

NDAC Top Male Indoor Performances

Senior			U20			U17			U15		
60m			60m			60m			60m		
6.92	Andrew Mellon	31.01.16	6.86	Jamie Moffatt	01.04.23	7.06	Aaron Sexton	12.03.16	7.75	Ryan Hamilton	11.03.23
6.93	Ben Reynolds	28.02.16	7.06	Louis Albrow	24.02.19	7.4h	Ryan Kerr	19.02.06	7.83	Oliver Wakefield	04.03.12
7.02	Gareth Gettingby	27.01.01	7.08	Gareth Gettingby	02.02.97	7.39	Cameron McCracken	03.03.24	7.86	Jayden Booth	01.02.20
7.03	Louis Albrow	15.01.22	7.24	Ben Reynolds	06.03.09	7.41	Oliver Wakefield	10.01.15	7.91	Matthew Hamilton	05.04.08
7.11	Curtis Woods	22.01.14	7.33	Niall Blair	04.02.18	7.45	Jamie Moffatt	06.03.22	8.11	Luke Adair	22.03.15
7.13	Tom Reynolds	14.12.11	7.49	Joshua Chacko	11.03.23	7.51	Patrick Gregg	21.02.93	8.47	Jonny Moore	31.01.15
7.15	Roger Sexton	27.01.91	7.54	Luke Adair	12.01.19		Ben Kirk	03.03.24	8.53	Michael McComb	07.02.09
7.17	Callum Hunter	13.12.15	7.56	Stuart Brown	26.01.08	7.54	Curtis Hughes	10.02.24			
7.20	Kenny Elliott	07.02.09	7.66	Michael Gaffney	23.01.16	7.59	Joshua Chacko	06.03.22			
7.23	Philip Browne	24.01.09	8.03	Steven Conlon	24.01.10		Conor Adair	07.01.23			
7.41	Jason Blanc	22.01.06	8.08	Gareth Lyness	14.01.12	7.60	Troy McConville	13.01.18			
7.46	John Saulters	29.01.06				7.62	Tom Reynolds	04.02.01			
7.48	Luke Reynolds	06.01.07					Matthew Hamilton	07.02.10			
	Alan Kennedy	21.01.17				7.71	Ryan Hamilton	10.02.24			
						7.75	Luke Adair	06.02.16			

Senior			U20			U17			U15		
200m			200m			200m			200m		
21.91	Curtis Woods	10.02.13	21.76	Aaron Sexton	29.01.17	21.97	Aaron Sexton	13.03.16	23.23	Aaron Sexton	13.12.14
22.52	Louis Albrow	02.01.22	22.86	Louis Albrow	24.02.19	23.5	Troy McConville	28.10.17	24.51	Troy McConville	10.12.16
22.58	Roger Sexton	27.01.91	23.27	Joshua Chacko	11.03.23		Issac Hart	28.10.17	25.00	Cameron McCracken	12.11.22
22.83	Gareth Gettingby	27.01.01	23.40	Gareth Gettingby	24.03.96	23.60	Curtis Hughes	07.04.24	25.35	Ryan Hamilton	11.03.23
22.91	Phil Browne	22.02.09	24.33	Ben Reynolds	08.12.07	23.65	Troy McConville	10.11.17	26.0	Oliver Wakefield	16.11.13
23.01	John Saulters	18.02.06	25.66	Gareth Lyness	03.03.12	23.74	Joshua Chacko	20.03.22			
23.16	Kenny Elliott	15.02.14				23.89	Conor Adair	02.04.23			
						24.04	Tom Reynolds	08.12.01			
						24.22	Cameron McCracken	11.03.23			
						24.3	Ryan Kerr	19.02.06			
						24.33	Ben Reynolds	08.12.07			
						24.43	Luke Reynolds	13.12.03			
						24.51	Ben Kirk	03.03.24			
						24.59	Aaron Corbett	28.09.13			

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Senior

400m

47.49	Andrew Mellon	28.02.16
48.89	Adam McComb	10.02.17
49.22	Curtis Woods	02.02.14
49.94	Louis Albrow	03.02.24
50.59	John Saulters	25.02.06
51.54	Thomas Patton	12.02.06

U20

400m

51.60	Mark Patterson	14.03.09
51.82	Conor Adair	03.03.24
57.19	Gareth Lyness	03.03.12

U17

400m

51.67	Kerrin Young	25.02.95
53.68	Conor Adair	01.04.23
54.80	Daniel Constable	12.03.23

Senior

800m

1:51.55	Mark Patterson	30.01.11
1:53.00	Michael Dyer	06.02.09
1:56.00	Jordan Neill	06.02.09
1:58.93	Mark Carberry	11.02.23
2:00.40	John Saulters	06.02.10
2:01.00	Niall Robinson	13.02.10
2:01.43	James Budde	07.02.08
2:01.50	Reece Simpson	09.02.18

