh Murphy
Long jump	6.19	Troy McConville
Shot (4kg)	13.24	Peter Wickens
Pentathlon	3112	Troy McConville

### U15 Girl

100m	8.13	Kiki Malomo-Paris
200m	26.24	Kathryn Colwell
800m	2:26.82	Murphy Miller
60mH (2'6")	9.49	Niamh Fenlon
High jump	1.55	Kerrie Craig
		Alex Catherwood
Long jump	5.20	Hannah Lewis
Shot (3kg)	9.63	Lauraine Finlay
Pentathlon	3021	Hannah Lewis

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