

MALE

3K

1	8:43	Craig	McMeechan	Armagh	15/02/2018	p10
2	8:44	Niall	Robinson	Armagh	02/10/2011	p10
3	8:55	Jordan	Stokes	Armagh	02/09/2012	p10
4	8:59	Gareth	Watton	Armagh	09/02/2023	myRun Results website
5	9:19	Francis	Marsh	Armagh	14/02/2013	p10
6	9:21	Finn	Johnson	Armagh	08/02/2024	myRun Results website
7	9:27	Glen	Willis	Armagh	02/10/2011	p10
8	9:29	Daniel	Dines	Armagh	09/02/2023	myRun Results website
9	9:31	Jack	Russell	Armagh	09/02/2023	myRun Results website
10	9:33	Chris	Moran	Armagh	09/02/2023	myRun Results website
	9:33	Nick	Irvine	Armagh	09/02/2023	myRun Results website

5K

1	14:25	Craig	McMeechan	Armagh	09/02/2023	myRun Results website
2	14:51	Mark	Carberry	Barrowford	09/11/2024	p10
3	14:55	Niall	Robinson	Queens	30/03/2011	p10
4	15:07	Michael	Dyer	Armagh	19/02/2015	p10
5	15:17	Jordan	Neil	Phoenix Park	01/01/2009	pdf
6	15:29	Francis	Marsh	Armagh	03/02/2006	p10
7	15:37	James	Budde	Armagh	03/02/2006	p10
8	15:38	Michael	Dyer	Armagh	14/02/2013	see above
9	15:40	Jamie	Smyth	Queens	02/04/2022	QB website
10	15:42	Robin	Brown	Queens	31/03/2010	pdf

10K

1	30:26:00	Craig	McMeechan	Seetley	12/02/2023	p10
2	32:37:00	Finn	Johnson	Seetley	12/02/2023	ANI website
3	31:46:00	Sean	McLaughlin	Brian Goodwin Memorial	17/06/2022	p10
4	32:01:00	Niall	Robinson	Seetley	27/11/2010	p10
5	32:08:00	Stephen	Wylie	Seetley	30/11/2019	p10
6	32:13:00	Mark	Carberry	Seetley	30/11/2024	p10
7	32:30:00	Michael	Dyer	Seetley	29/11/2014	p10
8	32:33:00	Robin	Brown	London (BUPA)	14/02/2013	pdf
9	32:34:00	Dale	Murray	Seetley	03/02/2018	p10
10	32:37:00	James	Budde	Lisburn	18/07/2020	p10

5 Miles

1	25:49:00	Alan	Donald	Alberville	03/05/2011	p10
2	26:36:00	Francis	Marsh	Alberville	03/05/2011	p10
3	26:39:00	Simon	Seaton	Sperrin	08/07/2009	pdf
4	26:40:00	James	Budde	Ard	08/06/2010	pdf
5	27:16:00	Jordan	Stokes	Larne	26/02/2018	p10
6	27:10:00	Jordan	Neil	Alberville	03/03/2007	p10
7	27:35:00	Dennis	Scott	Alberville	02/03/2013	p10
8	27:36:00	Matty	McPartland	Ard	06/09/2024	p10
9	28:21:00	Mark	Weir	Alberville	03/05/2011	p10
10	28:36:00	Niall	Robinson	NVA	22/11/2008	pdf

10 Miles

1	54:56:00	Dale	Murray	Portaferry	18/07/2023	p10
2	55:26:00	Ashley	Dixon	Portaferry	16/07/2024	p10
3	56:10:00	Dennis	Scott	Armagh	12/10/2014	p10
4	56:30:00	Simon	Seaton	Portaferry	20/07/2010	p10
5	57:08:00	James	Budde	Derry	02/03/2019	p10
6	58:02:00	Dennis	Scott	Bundoran	03/10/2012	see above
7	59:12:00	Declan	Magee	Portaferry	18/07/2023	Run Britain
8	59:29:00	Thomas	Steele	Portaferry	16/07/2024	p10
9	59:41:00	Ricky	Jordan	Larne	19/03/2022	p10
10	60:47:00	David	McKeague	Portaferry	18/07/2023	Run Britain