U20

800m

1:55.19	Mark Patterson	22.02.09
1:58.82	Niall Robinson	26.01.08
1:59.26	Jordan Stokes	30.01.11
2:05.24	Ethan Isles	29.01.23
2:16.62	Ciaran Farren	08.02.14
2:17.10	Reece Simpson	06.02.16

U17

800m

2:03.60	Glen Willis	20.02.11
2:06.32	Troy McConville	10.11.17
2:07.6	Mark Patterson	18.02.07
2:10.74	Niall Robinson	17.02.07
2:11.1	Jordan Stokes	27.01.08
2:13.75	Reece Simpson	23.03.14
2:14.53	Ben Reynolds	08.12.07
2:17.80	Isaac Hart	28.10.17
2:18.0	Luke Reynolds	13.12.03
2:18.07	Ryan Lynas	02.02.20
2:21.66	Aaron Corbett	28.09.13
2:22.0	Tom Reynolds	08.12.01
2:24.4	Richard Thompson	14.02.04

U15

800m

2:08.91	Aaron Sexton	13.12.14
2:11.19	Troy McConville	10.12.16
2:16.66	Ethan Constable	03.03.24
2:17.4	Glen Willis	07.02.09
2:18.92	Cameron McCracken	12.11.22
2:24.58	Jayden Booth	01.02.20
2:25.86	Mark Patterson	15.02.04
2:39.4	Josh Lowry	18.02.06
2:43.8	Darren Kelly	18.02.06
2:46.4	Sam McKibben	07.02.09

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Senior

1000m

2:34.57	Michael Dyer	14.02.06
2:50.48	Tom Reynolds	08.01.12

U20

1000m

2:51.90	Ben Reynolds	08.03.09
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Senior

1500m

3:53.71	Niall Robinson	19.02.11
3:59.73	Craig McMeechan	08.02.19
4:00.83	Michael Dyer	19.02.17
4:01.96	James Budde	27.01.08
4:03.8	Jordan Stokes	03.02.13
4:07.58	Francis Marsh (M40)	18.02.06
4:07.70	Mark Carberry	25.02.23
4:08.91	John Carlisle	07.02.09
4:14.3	Mark Patterson	22.02.14

U20

1500m

4:03.80	Craig McMeechan	09.02.18
4:06.15	John Carlisle	26.01.08
4:08.34	Jordan Stokes	19.02.11
4:12.42	Jordan Neil	17.02.07
4:13.36	Ethan Isles	27.01.24
4:14.08	Ben Acheson	08.01.23
4:16.91	Mark Carberry	20.10.21
4:32.55	Jack Logan	05.02.20
4:43.0	Michael Patterson	15.03.08

U17

1500m

4:24.8	Glen Willis	05.03.11
4:26.19	Reece Simpson	22.03.15

Senior

1 Mile

4:09.62	Jordan Neil	26.02.11
4:12.52	Michael Dyer	27.02.10

Senior

3000m

7:59.11	Jordan Neil	05.03.11
9:53.13	Francis Marsh (V55)	05.02.23

U20

3000m

8:46.51	Jordan Neil	09.02.08
9:10.7	Jordan Stokes	08.12.10

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NDAC Top Male Indoor Performances

Senior

60mH (3'6")

7.73	Ben Reynolds	28.02.16
8.04	Ben Reynolds (U20)	08.02.09
8.31	Tom Reynolds	14.12.11
8.38	Luke Reynolds	16.02.08
8.40	Peter Glass (U20)	18.02.07

U20

60mH (3'3")

7.93	Ben Reynolds	14.02.09
U18 (3'0")		
8.41	Luke Reynolds	11.12.04
8.42	Tom Reynolds	13.12.03
8.62	Ben Reynolds	09.12.06

U17

60mH (3'0")

8.33	Ben Reynolds	08.12.07
8.44	Troy McConville	28.10.17
8.50	Cameron McCracken	07.04.24
8.66	Tom Reynolds	04.02.01
8.73	Oliver Wakefield	01.02.15
9.27	Aaron Corbett	28.09.13
9.40	Isaac Hart	28.10.17

U15

60mH (2'9")

8.49	Tom Reynolds	11.12.99
8.90	Troy McConville	12.11.16
8.93	Aaron Sexton	15.11.14
9.36	Oliver Wakefield	11.02.12
9.79	Cameron McCracken	12.11.22
10.08	Lexx McConville	13.01.18
10.23	Zac Moraghan	05.02.17
10.72	Curtis Mullan	15.02.04

Senior

High Jump

1.95	Eugene Fusco	24.02.91
1.91	Brendan McConville	06.03.05
1.90	David Robb	20.04.05
1.86	Tom Reynolds	14.12.11

U20

High Jump

2.00	Darragh Murphy	27.01.91
	Ben Reynolds	27.01.08
1.85	David Robb	09.02.03
1.70	Stephen Loughlin	08.01.11

U17

High Jump

2.00	Darragh Murphy	24.02.91
1.90	Troy McConville	27.01.18
1.75	Brendan McConville	04.02.95

U15

High Jump

1.80	Darragh Murphy	21.02.88
1.60	Lexx McConville	27.01.18
1.40	JJ Holley	18.01.20

Senior

Pole Vault

4.70	Tom Reynolds	19.02.11
4.60	Brendan McConville	14.02.04
4.40	Mike Bull (M40)	17.03.91

U20

Pole Vault

4.40	Ben Reynolds	08.03.09
3.65	Michael McConkey	15.02.03
3.50	Patrick Campbell	02.02.97
3.45	Tom Reynolds	15.02.03
3.40	Brendan McConville	02.02.97

U17

Pole Vault

3.30	Patrick Campbell	03.02.96
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NDAC Top Male Indoor Performances

Senior			U20			U17			U15		
Long Jump			Long Jump			Long Jump			Long Jump		
7.06	Alan Kennedy	11.02.12	6.85	Ben Reynolds	08.02.09	6.43	Troy McConville	10.11.17	6.19	Troy McConville	10.12.16
6.94	Tom Reynolds	07.01.12	6.32	Gareth Gettingby	12.02.95	6.41	Ben Reynolds	08.12.07	5.86	Oliver Wakefield	16.11.13
6.54	Philip Browne	25.02.06	6.26	Oliver Wakefield	12.03.16	6.31	Tom Reynolds	08.12.01	5.32	Aaron Sexton	13.12.14
6.28	Jason Blanc	22.01.06	5.85	Philip Browne	15.02.03	6.21	Peter Glass	11.12.04	5.21	Matthew Hamilton	06.04.08
			5.73	Scott McCauley	06.02.05	6.10	David Ritchie	24.02.91	4.68	Cameron McCracken	12.11.22
			5.63	Gareth Lyness	14.01.12	5.99	Oliver Wakefield	31.01.15	4.65	Jayden Booth	01.02.20
			5.45	Stephen Loughlin	08.01.11	5.96	Patrick Gregg	06.02.94	4.64	Daniel Constable	18.01.20
						5.76	Aaron Corbett	28.09.13	4.46	Andrew Brown	24.02.19
						5.69	Jonny Moore	04.02.17	4.44	Jonny Moore	06.02.16
						5.65	Luke Reynolds	13.12.03			
						5.62	Daniel Constable	11.03.23			
						5.59	Darragh Murphy	19.02.89			
						5.47	Gareth Gettingby	21.02.93			
						5.37	Matthew Hamilton	07.02.10			

Senior			U20			U17		
Triple Jump			Triple Jump			Triple Jump		
14.98	Alan Kennedy	11.02.12	13.47	Brendan Goss	31.01.99	12.36	Brendan Goss	02.02.97
13.94	Paul Curran	14.02.04	12.44	Scott McCauley	06.02.05	11.35	Daniel Constable	11.03.23
13.57	Eugene Fusco	24.02.91	11.51	Andrew Brown	20.01.24			
13.33	Callum Hunter	11.01.15						
12.94	Tom Reynolds	14.02.07						

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NDAC Top Male Indoor Performances

Senior	U20	U17	U15
Shot putt (7.26kg)	Shot putt (6kg)	Shot putt (5kg)	Shot putt (4kg)
14.67 Jeremy Harper 18.02.07	12.56 Ben Reynolds 07.03.09	14.10 Peter Glass 11.12.04	13.24 Peter Wickens 15.02.04
12.82 Tom Reynolds 05.02.11	12.44 Richard Lockhart 06.02.05	13.08 Ben Reynolds 08.12.07	10.20 Troy McConville 10.12.16
11.23 Richard Lockhart 21.02.07		12.33 Matthew Martin 07.02.10	9.20 Oliver Wakefield 16.11.13
10.79 Mike Bull (M40) 24.02.91		12.19 Tom Reynolds 08.12.01	
	5kg	11.18 Troy McConville 28.10.17	8.86 Conor McGrattan 18.02.06
	13.55 Matthew Martin 05.03.11	10.90 Luke Reynolds 12.12.03	8.17 Karl Brown 15.02.04
		10.55 Aaron Corbett 28.09.13	
		4kg	
		10.00 Andrew Kennedy 12.02.12	
		9.31 Pierce Clarke 20.02.11	
		8.92 Niall McGrattan 20.02.11	

Senior	U20	U17	U15
Combined events	Combined events	Combined events	Combined events
PENTATHLON	PENTATHLON	PENTATHLON	PENTATHLON
3568 Tom Reynolds 05.02.11		3444 Ben Reynolds 08.12.07	3112 Troy McConville 10.12.16
		3389 Troy McConville 28.10.17	3026 Aaron Sexton 13.12.14
		2811 Aaron Corbett 16.11.13	2295 Cameron McCracken 12.11.22
		2781 Isaac Hart 28.10.17	2225 Oliver Wakefield 16.11.13
HEPTATHLON	HEPTATHLON		
5260 Tom Reynolds 08.01.12	5320 Ben Reynolds 08.03.09		

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