Half Marathon

1	69:11:00	Craig	McMeechan	Larne	25/08/2024	p10
2	70:47:00	Robin	Brown	Ard	24/06/2011	pdf
3	71:45:00	Dale	Murray	Omagh	26/03/2023	p10
4	71:51:00	Stephen	Wylie	Lisburn	19/06/2019	p10
5	72:58:00	Francis	Marsh	Larne	20/03/2010	p10
6	72:07:00	James	Budde	Down Royal	24/04/2021	p10
7	72:14:00	Gareth	Watton	Belfast	17/09/2023	p10
8	73:36:00	Garry	Morrow	Belfast	22/09/2024	p10 (post transfer)
9	73:42:00	Ashley	Dixon	Carlingford	02/03/2024	p10
10	73:44:00	Dennis	Scott	Larne	21/03/2015	p10

Marathon

1	2:28:59	Billy	Brannigan	Belfast	1983	J Glover NI
2	2:29:25	Dale	Murray	London	21/04/2024	p10
3	2:30:11	Ashley	Dixon	London	21/04/2024	p10
4	2:31:27	Garry	Morrow	Frankfurt	27/10/2024	p10 (post transfer)
5	2:33:03	James	Budde	London	09/10/2021	p10
6	2:35:09	Matty	McPartland	London	21/04/2024	p10
7	2:35:52	Dennis	Scott	London	26/04/2015	p10
8	2:36:48	Ross	Murray	Dublin	29/03/2023	p10
9	2:37:13	Gareth	Watton	Dublin	29/10/2023	p10
10						

50K

1	3:25:50	Matty	McPartland	Belfast 24hr	18/06/2022	PO10
2	4:27:34	Andy	Belshaw	Down Royal	29/05/2021	NIURA
3	4:57:26	Gerry	O'Boyle	Down Royal	29/05/2021	NIURA
4	5:21:43	Peter	McQuillan	Down Royal	29/05/2021	NIURA
5						
6						
7						
8						
9						
10						

100K

1	9:15:42	Matty	McPartland	Down Royal	29/05/2021	NIURA
2	9:34:22	Mark	Weir	Down Royal	29/05/2021	NIURA
3						
4						
5						
6						
7						
8						
9						
10						

FEMALE

3k

1	9:53	Rachel	Gibson	Armagh	13/02/2020	p10
2	10:06	Jessica	Craig	Armagh	15/02/2018	p10
3	10:16	Sarah	Grant	Armagh	14/02/2019	p10
4	10:37	Roberta	Doman	Armagh	02/10/2011	p10
5	10:46	Tara	McDonough	Armagh	13/02/2020	myRun Results website
6	10:52	Stephanie	Hambling	Armagh	02/09/2012	p10
7	10:56	Murphy	Millar	Armagh	13/02/2020	myRun Results website
8	11:14	Debbie	Matchett	Armagh	02/09/2012	pdf
9	10:26	Katie	Moore	Armagh	14/02/2019	p10
10	10:29	Jodi	Smith	Armagh	18/02/2017	p10

5K

1	16:18	Jessica	Craig	Lisburn	05/07/2020	p10
2	16:50	Rachel	Gibson	Downpatrick	17/11/2019	p10
3	17:22	Lauren	Scott	Embankment	18/09/2010	pdf
4	17:42	Sarah	Grant	Downpatrick	19/11/2018	p10
5	17:57	Lauren	Moore	Queens	21/03/2018	p10
6	18:02	Jodi	Smith	Queens	20/04/2016	p10
7	18:07	Jessica	Craig	Queens	28/04/2012	see above
8	18:23	Roberta	Doman	Derry	23/04/2011	p10
9	18:24	Rachel	Gibson	Queens	26/04/2012	p10
10	18:30	Melissa	Eccles	Coleraine	04/03/2022	p10

10K

1	33:52:00	Jessica	Craig	Leeds	23/10/2022	p10
2	35:41:00	Rachel	Gibson	Seetley	30/11/2019	p10
3	36:00:00	Katie	Moore	Seetley	04/12/2021	p10
4	36:37:00	Sarah	Grant	Seetley	01/12/2018	p10
5	37:30:00	Lauren	Scott	Thames	04/12/2011	pdf
6	37:39:00	Fiona	McQuillan	Comber	16/08/2023	p10
7	37:46:00	Melissa	Eccles	Belfast (Craig)	17/03/2023	p10
8	37:55:00	Julie	Balmer	Bangor	24/09/2011	p10
9	38:03:00	Jodi	Smith	Seetley	24/11/2016	p10
10	40:10:00	Kerry	Speers	Seetley	01/12/2018	p10

5 Miles

1	28:19:00	Rachel	Gibson	Raheny	27/01/2019	p10
2	29:47:00	Roberta	Doman	Alberville	03/05/2011	p10
3	29:57:00	Julie	Balmer	Alberville	02/03/2013	p10
4	30:20:00	Jessica	Craig	Whitehead	28/03/2016	p10
5	32:17:00	Stephanie	Hambling	Alberville	03/03/2012	p10
6	32:24:00	Debbie	Matchett	Ard	08/07/2006	pdf
7	32:26:00	Stephanie	Hambling	Alberville	03/04/2006	see above
8	32:33:00	Ali	Robinson	Alberville	02/03/2013	p10
9	32:22:00	Lynne	Kerr	Ard	08/04/2006	pdf
10	33:27:00	Catherine	Roberts	Ard	05/08/2016	p10

10 Miles

1	63:27:00	Fiona	McQuillan	Larne	25/03/2023	p10
2	64:45:00	Julie	Balmer	Portaferry	17/07/2012	p10
3	65:02:00	Jodi	Smith	Derry	02/03/2019	p10
4	65:22:00	Melissa	Eccles	Larne	19/03/2022	p10
5	65:24:00	Roberta	Doman	Linnavady	24/06/2010	p10
6	67:13:00	Clair	Quigley	Larne	25/04/2023	p10
7	67:53:00	Jessica	Craig	Portaferry	17/07/2012	p10
8	67:54:00	Stephanie	Hambling	Portaferry	20/07/2010	p10
9	68:08:00	Kerry	Speers	Portaferry	17/07/2018	p10
10	68:16:00	Kerry	Heston	Portaferry	17/07/2007	pdf

Half Marathon

1	74:29:00	Jessica	Craig	Santa Pola (Spain)	23/01/2023	p10
2	82:32:00	Fiona	McQuillan	Larne	27/06/2023	p10
3	83:21:00	Julie	Balmer	Great North Run	16/09/2012	p10
4	85:51:00	Roberta	Doman	Larne	20/03/2010	p10
5	86:39:00	Melissa	Eccles	Lisburn	20/06/2018	p10
6	87:45:00	Kerry	Speers	Larne	23/03/2019	p10
7	88:27:00	Stephanie	Hambling	Larne	20/03/2010	p10
8	88:22:00	Sarah	Benton	Belfast	22/09/2024	p10
9	88:52:00	Catherine	Roberts	Ard	27/07/2014	p10
10	89:34:00	Clair	Quigley	Belfast	17/09/2023	p10

Marathon

1	2:38:38	Jessica	Craig	Seville	19/02/2023	p10
2	2:55:51	Fiona	McQuillan	Berlin	24/09/2023	p10
3	02:57:5	Julie	Balmer	Dublin	31/10/2011	p10
4	3:01:56	Melissa	Eccles	Belfast	05/05/2019	p10
5	3:05:57	Sarah	Benton	Chester	10/06/2024	p10
6	03:16:9	Ali	Robinson	Edinburgh	22/02/2011	p10
7	03:22:3	Hilary	Kennaghan	London	23/04/2006	p10
8	3:23:05	Helen	Byers	Berlin	24/09/2023	p10
9	3:27:34	Roberta	Doman	Dublin	29/10/2017	p10
10	3:28:16	Stephanie	Graham	Manchester	14/04/2024	p10

50K

1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

100K

1						
2						
3						
4						
5						
6						
7						
8						
9						
10						